

MDB MILLION DOLLAR BODY™



LOSE IT!



BUILD IT!



KEEP IT!



Are you ready to get in the best shape of your life?

I'm confident that you will get the results you're looking for, not just because we have thousands of real success stories, some who have lost 10 pounds in just six days, and many who stayed with it to lose over 100 pounds... I know you can succeed because I've personally used our programs to get into the best shape of my life!

That's the revolution of Million Dollar Body; you are not just joining a gym or buying some product and figuring it out for yourself. You are tapping into a complete and proven system with support from a Coach who truly cares about your results.

You are tapping into an entire organization built to help you succeed!

In the pages that follow, you are going to be introduced to some of the most exciting and powerful fitness and weight loss programs on the market today. They will help you transform your body no matter what your age or fitness level. And, with the programs we have created, you can do it in a matter of weeks!

Million Dollar Body provides the ultimate fitness and weight loss solutions, from a company that takes pride not in the success of SOME of its customers—but EVERY customer.

That means we won't be satisfied until you achieve YOUR goals. Take a moment to really understand that—because it is the truth. We created all the tools and incentives within this community to help YOU succeed.

Start by choosing the program that's right for you.

Regain that lost energy, get healthy, and feel younger. Take action today, and you will get results!

Here's to your health and success,

A handwritten signature in blue ink that reads 'Carl'.

Carl Daikeler



Carl Daikeler
Chairman and CEO

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Maximize Your Results!

Join the Million Dollar Body™ Club and enjoy all these VIP benefits:

THE ULTIMATE MOTIVATION!
Transform your body
and win prizes
up to \$250,000!

The screenshot displays the Million Dollar Body (MDB) website interface. At the top, it says 'MDB MILLION DOLLAR BODY'. Below this, there's a navigation menu with 'WOWY >>', 'CLUB >>', and 'COACH >>'. A sidebar on the left includes 'Manage Profile', 'You could WIN \$250,000!', and 'The MILLION DOLLAR BODY GAME It pays to lose!'. The main content area is titled '5 EASY STEPS TO LOSE MORE WEIGHT AND KEEP IT OFF FOR GOOD!' and features a 'STEP 1: Diet & Nutrition' section with a 'Create your personalized meal plan and shopping list' button. There are also sections for 'Featured Recipe', 'Nutritional Calculators', and 'Body Fat %'. At the bottom, there are four promotional banners: 'SHOP FOR PRODUCTS' (ActiVite), 'TRY THE GAME' (Win Big in the Million Dollar Body Game), 'JOIN THE CLUB' (Exclusive Tools to Maximize Your Results!), and 'BE A COACH' (Exciting Business Opportunity).

- **Your Personalized Meal Plan**
Get your easy-to-follow meal plan customized just for you! We'll show you the right foods to eat and customize your shopping list, so there's no guesswork.
- **Live Access to Fitness and Diet Experts**
Enjoy VIP access to celebrity fitness and diet experts who will motivate and support you every step of the way.
- **Interactive Diet and Fitness Tools**
Set your goals and monitor your progress with our easy-to-use online tools—all proven to help you succeed.
- **Exclusive Member Discounts**
Enjoy additional 10% savings on our fitness and nutrition products.
- **Success Story Prizes**
Play the Million Dollar Body Game™ and submit your Success Story for an opportunity to win the \$10,000 monthly prize, and even the \$250,000 Grand Prize. Plus, you can win up to \$1,000 daily just for entering your workout in WOWY® (Work Out With You), our online gym.

JOIN THE MILLION DOLLAR BODY CLUB!

Talk to your Coach to learn more about the Million Dollar Body Club.



Supplements to Support Your Fitness Goals!

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

All Beachbody supplements are ephedra free and have been thoroughly tested for safety and effectiveness. Labeling processes on all new supplements are supervised by Pharmaceutical Information Associates, a leader in managing supplement labeling accuracy and quality.

Warning: As with any supplement, herb, or medication, do not use any Beachbody supplement, food product, or meal replacement product while pregnant or provide to a child without consulting a physician. Use products only after consulting your physician about your specific health needs. Keep out of reach of children.

**BEST
SELLER**



Fat Burning Formula Item No: MDSUPACTF30
 Muscle Toning Formula Item No: MDSUPACTM30
 30-Day Supply

ACTIVIT®

Get the high-quality vitamins, minerals, and antioxidants your body needs to stay healthy while reaching your fitness and weight loss goals. Available in Fat Burning or Muscle Toning Formula.

