

**SAN JOSE - O'CONNOR HOSPITAL
FAMILY MEDICINE
RESIDENCY PROGRAM
2007-2008**



**455 O'Connor Drive, Suite 250
San Jose, CA 95128
(408) 283-7767 [phone]
(408) 283-7608 [fax]**

www.sanjosefamilymedicine.org

HISTORICAL PERSPECTIVE

The origins of the San Jose-O’Connor Hospital Family Medicine Residency Program begin with the founding of the San Jose Medical Center Family Practice Residency Program in 1976 at the San Jose Hospital. The San Jose Hospital (later to be known as the San Jose Medical Center) was founded in 1923, and it subsequently became the largest provider of healthcare services to central and eastern San Jose. Its corporate “parent” organization was the large, for-profit HCA. On September 9, 2004, HCA unexpectedly announced its closure of the San Jose Medical Center on December 9, 2004 and its closure of the San Jose Medical Center Family Practice Residency Program on June 30, 2005. From December 10, 2004 to June 30, 2005, the San Jose Medical Center Family Practice Residency Program trained its residents in inpatient care at the Regional Medical Center of San Jose – a local HCA affiliate hospital.

When its abrupt closure was announced, the San Jose Medical Center Family Practice Residency Program faced its greatest crisis of its 28-year existence. The entire residency program quickly worked to avert its closure by relocating to a different hospital in the San Jose area. Much to our surprise and pleasure, several hospitals in the local area were interested in hosting our orphaned Family Medicine Residency Program. After several meetings between the faculty, residents, administrative staff, and medical staff, the Residency Program unanimously chose to affiliate with the O’Connor Hospital – located 4 miles from the former San Jose Medical Center.

O’CONNOR HOSPITAL

The San Jose-O’Connor Hospital Family Medicine Residency Program began on July 1, 2005. It combines the best of the “old” (the entire “seasoned” faculty, all of the residents, and the solid curricular aspects of the old San Jose Medical Center Family Practice Residency Program) with the prospect of the “new” (improved physical plant of the O’Connor Hospital and O’Connor Family Health Center outpatient clinic, retooling the curriculum to allow for better education, and having a supportive, not-for-profit sponsoring hospital) to herald in the next 30 years of our residency program.

Opened in 1889, the O’Connor Sanitarium was the first hospital to be built in Santa Clara County. It was built by Judge Myles P. and Amanda O’Connor on 15 acres at a site other than its current location. Known as philanthropists, the O’Connors initially intended to build a home for the elderly, but they were convinced to build a hospital to meet the needs of the community. At the request of the O’Connors, the Daughters of Charity (www.dochs.org) – a Catholic women’s charity that initially began under the activities of St. Vincent de Paul – were asked to operate the hospital on its completion in May 1889. In 1953, the O’Connor Hospital moved to its present location on Forest Avenue.

Other hospitals in the Daughters of Charity healthcare system include:

- Seton Medical Center, Daly City, CA
- Seton Medical Center Coastside, Moss Beach, CA
- St. Francis Medical Center, Lynwood, CA
- St. Louise Regional Hospital, Gilroy, CA
- St. Vincent Medical Center, Los Angeles, CA

The O'Connor Hospital is a 358-bed, not-for-profit hospital that helps to serve medical care for San Jose's population of 1.6 million people. The hospital's simple mission statement is "to serve the sick and the poor." Key medical hospital services include cancer care, cardiac care, maternity and mother-baby care, sports medicine, stroke care, vascular care, and wound care. The hospital's Emergency Services department handled 41,000 patient visits in 2006, and, having just recently remodeled, it is the most technologically-advanced facility in the South Bay area. A new MRI has just been installed, and a new 64-slice CT scanner will be operational in January 2007. A new endovascular suite will be completed in early 2007. Other important facts about O'Connor Hospital are:

- As one of the first facilities to provide open-heart surgery in the Santa Clara Valley, O'Connor Hospital has been a leader in that field since the 1970's
- In 2006, the O'Connor Hospital provided 16,000 inpatient admissions, 128,000 outpatient admissions, 7,900 inpatient and outpatient surgeries, and assisted in the delivery of 3,500 babies
- O'Connor Hospital is staffed by more than 1,200 associates, with an active medical staff of more than 450 physicians
- O'Connor Hospital provides medical care, regardless of ability to pay, through its "Pediatric Center for Life," "O'Connor Community Clinic," "O'Connor Family Health Center", and the Parish Nursing programs
- In the fiscal year 2006, O'Connor Hospital provided nearly one million dollars in charity and uncompensated medical care as part of its mission – a 20 percent increase from the previous fiscal year

The O'Connor Hospital is fully accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO), the Department of Human Services (DHS), and the Center for Medicare and Medicaid Services. It is a JCAHO-designated Primary Stroke Center and a recipient of the 2006 "Excellence in Patient Safety and Health Care Quality" Award by The Leapfrog Group.

SAN JOSE-O'CONNOR HOSPITAL FAMILY MEDICINE RESIDENCY PROGRAM

The primary goal of the San Jose-O'Connor Hospital Family Medicine Residency Program is to provide a solid educational experience for the resident-physician, so that upon graduation the resident will be a competent Family Physician. Graduates should be able to provide general health care for a wide age-range of patients (from newborn to geriatric), provide health care maintenance, use community resources, and understand the impact of family systems and the bio-psychosocial model on the health care of patients. Our training program is purposely designed to be flexible enough to allow individual residents an opportunity to fulfill both specific personal and educational goals.

STANFORD UNIVERSITY AFFILIATION

The San Jose-O'Connor Hospital Family Medicine Residency Program has an academic affiliation with the Stanford University School of Medicine (www.med.stanford.edu). This academic affiliation allows our residency program to share its resources – faculty and residents – with the Stanford University School of Medicine. Additionally, Stanford University School of Medicine shares its resources – medical students and as described below – with our program.

Medical students from Stanford University School of Medicine rotate at our program in the Family Medicine 301A (a required rotation) and the 344E (an elective rotation) Clerkships. These visiting medical students work in the Family Practice Medical Associates clinic (the faculty practice), the O'Connor Family Health Center (the faculty-resident joint practice), and the O'Connor Hospital (on the inpatient Medicine service, alongside our faculty and residents). For many Stanford medical students, this is their one and only exposure to Primary Care and Family Medicine during their entire medical school education. To date, our program has successfully guided numerous medical students into Family Medicine as a specialty. Some of our current residents and many of our former graduates were recruited from Stanford University School of Medicine.

