

# Mattresses

Pillows & quilts

SULTAN HJELMÅS sprung double mattress,  
140x200cm  
(Mattress base and legs sold separately)

£249

ALL BROCHURE PRICES ARE MAXIMUM PRICES VALID UNTIL 24 JULY 2011  
(PRICES ARE SUBJECT TO ANY ALTERATION IN VAT)



**NYPONROS king-size quilt cover set £44.99/5pcs**  
Yarn-dyed. The yarn is dyed before weaving, giving bedlinen a soft finish. 100% cotton. Quilt cover 240×220cm. 4 pillowcases 50×80cm. White/blue. 101.891.57

**FLORÖ double bed frame £299**  
Includes SULTAN LURÖY slatted bed base. Easy to keep clean, with removable dry-clean cover. Cover: 100% cotton. 168×200, H112cm. Takes mattress size 160×200cm (sold separately). Gobo dark beige. 098.875.99

**FLORÖ  
double bed frame**

**£299**

**NYPONROS  
king-size quilt cover set  
£44.99 /5pcs**

# It feels good to start your day with a smile. Here's how to do it!

Focused, refreshed, feeling full of the joys of spring? How well your day goes depends a lot on how well you slept last night. A new mattress is a great starting point, but it's when you combine it with the right pillow and quilt that you'll feel its full effects, so we've included them in this brochure, too. Our product range is designed to suit different physiques and personal preferences, to offer total comfort, tailored to suit you to a T. You can even bring everything you need home today, and be waking up with a big smile on your face by tomorrow morning.

## Content

- 04 Introduction**  
All about our 60 years of experience, and 25-year Everyday Quality Guarantee
- 08 Find your dream mattress**  
Read about our mattresses and see the wide range of comfy combinations
- 32 Choose the perfect pillow**  
See our full pillow range and discover what makes each one special
- 40 Uncover the ideal cosy quilt**  
Read about our range, and how to keep your cool, or hot things up a bit, in bed
- 50 Services**  
We can help you take your purchases home



**ALVINE KVIST king-size quilt cover set £34.99/5pcs** 100% cotton. Quilt cover 240x220cm. 4 pillowcases 50x80cm. White/grey. 601.596.38  
**ALINA 3-piece bedspread and cushion cover set £59.99** Extra soft 100% cotton. Bedspread: 260x280cm. 2 cushion covers: 65x65cm. Dark grey. 201.626.47  
**EDLAND double four-poster bed frame £239** Includes SULTAN LURÖY slatted bed base. 148x210, H210cm. Takes mattress size 140x200cm (sold separately). White. 198.875.94

ALVINE KVIST  
king-size quilt cover set  
**£34.99** /5pcs

# Sleeping beauty? We practically wrote the book

It's 60 years now since we first started producing mattresses. As you can imagine, we've learned a lot along the way. Like what turns a good mattress into a great one. And how that guarantees you a really deep sleep, to wake up beautifully refreshed. Since the 80s, we've even been a purveyor of mattresses to the Swedish Royal Court. But then, at IKEA, we think everyone should be able to sleep like a princess...

**OFELIA VASS single quilt cover set £19.99/3pcs** Bedlinen densely woven from fine yarn. Soft and durable quality. Dobby woven, a process which gives the fabric a decorative structure. 100% cotton. Designer: Charlotte Skak. Quilt cover 150×200cm. 2 pillowcases 50×80cm. White. 001.330.19  
**TRONDHEIM king-size bed frame £239** (includes SULTAN LURÖY slatted bed base). Painted finish. Designer: Magnus Elebäck. 171×210, H115cm. Takes mattress size 160×200cm (sold separately). White. 698.876.62  
**INDIRA bedspread £14.99** Also available in single bed size. 100% cotton. Designer: Anna Efverlund. 250×250cm. White. 701.917.70

**TRONDHEIM  
king-size bed frame**

**£239**

**OFELIA VASS  
single quilt cover set**  
**£19.99/3pcs**

# Settle your differences before you hit the pillow

As a global company, we’ve studied how people all over the world go to sleep. The results speak loud and clear: when it comes to sleeping, every single person is different. That’s why we’ve developed a range of mattresses, pillows and quilts full of variety, with something for everyone. So to every sock-wearing side sleeper or memory-foam-loving back sleeper out there, we say, you can all please yourselves, no need for arguments. For wedded bliss, try a little bedded bliss from IKEA.

For real bedroom heroics...

**HENNY RUTA**  
king-size quilt cover set

**£34.99** /5pcs

**HENNY RUTA king-size quilt cover set £34.99/5pcs** Yarn-dyed. The yarn is dyed before weaving, giving bedlinen a soft texture. Quilt cover and pillowcases have the pattern to different scales. 100% cotton. Quilt cover 240×220cm. 4 pillowcases 50×80cm. 801.712.53  
**HENNY bedspread/blanket £34.99** 80% wool, 20% acrylic. 150×240cm. Grey. 201.712.94

... you need undercover heroes

**MYSA LJUNG**  
king-size quilt, 7.5 tog

**£159**

**SULTAN ENGENES**  
king-size latex mattress

**£399**

**SULTAN ENGENES king-size latex mattress £399** Natural and synthetic latex. Firmness: medium. 160×200cm. 901.399.79  
**IKEA 365+ FAST pillows £19.99/ea** For side and back sleepers. Filling: memory foam. Designer: Maria Vinka. 33×50cm. 301.316.03  
**MYSA LJUNG king-size quilt, 7.5 tog £159** Temperature regulating lining: modal/polyester. 240×220cm. 601.318.52

Our product developers spend a lot of time mulling over things to which most people never give a second thought. Like why horsehair is one of nature's best filling materials, or when to use cellulose instead of wool. Or the right quantity of feathers needed to create an extra warm quilt. And they do this because you will spend one third of your life asleep. Which makes your bed and what goes into making it, well worth thinking about.

Tired...



... and tested

In our test labs, there's a 140 kilo wood and steel "man", whose job it is to roll around on our mattresses, 49,876 times. Which equals 25 years of regular human use. While he's doing that, we also test the edges of our mattresses 20,000 times with a 100-kilo weight, since you sit here before lying down for the night, or getting out of bed in the morning. So however tired you are, we're quite sure your mattress will give you a good night's sleep for years and years to come. So sure, in fact, that we'll even guarantee it.



# How to make your bed and lie on it... in bliss!

There are basically three ways to create your dream bed. The all-in-one, the continental, or the slatted base. Prefer sleeping higher off the ground? Then a continental is what you're looking for. Or if you're aiming for an adjustable bed, a slatted base bed is the one for you. Our mattress range is divided into combinations of the three bed styles. So first choose your bed style, and take it from there.



**SULTAN SKIEN wooden base sprung single mattress** 90x200cm. 601.335.54  
(includes one 4 pack of **BEGNA legs** H20cm. 101.784.46)  
**SULTAN TOLG mattress pad** 90x200cm. 201.109.84

£410

## All-in-one beds

The all-in-one bed is made by adding a mattress pad to a wooden base sprung mattress. Then finalise your bed by adding legs or a bed frame.



See all our all-in-one bed combinations on page 24



**SULTAN AUKRA single mattress base** 90x200cm. 001.587.74 (includes one 4 pack of **SULTAN legs** H10cm. Stainless steel. 100.756.60)  
**SULTAN HAGAVIK sprung single mattress** 601.562.96

£248

## Continental beds

A continental bed is made by adding a foam, latex or sprung mattress to a mattress base. The sprung mattress also gives you the option of adding a mattress pad. Complete your bed by adding legs or a bed frame.



See all our continental bed combinations on page 20



**SULTAN HAGAVIK sprung single mattress** 90x200cm. 601.562.96 **MALM single bed frame** (includes SULTAN LAXEBY slatted bed base 401.099.13). Black. 801.205.84

£278

## Slatted base beds

Slatted base beds are made by adding a sprung, foam or latex mattress to a slatted bed base, completed with a bed frame in the style of your choice. With a sprung mattress, you also have the option of adding a mattress pad for unbelievable luxury.



See all our slatted base bed combinations on page 22



**£159**

**SULTAN HAGAVIK sprung double mattress**  
140x200cm  
See page 20

## There are 3 types of mattress from which you can choose

Some people like the feel of a sprung mattress, others prefer foam or latex. When it comes to mattress materials, only you can decide what feels best to you. But to help you make the right choice, here's a basic explanation of what each type offers you.