- **All natural, all safe.** There are no “risky” ingredients in ActiVit. Our experts formulated this multivitamin so you get a safe, daily dosage of nutrition using quality ingredients based on proven science.*
- **Fresh and convenient.** Vitamins are only helpful if they’re fresh and if you take them every day. By delivering ActiVit directly to you, we make sure you’re getting fresh supplements so you stay healthy and feel energized.*
- **Get the most from your multivitamin.** Studies show that many of the antioxidants, vitamins, minerals, and herbs in ActiVit have far-reaching health benefits.* Use ActiVit, to make sure you’re getting these important nutrients every day.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

BENEFITS

- Enhance your physical and mental wellness*
- Increase bone strength*
- Stimulate your immune system*
- Slow the effects of aging with a powerful antioxidant*
- Regulate calcium and blood sugar levels*

This product is only available to residents of the United States and its territories.



Item No: MDSUPSLF630
30-Day Supply

Lose almost 30% More Fat†

Slimming Formula **All Natural**

Lose almost 30% more fat† with our unique blend of pyruvate and green tea extract—proven to significantly increase weight loss and improve exercise endurance.*



Meal Replacement Shake
LOW-CALORIE MEAL

- Great Tasting (It really is!)
- 130 Calorie Balanced Meal
- 15 Grams of Protein per Serving
- Soy/Whey Combination
- No Aspartame or Preservatives
- Low Sodium

BEACHBODY
Single Compact, 30 Servings

CHOCOLATE FLAVORED

Meal Replacement Shake

Enjoy this creamy, delicious, low-calorie meal in a glass when you're on the go! Its balanced mix of carbs, fats, and proteins provides sustained energy and satisfies your appetite.*

Vanilla Item No: MDSUPMEALV30
Chocolate Item No: MDSUPMEALC30
30 Servings

2-Day Fast Formula®

Lose up to 7 lbs. in 2 days with our creamy, delicious shake! You'll reduce cravings and start burning off that hard-to-lose fat.*
Chocolate or Vanilla.

Vanilla Item No: MDSUPFSV02
Chocolate Item No: MDSUPFSC02
6 Servings



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

† In a nonclinical Beachbody test group, those who used Slimming Formula along with their Beachbody program lost an average of 29% more body fat.

Enhanced Performance

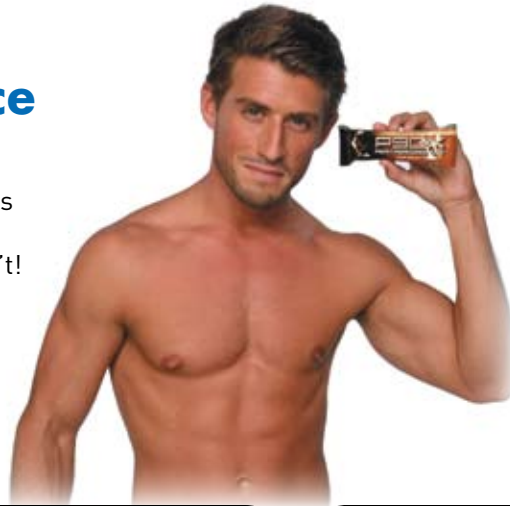
P90X® Peak Performance Protein Bars

To maximize your performance, try these delicious bars with 18 grams of protein!
Get the protein you need—without the fat you don't!
Café Mocha or Wildberry.

Item No: MDSUPBARCM12 (Café Mocha)

Item No: MDSUPBARWB12 (Wildberry)

12 Bars Per Box



Item No: MDSUPPEAKHEA30
30-Day Supply

P90X® Peak Health Formula

Optimize your results with our most complete, high-end, high-potency multivitamin, specially formulated to boost your strength and energy!*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Also available in
Single-Serve Packets

Item No:
MDSUPRECOPT30
26 Packets Per Box

Item No: MDSUPRECO30
25 Servings

P90X® Peak Recovery Formula

Refuel, re-energize, and reduce muscle soreness with this delicious after-workout shake. Four parts carbs to one part protein ensures speedy muscle repair after intense workouts!*

Everyday Healthy Living

Performance Formula†

Lose weight and get toned faster from exercise! Our potent blend of ingredients increases your energy, aids in fat loss, and helps you work out harder and recover faster.*

Item No: MDSUPPERF30
30-Day Supply



BEST SELLER



Joint Support Super Formula

Promote joint mobility with this high-quality formulation designed to protect your joints and connective tissue.*