Residents at the San Jose-O'Connor Hospital Family Medicine Residency Program are entitled to all of the benefits of other students at Stanford University and other residents at Stanford Hospital. These include, but are not limited to:

- Privileges at the Lane Medical Library of the Stanford University School of Medicine, including on-line access to educational resources (such as MDConsult, SKOLAR, and UpToDate) and voluminous educational journal downloads (e-journals, in PDF and PDA file formats)

- Availability of educational rotations at Stanford Hospital, Stanford-Lucile Packard Children's Hospital, and the Palo Alto Veterans Administration Hospital
- Access to the Stanford University Bookstore, including the Computer Center, with full-student academic discounts
- Access to all Stanford athletic facilities and discounted tickets to Stanford University sporting events
- Entitlement to a Stanford University e-mail account

Each of the 11 primary faculty physicians of our residency program holds an academic position in the Voluntary Clinical Faculty of the Stanford University School of Medicine, ranging from Voluntary Clinical Instructor in Medicine (our "junior faculty") to Voluntary Clinical Professor of Medicine (our "seasoned faculty"). As such, faculty physicians lecture to the Stanford University School of Medicine students and the Primary Care Associates Program (Physician Assistant Program) students on a variety of medical topics.

SPORTS MEDICINE FELLOWSHIP

During the academic year 1990-1991, the then San Jose Medical Center Family Practice Residency Program began offering a Certificate of Added Qualification (CAQ) eligible fellowship in Sports Medicine to two candidates per year – one graduate from a Primary Care Residency Program and one graduate from an Emergency Medicine Residency Program. This fellowship program continues at the San Jose - O'Connor Hospital Family Medicine Residency Program. The fellows, as part of their training, supervise residents in the O'Connor Family Health Center, teach residents in the Sports Medicine Clinics of our program, and lecture to residents during noontime conferences. Additional information regarding this fellowship may be found on the fellowship's website (*to be determined*).

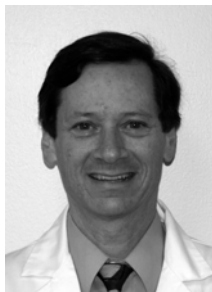
FACULTY

The primary faculty of the San Jose-O'Connor Hospital Family Medicine Residency Program includes eleven American Board of Family Practice (ABFP) certified Family Physicians, one Family Nurse Practitioner/Physician Assistant/MFT, and one Licensed Clinical Social Worker. The faculty is listed below:



ROBERT M. NORMAN, MD

Dr. Norman is the Medical Director of the San Jose-O'Connor Hospital Family Medicine Residency Program. He is a graduate of Northwestern University School of Medicine (1980) and the San Jose Medical Center Family Practice Residency Program (1983). He is a diplomate of the American Board of Family Practice. Dr. Norman was the Associate Director of the San Jose Medical Center Family Practice Residency Program during the three-year period immediately before accepting the directorship of the San Jose Family Practice Residency Program in July 1986. Dr. Norman served as the Program Director of that program for 19 years, and he became the Program Director of the San Jose-O'Connor Hospital Family Medicine Residency on July 1, 2005. Dr. Norman has special expertise in practice management.



GEORGE P. KENT, MD

Dr. Kent is an Associate Director of the San Jose-O'Connor Hospital Family Medicine Residency Program and Medical Director of the O'Connor Family Health Center. He graduated from the Case Western Reserve University School of Medicine (1980) and the University of California at San Francisco affiliated Family Practice Residency Program at Community Hospital of Sonoma County in Santa Rosa, CA (1983). Dr. Kent is a diplomate of the American Board of Family Practice. Before joining our faculty in 1987, Dr. Kent served as a Medical Epidemiologist with the U.S. Centers for Disease Control in Atlanta, GA. Beyond his activities at the San Jose-O'Connor Hospital, he staffs a primary care clinic for patients with HIV disease at the Santa Clara Valley Medical Center. Dr. Kent received the California Academy of Family Physicians Award for Educational Excellence in 1998. Dr. Kent has special expertise in AIDS, infectious disease, and public health, and he has special interest in obstetrics. Dr. Kent has "primary surgeon" Cesarean section privileges at the O'Connor Hospital.



MICHAEL B. STEVENS, MD

Dr. Stevens is an Associate Director of the San Jose-O'Connor Hospital Family Medicine Residency Program and the Director of Resident Selection. He is a graduate of the George Washington University School of Medicine (1981) and the Family Practice Residency Program at the United States Air Force Regional Hospital-Carswell in Fort Worth, TX (1984). He is a diplomate of the American Board of Family Practice. Before joining the San Jose-O'Connor Hospital Family Medicine Residency Program in 1987, Dr. Stevens was a faculty member of the Family Practice Residency Program at Malcolm Grow Medical Center, Andrews Air Force Base (Washington, D.C.) and a Clinical Assistant Professor in the Department of Family Practice at the Uniformed Services University of the Health Sciences (Bethesda, MD). At the San Jose-O'Connor Hospital Family Medicine Residency

Program, Dr. Stevens directs resident selection and orientation. He has special expertise in the management of headaches, depression, and anxiety disorders. Additionally, he has special interest and expertise in computer technology.



MICHAEL J. HENEHAN, DO

Dr. Henehan is the Director of the San Jose-O'Connor Hospital/Stanford Affiliated Sports Medicine Fellowship Program. He is also a teaching faculty member in the Sports Medicine Clinic. Dr. Henehan is a graduate of the Chicago College of Osteopathic Medicine (1980) and the San Jose Medical Center Family Practice Residency Program (1985). He is a diplomate of the American Board of Family Practice and has a Certificate of Added Qualification (CAQ) in Sports Medicine through the American Board of Family Practice (1993). Dr. Henehan has special expertise in orthopedic and sports medicine. He is a team physician for San Jose State University (various sports) and the San Jose "Earthquakes" (professional soccer team).



MICHELLE M. MAXEY, MD

Dr. Maxey is the Medical Director of the Family Practice Medical Associates – the faculty practice extension of the residency program. She is a graduate of the University of California at Davis School of Medicine (1990). She completed her residency in Family Practice at the San Jose Medical Center Family Practice Residency Program (1993). She is a diplomate of the American Board of Family Practice. Dr. Maxey has special interest in practice management and women's health.



DAVID A. MCKAY, MD, MPH

Dr. McKay guides the resident research projects and clinical epidemiology teaching at our Program. Additionally, Dr. McKay serves as the supervising faculty on the Family and Community Medicine rotation for PG-I, PG-II, and PG-III residents. He is a graduate of the Harvard Medical School (1965). He completed his residency in Internal Medicine and a fellowship at the University Hospitals of Cleveland/Case Western Reserve University (1971). He obtained his MPH in Epidemiology at the University of North Carolina at Chapel Hill (1973). He is a diplomate of the American Board of Internal Medicine and the American Board of Family Practice. Before joining our program, Dr. McKay was a faculty member in both the Department of Medicine and the Department of Family Medicine at the University of North Carolina at Chapel Hill and the University of Missouri at Columbia. Dr. McKay has special expertise in epidemiology and the critical review of medical literature.



DALJEET S. RAI, MD

Dr. Rai is an Associate Director of the San Jose-O'Connor Hospital Family Medicine Residency Program. He is a graduate of the University of Southern California School of Medicine (1983) and the San Jose Medical Center Family Practice Residency Program (1986). Following the completion of his residency, Dr. Rai completed a one year academic fellowship focusing on adolescent health (1987). He is a diplomate of the American Board of Family Practice. Dr. Rai has special expertise in adolescent and procedural medicine.

