

NEW TITLE RELEASES

September 2008–December 2008

HAY HOUSE

The International Leader

in Inspirational and

Self-Help Publishing



[www.hayhouse.com®](http://www.hayhouse.com)

Introducing the First-Ever Film on Self-Help Icon and Affirmations Pioneer Louise L. Hay!



What if you are creating your life story with the very thought you are thinking right now?

Many people have changed their lives—turning financial ruin into abundant prosperity, transforming troubled relationships into loving bonds, and even healing what experts call untreatable diseases.

These people aren't scholars, scientists, prophets, or millionaires. They're just like you and me—everyday people who face heavy challenges throughout their lives—whether it's our jobs, our families, or our inner selves. How did they do it? They discovered the wisdom of self-help pioneer **Louise L. Hay** and learned how to use the power of a single thought.

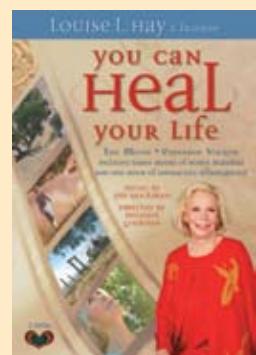
Now it's your turn! Louise Hay—compassionate teacher, renowned author, and much-loved founder of Hay House—will teach you how to create your future in this first-ever film about her extraordinary life and amazing work: **You Can Heal Your Life—The Movie!**

FEATURING:

Cheryl Richardson, Wayne W. Dyer, Gregg Braden, Gay Hendricks, Esther and Jerry Hicks, Leon Nacson, Christiane Northrup, Candace Pert, Mona Lisa Schulz, and Doreen Virtue

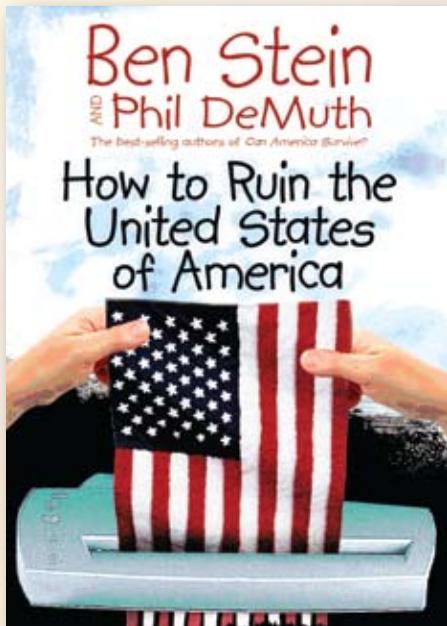
Directed by Emmy Award winner **Michael Goorjian**
Sound track composed by multiplatinum artist **Jim Brickman**

See the Movie That Is Changing Lives!



USA \$29.95 • CAN \$30.95 • UK £12.99
2-DVD Set • 978-1-4019-2029-6

View the movie trailer at: www.YouCanHealYourLifeMovie.com.



June 2008
USA \$14.95 • CAN \$15.95 • UK £9.99
Hardcover • 5" x 7" • 978-1-4019-1869-9

Print Run: 30,000

Marketing: National TV, Print, Radio and Internet Advertising. Appears weekly in Sunday New York Times Business Section.

Rights: World Rights

How to Ruin the United States of America

BEN STEIN AND PHIL DEMUTH



Ben Stein, in collaboration with his pal **Phil DeMuth**, has tongue firmly in cheek once again as he comes up with surefire ways to ruin the greatest nation in the history of the human race.

Try a few of these on for size:

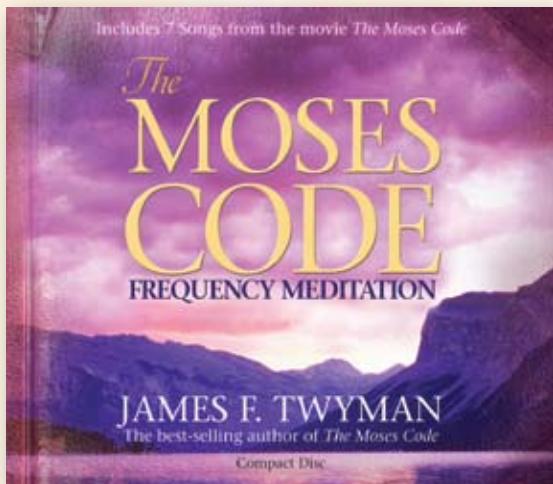
- Trust the United Nations to protect us and our security.
- Make it unlawful to worship God or even to show images of the Ten Commandments.
- Convert our universities into fortresses of anti-Americanism, hatred of freedom, and centers of confusion and ignorance.
- Encourage contempt for the family and for the community.

Ben and Phil give you all the information you'll ever need in order to successfully ruin the USA even further. Sardonic and humorous, but also angrily emphatic, this is a book every old-fashioned patriot really needs to read!

Ben Stein (right) can be seen talking about finance on Fox TV news every week and writing about it regularly in *The New York Times* Sunday Business section. He has written about finance for *Barron's* and *The Wall Street Journal* for decades. He was one of the chief busters of the junk-bond frauds of the 1980s, has been a longtime critic of corporate executives' self-dealing, and has co-written nine self-help books about personal finance. He frequently travels the country speaking about finance in both serious and humorous ways, and is a regular contributor to the CBS News Sunday Morning and Fox News Network.



Phil DeMuth has written for *The Wall Street Journal*, *Barron's*, the *Louis Rukeyser Newsletter*, the *Journal of Financial Planning*, and **forbes.com**, as well as *Human Behavior and Psychology Today*. His opinions have been quoted in **theStreet.com**, *Yahoo! Finance*, *On Wall Street*, and *Fortune* magazine and he has been profiled in *Research* magazine and seen on *Forbes* on Fox and *Wall Street Week*. He is managing director of Conservative Wealth Management LLC in Los Angeles, a registered investment advisor to high-net-worth individuals, institutions, and foundations.



June 2008
USA \$15 • CAN \$16 • UK £8.99
CD • 978-1-4019-2314-3

Print Run: 10,000

Marketing: National Radio, Print and Internet Advertising. Appearance at I Can Do It!® 2008.

Rights: World Rights

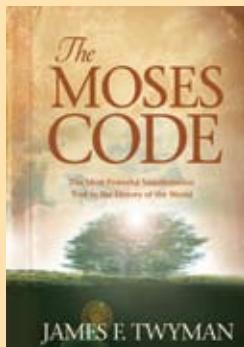
The Moses Code Frequency Meditation

JAMES F. TWYMAN

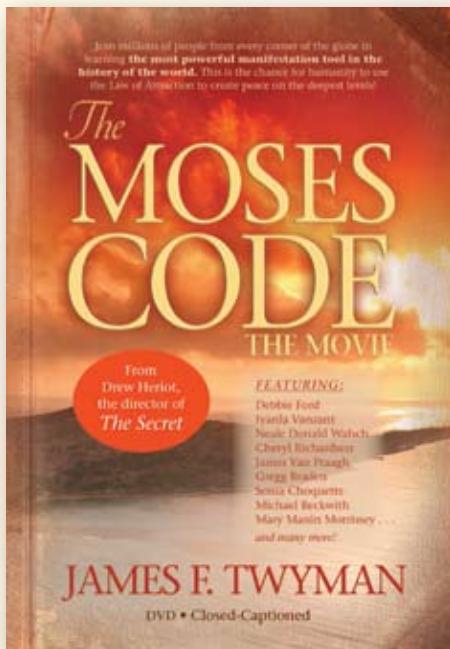
In the Appendix to the book *The Moses Code*, author and sound-healing pioneer **Jonathan Goldman** shares an amazing discovery he made while working with **James Twyman**. Now, for the first time, an ancient form of Kabbalistic numerology called Gemantria is being combined with the name of God that was given to Moses at the burning bush: I AM THAT I AM. These are frequencies that have never been made public before, and they unlock the power of the Moses Code in profound ways.

The basis of this recording are the tuning forks Jonathan designed that correspond to the Gemantria of the Holy Name. (The tuning forks are available through www.themosescode.com.) Two 20-minute versions of the meditation are being offered on this CD. The first is for deep meditation, and the second (with guitar accompaniment) is for a more active meditation. Also on this CD are seven James Twyman songs that were featured in *The Moses Code* movie, including "The One," which was written for the author's wife, Linda.