Item No: MDSUPJOINT30
30-Day Supply



Total Health Women's Formula†

Specially formulated for women for faster weight loss and muscle-toning results! Three key ingredients help regulate thyroid function to improve metabolism and reduce stored fat.*†

Item No: MDSUPP90F30
30-Day Supply



Herbal Immune Boost

One of the most powerful immune support formulations available, our proprietary formula features astragalus, codnopsis, ganoderma, and schizandra. Especially effective during times of stress, it can be used daily to help keep your immune system functioning properly.*

Item No: MDSUPIMMH30
30-Day Supply

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Core Nutrition



ACTIVIT®† Fat Burning

Get the high-quality vitamins, minerals, and antioxidants your body needs to stay healthy while reaching your fitness and weight loss goals.*

Item No: MDSUPACTF30
30-Day Supply

† This product is only available to residents of the United States and its territories.

‡ Warning: If a pre-existing thyroid condition exists, you should consult your physician before taking Total Health Women's Formula.



Whey Protein Powder

Lose weight while developing lean, sexy muscles with this low-fat and great-tasting supplement packed with 18 grams of high-quality whey protein!*
Chocolate or Vanilla.

Vanilla Item No: MDSUPWHEYV30
Chocolate Item No: MDSUPWHEYC30
30 Servings



Meal Replacement Shake

Enjoy this creamy, low-calorie meal in a glass when you're on the go! Its balanced mix of carbs, fats, and proteins provides sustained energy and satisfies your appetite.*

Vanilla Item No: MDSUPMEALV30
Chocolate Item No: MDSUPMEALC30
30 Servings



2-Day Fast Formula®

Lose up to 7 lbs. in 2 days with our delicious shake! You'll reduce cravings and start burning off that hard-to-lose fat.*
Chocolate or Vanilla.

Vanilla Item No: MDSUPFSV02
Chocolate Item No: MDSUPFSC02
6 Servings

Strength & Muscle Men's Formula

Up to four times more absorbable than regular creatine, our safe and potent formulation is a great-tasting way to get stronger and perform better.*
Berry Flavor.

Item No: MDSUP90M390
78 Servings



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turbo Jam[®]

FITNESS



Chalene Johnson

Chalene is more than just the high-energy, pretty face of Turbo Jam. Chalene focused her fitness experience with her love for martial arts and dance into a super calorie-burning cardio routine that targets the abs. Packed with fun choreography to hot music. Hundreds of thousands of people have enjoyed Chalene's workouts with incredible results.

Item No: MDTJDVDK10


INCLUDES **5** WORKOUTS ON **2** DVDS

LEARN & BURN
20 MINUTE
TURBO SCULPT
CARDIO PARTY
AB JAM



Turbo Jam[®] Complete fitness and weight loss system that combines kickboxing and body-sculpting workouts set to the hottest dance music... so get ready to rock your workout!

Rock your workout for a rock-hard body!



Chalene's most advanced kickboxing and body-sculpting moves with resistance to maximize your fat-burning and toning results!

Item No: MDTJDVDK23



Get two advanced lower-body and cardio workouts plus a FREE toning band!

Item No: MDTJDVDK2



GET ON THE BALL!

For ripped, rock-hard abs and blazing-fast results, Chalene's breakthrough new program is unmatched! Plus get a FREE Turbo Ball—your new secret weapon against fat!

Item No: MDTJDVDK54 (Large Ball)
Item No: MDTJDVDK55 (Medium Ball)



Experience all the fun and excitement of one of Chalene's classes "live" right in your own home!

Item No: MDTJDVDK8



Results may vary.

FITNESS

Tony Horton

For the past 20 years, Tony Horton has established himself among the elite in the world of personal fitness training with an unparalleled expertise that includes circuit, cross, and interval training; weight and resistance training; cardiovascular/aerobic training; post-rehabilitation; advanced stretching; yoga; and kickboxing. Horton's conditioning skills and motivational abilities are consistently in high demand and his training techniques have appeared in top fitness magazines.

Tony Horton incorporates his fitness expertise and engaging personality in Beachbody's Power 90®, Power 90® Master Series, Power Half Hour®, Tony & the Kids!, Tony & the Folks!, and the latest, P90X®.



P90X® EXTREME HOME FITNESS

Twelve routines that keep introducing new moves and challenging your muscles to get you absolutely ripped in 90 days.