### Foam – for extra support

Foam is a highly flexible material with the ability to resume and retain its shape. It offers extra support, relieving pressure from shoulders and hips, feeling soft as well as resilient. It also absorbs body movements, ideal if you're sharing your bed, and your partner's dreams! High-resilience foam gives support, and memory foam temporarily moulds to your body, allowing good circulation and a great night's sleep.



### Latex – for precise support

Like foam, latex is a highly flexible material with the ability to resume and retain its shape. It contours your body for precise support, and relieves and distributes pressure effectively. It also absorbs body movements, to enhance your sleep experience. Latex improves circulation and is good at drawing moisture away, meaning it helps keep your body at an even temperature throughout the night.



### Sprung – for even support

Sprung mattresses can be regularly turned over, and offer evenly spread, long lasting support. They distribute your body weight, eliminating undue pressure on any one area of your body. The ventilated construction allows air to flow through, which makes this material good at maintaining a fresh and dry sleep environment.



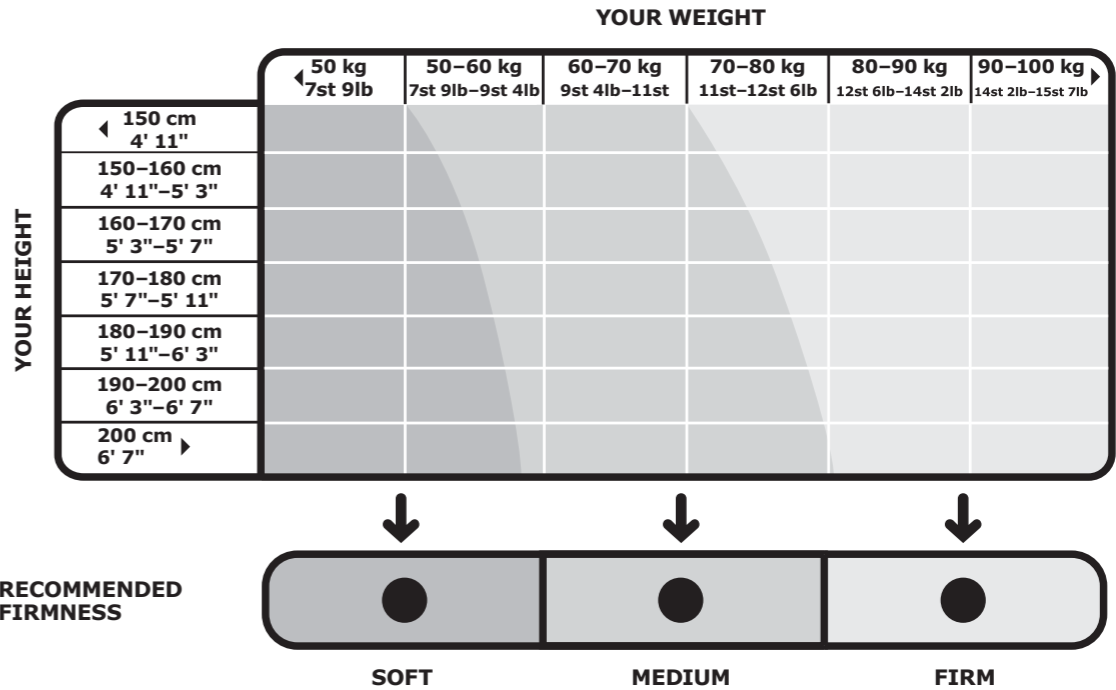


SULTAN HAGAVIK sprung  
double mattress, 140x200cm  
See page 20

£159

# Soft, medium or firm... which mattress do you need?

All our SULTAN mattresses are categorised by their degree of firmness, and the sort that's best for you depends on your weight and height. So use the chart below to work out which mattresses to try out first.



## And what about your sleeping position?

Apart from the weight/height chart, also think about your sleeping position. For instance, if you sleep on your side, try a softer mattress which lets your shoulders and hips sink in, while supporting the rest of your body. Back sleeper? Then you may need a firmer mattress, supporting your neck and lower back. If you're a stomach sleeper, choose something firmer. Another thing to keep in mind is temperature. Tend to get warm at night? Then you might want a mattress that does an extra efficient job of drawing moisture away from the body.

To read more about our mattresses and visit our interactive mattress guide, log on to [IKEA.co.uk](https://www.ikea.co.uk)



SULTAN HUGLO sprung  
single mattress, see page 20

£79

## Why lie back and think of England, when you could lie back and think of Sweden?

Our beds really are the bee's knees when it comes to comfort. And the best way to find that out for yourself is to come into the store and try them in person. We're all geared up for you. You just need to come in and have a nice lie down.

### Take your time

Trying out a mattress takes time, so do make sure you're not in a hurry. Start by making yourself at home. Coats off and get comfy. And to really get a feel for a mattress, you need to stay put for at least ten minutes. You'll probably fall asleep, but the ironing basket can wait!

### Act naturally

Start by lying down in your favourite sleeping position and make sure you use a pillow too. Also, be sure to turn over a few times - just as you would in your bed at home. And try sitting up, to see how comfy you'll be when you're sipping that morning cuppa in bed.

### Feel free to ask

If you've got any questions regarding our different mattresses, then don't hesitate to ask our trained staff. They're here to help, and are experts in our product range, so they can advise you on what we would recommend to give the comfort you're looking for.

# Continental bed combinations

Here are our recommended continental bed combinations, categorised by their firmness. These are the combinations that we suggest, but you can choose to create your bed any way you prefer.



**SULTAN HERAND sprung single mattress £99**  
Pocket springs provide precise body support. 90×200cm. 17cm thick. 801.566.29  
**SULTAN AKSDAL mattress base £79**  
Solid wood slats offer firm posture support. 90×200, H18cm. 801.531.93  
**COMBINATION £178**



**SULTAN HARESTUA sprung single mattress £59**  
A layer of springs provide support for your body. 90×200cm. 17cm thick. 201.565.90  
**SULTAN AKSDAL mattress base £79**  
Solid wood slats offer firm posture support. 90×200, H18cm. 801.531.93  
**COMBINATION £138**



**SULTAN HAGAVIK sprung single mattress £139**  
Active pocket springs provide very precise body support and relieve pressure on your shoulders and hips. 90×200cm. 22cm thick. 601.562.96  
**SULTAN AUKRA mattress base £99**  
The springs provide support for your body. 90×200, H20cm. 001.587.74  
**COMBINATION £238**



**SULTAN HJELMÅS sprung single mattress £199**  
A 4.5cm thick layer of latex in the integrated mattress pad provides high pressure-relieving capacity, enabling your body to relax more fully. 90×200cm. 26cm thick. 201.566.65  
**SULTAN ATNA mattress base £119**  
The springs provide support for your body. 90×200, H20cm. 001.588.11  
**COMBINATION £318**



**SULTAN HUGLO sprung single mattress £79**  
Springs and extra wadding provide support for your body. 90×200cm. 17cm thick. 701.563.85  
**SULTAN AKSDAL mattress base £79**  
Solid wood slats offer firm posture support. 90×200, H18cm. 801.531.93  
**COMBINATION £158**



**SULTAN HAMNVIK sprung single mattress £159**  
Active pocket springs provide very precise body support and relieve pressure on your shoulders and hips. 90×200cm. 22cm thick. 701.563.52  
**SULTAN AUKRA mattress base £99**  
The springs provide support for your body. 90×200, H20cm. 001.587.74  
**COMBINATION £258**



**SULTAN HJARTDAL sprung single mattress £259**  
A 4.5cm thick layer of memory foam in the integrated mattress pad moulds to your body, improving blood circulation to skin and muscles, and enabling your body to relax more fully. 90×200cm. 26cm thick. 901.566.95  
**SULTAN ATNA mattress base £119**  
The springs provide support for your body. 90×200, H20cm. 001.588.11  
**COMBINATION £378**

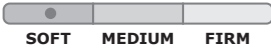


£417

**SULTAN HAGAVIK sprung double mattress £199**  
140×200cm. 22cm thick. 401.563.44  
**SULTAN TJÖME mattress pad £79**  
140×200cm. 5cm thick. 401.630.90  
**SULTAN AUKRA mattress base £139**  
140×200, H20cm. 401.587.72

# Slatted bed base combinations

These are our recommended slatted base bed combinations, categorised by degree of firmness. Of course you're also free to create your bed in any other combination you like.