ALSO AVAILABLE:



The Moses Code
James Twyman
USA \$17.95 • CAN \$18.95 • UK £12.99
Hardcover • 978-1-4019-1788-3



April 2008
USA \$19.95 • CAN \$20.95 • UK £14.99
DVD • 978-1-4019-2243-6

Print Run: 15,000

Marketing: Appearance at I Can Do It!® 2008.
National Radio, Print and Internet Advertising.
Online Marketing Campaign—Over 3 Million
E-mails.

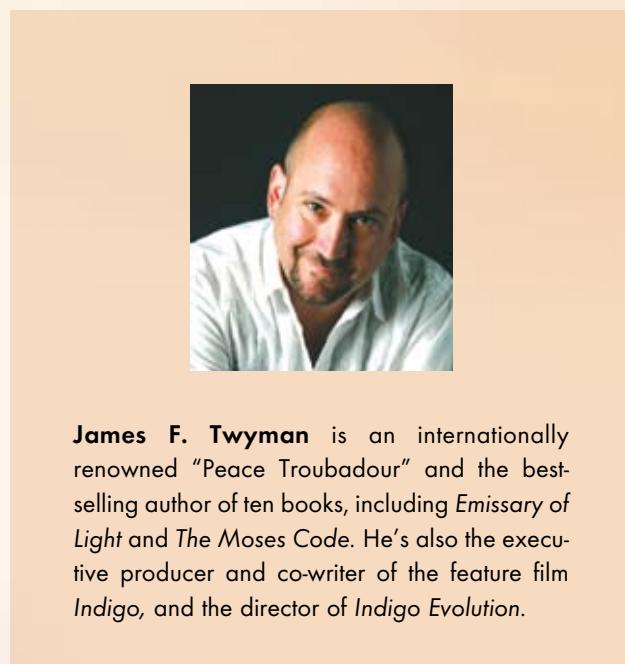
Rights: English

The Moses Code, The Movie

JAMES F. TWYMAN

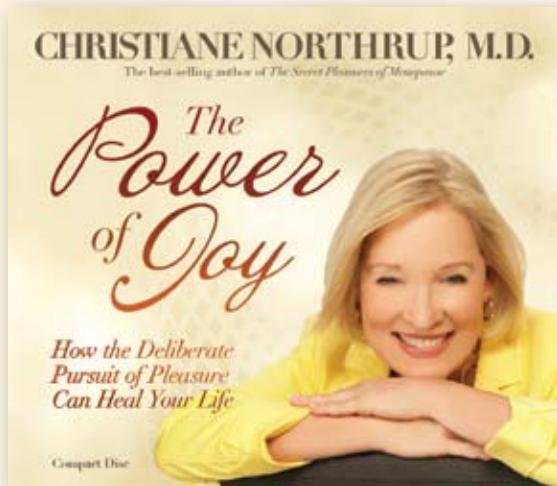
Thirty-five hundred years ago, God gave Moses a gift that changed the future of humanity. Some of the most incredible miracles in history came from applying a simple code, activating the power of the creative force of God in the world. This ancient technology has largely been lost or ignored since then, only to be revealed once again through this movie (as well as **James Twyman's** book of the same name). This code, if finally applied by humanity, has the power to transform the planet, as well as add the richest blessings to all of us.

Some of the best-known spiritual teachers in the world join James in this film, and offer tools that show us how we can apply the Moses Code to our lives. This is the foundation upon which the Law of Attraction is built. The film focuses on the power of "Soul Manifestation," drawing upon our own innate spiritual ability to produce miracles everywhere we go. Many other films and books have focused on using the Law of Attraction to "get" the things we believe we need—for example, houses, cars, or other goods. *The Moses Code* takes the next much more important step—showing how to use this law to "give" from the soul, automatically attracting spiritual blessings to us!



James F. Twyman is an internationally renowned "Peace Troubadour" and the best-selling author of ten books, including *Emissary of Light* and *The Moses Code*. He's also the executive producer and co-writer of the feature film *Indigo*, and the director of *Indigo Evolution*.

To order, call 800-654-5126, fax 800-650-5115,
or visit: www.hayhouse.com®



September 2008
USA \$15 • CAN \$16 • UK £8.99
CD • 978-1-4019-2308-2

Print Run: 20,000

Marketing: National Radio, Print and Internet Advertising. Multi-City Author Tour including I Can Do It!® 2008.

Rights: World Rights

ALSO AVAILABLE:



October 2008
The Secret Pleasures of Menopause
Christiane Northrup, M.D.
USA \$19.95 • CAN \$20.95 • UK £14.99
3-CD Set • 978-1-4019-2238-2

The Power of Joy

How the Deliberate Pursuit of Pleasure Can Heal Your Life

CHRISTIANE NORTHRUP, M.D.

"When you move toward that which is most fulfilling and life-enhancing—with joy and pleasure—healing follows."

— Christiane Northrup, M.D.

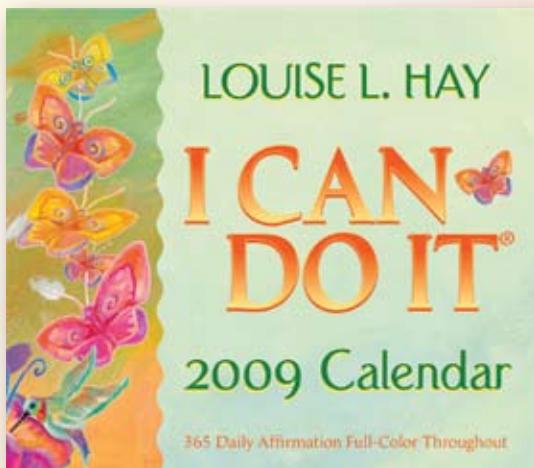
Life is meant to be joyous! You are a pleasure-seeking creature by nature. Joy makes you younger, smarter, more intuitive, and healthier . . . with better hormonal balance and immune-system functioning. Joy even positively affects your metabolism.

On this CD program, you'll find a ten-step prescription for bringing joy into your life every day. Overcome habitual patterns of negative thinking, guilt, and pain; and use intention to evoke the power of joy right now!



Christiane Northrup, M.D., a board-certified ob-gyn, is a visionary pioneer; beloved authority in women's health and wellness; and the author of the New York Times best-sellers *Women's Bodies*, *Women's Wisdom* and *The Wisdom of Menopause*. Her third book, *Mother-Daughter Wisdom*, was voted Amazon's number one book of the year in both Parenting and Mind/Body Health in 2005. Following a 25-year career in both academic medicine and private practice, Dr. Northrup now devotes her time to helping women create vibrant health through tapping into their inner wisdom.

Website: www.DrNorthrup.com



September 2008

USA \$13.95 • CAN \$14.95 • UK £8.99

Boxed Calendar • 978-1-4019-0750-1

Print Run: 25,000

Marketing: Appearance at I Can Do It!® 2008.
National Radio, Print and Internet Advertising.

Rights: World Rights



Louise L. Hay is a metaphysical lecturer and teacher and the best-selling author of *You Can Heal Your Life*, numerous other books, and the bimonthly *Louise Hay Newsletter*. For more than 25 years, she has assisted millions of people in discovering and using the full potential of their own creative powers for personal growth and self-healing.

Websites: www.LouiseHay.com® and
www.YouCanHealYourLifeMovie.com

I Can Do It!® 2009 Calendar

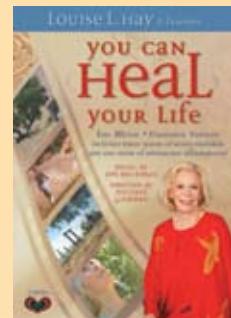
365 Daily Affirmations

LOUISE L. HAY

Louise L. Hay's *I CAN DO IT* Calendar for 2009 will help you remember to think positively each day of the year. The life-enhancing thoughts that are on every page will empower you in all areas of your life, lift your spirits, and remind you that you can do it . . . no matter what it is!

Beautifully designed, this calendar is the ideal gift for friends, family members—and especially you!