Available on 12 DVDs Item No: MDP90XDVDK1



POWER 90

FAT BURNING SYSTEM



Item No: MDP90DVDK53

New and improved! Tony's in-home boot camp will transform your body in just 90 days. Plus, this expanded program includes the Fat Burning Express package to accelerate your results and help you lose up to 10 pounds in your first 6 days!

POWER HALF HOUR

INCLUDES **5** WORKOUTS
ON **1** DVD

AB BURNER
THIGH TRIMMER
STRETCH
BUN SHAPER
ARM TONER



Each workout combines both cardio and targeted body sculpting for maximum results in just 30 minutes a day.

Item No: MDPHHDVDK12

POWER 90

MASTER SERIES



Advanced, targeted workouts and innovative new moves to get you lean and ripped in less time.

Item No: MDP90DVDK40

Ho'Alake Kino

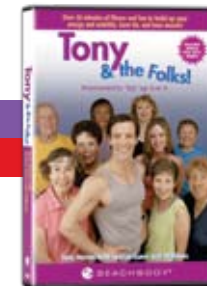
"Awaken the Body"



Awaken your body and mind in this 30-minute yoga and stretching routine set on the tranquil beaches of Hawaii.

Item No: MDHOADVDS1

Tony & the Folks!



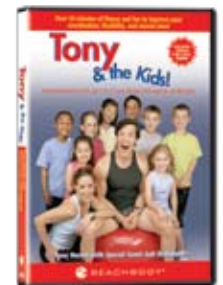
A fun 30 minutes of low-impact fitness for anyone age 55 and up.

Item No: MDTHFOLDVDS1

Tony & the Kids!

Get your kids excited about exercise with this fun and entertaining workout.

Item No: MDTHKIDDVDS1



Debbie Siebers'

SLIM
in 6[®]



Debbie Siebers, Fitness Expert

Over the years, Debbie Siebers has developed and perfected a host of challenging exercise routines that target specific problem areas of the body. She began her fitness career as a personal trainer for Body by Jake and has served as a consultant for fitness projects such as Bowflex and Body Vibes. She has been featured on numerous television programs, including CNN, E! Entertainment Television, Fit TV, and *LIVE with Regis and Kelly*. In 1999, Siebers was approached by Beachbody CEO Carl Daikeler to create the Thin Thighs Guaranteed!™ video based on methods that she perfected to slim and shrink the trouble spots on her celebrity clients. The popularity of that workout led to the development and marketing of the highly successful Slim in 6[®] and Slim Series[®] Beachbody video programs. In 2004, Slim in 6 was the top fitness program on TV. Debbie Siebers is a certified member of the Aerobics and Fitness Association of America and currently resides in Los Angeles, California, where she is working on her latest program.

Debbie Siebers' SLIM in 6®

BEST SELLER

Combines cardio with light resistance to burn fat and reshape your body in 6 weeks.

5 workouts on 2 DVDs

Item No: MDL6DVDK29



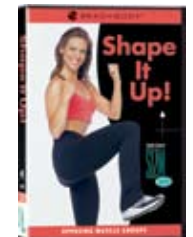
The perfect follow-up to Slim in 6®



Maintain your slimming and toning results.