He also has a special interest in obstetrics. Dr. Rai has "primary surgeon" Cesarean section privileges at the O'Connor Hospital.



ANDREW SCHECHTMAN, M.D.

Dr. Schechtman is a member of the San Jose-O'Connor Hospital Residency Program faculty. He graduated from the UCLA School of Medicine (1993) and the Contra Costa Regional Medical Center Family Practice Residency in Martinez, California (1996). He is a diplomate of the American Board of Family Practice. After residency, he studied Tropical Medicine and Traveler's Health at the School of Public Health and Tropical Medicine at Tulane University. He received certification in Clinical Tropical Medicine

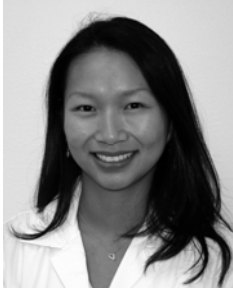
and Traveler's Health from the American Society of Tropical Medicine and Hygiene. Dr. Schechtman worked abroad with *Médecins sans Frontières* ("Doctors Without Borders") in Uganda, Guatemala, and Liberia. During these periods, he treated such medical conditions such as African sleeping sickness, cholera, malnutrition, malaria, and various war injuries. Dr. Schechtman also has a special interest in medical informatics, which prompted his development of MeisterMed (www.meistermed.com) in 2001. Through MeisterMed, he has created and distributed several popular medical references for hand-held computers (PDAs) including LyteMeister, CodeMeister, and PapMeister. In fact, a recent article published in *Family Practice Management* (Fam Pract Manage 2006; 13(7):44-6) listed his MeisterMed site as one of "The Top PDA Resources for Family Physicians" – second only behind Epocrates (www.epocrates.com).



FRANCES R. SUN, MD

Dr. Sun is the Director of Geriatric Training at the San Jose-O'Connor Hospital Family Medicine Residency Program. She is a graduate of the Washington University-St. Louis School of Medicine (1985) and completed her Family Practice residency at the San Jose Medical Center Family Practice Residency Program (1988). She is a diplomate of the American Board of Family Practice, and she has a Certificate of Added Qualification (CAQ) in Geriatric Medicine through the American Board of Family Practice

(1992). Dr. Sun has special expertise in geriatric medicine and has special interest in women's health.



GRACE YU, MD

Dr. Yu is the newest addition to our Faculty at the San Jose-O'Connor Hospital Family Medicine Residency Program. She is a graduate of the Stanford University School of Medicine (2003) and completed her Family Medicine residency at the San Jose-O'Connor Hospital Family Medicine Residency Program (2006). She is a diplomate of the American Board of Family Medicine. Dr. Yu has special expertise in medical informatics and has special interest in women's health.

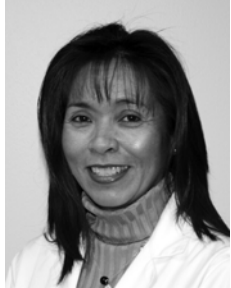
WILLIAM C. FOWKES, MD

Dr. Fowkes is a graduate of Stanford University School of Medicine (1955). He completed his residency in Internal Medicine (1964) and Fellowship in Cardiology (1963) at Stanford University School of Medicine. Dr. Fowkes is a diplomate of the American Board of Internal Medicine and American Board of Family Practice. He has a Certificate of Added Qualification (CAQ) in Geriatric Medicine through the American Board of Family Practice (1990). Although now semi-retired, Dr. Fowkes remains active in our program in a "faculty emeritus" capacity. He was a former Program Director of the San Jose Medical Center Family Practice Residency Program and was a Co-Chairman of the Department of Family Practice at Stanford University. Dr. Fowkes has a special expertise in cardiology and geriatric medicine and has special interest in end-of-life issues.



ROBIN BERESFORD, FNP/PAC/MFT

PA Beresford is a Family Nurse Practitioner/Certified Physician Assistant who co-coordinates the behavioral science curriculum at the San Jose-O'Connor Hospital Family Medicine Residency Program. She also coordinates the O'Connor Family Health Center Diabetes Education series. She received her Baccalaureate in Nursing at the University of California at San Francisco (1972) and her Certificate of Graduation from the Family Nurse Practitioner/Physician Assistant program at the Stanford University Medical Center (1979). She also received her Master's Degree in Marriage and Family Counseling from the Santa Clara University (1996), and she has completed her requisite internship hours for licensure as a Marriage and Family Therapist (MFT). PA Beresford provides medical care for patients in the O'Connor Family Health Center. She has special expertise in behavioral science and patient counseling and has special interest in patient education. PA Beresford has a part-time private practice as a licensed Marriage and Family Therapist (MFT).



FRANCES RESPICIO, LCSW

Ms. Respicio is a Licensed Clinical Social Worker (LCSW) and co-coordinates the behavioral science curriculum for the San Jose-O'Connor Hospital Family Medicine Residency Program. She received her Bachelors in Social Services degree (1981) and her Masters in Social Work degree (1983) from the San Jose State University. Ms. Respicio provides counseling services for patients in co-practice with various residents in the O'Connor Family Health Center. She has special expertise in teaching counseling techniques and use of community resources.

ADDITIONAL FACULTY MEMBERS

Along with the primary faculty members listed above, the San Jose-O'Connor Hospital Family Medicine Residency Program has additional community-physician faculty members consisting of:

Intensive Care Medicine	Ali Bassiri, MD	(Intensive Care/Pulm Medicine)
	Sharad Dass, MD	(Intensive Care/Pulm Medicine)
	Robert Filuk, MD	(Intensive Care/Pulm Medicine)
Obstetrics/Gynecology	Neil Granader, MD	(Obstetrics/Gynecology)
	Gul Zikria, MD	(Obstetrics/Gynecology)
Pediatricians	Christine Buchanan, MD	(General Pediatrics)
Podiatrist	Leonard Greenwald, DPM	(Podiatry)
Psychiatry	Katherine Mullins, MD	(Child and Adolescent Psychiatry)
	Greg Sazima, MD	(Adult Psychiatry)

Various other physicians of the O'Connor Hospital's medical staff and from the local community supplement the primary faculty as guest lecturers for noon conferences. These physicians also serve as preceptors for residents on certain inpatient and outpatient rotations.

FACULTY ASSISTANTS

The Manager of the San Jose-O'Connor Hospital Family Medicine Residency Program is Cynthia ("Sunny") Walker. The Faculty Assistant of the San Jose-O'Connor Hospital Family Medicine Residency Program is Diane Jarosz.

CURRICULUM

The PG-I (Intern) year of our Family Practice Residency Program consists of core rotations in:

Family and Community Medicine	1 month
Medicine	4 months
Obstetrics ¹	1 month
Obstetrics/Pediatrics	2 months
Orthopedics	1 month
Pediatrics ²	1 month
Surgery	2 months

The rotation in Family and Community Medicine gives residents the opportunity to explore the healthcare resources of the community and investigate an area of personal interest within the O'Connor Family Health Center. All required rotations are explained in the below section entitled "Description of Required Rotations."