ALSO AVAILABLE:



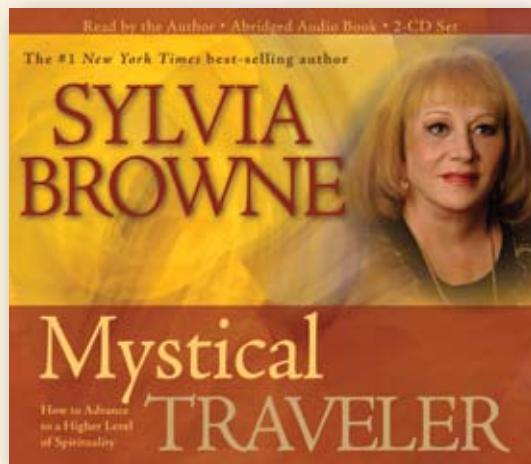
You Can Heal Your Life, The Movie

Starring Louise L. Hay

Music by Jim Brickman

USA \$29.95 • CAN \$30.95 • UK £12.99
2-DVD Set • 978-1-4019-2029-6

To order, call 800-654-5126, fax 800-650-5115,
or visit: www.hayhouse.com®



September 2008
USA \$18.95 • CAN \$19.95 • UK £14.99
2-CD Set • 978-1-4019-1863-7

Print Run: 20,000

Marketing: 40-City Lecture Tour, Including I Can Do It!® 2008 and Canada. National Radio, Print and Internet Advertising.

Rights: World Rights

Mystical Traveler

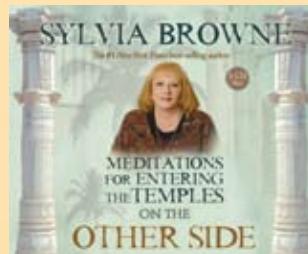
How to Advance to a Higher Level of Spirituality

SYLVIA BROWNE

On this abridged audio book, **Sylvia Browne** takes us on another incredible journey . . . this time presenting information about the mystical traveler. She explains the difference between mystical travelers and mission-life entities; and goes into great detail about who they are and what they do, as well as how we can become advanced souls, too!

Combining factual research garnered in her trance mediumship with new insights from her spirit guide Francine, Sylvia communicates the necessary steps to advance to a higher level of spirituality using tools such as the Eight Golden Keys of Knowledge and the Seven Rays of God. She then takes us a step further and guides us through the process of becoming mystical travelers.

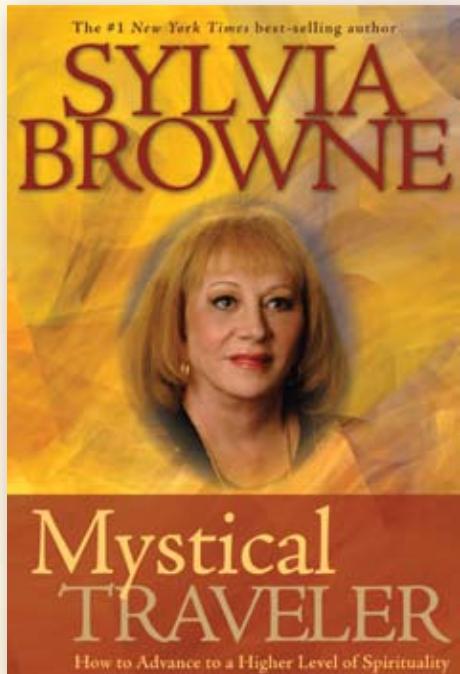
ALSO AVAILABLE:



Meditations for Entering the Temples on the Other Side

Sylvia Browne
USA \$19.95 • CAN \$20.95 • UK £14.99
3-CD Set
978-1-4019-1749-4

To order, call 800-654-5126, fax 800-650-5115,
or visit: www.hayhouse.com®



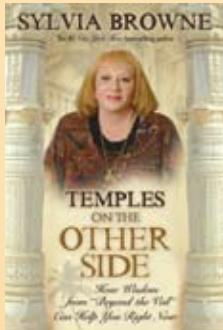
September 2008
USA \$24.95 • CAN \$25.95 • UK £13.99
Hardcover • 6" x 9" • 978-1-4019-1861-3

Print Run: 125,000

Marketing: 40-City Lecture Tour, Including I Can Do It!® 2008 and Canada. National Radio, Print and Internet Advertising. Online Marketing Campaign—Over 4 Million E-mails.

Rights: World Rights

ALSO AVAILABLE:



Temples on the Other Side

Sylvia Browne
USA \$25.95 • CAN \$26.95 • UK £15.99
Hardcover • 6" x 9"
978-1-4019-1745-6

Mystical Traveler

How to Advance to a Higher Level of Spirituality

SYLVIA BROWNE

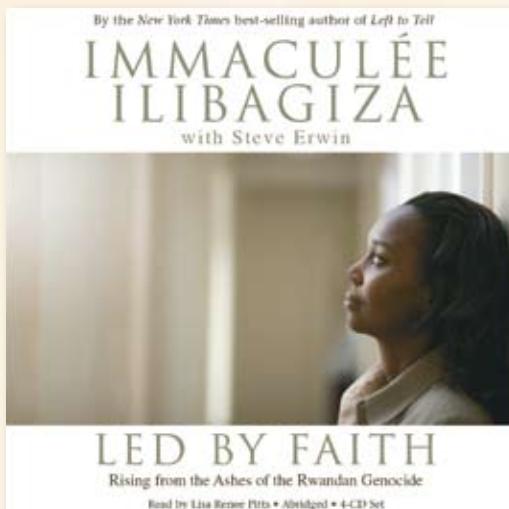
Sylvia Browne takes us on another incredible journey . . . this time presenting information about the mystical traveler. She explains the difference between mystical travelers and mission-life entities; and goes into great detail about who they are and what they do, as well as how we can become advanced souls, too!

Combining factual research garnered in her trance mediumship with new insights from her spirit guide Francine, Sylvia illustrates the necessary steps to advance to a higher level of spirituality using tools such as the Eight Golden Keys of Knowledge and the Seven Rays of God. She then takes us a step further and guides us through the process of becoming mystical travelers.



Sylvia Browne is the #1 New York Times best-selling author and world-famous psychic medium who appears regularly on *The Montel Williams Show* and *Larry King Live*, as well as making countless other media and public appearances. With her down-to-earth personality and great sense of humor, Sylvia thrills audiences on her lecture tours and still has time to write numerous immensely popular books. She has a master's degree in English literature and plans to write as long as she can hold a pen.

NEW TITLES FOR 2008



September 2008
USA \$23.95 • CAN \$24.95 • UK £15.99
4-CD Set • 978-1-4019-1889-7

Print Run: 20,000

Marketing: National Radio,
Print and Internet Advertising.

Rights: World Rights

Led by Faith

Rising from the Ashes of
the Rwandan Genocide

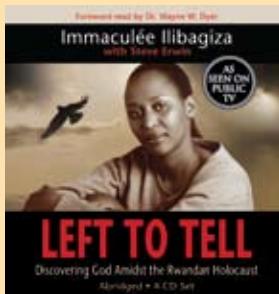
IMMACULÉE ILIBAGIZA WITH STEVE ERWIN

For three months in the spring of 1994, the African nation of Rwanda descended into one of the most vicious and bloody genocides the world has ever seen. **Immaculée Ilibagiza**, a young university student, miraculously survived the savage killing spree that left most of her family and friends, and a million of her fellow citizens, dead. Her astonishing story of survival was documented in her first book and CD set, *Left to Tell: Discovering God Amidst the Rwandan Holocaust*.

On this abridged edition of *Led by Faith*, Immaculée takes us with her as her remarkable journey continues. Through her simple and eloquent voice, we experience her hardships and heartache as she fights to survive and find meaning and purpose in the aftermath of the genocide. She struggles along with her country to heal from the wounds of war and to keep hope, love, and forgiveness alive, then eventually emigrates to America to begin a new chapter of her life—a stranger in a strange land.

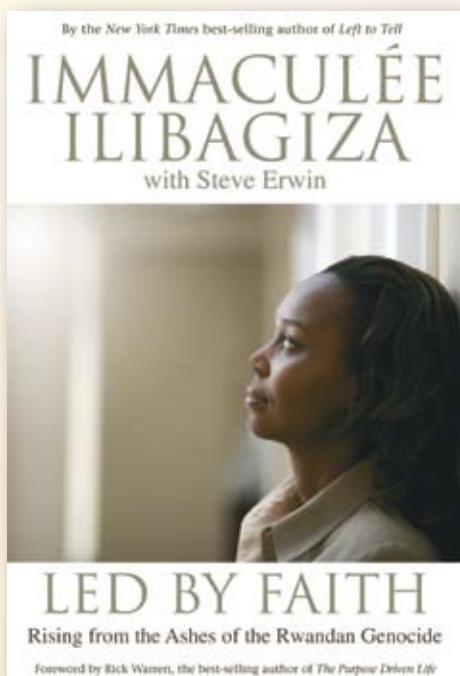
It is in the United States, her adopted country, where she can finally look back at all that has happened to her and truly understand why God spared her . . . so that she would be left to tell her story to the world.