Item No: MDL6DVDS2

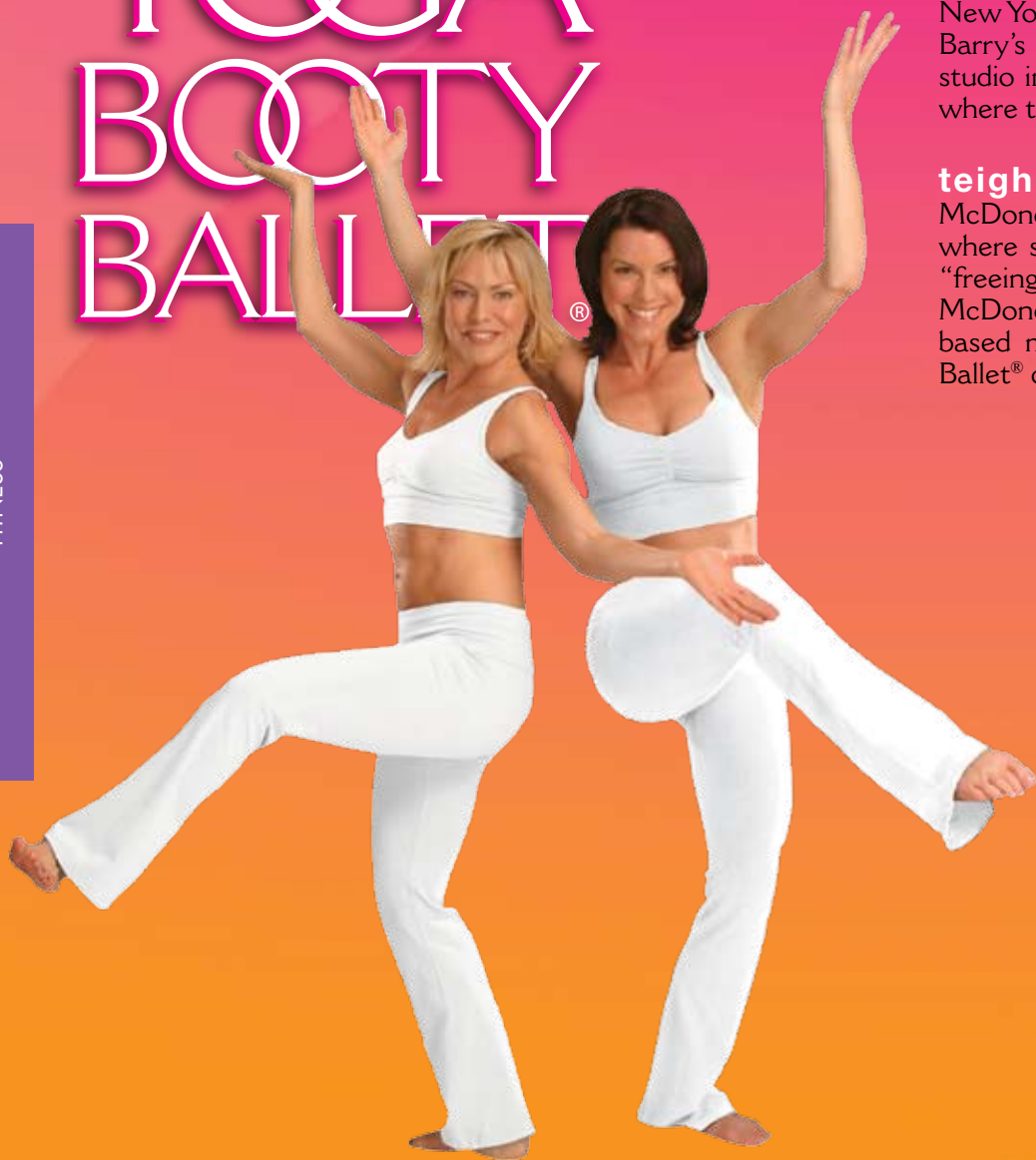
Debbie Siebers' SLIM series®



Take your results to the next level with Debbie's Slim Series® program—the perfect way to add variety to your workouts so you keep losing weight and never get bored. Enjoy 6 brand-new fun and exciting workouts. 6 DVDs also sold separately.

Item No: MDSSDVDK1

YOGA BOOTY BALLET®



gillian marloth For more than a decade, Gillian Marloth has dedicated herself to helping others achieve physical wellness through movement by focusing on the body, mind, and spirit. Gillian Marloth was a favorite instructor at Crunch gyms in New York and Los Angeles, as well as at New York Sports Clubs, Tribeca Workout, Barry's Bootcamp, Total Fitness, and more. She now owns Swerve, a movement studio in Los Angeles, with business partner and dear friend, Teigh McDonough, where they teach Yoga Booty Ballet.

teigh mcdonough Teigh McDonough has a passion for the art of movement. McDonough takes her expertise and charismatic teaching style to the classroom, where she helps students transform into the next best version of themselves by "freeing the funky ballerina within" through the joy and expression of movement. McDonough partners with longtime friend Gillian Marloth in their Los Angeles-based movement studio, Swerve, where they teach their popular Yoga Booty Ballet® classes.

YOGA BOOTY BALLET®

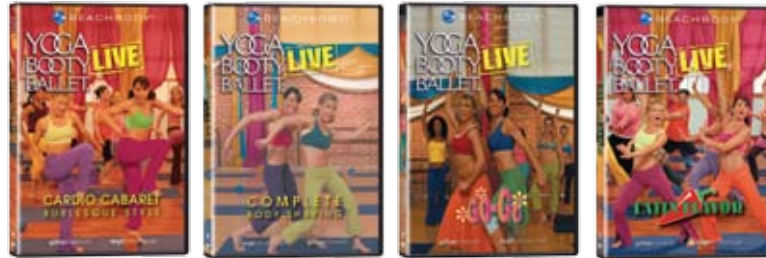
Hollywood's fun fitness secret combines yoga, dance, and body sculpting to blast calories and target your abs, thighs, and booty. 3 workouts on 1 DVD.