The PG-II (Junior Resident) year of our Family Practice Residency Program consists of rotations in:

Ambulatory Medicine	2 months
Emergency Medicine/Sports Medicine	1 month
Family and Community Medicine	1 month
Medicine	2 months
Night Float ³	1 month
Obstetrics ⁴	1 month
Obstetrics/Pediatrics	1 month
Surgical Subspecialties	1 month
Electives	2 months

Ambulatory Medicine is a rotation that focuses on the outpatient management of patients at various outpatient facilities – including the O'Connor Family Health Center and San Jose City College. Night Float is a Sunday through Thursday, exclusive nighttime call coverage system designed to cover all ER admissions and basic floor care during the night. Surgical Subspecialties allows residents to practice along side and learn from local specialists, including

¹ at Santa Clara Valley Medical Center

² at Kaiser-Santa Clara Hospital

³ split into two week blocks with Pediatrics/Gynecology

⁴ at Santa Clara Valley Medical Center

ENT physicians, Ophthalmologists, and Urologists.

The PG-III (Senior Resident) year of our Family Practice Residency Program consists of rotations in:

Ambulatory Medicine	2 months
Ambulatory Pediatrics	1 month
Emergency Medicine/Sports Medicine	1 month
Family and Community Medicine	1 month
Medical Subspecialties Medicine	1 month
Night Float ⁵	2 months
Obstetrics/Pediatrics	1 month
Pediatrics/Gynecology ⁶	1 month
Electives	1 month

Ambulatory Pediatrics is a new rotation that allows residents to work at the O'Connor Hospital "Pediatric Center for Life" (a Pediatric outpatient clinic with emphasis toward caring for the underserved) and various other outpatient pediatric subspecialties.

Elective time is provided in the PG-II (2 months) and PG-III (1 month) years to allow the resident the opportunity to tailor their educational training to fulfill their individual career plans. Available electives include Alternative Medicine, Cardiology, Dermatology, Endocrinology, Gastroenterology, Gerontology, Hematology, Homeless Shelters/Community Medicine, Men's Health, Neurology, Oncology, Pathology, Podiatry, Pulmonology, Radiology, Rheumatology, Urology, and Women's Health. These can be arranged at the O'Connor Hospital or at other institutions, including Kaiser-Santa Clara Hospital, Palo Alto Veteran's Hospital, Santa Clara Valley Medical Center, and Stanford University Medical Center. For one month in the second year, residents may choose to rotate on an "away elective" that is geographically away from the San Jose area – including other states and foreign countries. Past residents have done such adventuresome rotations studying "Wilderness Medicine" in Alaska, tropical-based rotations studying "Dermatology" in Hawaii, linguistically-challenging rotations studying "Medical Spanish" in Mexico, technically-difficult rotations in "Informatics" at Stanford University, and medically-tough rotations studying "Third World Medical Care" on the Caribbean island of Roatan in the Bay Islands of Honduras.

Beyond the basic core curriculum necessary for proficiency in Family Practice, the San Jose-O'Connor Hospital Family Medicine Residency Program offers additional special-interest

⁵ split into two week blocks with Pediatrics/Gynecology

⁶ split into two week blocks with Night Float

educational opportunities at the following locations:

PACE CLINIC: The PACE (Partners in AIDS Care and Education) Clinic, located at the Santa Clara Valley Medical Center, is an outpatient clinic dedicated to providing medical and psychological care for patients with AIDS and HIV-related illnesses. Dr. Kent, one of the Associate Directors of the San Jose-O'Connor Hospital Family Medicine Residency Program, works as a primary caregiver in the PACE clinic one-half day each week – often with a resident working at his side.

SPORTS MEDICINE CLINICS: The Sports Medicine Clinics provides preparticipation examinations, bio-mechanical evaluations, injury assessment, and musculoskeletal and pain evaluation of athletes for local colleges and universities as well as patients from the O'Connor Family Health Center and the Family Practice Medical Associates. Additionally, residents are trained in splinting, casting, and intra-articular joint injections.

STUDENT HEALTH CLINICS: The San Jose-O'Connor Hospital Family Medicine Residency Program provides medical care at a local community college (San Jose City College). Residents on rotation at this clinic receive focused training in student health, with first-hand experience in the management of acute orthopedic injuries, anxiety disorders, health care maintenance of young adults, and sexually-transmitted diseases.

A noon conference series is presented daily during lunch-hour (12:45 to 1:30 P.M.). This series includes medical and bio-psychosocial topics such as AIDS, cardiology, epidemiology, geriatrics, headache diagnosis and management, obstetrics/gynecology, pain management, psychiatric disorders and treatment modalities, and a variety of other clinical case conferences. Occasionally, various two-hour seminars from the Women's Health/Special Procedures Series replace the normal noon conferences with special conferences and practicums on Women's Health topics (e.g., breast examinations, family planning, and prenatal care) and Special Procedure topics (e.g., casting, colposcopy, and flexible sigmoidoscopy). Additionally, the San Jose-O'Connor Hospital Family Medicine Residency Program has monthly 2-hour afternoon didactic sessions to better explore and educate certain medical topics.

The American Board of Family Practice requires documentation of procedures for Board Certification. Similarly, hospitals now require extensive documentation to obtain even basic hospital privileges. The San Jose-O'Connor Hospital Family Medicine Residency Program offers residents assistance with the tracking of their educational experiences and procedures with a computerized database system entitled New Innovations Residency Management Suite (www.newinnov.com).

DESCRIPTION OF REQUIRED ROTATIONS

AMBULATORY MEDICINE (2 MONTHS PG-II, 2 MONTHS PG-III): During the Ambulatory Medicine rotation, residents spend an increased amount of time providing medical care at various outpatient clinics. These clinics consist of the O'Connor Family Health Center, the San Jose City College Student Health Center, the Santa Clara Valley Medical Center (SCVMC) Allergy Clinic, and SCVMC PACE Clinic. Residents also provide Skilled Nursing Facility care during this rotation under the supervision of Dr. Frances Sun – ABFM diplomate with a CAQ in Geriatric Medicine.

AMBULATORY PEDIATRICS (1 MONTH PG-III): In the Ambulatory Pediatrics rotation, residents work in the O'Connor Pediatric Center for Life (a general pediatric clinic for underserved pediatric patients in the community) as well as various other outpatient subspecialty pediatric clinics in the area. This would include such subspecialties as Pediatric Cardiology and Pediatric Gastroenterology.

EMERGENCY MEDICINE/SPORTS MEDICINE (1 MONTH PG-II; 1 MONTH PG-III): The Emergency Medicine/Sports Medicine rotation during the second and third year of residency training provides supervised experience in the O'Connor Hospital Emergency Room managing the medical care of a variety of patients: from the simple, acute problems of "urgent-care" patients to the more complicated, life-threatening problems of major trauma patients. Residents on this rotation also spend time twice a week in specialized Sports Medicine clinics in the Family Practice Medical Associates offices, the O'Connor Family Health Center, and Vaden Student Health Center at Stanford University.