ALSO AVAILABLE:



Left to Tell
Immaculée Ilibagiza with Steve Erwin
USA \$23.95 • CAN \$24.95 • UK £15.99
4-CD Set • 978-1-4019-1889-7

To order, call 800-654-5126, fax 800-650-5115,
or visit: www.hayhouse.com®



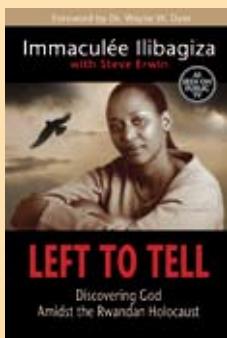
September 2008
USA \$24.95 • CAN \$25.95
Hardcover • 6" x 9" • 978-1-4019-1887-3

Print Run: 100,000

Marketing: National Radio, Print and Internet Advertising, Online Marketing Campaign—Over 4 Million E-mails.

Rights: World Rights

ALSO AVAILABLE:



Left to Tell
Immaculée Ilibagiza with Steve Erwin
USA \$14.95 • CAN \$15.95 • UK £9.99
Tradepaper • 6" x 9"
1-4019-0897-3

Led by Faith

Rising from the Ashes of the Rwandan Genocide

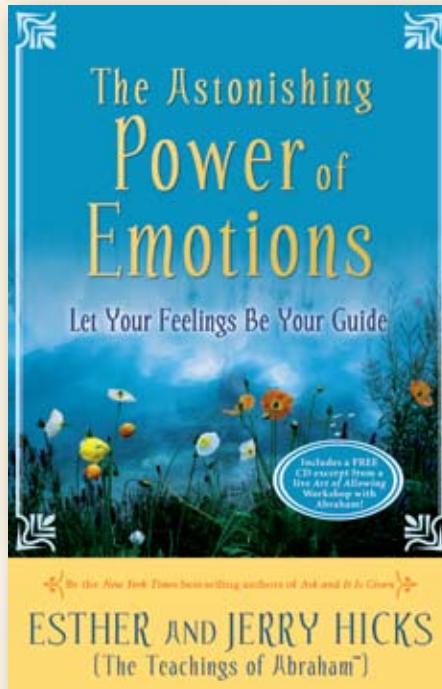
IMMACULÉE ILIBAGIZA WITH STEVE ERWIN

In *Led by Faith*, **Immaculée Ilibagiza** takes us with her as her remarkable journey continues from her first book *Left to Tell*. Through her simple and eloquent voice, we experience her hardships and heartache as she fights to survive and find meaning and purpose in the aftermath of the genocide. It is the story of a naïve and vulnerable young woman, orphaned and alone, navigating a bleak and dangerously hostile world with only an abiding faith in God to guide and protect her. Immaculée fends off sinister new predators, seeks out and comforts scores of children orphaned by the genocide, and searches for love and companionship in a land where hatred still flourishes. She struggles along with her country to heal from the wounds of war and to keep hope, love, and forgiveness alive, then eventually emigrates to America to begin a new chapter of her life—a stranger in a strange land.



Immaculée Ilibagiza was born in Rwanda and studied electronic and mechanical engineering at the National University. She lost most of her family during the 1994 genocide. Four years later, she emigrated to the United States and began working at the United Nations in New York City. In 2007 she established the Left to Tell Charitable Fund, which helps support Rwandan orphans.

Steve Erwin is a writer and award-winning journalist working in the print and broadcast media. Most recently, he was a foreign correspondent for the Canadian Broadcasting Corporation. He lives in Manhattan with his wife, journalist Natasha Stoyanoff.



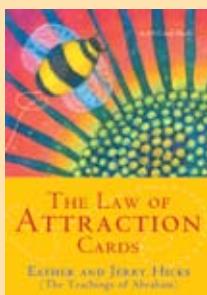
September 2008
USA \$16.95 • CAN \$17.95 • UK £9.99
Tradepaper • 6" x 9" • 978-1-4019-1246-8

Print Run: 100,000

Marketing: National Author Lectures
including Appearance at I Can Do It![®]
2008. National Print, Radio, and Internet
Advertising.

Rights: World Rights

ALSO AVAILABLE:



The Law of Attraction Cards
Esther and Jerry Hicks
USA \$15.95 • CAN \$16.95 • UK £11.99
60-Card Deck • 978-1-4019-1872-9

The Astonishing Power of Emotions

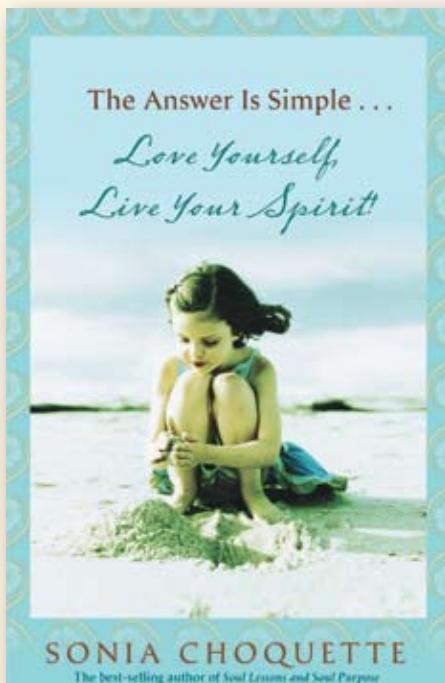
ESTHER AND JERRY HICKS
(*The Teachings of Abraham*[®])

This Leading Edge book by **Esther** and **Jerry Hicks**, who present the teachings of the Non-Physical consciousness **Abraham**, will help you understand the emotions that you've been experiencing all of your life. Instead of the out-of-control, knee-jerk reactions that most people have to their ever-changing life experience, you will learn to put those responses into a broader context. You'll come to understand what emotions are, what each of them means, and how to effectively utilize your new awareness of them.

As you read, you'll start to appreciate, and make peace with, where you are right now, even though there is so much more that you may desire. Every thought you absorb will bring you to a greater understanding of your own personal value and will show you how to open your own doors to whatever you may wish to be, do, or have. And as you turn the last page of this book, you will very likely find yourself thinking, *I have always known this, but now, I know this!*



New York Times best-selling authors **Esther** and **Jerry Hicks** produce the Leading Edge Abraham-Hicks teachings on the art of allowing our natural Well-Being to come forth. *Law of Attraction* workshops held in up to 60 cities per year inspire a regular flow of Abraham books, CDs, and DVDs.



September 2008

USA \$19.95 • CAN \$20.95

Hardcover • 5-3/8" x 8-3/8"

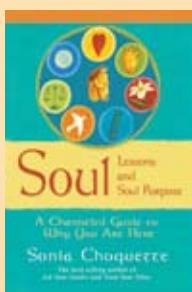
978-1-4019-1736-4

Print Run: 20,000

Marketing: National Author Lecture Tour Including I Can Do It!® 2008. National Radio, Print and Internet Advertising. Online Marketing Campaign—Over 4 Million E-mails.

Rights: World Rights

ALSO AVAILABLE:



Soul Lessons and Soul Purpose

Sonia Choquette

USA \$14.95 • CAN \$15.95 • UK £9.99

Tradepaper • 6" x 9"

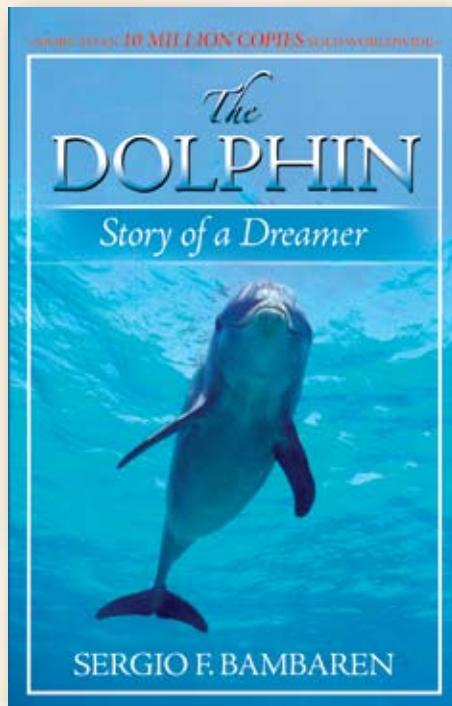
978-1-4019-0789-1

The Answer is Simple . . . Love Yourself, Live Your Spirit! SONIA CHOQUETTE

The ten simple yet necessary steps outlined in this book will allow you to make that connection to your authentic Spirit and experience your truth. As **Sonia Choquette** says, "These aren't just metaphysical theories, but are grounded practices that will lead you directly back to you: the best, holiest, and delighted you, free of fear and filled with light." The most exciting part is that learning to love yourself and live your Spirit is actually quite simple when you realize the truth revealed herein: that you are *not* the ego, but rather are Divine, Holy Spirit. Once you do, everything will come alive in light and joy.