**JAREN sprung mattress £29**  
90×200cm. 10cm thick. 001.238.88  
**SULTAN LADE slatted bed base £15**  
Solid wood slats offer firm support.  
90×197cm. 855.908.00  
**COMBINATION £44**



**SULTAN FIDJETUN polyurethane foam single mattress £159** A 5cm thick layer of memory foam moulds to your body, improving circulation to skin and muscles, and enabling your body to relax more fully.  
90×200cm. 14cm thick. 101.398.22  
**SULTAN LAXEBY slatted bed base £60**  
42 slats of layer-glued birch, divided into 5 comfort zones, provide very precise body support.  
90×200cm. 401.099.13  
**COMBINATION £219**



**SULTAN HARESTUA sprung single mattress £59**  
A layer of springs provides support for your body.  
90×200cm. 17cm thick. 201.565.90  
**SULTAN LURÖY slatted bed base £20**  
17 slats of layer-glued birch provide support for your body.  
90×200cm. 901.602.11  
**COMBINATION £79**



**SULTAN HERAND sprung single mattress £99**  
Pocket springs provide precise body support.  
90×200cm. 17cm thick. 801.566.29  
**SULTAN LÖDINGEN slatted bed base £40**  
17 slats of layer-glued birch provide support for your body.  
90×200cm. 101.602.29  
**COMBINATION £139**



**SULTAN FOSSING polyurethane foam single mattress £199**  
A 3cm thick layer of latex provide high pressure-relieving capacity, enabling your body to relax more fully.  
90×200cm. 18cm thick. 801.444.34  
**SULTAN LAXEBY slatted bed base £60**  
42 slats of layer-glued birch, divided into 5 comfort zones, provide very precise body support.  
90×200cm. 401.099.13  
**COMBINATION £259**



**SULTAN FONNES polyurethane foam single mattress £59**  
High-resilience foam with pressure-relieving capacity provides good comfort.  
90×200cm. 12cm thick. 701.444.20  
**SULTAN LURÖY slatted bed base £20**  
17 slats of layer-glued birch provide support for your body.  
90×200cm. 901.602.11  
**COMBINATION £79**



**SULTAN FLORVÅG polyurethane foam single mattress £49**  
90×200cm. 10cm thick. 101.397.42  
**SULTAN LURÖY slatted bed base £20**  
17 slats of layer-glued birch provide support for your body.  
90×200cm. 901.602.11  
**COMBINATION £69**



**SULTAN HAGAVIK sprung single mattress £139**  
Active pocket springs provide very precise body support and relieve pressure on your shoulders and hips.  
90×200cm. 22cm thick. 601.562.96  
**SULTAN LAXEBY slatted bed base £60**  
42 slats of layer-glued birch, divided into 5 comfort zones, provide very precise body support.  
90×200cm. 401.099.13  
**COMBINATION £199**



**SULTAN ENGENES latex single mattress £239**  
18cm latex provides good pressure-relieving capacity, enabling your body to relax more fully.  
90×200cm. 18cm thick. 101.399.83  
**SULTAN LERBÄCK slatted bed base £80**  
Adjustable. 24 slats of layer-glued birch, divided into 5 comfort zones, provide precise body support.  
90×200cm. 901.099.20  
**COMBINATION £319**



**SULTAN HJELMÅS sprung single mattress £199**  
A 4.5cm thick layer of latex in the integrated mattress pad provides high pressure-relieving capacity, enabling your body to relax more fully.  
90×200cm. 26cm thick. 201.566.65  
**SULTAN LAXEBY slatted bed base £60**  
42 slats of layer-glued birch, divided into 5 comfort zones, provide very precise body support.  
90×200cm. 401.099.13  
**COMBINATION £259**



**SULTAN FLOKENES polyurethane foam single mattress £299**  
A 7cm thick layer of memory foam moulds to your body, improving circulation to skin and muscles, and enabling your body to relax more fully.  
90×200cm. 22cm thick. 701.399.18  
**SULTAN LAXEBY slatted bed base £60**  
42 slats of layer-glued birch, divided into 5 comfort zones, provide very precise body support.  
90×200cm. 401.099.13  
**COMBINATION £359**



**SULTAN HUGLO sprung single mattress £79**  
Springs and extra wadding provide support for your body.  
90×200cm. 17cm thick. 701.563.85  
**SULTAN LURÖY slatted bed base £20**  
17 slats of layer-glued birch provide support for your body.  
90×200cm. 901.602.11  
**COMBINATION £99**



**SULTAN FÄVANG polyurethane foam single mattress £99**  
High-resilience foam with pressure-relieving capacity provides good comfort.  
90×200cm. 14cm thick. 101.444.37  
**SULTAN LERBÄCK slatted bed base £80**  
Adjustable. 24 slats of layer-glued birch, divided into 5 comfort zones, provide precise body support.  
90×200cm. 901.099.20  
**COMBINATION £179**



**SULTAN ERFJORD latex single mattress £179**  
18cm natural latex provides good pressure-relieving capacity, enabling your body to relax more fully.  
90×200cm. 18cm thick. 501.444.16  
**SULTAN LAXEBY slatted bed base £60**  
42 slats of layer-glued birch, divided into 5 comfort zones, provide very precise body support.  
90×200cm. 401.099.13  
**COMBINATION £239**



**SULTAN HAMNVIK sprung single mattress £159**  
Active pocket springs provide very precise body support and relieve pressure on your shoulders and hips.  
90×200cm. 22cm thick. 701.563.52  
**SULTAN LAXEBY slatted bed base £60**  
42 slats of layer-glued birch, divided into 5 comfort zones, provide very precise body support.  
90×200cm. 401.099.13  
**COMBINATION £219**



**SULTAN HJARTDAL sprung single mattress £259** A 4.5cm thick layer of memory foam in the integrated mattress pad moulds to your body, improving circulation to skin and muscles, enabling your body to relax more fully.  
90×200cm. 26cm thick. 901.566.95  
**SULTAN LAXEBY slatted bed base £60**  
42 slats of layer-glued birch, divided into 5 comfort zones, provide very precise body support.  
90×200cm. 401.099.13  
**COMBINATION £319**

# All-in-one bed

This is the all-in-one bed combination that we recommend. But of course, you're free to combine our wooden base sprung mattress with the mattress pad of your choice.

SULTAN SKIEN/SULTAN TOLG combination 180x200cm

£797

SOFT

MEDIUM

FIRM



**SULTAN SKIEN wooden base sprung single mattresses £299/ea**  
Active pocket springs provide very precise body support and relieve pressure on your shoulders and hips. Natural materials like cotton, wool, corn fibres and natural latex transport moisture away and give an even temperature. 90x200cm. 31cm thick. 601.335.54

**SULTAN TOLG mattress pad £199**  
Horsehair filling effectively ventilates the mattress and provides added resilience and flexibility. 180x200cm. 7cm thick. 001.110.41

**COMBINATION £797**

# Legs

Instead of pairing your mattress base or wooden base sprung mattress with a bed frame, you can opt to pair it simply with legs.



SULTAN legs £10/4pk

Stainless steel. H20cm. 300.451.44



SULTAN legs £10/4pk

Oiled solid oak. H20cm. 600.756.53

# Bed frames

To see our complete range of bed frames log on to **IKEA.co.uk**

# Mattress pads

A mattress pad will prolong the life of your mattress. If you choose the all-in-one bed, then you'll need a mattress pad to complete your comfort. And if you're choosing a sprung mattress, a mattress pad will enhance the whole experience. Our mattress pads are also turnable, so they last longer.