FAMILY AND COMMUNITY MEDICINE (1 MONTH EACH PG-I, PG-II, PG-III): The Family Medicine rotation consists of a first, second, and third year resident. Under the direction and guidance of various faculty members (especially, Drs. David McKay and Andrew Schechtman), the residents spend time on curricular activities tailored for each specific year-level. Examples of these curricular activities are:

- rotating through community alcohol and drug rehabilitation centers, children's and women's shelters
- studying clinically-based statistics and epidemiology (with an emphasis on training residents to be able to critically evaluate articles in the medical literature)
- making "home visits" with the Visiting Nurse Association and other Public Health nurses
- providing health education to elementary, junior high, and high schools and local

community colleges and universities; health education includes such topics as AIDS, STDs, and stress management

- planning and organizing a personal research project, with a focus on issues that provide better health care in the O'Connor Family Health Center or that meet personal educational needs

MEDICAL SUBSPECIALTIES (1 MONTH PG-III): The residents on the Medical Subspecialties rotation delve into such medical areas as Cardiology, Endocrinology, Neurology, and Rheumatology. Residents learn the outpatient management of such medical conditions as coronary heart disease, diabetes mellitus, stroke, and connective tissue diseases. Residents see patients in various community clinics and in the private offices of these subspecialists.

MEDICINE (4 MONTHS PG-I; 2 MONTHS EACH PG-II, PG-III): The Medicine rotation provides the bulk of the inpatient, internal medicine training for our residents. Initially, as a PG-I resident, the duties are largely oriented toward direct patient-care. As the intern progresses to the PG-II and PG-III level of training, the resident continues to help in direct patient-care but also assumes a more managerial and educational role of their junior colleagues. The inpatient medicine service also “backs-up” the Obstetrical/Gynecology/Pediatrics service and the Surgery resident at O'Connor Hospital as needed. Thus, while rotating on the Medicine service, residents may actively manage all age groups and all clinical problems – much as a Family Medicine physician might do in private practice.

NIGHT FLOAT (1 MONTH EACH PG-II, PG-III): The Inpatient Night Float rotation was a direct result of resident need and ingenuity – developed long before Federal guidelines dictated a restriction of resident work hours. For four weeks during each of the PG-II and PG-III years (always split into two, two-week blocks with Pediatrics/Gynecology), PG-II and PG-III residents have an exclusive nighttime Emergency Room and floor coverage from Sunday to Thursday nights. During this rotation, residents hone their independent diagnostic and therapeutic skills and build up their professional confidence in an environment designed to provide ample support and backup.

OBSTETRICS AT SANTA CLARA VALLEY MEDICAL CENTER (1 MONTH PG-I, PG-II): During the second year of their training, our residents rotate through the Santa Clara Valley Medical Center for additional Obstetrical experience. This county hospital provides a high-volume obstetrical experience, with low, moderate, and high risk patients. Patient care is supervised by various Obstetricians, Perinatologists, Obstetrical Residents, and Family Practice Obstetrical Fellows. During this rotation residents learn the treatment of life-threatening antenatal problems, active management of labor, and performance of normal and complicated deliveries.

OBSTETRICS/PEDIATRICS (2 MONTHS PG-I; 1 MONTH PG-II, PG-III): The residents on the Obstetrics/Pediatrics rotation are responsible for the primary medical care to patients admitted to these services at O'Connor Hospital. Medical issues presented to the residents would include prenatal complications (e.g., hyperemesis gravidarum and gestational diabetes), labor evaluations, deliveries, and routine newborn care and basic Pediatric admissions at O'Connor Hospital.

ORTHOPEDECS (1 MONTH PG-I): During their Orthopedics rotation, residents work both with various Orthopedic Surgeons in their private offices and with faculty physicians and the Sports Medicine Fellows in the Sports Medicine Clinic. This rotation focuses both on the ambulatory management of orthopedic injuries (e.g., sprains, strains, fractures) and on the inpatient diagnosis and treatment of injured patients (e.g., arthroscopic surgery, fracture reduction, and injury repair). During this month residents are given the opportunity to strengthen their examination and diagnostic skills of the musculo-skeletal system. As the Sports Medicine Clinic integrally works with various high school, college, university, and professional sport teams, many other learning opportunities arise. These include preparticipation sports assessments, "on-the-field" handling of acute injuries, and bio-mechanical evaluation of semi-professional and professional athletes. Residents on this rotation also manage a variety of orthopedic injuries at several colleges and universities in the local area, including the San Jose City College, San Jose State University, and Stanford University Student Health Center.

PEDIATRICS/GYNECOLOGY (1 MONTH EACH PG-III): During this rotation, residents participate in the outpatient care of Pediatric and Gynecologic patients. Residents on this rotation work in a variety of outpatient Pediatric clinics and Gynecology clinics in the greater San Jose area.

PEDIATRICS AT KAISER-SANTA CLARA HOSPITAL (1 MONTH PG-I): This rotation is a general pediatric ward experience at the Kaiser-Santa Clara Hospital. Residents are supervised by Kaiser Permanente Pediatricians and Stanford University Medical Center Pediatric residents. Along with the basic general pediatric ward problems (e.g., asthma, pneumonia, seizures, sepsis), Kaiser-Santa Clara Hospital is a referral center for more complicated and often chronic pediatric problems in Pediatric Cardiology, Pediatric Oncology, and Pediatric Pulmonology – such as Cystic Fibrosis (CF), Acute Lymphocytic Leukemia (ALL), and Type-I Diabetes Mellitus. During their rotation at Kaiser-Santa Clara Hospital, residents also receive experience caring for critically-ill patients in the Pediatric Intensive Care Unit – such as life-threatening RSV Pneumonia and Sepsis.

SURGICAL SUBSPECIALTIES (1 MONTH PG-II): During the Surgical Subspecialties rotation, residents co-manage patient care with private ENT specialists, Ophthalmologists, and Urologists in their offices. Residents are trained in the management of basic otolaryngologic and ophthalmologic conditions family physicians might encounter in their everyday practice of

outpatient medicine. Additionally, residents are trained to properly use the “tools of the trade” of ENT and Ophthalmology, such as laryngoscopes and slit lamps. Residents also rotate through various outpatient and private offices of local Urologists to develop a better understanding of the management of basic complaints and problems in Urology.

SURGERY (2 MONTHS PG-I): During the two separate months on the Surgery inpatient service, interns experience “firsthand” the admission, diagnosis, and management in a variety of surgical problems – common (e.g., appendicitis, cholecystitis, pancreatitis), uncommon, and traumatic. Interns are given ample ward-duties support and assistance to allow for maximal “O.R. time” as surgical first-assistants. Additionally, residents rotate through the private offices of various surgeons to learn about pre-operative and post-operative care and to assist with various minor, office-based procedures.