Sonia Choquette is a world-renowned author, storyteller, vibrational healer, and six-sensory spiritual teacher in international demand for her guidance, wisdom, and capacity to heal the soul. She's the author of several best-selling books, including *Diary of a Psychic*, *Ask Your Guides*, and *Trust Your Vibes*; and numerous audio programs and card decks. Sonia was educated at the University of Denver and the Sorbonne in Paris, and holds a Ph.D. in metaphysics from the American Institute of Holistic Theology. She resides with her family in Chicago.



September 2008
USA \$8.95 • CAN \$9.95 • UK £6.99
Tradepaper • 5" x 7" • 978-1-4019-1896-5

Print Run: 10,000

Marketing: National Radio,
Print and Internet Advertising.

Rights: English

The Dolphin Story of a Dreamer SERGIO F. BAMBAREN

In the journey through life, it is the will of the heart that decides our destiny, for to achieve our goals, we must not only act, but also dream . . . not only plan, but also believe.

The Dolphin is a story of courage, of struggle against our own fears, our own limits. It reminds us that there is more to life than meets the eye . . . things we can only discover if we follow our own rules. It is a story of hope that unveils the magic of this world, the magic we too often seem to forget.

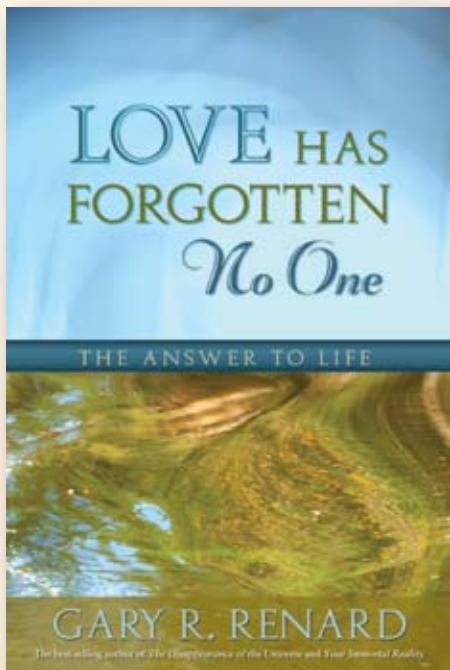
So follow your dreams, listen to the voice within you, and let Daniel Dolphin take you on the most magical journey of all—the quest to fulfill your own destiny.

A magical story for young and old alike!

Sergio Bambaren is an Australian citizen who was born in Lima, Peru. After receiving a degree in chemical engineering at Texas A&M University, he left a lucrative job in Sydney to follow his dreams. His love for the ocean inspired him to become a writer, and he has published 11 best-selling books. Sergio currently lives in Peru, surrounded by the dolphins and surfing he loves so much. He became a philanthropist several years ago, and works to protect the ocean and its creatures.



To order, call 800-654-5126, fax 800-650-5115,
or visit: www.hayhouse.com®



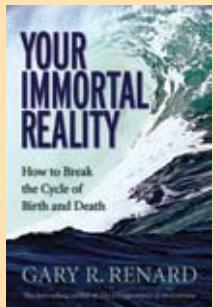
September 2008
USA \$24.95 • CAN \$25.95
Hardcover • 6" x 9" • 978-1-4019-1723-4

Print Run: 50,000

Marketing: Appearance at I Can Do It!® 2008.
National Radio, Print and Internet Advertising.
Online Marketing Campaign—Over 4 Million
E-mails.

Rights: World Rights

ALSO AVAILABLE:



Your Immortal Reality
Gary R. Renard
USA \$14.95 • CAN \$17.95 • UK £9.99
Tradepaper • 6" x 9"
1-4019-0698-2

Love Has Forgotten No One

The Answer to Life

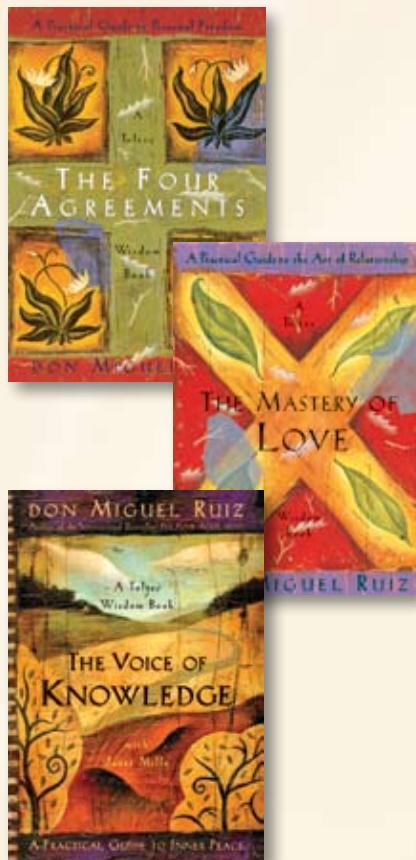
GARY R. RENARD

In this fascinating book, **Gary R. Renard** and his Ascended Master teachers, Arten and Pursah, guide you through a way of dissolving the illusions of time and space and returning to Reality, which is Perfect Love. This is not love in the way the world commonly thinks of it. It's an all-encompassing kind of love that is perfect spirit: innocent, unflawed, immortal, invulnerable, and forever fearless.

Real love, which is Divine in nature, must be experienced, for it is beyond words. Yet words and practice are needed to help lead you to that experience. The knowledge of what it's like to be one with your Source is the awesome mystical experience that's been described by Masters throughout the ages. It's the greatest sense of awareness anyone can have while still appearing to be in this world. This book will teach you exactly how to get to that experience, which upon the end of your physical existence will become your permanent reality. You will find that, indeed, love has forgotten no one.



In the early 1990s, **Gary R. Renard** underwent a powerful spiritual awakening. As instructed, he slowly and carefully wrote his first book, *The Disappearance of the Universe*, over a period of nine years. Gary has been described as one of the most interesting and courageous spiritual speakers in the world. In 2004 and 2005, he spoke in 35 states, Canada, Australia, England, and Costa Rica; and was the keynote speaker at the International A Course in Miracles Conference in Salt Lake City.



September 2008
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The Four Agreements Toltec Wisdom Collection

DON MIGUEL RUIZ

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This three-book set by best-selling author **DON Miguel Ruiz** offers his most widely acclaimed works:

THE FOUR AGREEMENTS: A Practical Guide to Personal Freedom

Based on ancient Toltec wisdom, this book offers a powerful code of conduct that can rapidly transform our lives to a new experience of freedom, true happiness, and love.

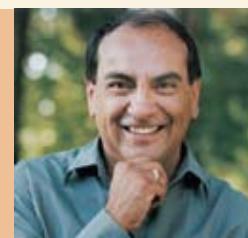
THE MASTERY OF LOVE: A Practical Guide to the Art of Relationship

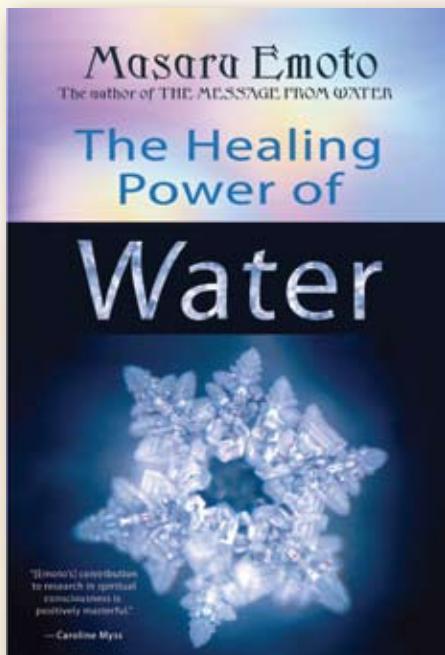
Using insightful stories to bring his message to life, DON Miguel shows us how to heal our emotional wounds, recover the freedom and joy that are our birthright, and restore the spirit of playfulness that is vital to loving relationships.