1. SULTAN TJÖME single mattress pad £59

High-resilience foam with pressure-relieving capacity provides good comfort. 90x200cm. 5cm thick. 601.630.94
2. SULTAN TVEIT single mattress pad £79

A 3cm thick layer of latex provides high pressure-relieving capacity, enabling your body to relax more fully. 90x200cm. 5cm thick. 601.560.36
3. SULTAN TÅRSTA single mattress pad £39

Foam filling provides a soft surface. 90x200cm. 4cm thick. 701.556.87
4. SULTAN TOLG single mattress pad £99

Horsehair filling effectively ventilates the mattress and provides added resilience and flexibility. 90x200cm. 7cm thick. 201.109.84
5. SULTAN TAFJORD single mattress pad £89

A 6cm thick layer of memory foam moulds to your body, improving circulation to skin and muscles, and enabling your body to relax more fully. 90x200cm. 7cm thick. 301.556.32



# All our mattress sizes and prices

## SPRUNG MATTRESSES

<b>SULTAN HARESTUA sprung mattress</b> Reversible. Springs provide extra support for your body. The spring construction allows air to flow freely. Firmness: medium. Grey. Thickness: 17cm.		
80×200cm	<b>£55</b>	601.565.88
90×200cm	<b>£59</b>	201.565.90
140×200cm	<b>£75</b>	501.565.84
160x200cm	<b>£99</b>	001.565.86

<b>SULTAN HUGLO sprung mattress</b> Reversible. Springs and extra wadding provide support for your body. The spring construction allows air to flow freely. Firmness: firm. Grey. Thickness: 17cm.		
3' single	<b>£79</b>	501.633.01
4'6" double	<b>£99</b>	701.633.00
80×200cm	<b>£75</b>	401.563.82
90×200cm	<b>£79</b>	701.563.85
140x200cm	<b>£99</b>	601.563.76
160x200cm	<b>£119</b>	001.563.79

<b>SULTAN HERAND sprung mattress</b> Reversible. Pocket springs provide precise body support. The spring construction allows air to flow freely. Firmness: soft. Grey. Thickness: 17cm.		
80×200cm	<b>£95</b>	201.566.27
90×200cm	<b>£99</b>	801.566.29
140×200cm	<b>£139</b>	301.566.22
160×200cm	<b>£159</b>	901.566.24

<b>SULTAN HAGAVIK sprung mattress</b> Reversible. A top layer of high-resilience foam adds extra comfort. Active pocket springs provide very precise body support and relieve pressure on your shoulders and hips. Firmness: medium. Light grey. Thickness: 22cm.		
80×200cm	<b>£135</b>	801.562.95
90×200cm	<b>£139</b>	601.562.96
140×200cm	<b>£159</b>	901.562.90
160×200cm	<b>£199</b>	501.562.92
180×200cm	<b>£259</b>	901.629.84

<b>SULTAN HAMNVIK sprung mattress</b> Latex in the wadding provide high pressure-relieving capacity. Active pocket springs provide very precise body support and relieve pressure on shoulders and hips. The spring construction allows air to flow freely. Firmness: firm. Light grey. Thickness: 23cm.		
3' single	<b>£159</b>	801.633.09
4'6" double	<b>£199</b>	001.633.08
80×200cm	<b>£155</b>	101.563.50
90×200cm	<b>£159</b>	701.563.52
140x200cm	<b>£199</b>	401.563.44
160x200cm	<b>£249</b>	701.563.47

<b>SULTAN HJELMÅS sprung mattress</b> Integrated latex mattress pad (4.5cm thickness) in the wadding provides high pressure-relieving capacity. Machine washable cover. Active pocket springs provide very precise body support and 5 comfort zones relieve pressure on sholders and hips. The spring construction allows air to flow freely. Firmness: medium. White. Thickness: 26cm.		
3' single	<b>£199</b>	201.633.12
4'6" double	<b>£249</b>	401.633.11
80×200cm	<b>£195</b>	901.566.62
90×200cm	<b>£199</b>	201.566.65
140x200cm	<b>£249</b>	101.566.56
160x200cm	<b>£299</b>	501.566.59
180x200cm	<b>£359</b>	601.629.52

<b>SULTAN HJARTDAL sprung mattress</b> Integrated memory foam mattress pad (4.5cm thickness) in the wadding, moulds to your body, improving circulation to skin and muscles. Lyocell in the cover transports moisture away and keeps an even temperature. Active pocket springs provide very precise body support and 5 comfort zones relieve pressure on shoulders and hips. Machine washable cover. Firmness: firm. White. Thickness: 26cm.		
80×200cm	<b>£255</b>	601.566.92
90×200cm	<b>£259</b>	901.566.95
140x200cm	<b>£349</b>	801.566.86
160x200cm	<b>£399</b>	201.566.89

## FOAM MATTRESSES

<b>SULTAN FLORVÅG foam mattress</b> Reversible. Machine washable cover. Firmness: medium. White. Thickness: 10cm.		
3' single	<b>£49</b>	601.633.05
4'6" double	<b>£59</b>	901.633.04
80×200cm	<b>£45</b>	201.506.30
90×200cm	<b>£49</b>	101.397.42
140x200cm	<b>£59</b>	801.397.34
160x200cm	<b>£79</b>	101.397.37

<b>SULTAN FONNES foam mattress</b> High-resilience foam with pressure-relieving capacity. Machine washable cover. Firmness: medium. White. Thickness: 12cm.		
80×200cm	<b>£55</b>	501.810.17
90×200cm	<b>£59</b>	701.444.20
140x200cm	<b>£99</b>	101.444.18
160x200cm	<b>£139</b>	901.444.19

<b>SULTAN FAVÅNG foam mattress</b> Reversible. High-resilience foam with pressure-relieving capacity. 5 comfort zones reinforce the relief of pressure on your shoulders and hips. Machine washable cover. Firmness: firm. White. Thickness: 14cm.		
3' single	<b>£99</b>	201.633.07
4'6" double	<b>£159</b>	401.633.06
90×200cm	<b>£99</b>	101.444.37
140x200cm	<b>£139</b>	501.444.35
160x200cm	<b>£159</b>	301.444.36

<b>SULTAN FIDJETUN foam mattress</b> A 5cm layer of memory foam moulds to your body, improving circulation to skin and muscles. Machine washable cover. Firmness: soft. White. Thickness: 14cm.		
90×200cm	<b>£159</b>	101.398.22
140x200cm	<b>£199</b>	501.398.15
160x200cm	<b>£259</b>	101.398.17

<b>SULTAN FOSSING foam mattress</b> Reversible. A 3cm layer of latex and high-resilience foam provides high pressure-relieving capacity. 5 comfort zones give extra relief of pressure on your shoulders and hips. Lambswool in the filling transports moisture away and helps keep an even temperature. Machine washable cover. Firmness: soft. White. Thickness: 18cm.		
90×200cm	<b>£199</b>	801.444.34
140x200cm	<b>£299</b>	201.444.32
160x200cm	<b>£359</b>	001.444.33

<b>SULTAN FLOKENES foam mattress</b> A 7cm layer of memory foam improves circulation to skin and muscles. High-resilience foam provides pressure-relieving capacity, along with 5 comfort zones that give extra relief on your shoulders and hips. Lambswool in the filling and Lyocell in the ticking transport moisture away and help keep an even temperature. Machine washable cover. Firmness: medium. White. Thickness: 22cm.		
90×200cm	<b>£299</b>	701.399.18
140x200cm	<b>£399</b>	601.399.09
160x200cm	<b>£459</b>	801.399.13

## LATEX MATTRESSES

<b>SULTAN ELSFJORD latex mattress</b> Reversible. Latex provides pressure-relieving capacity, along with 5 comfort zones that give extra relief on your shoulders and hips. Machine washable cover. Firmness: firm. White. Thickness: 14cm.		
90×200cm	<b>£179</b>	501.444.16
140x200cm	<b>£249</b>	001.444.14
160x200cm	<b>£299</b>	701.444.15

<b>SULTAN ENGENES latex mattress</b> Reversible. Latex provides pressure-relieving capacity, along with 5 comfort zones that give extra relief on your shoulders and hips. Machine washable cover. Firmness: medium. White. Thickness: 18cm.		
90×200cm	<b>£239</b>	101.399.83
140x200cm	<b>£359</b>	501.399.76
160x200cm	<b>£399</b>	901.399.79