O'CONNOR FAMILY HEALTH CENTER

The primary outpatient teaching site for the San Jose-O'Connor Hospital Family Medicine Residency Program is the O'Connor Family Health Center. The O'Connor Family Health Center has ample working space and has 8 examination rooms and 1 procedure room. It also includes a laboratory (for routine, CLIA⁷-exempt outpatient diagnostic procedures), medical resource area, and resident work-area/consultation room. A variety of specialized equipment is available, such as a spirometer, video colposcope, and video flexible sigmoidoscope. Additionally, the O'Connor Family Health Center is immediately adjacent to the faculty-practice clinic – the Family Practice Medical Associates (FPMA). This allows residents easy access to many of the core Faculty for consultation during their clinic, and it allows the Faculty to share their medical expertise in assisting residents in the treatment of their patients.

Health care providers in the O'Connor Family Health Center include faculty, residents, physician assistants, and medical students. Faculty physicians are scheduled in the clinic one-half day each week. Residents are scheduled for clinic in varying amounts depending on the specific rotation that the resident is on for that month. Generally, PG-I residents have one, PG-II residents have three, and PG-III residents have four half-days of clinic per week in the O'Connor Family Health Center.

The clinic staff of the O'Connor Family Health Center consists of one Clinic Manager, three licensed nurses, two Receptionists, one Referral Specialist, and two Medical Record Clerks.

⁷ CLIA is an acronym for “Clinical Laboratory Improvement Amendments”

SALARY AND BENEFITS

The current salaries (provided by O'Connor Hospital) for the 2006-2007 academic year residents are as follows:

PG-I	\$41,200.00/year ⁸
PG-II	\$44,290.00/year
PG-III	\$50,470.00/year
Chief Residents	\$51,261.00/year

The benefit package for the residents in the San Jose-O'Connor Hospital Family Medicine Residency Program offers:

- Malpractice insurance
- Comprehensive health insurance (medical, dental, and vision)
- Life insurance
- Accidental death and dismemberment (AD&D) insurance
- Long-term disability (LTD) insurance
- Retirement plan
- Retirement savings account
- Paid Time Off (PTO)
- Employee Assistant Plan (EAP)
- Alliance Credit Union
- Other benefits (jury pay, direct deposit, bereavement pay, PTO cashout, hardship withdrawal, discount tickets)

FORMER GRADUATES

Approximately 85% of all of the graduates of the former San Jose Medical Center Family Practice Residency Program and the current San Jose-O'Connor Hospital Family Medicine Residency Program are currently in practice in the greater San Francisco Bay area. These graduates are practicing in such areas as academic medicine (e.g., many of the Faculty of the San Jose-O'Connor Hospital Family Medicine Residency Program), group practice (e.g., Palo Alto Medical Group and Camino Medical Group), Health Maintenance Organizations (e.g., Kaiser Permanente), occupational medicine, private practice (e.g., true solo practice), school-based health (e.g., San Jose State University and Stanford University Student Health Services), and

⁸ Includes \$500.00 Educational Allowance for each PG-I, PG-II, and PG-III; additionally, PG-II residents are entitled to a Medical License allowance (\$500.00)

sports medicine.

RECENTLY GRADUATED RESIDENTS

GRADUATED RESIDENTS:

Cindy Hsu, MD
Shiau-Yeng Lai, MD
Akilesh Palanisamy, MD
Khae Saepanh, DO
Suzanne Soriano, MD
Grace Yu, MD

MEDICAL SCHOOL:

Virginia Commonwealth University
New York Medical College
University of California at San Francisco
Western University of Osteopathic Medicine
Baylor College of Medicine
Stanford University

CURRENT RESIDENTS

PG-I RESIDENTS:

Bernadette Ansolabehere
Angela Bymaster
Bridget Harrison
Sean Powell
Michele Rhee
Amy Watson

MEDICAL SCHOOL:

Georgetown University
University of Iowa
University of California at San Francisco
University of California at San Diego
Stanford University
Medical College of Georgia

PG-II RESIDENTS:

Steve Chang, MD
David Hiroshima, MD
Tam Nguyen, MD
Rowan Paul, MD
Christie Shen, MD
Katherine Vega, MD

MEDICAL SCHOOL:

McGill University
Stanford University
Pennsylvania State
Albany Medical College
University of Texas at Dallas
Drexel University/MCP Hahnemann

PG-III RESIDENTS:

Manika Kaushal, MD
Michelle Rowe, DO
Sapna Sheth, DO
Melissa Stenberg, MD
Sarah "Nicole" Torres, MD
Maggie Williams, MD

MEDICAL SCHOOL:

Saint George's University, Grenada
Michigan State Col of Osteopathic Medicine
Chicago College of Osteopathic Medicine
University of Minnesota-Minneapolis
Stanford University
University of Southern California

CURRENT SPORTS MEDICINE FELLOWS

FELLOWS:

Christian Fulmer, MD

Cheryl McBride, DO

RESIDENCY PROGRAM:

University of California at Davis
(Family Practice)

University of California at Davis
(Emergency Medicine)

RESIDENT AND FELLOW BIOGRAPHIES

PG-III RESIDENTS:



MANIKA KAUSHAL, MD

monavk@aol.com

Medical School: St George's University, Grenada

Why She Loves Family Medicine: The variety of patients you see on a daily basis.

Fascinating Fact: She makes delicious Indian food.



MICHELLE ROWE, DO

michellerowe@gmail.com

Hometown: Farmington Hills, MI

Medical School: Michigan State College of Osteopathic Medicine

Interests in Medicine: Sports Medicine, Substance Abuse

Outside Interests/Hobbies: triathlons, running, swimming, try to luge at least once each winter, motorcycle riding, attending our resident-run wine club faithfully q month (this is in no way associated with my medical interest in Substance Abuse; our club's primary function is on the education of grape varietals and the intricacies of wine – we have a PowerPoint presentation at nearly every meeting.) Oh, and cheering for the DETROIT TIGERS in the World Series. Go Tigs! Go Red Wings! (I still love the SF Giants, though).



SAPNA SHETH, DO
shsheth@stanford.edu

Hometown: Union City, CA

Medical School: Chicago College of Osteopathic Medicine

Interests in Life: Spending time in the sun, dancing, music, running, art, meeting people and hearing their stories.

Favorite Movie: "Finding Nemo"



MELISSA STENBERG, MD
stenberg@stanford.edu

Home State: North Dakota

Medical School: University of Minnesota at Minneapolis

Fascinating Fact: Melissa is a devoted gourmet and has been known to make delicious appetizers for the monthly residency wine club.

Number of Marathons Run Last Year: 1



SARAH "NICOLE" TORRES, MD
snt@stanford.edu

Medical School: Stanford University

Fascinating Fact: Nicole, a native of San Jose, has 3 daughters.



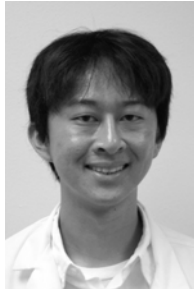
MAGGIE WILLIAMS, MD
mwmd@stanford.edu

Medical School: USC Keck School of Medicine

Interest within Family Medicine: Women's Health

Fascinating Fact: Maggie gave birth to her son, Gavin, during her residency.