THE VOICE OF KNOWLEDGE: A Practical Guide to Inner Peace

In *The Voice of Knowledge*, DON Miguel reminds us of a profound and simple truth: The only way to end our emotional suffering and restore our joy in living is to stop believing in lies—mainly about ourselves. Based on ancient Toltec wisdom, this breakthrough work shows us how to recover our faith in the truth and return to our own common sense.

Born into a family of healers, **DON Miguel Ruiz** first learned about the Toltec tradition from his *curandera* (healer) mother and his *nagual* (shaman) grandfather. In the tradition of the Toltec, a *nagual* guides an individual to personal freedom, and DON Miguel has dedicated his life to this purpose. His teachings transform complex human issues into simple common sense—a talent that has earned him millions of fans, international acclaim, and a vote of approval from Oprah Winfrey. Sales of his books have soared to more than six million copies in the United States alone, and have been translated into more than 34 languages worldwide.





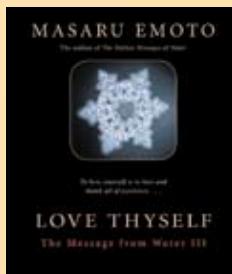
September 2008
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Rights: World Rights

ALSO AVAILABLE:



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Masaru Emoto
USA \$17.95 • CAN \$23.95 • UK £9.99
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1-4019-0899-3

The Healing Power of Water

MASARU EMOTO

Masaru Emoto became interested in the life energy in water and began to investigate the crystallization patterns within it from pure and polluted sources. He discovered that the patterns are influenced by negative and positive words and thoughts.

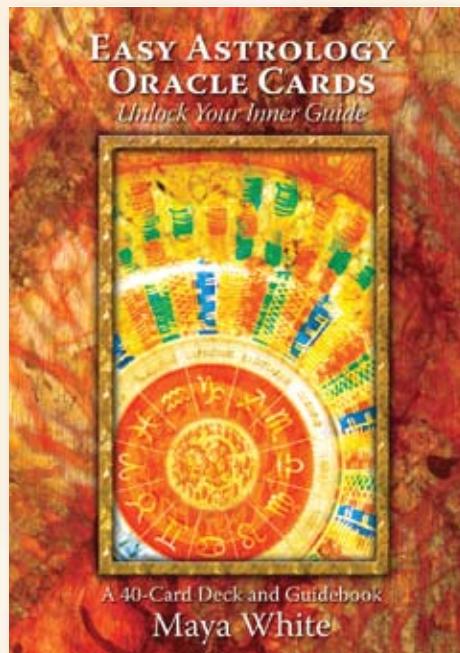
This extraordinary cutting-edge book looks at the power of water from the perspective of science, healing, and mysticism. It includes contributions from leading scientists such as William A. Tiller, who was featured in the film *What the Bleep Do We Know!?*; and from spiritual teachers such as Doreen Virtue, Starhawk, William Bloom, and Sig Lonegren.



Masaru Emoto was born in Yokohama, Japan, in July 1943. He is a graduate of Yokohama Municipal University's Department of Humanities and Sciences with a focus on international relations. In 1986, he established the IHM Corporation in Tokyo. In October of 1992, he received certification from the Open International University as a doctor of alternative medicine. Subsequently, he was introduced to the concept of micro-cluster water in the U.S. and Magnetic Resonance Analysis technology. The quest thus began to discover the mystery of water.

He studied water throughout the planet, not so much as a scientific researcher, but more from the perspective of an original thinker. He realized that it was in the frozen crystal form that water showed its true nature. He continues with this experimentation and has written a variety of well-received books in Japanese as well as the seminal *The Message from Water* (Volumes I, II, and III), published bilingually. He also wrote *The Hidden Messages in Water* and *The True Power of Water*.

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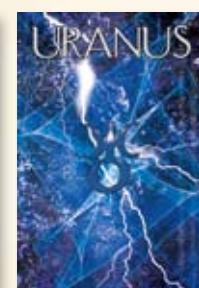
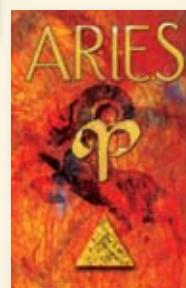
Easy Astrology Oracle Cards

Unlock Your Inner Guide

MAYA WHITE

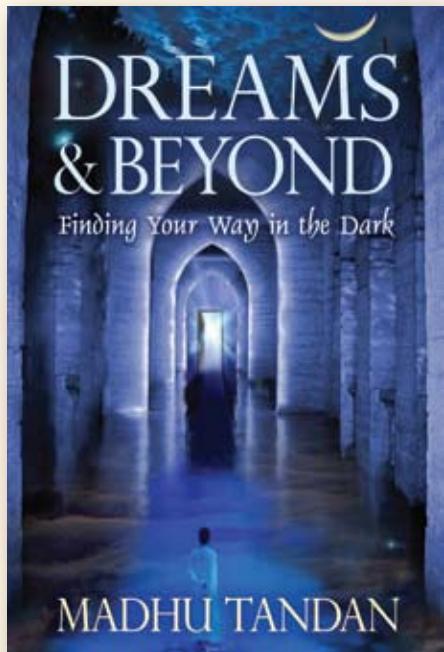
This 40-card deck (with accompanying guidebook) can help you fulfill your desire to truly understand astrology. The cards make learning quick and easy through interaction with symbols and colors, combined with key words. Now, something that was once complicated will become fun!

With the *Easy Astrology Oracle Cards*, you'll finally learn the basics of astrology and will even be able to give readings to others. The images and words incorporated into each card make memorization a thing of the past, and you'll be amazed by how much knowledge you absorb by using the cards and guidebook together. You'll now have the keys at hand . . . to unlock your inner guide!



Maya White is an internationally recognized astrologer and intuitive guide. Her monthly astrological forecasts and educational articles are noted for a skillful combination of accuracy and wisdom; and have been featured in the U.S. as well as in Europe, Thailand, and India. Maya is one of only 88 people in the world certified in Astro*Carto*Graphy, a branch of astrology that guides people to find their perfect place on Earth for positive growth. Maya regularly conducts workshops to help people further their knowledge and develop intuitive skills related to astrology.





September 2008

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Tradepaper • 6" x 9" • 978-1-4019-2014-2

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Dreams & Beyond

Finding Your Way in the Dark

MADHU TANDAN

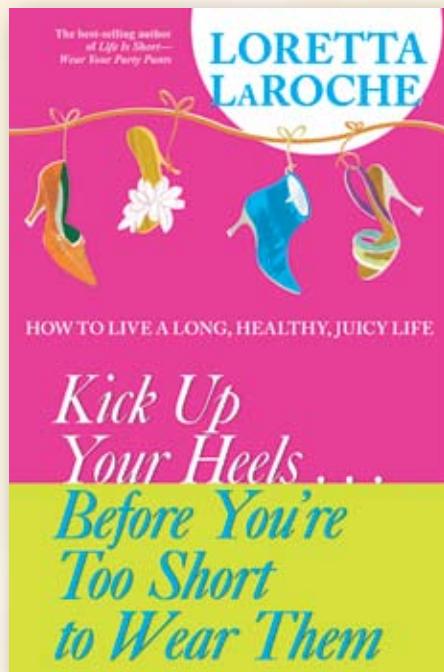
Dreams are no longer uncharted territory; they've been extensively researched and described by neurobiologists and psychologists, the ancients and the moderns. Here, **Madhu Tandan** outlines the diverse understandings of our dreams and presents a comprehensive spectrum of the dreaming mind. She explores specific experiences, such as a doctor puzzling over a difficult diagnosis and the clues that were offered to him in a dream, a young woman's resistance to marriage and a dream that made her change course, and a boy's sexual awakening and the process reflected in his dream. These examples aren't merely personal accounts with issues relating only to the dreamer—they address fundamental conflicts common to virtually every human being.

This book also shows how dreams have changed the course of history and have made major breakthroughs in science. Yes, dreams have changed the world! By synthesizing research and theory, *Dreams & Beyond* balances the perspectives of science, psychology, parapsychology, and spirituality, providing an increasingly complete picture of what your dreams mean. It impels you to confront the bounds of rational thought and dares you to set out on the most magical of all journeys . . . to know who you really are.

Madhu Tandan has conducted dream workshops for the past eight years. She has been invited to present papers on dreams at various conferences, including the Nouvelle Sorbonne in Paris. She has written articles on dreams for leading newspapers and magazines, and her short stories have appeared in a number of anthologies.