## WOODEN BASE SPRUNG MATTRESSES

<b>SULTAN SKIEN wooden base sprung mattress</b> Simply add legs for a complete bed. Active pocket springs provide very precise support for your body, at the same time as relieving pressure on your shoulders and hips. A bottom layer of Bonell springs provides further enhanced comfort. Natural materials like wool, corn fibres and horsehair follow the contours of your body, and transport moisture away, keeping an even temperature. Firmness: firm. White. Thickness: 31cm.		
90×200cm	<b>£299</b>	601.335.54
140×200cm	<b>£449</b>	001.335.52
160×200cm	<b>£499</b>	801.335.53

## MATTRESS BASES

<b>SULTAN AUKRA mattress base</b> The springs provide support for your body. Light grey. Thickness: 20cm.		
90×200cm	<b>£99</b>	001.587.74
140x200cm	<b>£139</b>	401.587.72
160x200cm	<b>£159</b>	201.587.73

<b>SULTAN AKSDAL mattress base</b> Solid wood slats offer firm posture support. Grey. Thickness: 18cm.		
80×200cm	<b>£59</b>	001.588.54
90x200cm	<b>£79</b>	801.531.93
140x200cm	<b>£99</b>	701.588.55

<b>SULTAN ATNA mattress base</b> The springs provide support for your body. White. Thickness: 20cm.		
90×200cm	<b>£119</b>	001.588.11
140x200cm	<b>£159</b>	401.588.09
160x200cm	<b>£179</b>	201.588.10

<b>SULTAN ALSARP mattress base with storage</b> The slatted base can be lifted and the space underneath utilised for storage. 17 slats of layer-glued birch provide support for your body. White. Thickness: 30cm.		
90×200cm	<b>£139</b>	000.988.84
140x200cm	<b>£179</b>	600.988.81

## SLATTED BED BASES

<b>SULTAN LADE slatted bed base</b> Solid wood slats offer firm posture support.		
70×200cm	<b>£8</b>	058.251.00
80×200cm	<b>£10</b>	055.907.00
90x200cm	<b>£15</b>	855.908.00

<b>SULTAN LURÖY slatted bed base</b> 17 slats of layer-glued birch provide support for your body.		
70×200cm	<b>£10</b>	501.602.08
80×200cm	<b>£15</b>	301.602.09
90x200cm	<b>£20</b>	901.602.11

<b>SULTAN LÖDINGEN slatted bed base</b> 17 slats of layer-glued birch provide support for your body.		
70×200cm	<b>£30</b>	501.602.27
80×200cm	<b>£35</b>	301.602.28
90×200cm	<b>£40</b>	101.602.29
140x200cm	<b>£60</b>	401.602.37

<b>SULTAN LONEVÅG slatted bed base</b> Head section is adjustable, so you can sit up comfortably in bed. 17 slats of layer-glued birch provide support for your body.		
80×200cm	<b>£45</b>	801.602.40
90×200cm	<b>£50</b>	601.602.41
140x200cm	<b>£70</b>	001.602.39

<b>SULTAN LAXEBY slatted bed base</b> 42 slats of layer-glued birch, divided into 5 comfort zones, adjust to your body and increase the suppleness of the mattress. 8 slats in the centre section and 7 in the shoulder section are adjustable to give your body just the right support.		
80×200cm	<b>£50</b>	801.099.11
90×200cm	<b>£60</b>	401.099.13
140x200cm	<b>£80</b>	601.099.12

<b>SULTAN LERBÄCK slatted bed base</b> Head and foot sections are adjustable, so you can sit up or raise your legs comfortably in bed. 24 slats of layer-glued birch, divided into 5 comfort zones, adjust to your body weight and increase the suppleness of the mattress. 6 slats are adjustable to provide just the right amount of support for your body.		
80×200cm	<b>£70</b>	101.099.19
90×200cm	<b>£80</b>	901.099.20
140x200cm	<b>£120</b>	201.099.14

<b>SULTAN LAUKVIK slatted bed base</b> Electric motor with remote control adjusts the head section, allowing you to sit comfortably. 28 slats of layer-glued birch, divided into 3 comfort zones, with 3 adjustable slats on the lower back zone, provide precise body support.		
80×200cm	<b>£120</b>	401.602.56
90×200cm	<b>£140</b>	001.602.58

<b>SULTAN LANGHUS slatted bed base</b> Electric motor with remote control adjusts the head and foot sections, either together or separately, allowing you to sit, and rest, comfortably. 30 slats of layer-glued birch provide very precise body support.		
80×200cm	<b>£240</b>	201.629.06
90×200cm	<b>£260</b>	001.629.07

## MATTRESS PADS

<b>SULTAN TÅRSTA mattress pad</b> Removable, machine washable cover. Roll-packed - easy to take home. Foam filling wrapped in polyester wadding. Grey. Thickness: 4cm.		
80×200cm	<b>£35</b>	901.556.86
90×200cm	<b>£39</b>	701.556.87
140x200cm	<b>£59</b>	601.556.83
160x200cm	<b>£79</b>	201.559.96

<b>SULTAN TJÖME mattress pad</b> Removable, machine washable cover. Roll-packed - easy to take home. High-resilience foam filling provides pressure-relieving effect. White. Thickness: 5cm.		
80×200cm	<b>£55</b>	001.630.92
90×200cm	<b>£59</b>	601.630.94
140x200cm	<b>£79</b>	401.630.90
160x200cm	<b>£99</b>	201.630.91

<b>SULTAN TVEIT mattress pad</b> Removable, machine washable cover. Roll-packed - easy to take home. A 3cm thick layer of latex provides pressure-relieving effect. The Lyocell in the ticking and 100% lambswool in the wadding transport moisture away and keep an even temperature. White. Thickness: 5cm.		
3' single	<b>£79</b>	301.633.16
4'6" double	<b>£99</b>	501.633.15
80×200cm	<b>£75</b>	101.560.34
90×200cm	<b>£79</b>	601.560.36
140x200cm	<b>£99</b>	701.560.26
160x200cm	<b>£129</b>	101.560.29
180x200cm	<b>£159</b>	901.644.50

<b>SULTAN TAFJORD mattress pad</b> Removable, machine washable cover. Roll-packed - easy to take home. A 6cm thick layer of memory foam improves circulation to skin and muscles. The Lyocell in the ticking transports moisture away and keeps an even temperature. White. Thickness: 7cm.		
3' single	<b>£89</b>	801.633.14
4'6" double	<b>£119</b>	001.633.13
80×200cm	<b>£85</b>	201.560.57
90×200cm	<b>£89</b>	301.556.32
140x200cm	<b>£119</b>	701.556.25
160x200cm	<b>£139</b>	301.556.27

<b>SULTAN TOLG mattress pad</b> Roll-packed - easy to take home. Soft quilted surface, 100% cotton. Maize-based wadding repels moisture and helps keep an even temperature. Horsehair filling effectively ventilates the mattress and provides extra resilience and flexibility. White. Thickness: 7cm.		
80×200cm	<b>£95</b>	401.109.83
90×200cm	<b>£99</b>	201.109.84
140×200cm	<b>£139</b>	801.109.81
160x200cm	<b>£159</b>	601.109.82
180x200cm	<b>£199</b>	001.110.41

## LEGS

<b>SULTAN legs</b> H20cm. 4pk		
Birch	<b>£10</b>	900.962.63
Oak	<b>£10</b>	600.756.53

<b>SULTAN legs</b> H10cm. 4pk		
Stainless steel	<b>£10</b>	100.756.60
<b>SULTAN legs</b> H20cm. 4pk		
Stainless steel	<b>£10</b>	300.451.44
<b>BEGNA legs</b> H10cm. 4pk		
Birch	<b>£10</b>	601.784.44
<b>BEGNA legs</b> H20cm. 4pk		
Birch	<b>£12</b>	101.784.46

<b>SULTAN supporting leg</b> 20-30cm. Used on wooden base sprung mattresses from 140cm upwards, together with H20cm legs.		
Black	<b>£5</b>	459.320.80

<b>SULTAN connect fittings for wooden base sprung mattresses</b> Used to hold two mattresses together.		
	<b>£2/2pk</b>	300.249.43

To read more about our mattresses please visit [IKEA.co.uk](https://www.ikea.co.uk)



**It's a big decision. And that's why we give you 90 days to sleep on it**

We want you to adore your new mattress! And since it takes about a month for your body to get used to a new mattress, we're giving you all that and more. 90 days to be precise. Or rather, 90 nights. If you feel that the style you've chosen is too soft or too firm for you after all, just come by before your 90 days are up, and we'll help you to try out a new one. We call it our "Love Or Exchange" policy, (but we doubt very much you'll need to use it!)