PG-II RESIDENTS:



STEVEN CHANG, MD
changsc@stanford.edu

S: This is a 29 year old Asian male who recently relocated to California after complaining of not enough sun in Canada. After graduating with a BA in Public Health from Johns Hopkins University, he endured four long winters in the otherwise amazing city of Montreal while studying medicine at McGill University.

O: Enjoys travel, food, San Francisco, and the great outdoors - especially the beaches and Yosemite.

A/P: PGY-2 who would like to finish residency then start paying back those school loans!



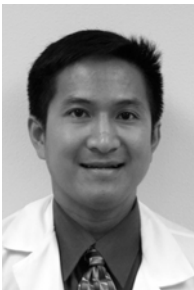
DAVID HIROSHIMA, MD
davehiro@yahoo.com

Hometown: San Bruno, CA

Medical School: Stanford University

Interests in Medicine: Disease prevention, chronic disease management, lifestyle modification, Mind-Body interaction

Interests in Life: Hanging out with the family, watching old kung fu movies with my bro, fly-fishing with pops, San Jose sunshine, "Entourage" marathons with my buds, shallow and deep conversations over milk tea, HOOPS, shakin' it on the dance floor, chicken karaage at *Ryowa*, painting abstract oils, Great Exchange Covenant Church, Poki deluxe roll at *Ariake*, and my bed after being on call.



TAM NGUYEN, MD
tamnguyen@stanford.edu

S - Resident expresses relief with therapy of second year.

O - vital signs show improvement since intern year
General: a graduate of Penn State University.

Lungs: sounds like someone from the O.C. (just not as pretty or rich)

A - Second year doing better since intern year (more smiles)

P - More time for social interest of running and sketching.



ROWAN PAUL, MD
rowanmd@stanford.edu

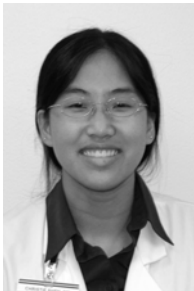
S: Easy going but loves excitement. “Adrenalin junkie” with a penchant for self-reflection. World-traveler. Outdoorsy. In medicine due to the love of meaningful human interaction and a deep respect for the complex entity that is the human body.

O: Vitals: Intuitive, Sensing, Thinking, Judging/Perceiving

Born and raised in Toronto, Canada; of Indian Origin, with Swahili-speaking parents. Undergrad at Brown University in Providence, RI with honors research about bats. Year of travel to India and Nepal along with HIV and IV Drug User research thrown in. Medical School at Albany Med in Upstate New York with a medical stint in Mexico.

A: 28 y/o M, over-the-hill athlete, on a mission to sample all life’s curiosities, live life to its fullest, with a passion for helping people help themselves.

P: Hope to do a Sports medicine Fellowship, help open the country’s eyes to the benefits of a single payer health-care system, fight global AIDS, climb a mountain, travel the world, run a marathon, jump out of a plane, and convince my fiancé that it’s actually a good idea to do it all with me.



CHRISTIE SHEN, MD
auc78@yahoo.com

S: 27 y/o Chinese Female Texan with history of getting sick while on vacation and taking long afternoon naps. Patient was in good health growing up in Pflugerville, Texas, where she caught a taste for science and medicine. She continued her travel up I-35 for college where she acquired a full-blown bug for medicine. Back on the road she found her way to Dallas where the weathered

through 4 years of thunderstorms and hard work. Through those years she discovered a love for Family Medicine that she couldn’t shake. Before she knew it her husband whisked her away to fair-weathered California, where she could learn medicine by osmosis and get some exercise.

O: Vitals: P - present, BP - stable, RR - up with climbing stairs, Wt - could stand to lose a few pounds

General: alert (when not post-call) and thriving in California.

Skin: tan from the California sun

Reflexes: fast when she hears her pager go off

A/P: Finish residency and get a job. May eventually return to Texas, despite having a great time in California.



KATHERINE VEGA, MD

kvega@stanford.edu

Basic Bio: I was born in Oakland, CA. Grew up in San Pablo and Fairfield, CA.

Went to UC Davis undergrad, then worked in Washington, DC at the National Women's Health Network for 2 years after an internship.

Medical School: Drexel University College of Medicine, Philadelphia, PA

Interest in Medicine: Women's Health, Minority Health

Other Interests: Outside of work I like to travel, spend time with my beautiful new niece, and try to stay active taking bike rides with my husband.

PG-I RESIDENTS:



BERNADETTE ANSOLABEHERE, MD

bansol@stanford.edu

My name is Bernadette Ansolabehere, and I am originally from Bakersfield, CA. I attended Santa Clara University for college and Georgetown University for medical school. For residency, I was drawn back to the Bay area by the terrific weather, plentiful hiking trails and camping spots, all the attractions of a major metropolitan area, and of course, by my husband, who lived here while I was in Washington, DC. I was attracted to O'Connor Hospital Family Medicine Residency Program because I thought that the residents and faculty truly seemed to enjoy each other's company, and it seemed like a wonderful environment in which to learn medicine. My interests within Family Medicine are still very broad, and for that reason, I am glad to be at a place where the faculty has such diversified interests and we are exposed to all the opportunities that Family Medicine has to offer.



ANGELA BYMASTER, MD

bymaster@stanford.edu

S: 28 yo F from Roseburg, Oregon, who is enjoying being back on the West Coast after four years of good times at the University of Iowa. She spends her time at O'Connor Hospital talking to as many psych patients and drug addicts as possible, as she has a special interest in those areas of Family Medicine and those patients are more interesting anyway. Her husband may argue that it's because she has more in common with the psych patients than the rest of us (for

example, she thinks she's a pirate). She spends her free time playing with the 8 zillion kids who live in her neighborhood and her husband, who might very well be the silliest electrical engineer alive. She also enjoys swimming, cooking, and diagnosing her perfectly healthy spouse with life-threatening diseases. Her neighbor kids, especially Edgar, Bruceda, Chris, Anna (her new Goddaughter), and Ramon, are helping her learn more Spanish.

O: Vital Statistics: right-handed, left-legged. Favorite thing about being on the West Coast – hiking among the fir trees. Most interesting experience so far – 2 years living in inner-city Oakland, CA and working with kids. Favorite thing about O'Connor Hospital – Catholic hospital with a genuine desire to serve “the sick and the poor”. Great mission, nice work climate, patients are really shown respect. And residents get free food. Mmmmm.

A: 28 yo F intern.

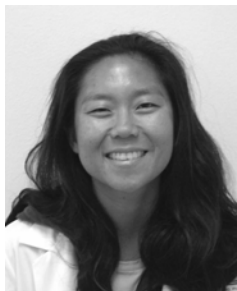
P: 1. Dream job: Working at a free clinic a few days a week.
2. Having and/or adopting some babies.
3. Coaching Junior High or High School volleyball some day?
4. Getting a horse named “Willy.” Do you think I could be like Dr. Quinn and ride a horse to work?