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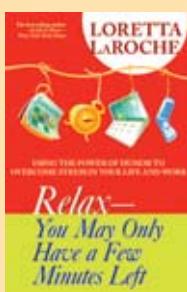
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Print Run: 20,000

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Rights: English

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Kick Up Your Heels . . . Before You're Too Short to Wear Them How to Live a Long, Healthy, Juicy Life LORETTA LAROCHE

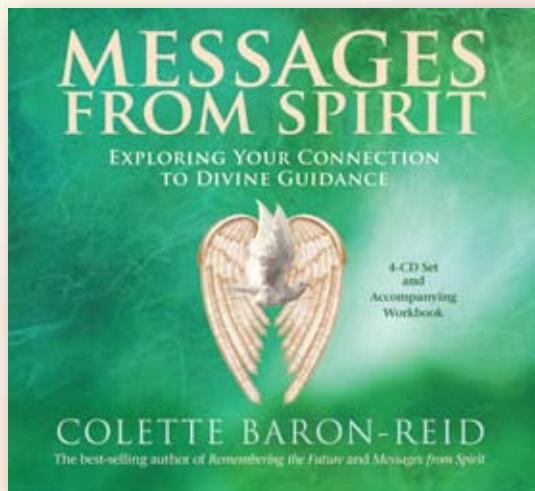
Our society is youth obsessed: Beauty products, special exercises, designer vitamins, plastic surgery, and certain medications are promoted as "the" ways to enhance our lives. While these formulas may have some merit, they're not enough to prepare us for a rich, authentic life filled with passion and juiciness. Why do we wait until we're almost dead before we focus on how to age well? Every school system in the country should be preparing us for this inevitable part of our soul growth!

With her trademark wit and practical knowledge, **Loretta LaRoche** tackles how to live a long, healthy, juicy life—using herself and many of her friends and mentors as metaphors. Filled with practical advice, lifestyle skills, wisdom, and spirituality, *Kick Up Your Heels . . .* is a mental health spa that will inspire you and your family to live with joy, harmony, and peace while you still have the time!

Loretta LaRoche, the best-selling author of *Life Is Short—Wear Your Party Pants* and *Squeeze the Day*, among other works, is an internationally renowned author and stress-management consultant who advocates humor, optimism, and resiliency as coping mechanisms. Loretta is a favorite with viewers of her six PBS specials, as well as on the lecture circuit, where she presents an average of 100 talks per year. She lives in Plymouth, Massachusetts.



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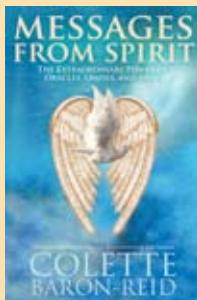
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USA \$23.95 • CAN \$24.95 • UK £15.99
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Colette Baron-Reid
USA \$14.95 • CAN \$15.95 • UK £9.99
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978-1-4019-1845-3

Messages from Spirit Exploring Your Connection to Divine Guidance

COLETTE BARON-REID

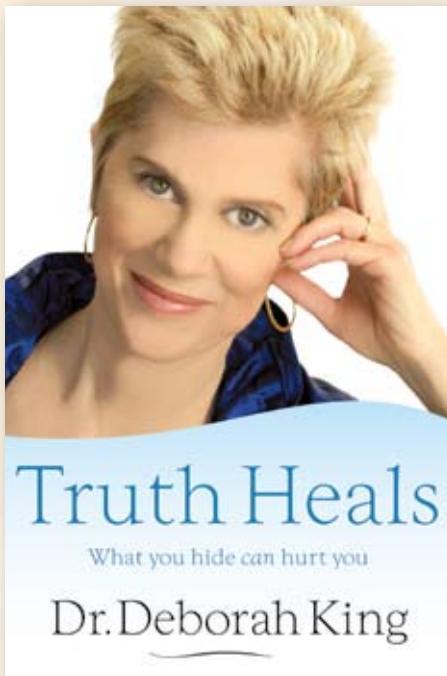
Spirit is just waiting to give you help whenever you ask for it. You just need to enter the conversation and understand the dialogue. On this CD program, renowned intuitive counselor and best-selling author **Colette Baron-Reid** shows you how to ask for and receive the life-affirming gift of guidance that is always available to you, as she dispels the myths and misinterpretations that may have kept you from embracing your inner "oracular" consciousness. All of the stories, exercises, and ideas in this comprehensive four-part program (which includes a complementary workbook) are designed to make you more receptive to the messages and signals from Spirit that appear every day in a multitude of ways.

Sessions 1 and 3 explain what the world of oracles, omens, and signs is all about and how to experience them in your own life. Sessions 2 and 4 are filled with powerful and experiential "vision journeys" or guided meditations, which will facilitate your personal ongoing connection to Divine guidance.

Once you ignite your capacity to receive messages from Spirit, your world will never be the same!

Colette Baron-Reid, the author of *Remembering the Future*, is a popular spiritual intuitive, seminar leader, radio personality, motivational speaker, and musical recording artist on the EMI music label (with a top-selling meditation CD, *Journey Through the Chakras*). She has shared the stage with authors Sylvia Browne, John Holland, Caroline Myss, and many others. She currently lives in Sedona, Arizona, with her husband and their two furry children.





Truth Heals

What You Hide Can Hurt You

DEBORAH KING, PH.D.

Millions of us live with chronic and debilitating pain or disease, and sadly, that number is growing every day. In *Truth Heals*, which was originally self-published, **Deborah King, Ph.D.**, explores the relationship between the suppression of truth and how this later manifests into pain or illness.

Using her years of experience as an expert healer, King creates a roadmap for people to learn how to recognize and release emotional blockages, share truth in a safe and healing manner, and unlock the power of truth without reliving negative experiences or causing more harm. Through client histories, celebrity profiles, and her own remarkable journey, the author demonstrates how anyone can release deep-seated layers of denial, fear, and anger in order to heal the mind and body.

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Print Run: 20,000

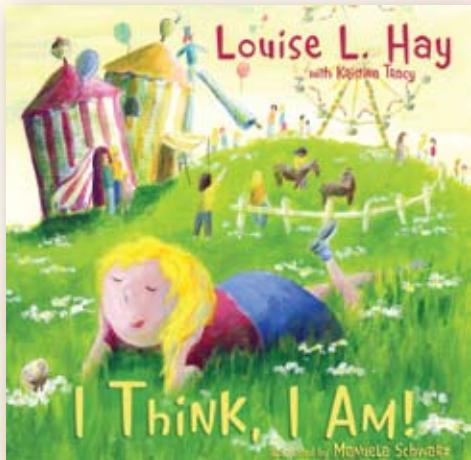
Marketing: National Television, Radio,
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Rights: World Rights

Deborah King, Ph.D., is an author, lecturer, contemporary healer, and recognized expert in the health and wellness field. She has been a frequent guest on CNN and Fox News, as well as other national media outlets. She holds both a doctorate in law and a Ph.D. in Healing Science. As a successful entrepreneur and corporate attorney, King fell into the trap of suppressing a traumatic past, which then manifested as chronic emotional and physical illness and addiction. Ultimately, her condition forced her to face her own truth. She investigated ancient and modern healing systems, and developed a powerful technique of her own. Today, she guides thousands to health through her public events, workshops, and writings.



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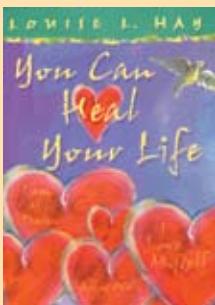
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I Think, I Am!

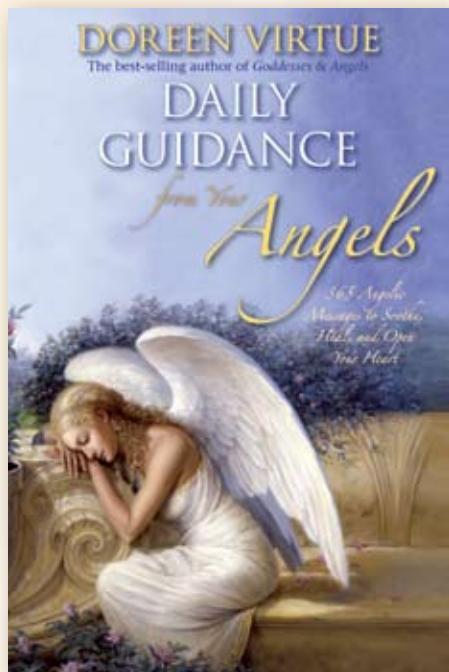
Louise L. HAY WITH KRISTINA TRACY

In this new book, **Louise Hay** teaches boys and girls about the importance of affirmations—the thoughts and words we use in our daily lives that express what we believe to be true. Within these pages, there are wonderful examples of kids turning “negative” thoughts such as worry, anger, and fear into positive words and actions that express joy, happiness, and love. There are also tips that show children how they can apply affirmations to their daily lives. Vibrant illustrations and simple text make these concepts easy to understand for even the youngest child. Parents and children will have so much fun learning about the power of positive affirmations and what a difference they can make!