# Enjoy that lovely feel of your new mattress for years to come

SULTAN ENGENES  
latex double mattress  
140x200cm

£359

## Here are the basics

With just a little bit of care and maintenance, it’s easy to prolong the comfort and freshness of your mattress. For instance, be sure to vacuum your mattress every once in a while. Try removing stains as soon as possible, using a mild soap solution and cold water, or use an upholstery cleaner. Just make sure you use it sparingly.

At IKEA, we offer a **free 25-year guarantee** on our mattresses, because they are well made and sturdy. But even the best mattress will collect dust mites, and with use become less comfortable over time. So for optimum comfort, you should ideally consider changing your mattress every 8-10 years.

## Give it a little extra TLC

Machine washable mattress protectors are great at guarding your mattress against accidental spills, and the general wear caused by sleep movement over time. They’re easy to fit, and are designed to keep your mattress fresh and inviting.



**SKYDDA LÄTT single mattress protector £2.59**  
Gives basic care for your mattress.  
Filling: polyester fibre.  
90×200cm. 401.405.41



**IKEA 365+ SKYDDA single mattress protector £14.99** A thick mattress protector designed to absorb and transport away moisture, to keep you dry and comfortable while you sleep. Cover: lyocell/cotton. Filling: modal/polyester. Designer: Maria Vinka. 90×200cm. 101.483.36



**SKYDDA MJUK single mattress protector £34.99** An extra thick, easy-care mattress protector. Combines a temperature-regulating lining with the effective moisture absorption of a modal and synthetic filling, which together keep you dry, comfortable and at the right temperature all night long. Temperature-regulating lining/modal/polyester. 90×200cm. 301.483.40



**SKYDDA HÖGT single mattress protector £14.99** A thin, light and easy-care mattress protector, with a waterproof layer which does not allow any liquid to pass, keeping the mattress fresh and clean. Polyurethane/cotton/polyester. 90×200cm. 901.527.77

Most latex and foam mattresses come with removable, machine washable covers, making it even easier to keep your bed fresh as a daisy.

# The perfect pillow? That all depends on you

NYPONROS  
single quilt cover set  
**£24.99** /3pcs

Sleep on your back?  
Our comfy medium high pillows  
will help you avoid neck strain.

Looking for extra support?  
Then perhaps a pillow made of  
memory foam could be just  
what you need.

Trouble with allergies?  
We've got pillows that  
can be washed as often as  
you like, to minimise  
your problem.



## What's your angle on this?

Our pillows come in three heights: low, medium high and high. To get the most comfortable position for your head and neck, the pillow height that may be best for you depends a lot on how you like to sleep.



### Low pillows

If you love sleeping on your stomach, try a low pillow. This height does a good job of avoiding pressure on your neck.



### Medium high pillows

Love sleeping on your back? Then try a medium high pillow - a height which will support your head and neck.



### High pillows

Do you sleep mostly on your side? Then you may prefer a high pillow, which will keep your head and neck correctly aligned with your spine.

GOSA HASSEL pillow

£14.99

## The inside story

Within each pillow height group, there are different filling materials – synthetic fibres and cellulose fibres. We also have pillows that provide extra support for your neck and shoulders.



### ◇ Synthetic fibres

Because they can be washed often, our synthetic pillows are very easy to care for. They also last a long time. Some also have a microfibre filling, which creates an extra soft pillow to sleep on. Then we have shaped pillows with a filling of temperature and weight sensitive foam. The foam shapes itself to your head and neck, allowing your muscles to fully relax. You move about less, and sleep a lot better.



### ψ Cellulose fibres

Some of our shaped pillows also contain cellulose fibres derived from wood. These fibres are very breathable, and effective in absorbing and carrying away moisture, to keep you dry.

### Looking for extra comfort?

#### Try our pillow with temperature-regulating lining

A pillow made with a temperature-regulating lining, GOSA VIDE can both absorb and release warmth. This means you'll sleep at a comfortable, even temperature throughout the night.



## Low pillows

This is our range of low pillows. If you love sleeping on your stomach, then this height will do a good job of reducing pressure on your neck. To read more about our pillows and visit our interactive guide, log on to [IKEA.co.uk](https://www.ikea.co.uk)



◇ **GOSA VÄDD pillow £3.59**  
For stomach sleepers. Filling: polyester fibre balls. 50×80cm. 001.252.60



◇ **GOSA SYREN pillow £6.99**  
For stomach sleepers. Easy-care pillow which has a soft, airy feeling, like down. Filling: 100% polyester microfibre. 50×80cm. 701.311.73

**GOSA SLÅN pillow**  
**£1.29**



◇ **GOSA SLÅN pillow £1.29**  
For stomach sleepers. Filling: polyester fibre. 50×80cm. 301.253.05



◇ **GOSA VIDE outer pillow for core £19.99**  
Easy-care pillow with a filling of soft, down-like microfibre and lined with a temperature-regulating material. The combination keeps your body at a comfortable temperature all night long. Temperature-regulating lining/polyester microfibre. 50×80cm. 901.313.51



## Care tips

Besides giving your pillows a good shake outdoors in the fresh air, and using pillow protectors, here are some tips on how to keep them nice and fresh for longer.

### Synthetic and cellulose pillows

Synthetic and cellulose pillows can be washed as often as you like, making them particularly suitable if you have allergies. Wash them at 60°C, and tumble-dry thoroughly.

### Foam-filled pillows

Pillows with foam fillings have removable, washable covers. The foam filling itself can be wiped over with a damp cloth.



## Medium high pillows

Check out our range of medium high pillows. If you prefer sleeping on your back, then this is a good height for you, as it supports your head and neck.



◇ **GOSA VIDE/KÄRNA pillow £29.98**  
For back sleepers. Pillow combination with a core of supportive memory foam. The outer pillow has a filling of down-like microfibre and is lined with a temperature-regulating material. Keeps your body at a comfortable temperature all night long. 50×80cm. 998.497.39



◇ **GOSA KLÄTT pillow £4.59**  
For side/back sleepers. Polyurethane foam pillow with removable, washable cover. Filling: polyurethane foam. 33×50cm. 101.252.93



◇ **GOSA HÄGG pillow £8.99**  
For side/back sleepers. Pillow with supportive polyurethane memory foam and a removable, washable cover. Filling: memory foam. 33×50cm. 001.252.84

**GOSA VÄDD pillow**

**£4.99**



◇ **GOSA KRISSLA pillow £24.99**  
For back sleepers. The temperature and weight-sensitive foam filling moulds to your body shape, so that you get proper support and can relax while sleeping. Filling: memory foam. 50×80cm. 801.827.32



◇ **GOSA VÄDD pillow £4.99**  
For back sleepers. Filling: polyester fibre balls. 50×60cm. 501.291.47



◇ **IKEA 365+ MJUK pillow £19.99**  
For side/back sleepers. Soft pillow with supportive memory foam. The cover has a wadding of modal, which effectively absorbs and transports moisture away – and gives you a very good night's sleep. Filling: memory foam. 33×50cm. 701.315.97

**GOSA SYREN pillow**

**£8.99**



◇ **GOSA SYREN pillow £8.99** For back sleepers. Easy-care pillow filled with polyester microfibre, which gives a soft, airy feeling, like down. Filling: 100% polyester microfibre. 50×80cm. 701.312.05



◇ **IKEA 365+ FAST pillow £19.99**  
For side/back sleepers. Firm pillow with supportive memory foam. The cover has a wadding of modal, which effectively absorbs and transports moisture away – and gives you a night to remember! Filling: memory foam. 33×50cm. 301.316.03



## High pillows

This is our range of high pillows. If you normally sleep on your side, this height will keep your neck and head correctly aligned with your spine.