BRIDGET HARRISON, MD

bridget_harrison@alumni.ucsf.edu

I grew up in Missouri, went to college at William and Mary in Virginia, and first moved out to San Jose for a job with *Teach for America*. I immediately fell in love with the Bay Area and haven't left since! I stayed here for med school at UCSF and got an MPH at Berkeley. Now I'm back in San Jose, having come full circle around the bay. I love our program for its great clinical and procedural training, opportunities to do community and research projects, fabulous faculty, smart and active residents, great Sports Med training, and incredibly friendly and supportive environment. My professional areas of interest include health policy, underserved medicine, universal healthcare, reproductive rights, LGBT issues, Sports Medicine, Adolescent Medicine, and International Health. When I'm not working, you'll most likely find me playing Ultimate Frisbee, hiking around gorgeous northern California, dancing, or traveling abroad.



MICHELLE RHEE, MD

michellerhee@stanford.edu

S: Language lover-on my 6th; Dancer - hip hop, house, breaks, whatever you can shake your booty to; Laughter - make me laugh, smiling is DEFINITELY good for my health; Traveler - All over Africa, Asia, South America,

Europe. I guess I should go to the former Soviet Union countries, but it's just too cold; SF dweller - the commute is worth it; Gourmand/Glutton - can eat 3 doughnuts for breakfast without even blinking (along with 3 rashers of bacon, scrambled eggs and some sausage for good measure); 2nd daughter of 6 kids (5 girls, 1 boy); 5th doctor in a family of doctors, the only one who doesn't think patients are crazy (2 psychiatrists) and/or who actually like to talk to my patients (2 surgeons)

O: '95 - Stanford University - BA Human Biology with a concentration in biosocial aspects of African health. '96 - Fulbright Scholar, Zimbabwe. '99 - University of Edinburgh; PhD in Biological sciences (Immune responses to *P. falciparum* malaria in naïve and exposed individuals). '06 - Stanford University MD with concentration in International Health.

A: 33 yo Korean-American female who spent time smelling the flowers while slowly going through school eventually becoming a happy, relatively sane, balanced Family Medicine resident.

P: Fellowship in Preventative Medicine or Fellowship at the Center for AIDS Prevention Studies (dream fellowship) or at the Center for Integrative Studies (also dream fellowship). Kids – most definitely – when is simply the question. Living – SF hopefully if somehow I manage to win the lottery. Work – Part-time private physician making house calls, part-time working in underserved clinics, and part-time working in the Department of Public Health while traveling to the farthest reaches of the world.



SEAN POWELL, MD
s1powell@stanford.edu

I am a native of Santa Barbara, California and attended UCSD for undergrad and medical school. I knew I wanted to go into Family Medicine before I went to medical school. I was drawn to it after reading *Heirs of General Practice* by John McPhee (an excellent look at the early days of our fascinating specialty). I am interested in Sports Medicine, but I love Family Medicine because I get to learn a little bit of pretty much everything. I enjoy surfing, reading books, and joking around with my wife, Dani.



AMY WATSON, MD
agawthrop@hotmail.com

Medical School: Medical College of Georgia

Fascinating Fact: Amy often rides her bike to work, weather and time permitting.

SPORTS MEDICINE FELLOWS:



CHERYL MCBRIDE, DO

Medical School: Arizona College of Osteopathic Medicine

Residency: University of California, Davis

Specialty: Emergency Medicine



CHRISTIAN FULMER, DO

Medical School: Chicago College of Osteopathic Medicine

Residency: University of California at Davis

Specialty: Family Medicine

FREQUENTLY ASKED QUESTIONS (FAQ)

- [1] *Since the Residency Program previously existed at another hospital, why is the San Jose – O'Connor Hospital considered a new program?*

Although its origins are in the old San Jose Medical Center Family Practice Residency Program, the San Jose – O'Connor Hospital Family Medicine Residency Program is indeed considered a new Family Medicine Residency Program. According to the ACGME (Accreditation Council for Graduate Medical Education), it mandates that a new hospital location for a residency program equates to becoming a new residency program. This is, of course, in spite of the fact that the entire Faculty and resident-physician body of the old program moved to the new location and program.

- [2] *Why did the O'Connor Hospital adopt the Residency Program from its former location?*

As a Residency Program that graduated some 150 Family Medicine physicians from its program during its 24 years of existence, our former residency program had a reputation for excellence in clinical training and patient care. Our program has trained the vast majority of newly-graduated Family Medicine doctors in the San Jose area, and our graduates are actively sought out by major medical groups in the area. As stated above, the mission of the O'Connor Hospital is "to care for the sick and the poor." The hospital administration and the Daughters of Charity organization believed that our Family Medicine Residency Program could assist them in their mission to care for the medically-underserved population of the San Jose area. This new acquisition result in the current "win-win" situation – benefiting both the hospital in its mission and the residency in its continued existence.

- [3] *How supportive has the administrative and medical staff of the O'Connor Hospital been regarding the move of the residency? How supportive have the patients of the former Family Health Center of San Jose Medical Center been regarding this transition?*

The O'Connor Hospital administrative staff and Medical Staff have been universally supportive of our new presence in the O'Connor Hospital. Our outpatient clinic, the O'Connor Family Health Center, is located in a new facility with all new basic and advanced medical equipment. Our Inpatient Medicine teams have integrated well into the hospital system, and our residents have become active members of the hospital "Code Blue" (cardiac arrest) and "Stroke Alert" (aggressive stroke management, geared toward reducing morbidity and mortality of acute stroke patients). Similarly, our former San Jose Medical Center Family Health Center patients have largely followed us in our move

to O'Connor Hospital. Our program has lost a few patients, mostly due to transportation problems.

- [4] ***How economically-viable is the O'Connor Hospital? Could closure of the program happen again?***

The O'Connor Hospital is the most financially-stable hospital in the Daughters of Charity hospital system. It is considered by many to be the "Flagship" hospital of that system.

- [5] ***What is the accreditation status of the new, San Jose – O'Connor Hospital Family Medicine Residency Program?***

The San Jose-O'Connor Hospital Family Medicine Residency Program has received provisional accreditation from the ACGME. This "provisional status" is the status given to all newly-created programs. Sometime in the year 2007, the San Jose-O'Connor Hospital Family Medicine Residency program will undergo its first formal, on-site accreditation by the ACGME. Unlike many "new" programs, the faculty physicians and staff of our program does not expect any major problems. After all, we have done this – albeit at another location – many, many times before.

- [6] ***Where do our graduating residents practice following the completion of their residency training?***

Probably some 85 to 90% of graduated residents from our programs (i.e., the "old" San Jose Medical Center Family Medicine Residency Program and the "new" San Jose-O'Connor Hospital Family Medicine Residency Program) continue to practice in the greater San Francisco Bay area. The specifics of their practices vary from solo practice to small, single specialty groups to larger, multi-specialty groups.

HOW TO CONTACT US

San Jose - O'Connor Hospital
Family Medicine Residency Program
455 O'Connor Drive
Suite 250
San Jose, CA 95128
(408) 283-7767 [phone]
(408) 283-7608 [fax]

Questions about applications?

MichaelStevens@dochs.org

Questions about clerkships or rotations?

DianeJarosz@dochs.org