Item No: MDYBBDVDK18

Enjoy more of the hottest exercise class in Hollywood

YOGA
BOOTY
BALLET®
LIVE

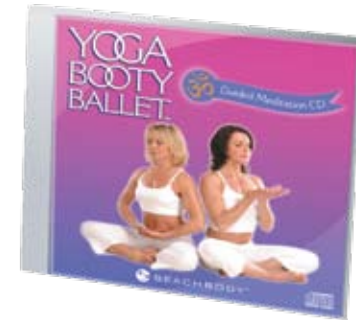


Enjoy more of the hottest exercise class in Hollywood “live” right in your own living room.

Item No: MDYBBDVDK32

Includes Squishy Ball, Toning Band, and Light & Easy bonus workout DVD.

Guided Meditations Audio CD



Find the peace and energy you need to help you through your day and lead a happy and balanced life with YBB Meditations. Listen before bed to relax. Or listen in the morning to get motivated and rejuvenated for the day. (39 minutes)

Item No: MDYBBCDS1

YOGA
BOOTY
BALLET®
MASTER SERIES

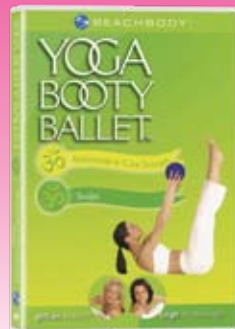
Master advanced yoga and Pilates moves designed to target your abs and booty in special workouts for any time of day.



Item No: MDYBBDVDK33

YOGA
BOOTY
BALLET®

*Goddess
Package*



Awaken your inner goddess with two more incredible Yoga Booty Ballet workouts on one DVD, one for ripped abs and another for full-body sculpting.

Item No: MDYBBDVDK4



Squishy Ball

Tighten and tone your abs and sculpt your inner thighs with this amazing little resistance tool. It'll also improve your coordination and flexibility! Size: 6" diameter

Item No: MDACCBALL1BB



Hip Hop ABS™

Dance your way to hot, sexy abs and burn the fat off your entire body with Shaun T's exciting new dance program! Using Shaun's revolutionary Absolute Engagement™ technique, you'll "Tilt, Tuck & Tighten" your way to six-pack abs without doing a single sit-up or crunch!

Even if you can't dance, Shaun will teach you his Hip Hop moves step by step... And you'll be ready to hit the dance floor in your killer new body in no time!



Item No: MDHHADVDK1

COMPLETE WEIGHT LOSS AND BODY-SCULPTING SYSTEM

KATHY SMITH'S project: YOU!™

"BEST WORKOUT DVD!"
—FITNESS & SHAPE magazines



Kathy's complete fitness and nutrition system will accelerate your metabolism, burn fat, and sculpt your entire body.

Kathy Smith is one of the most admired health and wellness leaders in America. Since 1980, Smith has been at the forefront of the fitness and lifestyle market and today she continues to inspire the lives of millions. As a motivator and role model, Smith's passion for exploring new methods of movement has led her to create a wide variety of books, audio workouts, and videos. She is one of the fitness industry's top presenters, with 16 million of her workout titles sold worldwide. With gold and platinum videos to her name, she has also been inducted into the Video Hall of Fame. In 2004, Smith teamed up with Beachbody to create the comprehensive Project: YOU™ program. This body remodeling is transforming people of all ages, revealing slimmer and stronger bodies—living more active lifestyles.



Item No: MDKSDVDK37 Includes 8 Workouts on 3 DVDs

Michael George's

FAST 10®

Michael George is one of Hollywood's most sought-after fitness experts and certified training consultants, having transformed the bodies of celebrities such as Reese Witherspoon, Meg Ryan, Christian Slater, Julianne Moore, Sela Ward, and James Spader. His unique training approach is the result of a combination of his health and fitness knowledge with motivational psychology, his diversified athletic talent, and the mind/body connection.

Fast 10 uses resistance bands to give you incredible fat-burning and toning results in as little as 10 minutes a day.