◆ **GOSA KLÄTT pillow £4.59**  
For side/back sleepers. Polyurethane foam pillow with removable, washable cover. Filling: polyurethane foam. 33×50cm. 101.252.93



◆ **GOSA LILJA pillow £39.99**  
For side sleepers. Pillow with supportive memory foam, a cut-out for your shoulder and a raised edge. Gives you extra support and comfort all night long. Filling: memory foam. 33×50cm. 801.252.80



◆ **GOSA HÄGG pillow £8.99**  
For side/back sleepers. Pillow with supportive polyurethane memory foam and a removable, washable cover. Filling: memory foam. 33×50cm. 001.252.84

GOSA SYREN pillow

£10.99



◆ **GOSA SYREN pillow £10.99**  
For side sleepers. Easy-care pillow filled with polyester microfibre, which gives a soft, airy feeling, like down. Filling: 100% polyester microfibre. 50×80cm. 501.312.06



◆ **GOSA VIDE/KÄRNA pillow £29.98**  
For side sleepers. Pillow combination with a core of supportive memory foam. The outer pillow has a filling of down-like microfibre and is lined with a temperature-regulating material. Keeps your body at a comfortable temperature all night long. Temperature-regulating lining and memory foam. 50×80cm. 798.497.40



◆ **GOSA VÄDD pillow £5.99** For side sleepers. Filling: polyester fibre balls. 50×80cm. 101.291.68



◆ **◆ IKEA 365+ FAST pillow £19.99** For side/back sleepers. Firm pillow with supportive memory foam. The cover has a wadding of modal, which effectively absorbs and transports moisture away – and gives you a very good night's sleep. Filling: memory foam. 33×50cm. 301.316.03

IKEA 365+ MJUK pillow

£19.99



◆ **◆ IKEA 365+ MJUK pillow £19.99**  
For side/back sleepers. Soft pillow with supportive memory foam. The cover has a wadding of modal, which effectively absorbs and transports moisture away – and gives you a very good night's sleep. Filling: memory foam. 33×50cm. 701.315.97

GOSA HASSEL pillow

£14.99



◆ **GOSA HASSEL pillow £14.99** For side sleepers. Pillow with supportive memory foam and a padded, removable and washable cover. Filling: memory foam. 50×80cm. 501.252.91

£8.99

**GOSA SYREN pillow** For back sleepers. Easy-care pillow filled with polyester microfibre, which gives a soft, airy feeling, like down. Filling: 100% polyester microfibre. 50×80cm. 701.312.05



Tend to kick the covers off at night? Then a thin quilt may be just what you need.

MYSA STRÅ single quilt, 7.5 tog  
see page 45

£14.99

Prefer to sleep with your socks on? An extra warm, fluffy down and feather quilt will keep you snuggled up, even during the darkest depths of winter.

Need a quilt which you can wash often, but which still has that fluffy feel to it? We've got lots of quilts that are easy to care for.

IKEA 365+ MYSA single quilt  
4.5+7.5 tog  
See page 46

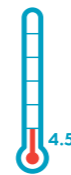
£49

Thick or thin, fluffy or feathery – which type of quilt do you fancy?



## Some like it hot

From 4.5 tog, the coolest, to 12 tog, the cosiest, we make quilts in different tog ratings. That's because some people generate more heat at night than others. You might even want one quilt for warm weather and another for winter. We also have quilts that work whatever the weather!



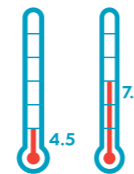
### Summer quilts

Tog rating 4.5 to 7.5  
If you tend to get warm while sleeping, we recommend quilts with a tog rating of between 4.5 and 7.5, with 4.5 being our coolest.



### Winter quilts

Tog rating 9 to 12  
If you tend to get cold easily, or just prefer an extra thick quilt, then we recommend quilts with a tog rating of 9 to 12.



### All-season quilts

Tog rating 4.5+7.5  
Made of two quilts – one thin and one slightly thicker – you can use the all-season quilts either separately or combined, meaning you can tailor your warmth to the weather.

## It takes all sorts

We use a whole range of different filling materials to create quilts tailored to suit the individual. Within each warmth rating there are different filling materials – synthetic, cellulose and down/feathers, each with their own benefits.



### ◇ Synthetic fibre

Because they can be washed often, our synthetic quilts are very easy to care for. They also last a long time. The fibres allow air to circulate and retain heat in the quilt.



### 🦄 Down and feather

Down and feather is good at absorbing and transporting moisture away from your body. It also retains heat, so you stay warm and dry. Down makes the quilt warm and fluffy, while feathers create resilience.



### 🌿 Cellulose fibre

Some of our synthetic quilts also contain modal, which is a cellulose fibre derived from wood. These fibres are very breathable and effective in absorbing and transporting away moisture. The combination of cellulose and synthetic fibres give you a quilt that's fluffy, easy to care for and which keeps you warm and dry.

## Looking for extra comfort?

### Try our quilt with temperature-regulating lining

A quilt made with a temperature-regulating lining, MYSÅ LJUNG can both absorb and release warmth. This means you'll sleep at a comfortable and even temperature throughout the night.

# Winter quilts

These are our thickest and warmest quilts, ranging from tog rating 9 to 12. Choose between materials like easy-care synthetic or cellulose, or fluffy down and feather.



**MYSA STRÅ single quilt, 10.5 tog £19.99** Thick and heavy synthetic quilt that is easy to care for. Filling: polyester hollow fibre. 150×200cm. 301.292.14



**MYSA VETE single quilt 10.5 tog £49** Thick and heavy quilt with a high proportion of down, which is soft, insulating and absorbs and transports moisture away. Keeps you warm, comfortable and dry all night. Filling: 60% duck down and 40% duck feathers. 150×200cm. 101.319.15



**IKEA 365+ MYSA single quilt, 9 tog £29.99** Medium thick synthetic quilt that is easy to care for and has a filling of modal, which effectively absorbs and transports moisture away. Keeps you warm and dry all night. Filling: 50% modal and 50% polyester. Designer: Maria Vinka. 150×200cm. 501.321.40



**MYSA RÖNN single quilt, 9 tog £19.99** Medium thick quilt with a high proportion of feathers, which transports moisture away and keeps you warm and dry all night. Filling: 85% duck feathers and 15% duck down. 150×200cm. 201.292.57



**MYSA RÖNN single quilt, 12 tog £24.99** Thick and heavy quilt with a high proportion of feathers, which transports moisture away and keeps you warm and dry all night. Filling: 85% duck feathers, 15% duck down. 150×200cm. 101.313.88



**IKEA 365+ MYSA single quilt, 12 tog £39.99** Thick and heavy synthetic quilt that is easy to care for and has a filling of modal, which effectively absorbs and transports moisture away. Keeps you warm and dry all night. Filling: 50% modal and 50% polyester. Designer: Maria Vinka. 150×200cm. 701.321.82

# Summer quilts

These are our thinnest and coolest quilts, ranging from tog rating 4.5 to 7.5. Choose between materials like easy-care synthetic or cellulose, or fluffy down and feather.



**MYSA GRÄS single quilt, 4.5 tog £2.59** Filling: polyester fibre. 150×200cm. 901.314.26



**MYSA VETE single quilt, 4.5 tog £24.99** Thin, lightweight quilt with a high proportion of down, which is soft, insulating and absorbs and transports moisture away. Keeps you cool and dry all night. Filling: 60% duck down and 40% duck feathers. 150×200cm. 601.319.13



**IKEA 365+ MYSA single quilt, 6 tog £24.99** Medium thick synthetic quilt that is easy to care for and has a filling of modal, which effectively absorbs and transports moisture away. Keeps you warm and dry all night. Filling: 50% modal and 50% polyester. Designer: Maria Vinka. 150×200cm. 301.320.80



**MYSA STRÅ single quilt, 4.5 tog £9.99** Thin, lightweight synthetic quilt that is easy to care for. Filling: polyester hollow fibre. 150×200cm. 901.291.88



**MYSA RÖNN single quilt, 6 tog £14.99** Thin, lightweight quilt with a high proportion of feathers, which transports moisture away and keeps you cool and dry all night. Filling: 85% duck feathers and 15% duck down. 150×200cm. 001.319.11



**MYSA LJUNG single quilt, 7.5 tog £89** Medium thick synthetic quilt that is easy to care for. It has a filling of modal, which effectively absorbs moisture, and a lining made of a temperature-regulating material. Together they keep you dry and comfortable all night. Temperature-regulating lining/modal/polyester. 150×200cm. 801.318.46