FITNESS



Basic Kit is 4 workouts on 1 DVD

Item No: MDF10DVDK1

GREAT BODY GUARANTEED!™



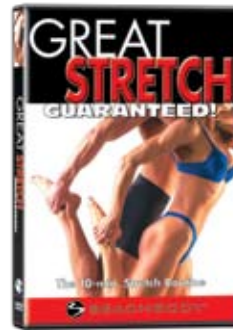
**Includes
5 WORKOUTS
on 1 DVD**



MDABSDVDS1

(Also available individually.)

Item No: MDGBGDVDS1



MDSTRDVDS1



MDTHIDVDS1



MDBUNSDVDS1



MDARMSDVDS1

Each move targets a specific zone to tighten and tone in under 10 minutes a day. With trainers Tony Horton and Debbie Siebers.



Push-Up Stands (basic)

Keep your nose out of the carpet on every rep with these durable, slide-resistant stands designed for comfort.

Item No: MDACCPUSHUP



Dumbbell Set (3lbs., 5lbs., 8lbs.)

Use for light resistance workouts to satisfy your changing resistance needs. Neoprene coated for comfort and durability.

Only available for shipment to residents of the continental United States.

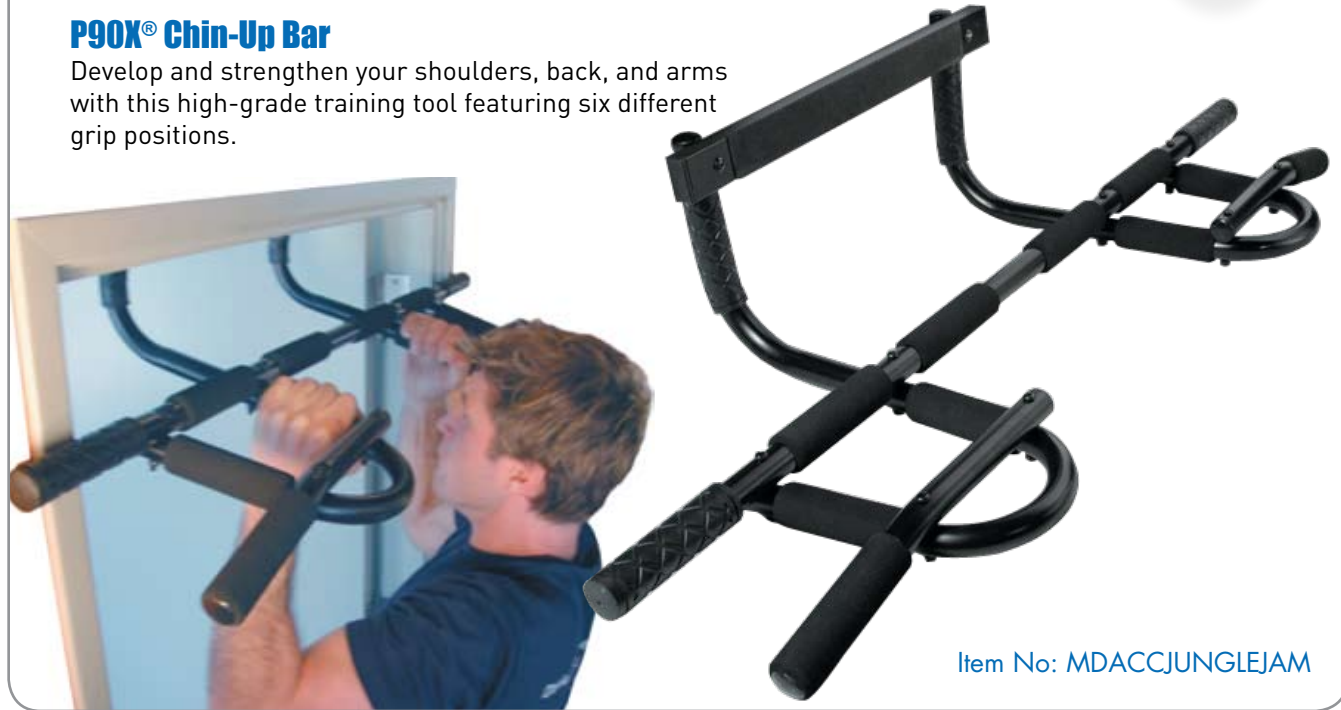
Item No: MDACCDUM50

P90X®

BEST SELLER

P90X® Chin-Up Bar

Develop and strengthen your shoulders, back, and arms with this high-grade training tool featuring six different grip positions.



Item No: MDACCJUNGLEJAM



PowerStands™

Designed and used by celebrity fitness trainer Tony Horton, these premium heavy-duty stands strengthen and sculpt without straining wrists and forearms. (Used with P90X® and Power 90® Master Series).

Item No: MDACCPUSHUP2

PowerStands is a trademark of Tony Horton.

B-LINES® RESISTANCE BANDS

Bands are proven to help you burn fat and tone lean muscle faster. Plus they're portable and convenient, so you can work out anytime, anywhere. Just choose the kit below that's right for you!

Standard Kit

BEST SELLER AMONG WOMEN!
(15 to 30 lbs.) Pink (B3), Magenta (B4), Red (B6). 2 bands, 2 sets of handles, plus 1 FREE band.

Item No: MDACCBANDF3H

SUPER KIT

BEST SELLER AMONG MEN!
(20 to 40 lbs.) Magenta (B4), Red (B6), Green (B8) 2 bands, 2 sets of handles, plus 1 FREE band.

Item No: MDACCBANDM3H

Complete Kit Includes
All levels of resistance—10 bands plus 3 sets of handles.

Item No: MDACCBAND10H2

Do more with your bands... chest flies, thigh and butt exercises, and even cardio training!

Item No: MDACCBANDUPKI

INDIVIDUAL BANDS				
Light resistance (15 lb. weights); includes handles.	Standard resistance (20 lb. weights); includes handles.	Standard resistance (30 lb. weights); includes handles.	Heavy resistance (40 lb. weights); Includes handles.	Extreme resistance (50 lb. weights); includes handles.
Item No: MDACCBANDPINKH	Item No: MDACCBANDMAGH	Item No: MDACCBANDREDH	Item No: MDACCBANDGREH	Item No: MDACCBANDBLKH

B-LINES® Resistance Bands contain natural rubber latex which may cause allergic reactions.

REEBOK Heart Rate Monitors



Strapless

Item No: MDACCHMRBK1



with Chest Strap

Item No: MDACCHMRBK2



Body Fat Tester

Monitor your fat-burning progress and stay motivated with this simple, essential tracking tool.

Item No: MDACCBODFAT



Squishy Ball

Tighten and tone your abs and sculpt your inner thighs with this amazing little resistance tool. It'll also improve your coordination and flexibility!

Size: 6" diameter

Item No: MDACCBALL1BB



Balance Ball

This baby targets everything—your abs, back, chest, arms, thighs, legs, and buns. Use it with weights or without. Plus FREE gift—a Guidebook with “Top 10 Balance Ball Moves” for getting your best results!

Medium Ball Item No: [MDACCBALL55K2](#)
Large Ball Item No: [MDACCBALL65K2](#)



Weighted Gloves

Increase the intensity of your cardio workouts and get the lean, toned arms and shapely chest and shoulders you’ve always wanted! 1 lb. each—2-lb.set. (Used with Turbo Jam® Maximum Results)

Item No: [MDACCGLOVE1BB](#)



Sculpting Bands

Sculpt your abs, inner thighs, and upper body to get a sexy and shapely physique. Improve your strength and range of motion, too! (Used with Yoga Booty Ballet® LIVE and Turbo Jam®)

Purple Item No: [MDACCBANDLATEX](#)
Green Item No: [MDACCBANDLATEX2](#)



Yoga Blocks

Increase your strength and flexibility with this high-density, closed-cell foam yoga block. Size: 4” x 6” x 9”

Item No: [MDACCYOGABLOCKK1](#)
2-Block Kit.



Yoga Monster Mat

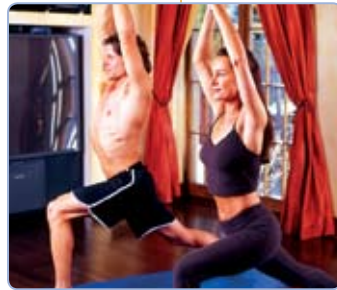
This thick, textured sticky mat will comfortably stabilize your yoga practice so you can focus on proper alignment and balance. (Used with all Beachbody programs.) Ships separately.

Item No: [MDACCYOGAMAT2](#)

A Wellness Revolution

FITNESS

In-home workouts that shape, tone, and energize your body.



NUTRITION

Advanced nutrition for weight loss and wellness for life.



COMMUNITY

An online community link to healthy people

FUN

The MILLION DOLLAR BODY GAME™ that rewards and celebrates results!

MILLION DOLLAR BODY'S
FOUR-PART WELLNESS FORMULA BRINGS
HEALTHY LIVING TO LIFE.



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