**MYSA STRÅ single quilt, 7.5 tog £14.99** Medium thick synthetic quilt that is easy to care for. Filling: polyester hollow fibre. 150×200cm. 801.291.98



**MYSA VETE single quilt, 7.5 tog £39.99** Medium thick quilt with a high proportion of down, which is soft, insulating and absorbs and transports moisture away. Keeps you cool and dry all night. Filling: 60% duck down and 40% duck feathers. 150×200cm. 401.319.14

# All-season quilts

These are our all-season quilts, made of one thin and one thicker quilt so you can adapt them to the weather. Choose between materials like easy-care synthetic or cellulose, or fluffy down and feather. To read more about our quilts and visit our interactive guide, log on to **IKEA.co.uk/quiltsandpillowsguide**

**MYSA STRÅ single quilt, 4.5+7.5 tog**

**£19.99**



**MYSA STRÅ single quilt, 4.5+7.5 tog £19.99**  
Easy-care synthetic quilt for all seasons, consisting of two quilts that can either be used together or individually. Filling: polyester hollow fibre. 150×200cm. 301.292.28



**MYSA RÖNN single quilt, 4.5+7.5 tog £29.99** Quilt for all seasons, consisting of two quilts that can either be used together or individually. The quilt has a high propotion of feathers, which transport moisture away and keep you comfortable all year long. Filling: 85% duck feathers and 15% duck down. 150×200cm. 801.292.83



**IKEA 365+ MYSA single quilt, 4.5+7.5 tog £49** Easy-care synthetic quilt for all seasons, consisting of two quilts that can either be used together or individually. The quilt has a filling of modal, which effectively absorbs and transports moisture away and keeps you comfortable all year. Filling: 50% modal and 50% polyester. Designer: Maria Vinka. 150×200cm. 501.321.97

**MYSA VETE single quilt, 4.5+7.5 tog**

**£69**



**MYSA VETE single quilt, 4.5+7.5 tog £69** Quilt for all seasons, consisting of two quilts that can either be used together or individually. The quilt has a high proportion of down, which is soft, insulating and absorbs and transports moisture. Keeps you comfortable all year long. Filling: 60% duck down and 40% duck feathers. 150×200cm. 601.314.80

**£29.99**

**IKEA 365+ MYSA single quilt, 9 tog**  
Filling: 50% modal and 50% polyester.  
Designer: Maria Vinka. 150×200cm. 501.321.40

## Care tips

Besides regularly shaking them outside in the fresh air, here are some tips on how to keep your quilts nice and fresh, for longer.

### Down and feather

Machine wash your quilt twice a year at 60°C, using one third of the normal amount of washing detergent. Tumble until fluffy, and make sure it's completely dry before putting it back on your bed.

### Synthetic and cellulose

Synthetic and cellulose quilts can be washed as often as you like, making them particularly suitable if you have any allergies. Wash them at 60°C, then tumble-dry thoroughly.

# Time to treat your bed to a nice new outfit



**HENNY CIRKEL single quilt cover set £14.99/3pcs** 100% cotton. Designer: Kazuyo Nomura. Quilt cover 150×200cm. 2 pillowcases 50×80cm. White/grey-blue. 301.712.60



**KAJSA TRÄD single quilt cover set £19.99/3pcs** 100% cotton. Designer: Anna Salander. Quilt cover 150×200cm. 2 pillowcases 50×80cm. Green. 201.585.70



**HENNY single quilt cover set £24.99/3pcs** 50% lyocell, 50% cotton. Designer: Kazuyo Nomura. Quilt cover 150×200cm. 2 pillowcases 50×80cm. White/brown/beige/blue. 701.712.77



**RENATE FLORA single quilt cover set £9.99/3pcs** 100% cotton. Designer: Emma Jones. Quilt cover 150×200cm. 2 pillowcases 50×80cm. Multicolour. 201.711.66



**BRUNKRISSLA single quilt cover set £14.99/3pcs** 100% cotton. Designer: Monika Mulder. Quilt cover 150×200cm. 2 pillowcases 50×80cm. Black/grey. 300.995.42



**ANDREA SATIN single quilt cover set £29.99/3pcs** 100% cotton. Designer: Charlotte Skak. Quilt cover 150×200cm. 2 pillowcases 50×80cm. Pink/multicolour. 501.076.40



**KAJSA BLAD quilt single cover set £9.99/3pcs** Combines with other products in the KAJSA collection. 100% cotton. Quilt cover 150×200cm. 2 pillowcases 50×80cm. White/grey. 301.512.38



**ALVINE ÖRTER single quilt cover set £5.99/3pcs**

**ALVINE ÖRTER single quilt cover set £5.99/3pcs** 100% cotton. Quilt cover 150×200cm. 2 pillowcases 50×80cm. Multicolour. 601.621.55



**KARIT 2-piece bedspread and cushion cover set £24.99** Bedspread 180×280cm. Cushion cover 40×60cm. Lilac. 501.939.49



**RENATE single quilt cover set £24.99/3pcs** 100% cotton. Designer: Emma Jones. Quilt cover 150×200cm. 2 pillowcases 50×80cm. Multicolour. 801.712.05



**ANDREA SATIN single quilt cover set £29.99/3pcs** 100% cotton. Designer: Charlotte Skak. Quilt cover 150×200cm. 2 pillowcases 50×80cm. Purple/multicolour. 101.456.39



**VILDRIS single quilt cover set £1.99/3pcs** Available in several sizes. 52% polyester, 48% cotton. Designer: Kazuyo Nomura. Quilt cover 150×200cm. 2 pillowcases 50×80cm. Green. 401.750.45

# Like a little extra help?

You help to keep prices low at IKEA by doing some of the work yourself. But if you want some extra help, you can get it at a reasonable cost. Here's a selection of our services.



## Transport service

Most of our products are designed and packaged in such a way that you can easily get them home in your own car. But for those things that aren't, you can arrange home delivery with us, for a reasonable charge. Just ask in store for details.

# And here's the fine print

## Love or Exchange

You may exchange your mattress once within 90 days if you don't love it, provided your merchandise is not found to be dirty, marked, damaged or abused. Simply take your mattress with your receipt to the store and select your new style. If you wish to have your mattress exchanged using the Home Delivery Service, a collection and new delivery charge is payable. The 'Love Or Exchange' policy is valid on all new SULTAN mattresses and does not include SULTAN bed bases, SULTAN bed slats or SULTAN mattress pads.



## SULTAN 25-YEAR Guarantee

### What is covered under this guarantee?

This guarantee applies to domestic use only. It covers defects in materials and workmanship in the following components of the SULTAN mattresses and/or bed bases described above:

- Wooden frame and springs in wooden base sprung mattresses. • Springs in reversible sprung mattresses • Foam core in foam mattresses • Latex core in latex mattresses
- Wooden frame and slats in slatted bed bases
- Electric motor in electrically operated beds is covered by 5-year guarantee only.

### Products not covered under this guarantee

All mattress pads: SULTAN TOLG, SULTAN TRANDAL, SULTAN TÅRSTAD, SULTAN TJÖME, SULTAN TVEIT, SULTAN TAFJORD; slatted bed base SULTAN LADE; children's mattresses SULTAN DRÖMMA, SULTAN SNARKA, SULTAN BLUNDA, SULTAN SUSSA, SULTAN SOVA; children's mattress pad SULTAN SLUMRA.

For general conditions visit [IKEA.co.uk](https://www.ikea.co.uk)

SULTAN HAGAVIK sprung double mattress/SULTAN TJÖME mattress pad 140x200cm

£238

MALM double bed frame £129  
Includes SULTAN LURÖY slatted bed base. 157x211, H77cm. Takes mattress size 140x200cm (sold separately). White.



# £19.99/ea

**IKEA 365+ FAST pillows**

For side and back sleepers. A firm pillow with a shape that follows the contours of your neck.

Filling: memory foam. 33x50cm. 301.316.03



**ALL BROCHURE PRICES ARE MAXIMUM PRICES VALID UNTIL 24 JULY 2011  
(PRICES ARE SUBJECT TO ANY ALTERATION IN VAT)**

For directions and opening times of your local IKEA store, visit our web site at **IKEA.co.uk**