Louise L. Hay, the author of the international bestseller *You Can Heal Your Life*, is a metaphysical lecturer and teacher with more than 40 million books sold worldwide. For more than 25 years, she has helped people throughout the world discover and implement the full potential of their own creative powers for personal growth and self-healing. Websites: www.LouiseHay.com® or www.YouCanHealYourLifeMovie.com

Kristina Tracy is having a great time working on children’s books with Louise L. Hay, Dr. Wayne W. Dyer, and Doreen Virtue. When she is not writing or being a mom, she loves gardening, horseback riding, and rearranging the furniture in her house. She may also be found at the counter at Starbucks pondering the infinite possibilities!



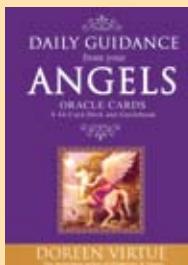
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Daily Guidance from Your Angels

365 Angelic Messages to Soothe, Heal, and Open Your Heart

DOREEN VIRTUE

Begin each morning by communing with your angels, using the 365 channeled meditations in this beautiful gift edition by best-selling author **Doreen Virtue**. Each page offers a comforting and uplifting message that sets a positive and healing tone for the day. This material also functions as a divination tool, as you can ask a question and open the book to a thought that provides guidance, support, answers, and encouragement.

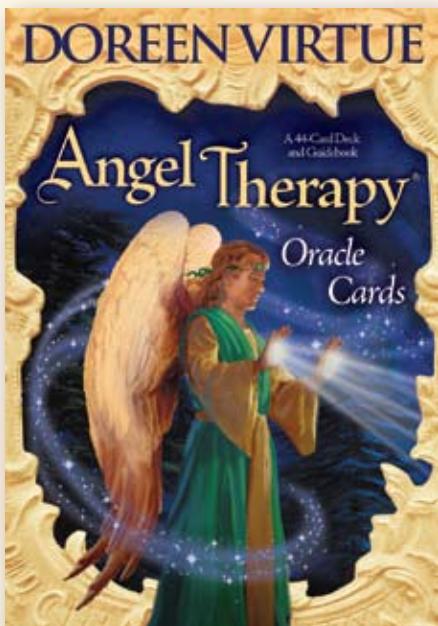
Daily Guidance from Your Angels will keep you centered in peacefulness throughout the day, and will help you remember that your angels are always beside you, ready to assist you with every area of your life. A beautiful ribbon bookmark bound into the spine is the perfect way to easily mark your place, both morning and evening.



Doreen Virtue holds B.A., M.A., and Ph.D. degrees in counseling psychology, and is a lifelong clairvoyant who works with the angelic realm. She's the author of *Archangels & Ascended Masters* and *Healing with the Angels*, among other works. Doreen has appeared on *Oprah*, *The View*, *Good Morning America*, CNN, and other programs; she presents workshops around the world; and she also has a weekly call-in talk show on **HayHouseRadio.com**.

Please visit her Website at:
www.AngeLTherapy.com®

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978-1-4019-1833-0

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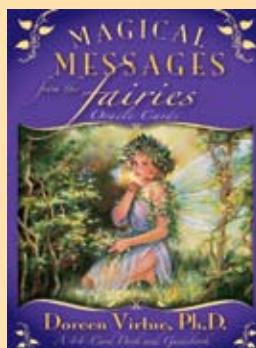
Angel Therapy® Oracle Cards

DOREEN VIRTUE

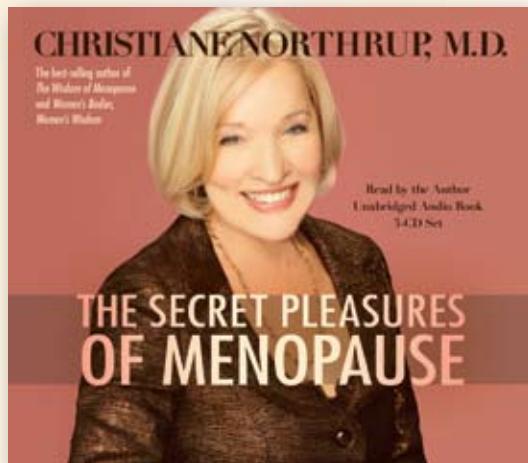
This easy-to-use deck is appropriate for beginners as well as those experienced with divination cards. Angel Therapy is a powerful healing and guidance process that involves working with your guardian angels and the archangels (particularly Michael and Raphael). These oracle cards and the enclosed guidebook give you action steps to take that will initiate healing; help you release fears and emotional blocks; and give you messages about your life purpose, relationships, manifestations, and more.

Each card features a gorgeous painting of angels and a message or answer for you, and is suitable for both children and adults. The guidebook walks you through the steps for giving an oracle reading for yourself or others, and outlines the extended meanings behind each card.

ALSO AVAILABLE:



Magical Messages from the Fairies Oracle Cards
Doreen Virtue
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44-Card Deck and Guidebook
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Rights: World Rights

The Secret Pleasures of Menopause

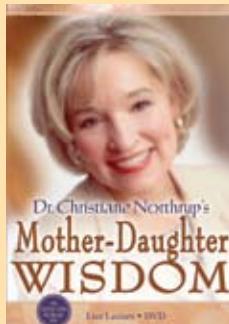
CHRISTIANE NORTHRUP, M.D.

The Secret Pleasures of Menopause is a ground-breaking CD set that is long overdue! **Christiane Northrup, M.D.**, delivers a breakthrough message that will help millions and millions of perimenopausal and menopausal women throughout the world understand that at menopause . . . life has just begun! It is the beginning of a very exciting and fulfilling time, full of pleasure beyond your wildest dreams!

Dr. Northrup believes that it's about time menopausal women came out of the closet and learned to enjoy the best years of their lives! Even though studies show that menopause does not decrease libido, ease of reaching orgasm, or sexual satisfaction, the majority of menopausal women are not experiencing the pleasure and sexual satisfaction that is their birthright. It is a long-held misconception that menopause signals "the beginning of the end," and nothing could be further from the truth!

In this fascinating CD set, Dr. Northrup candidly guides you so that you can begin to experience the best and most pleasurable decades of your life.

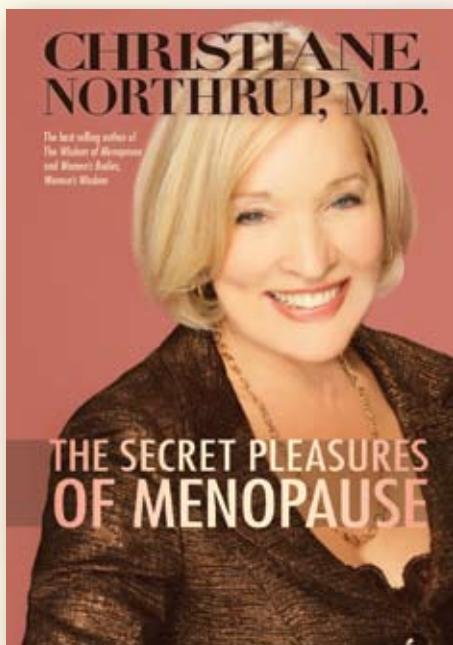
ALSO AVAILABLE:



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Christiane Northrup, M.D.
USA \$19.95 • CAN \$20.95 • UK £14.99
DVD • 978-1-4019-0715-0

To order, call 800-654-5126, fax 800-650-5115,
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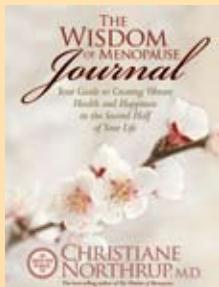
October 2008
USA \$14.95 • CAN \$15.95 • UK £9.99
Hardcover • 5" x 7" • 978-1-4019-2237-5

Print Run: 150,000

Marketing: Multi-City Author Tour including I Can Do It!® 2008. National Print, Radio and Internet Advertising. Online Marketing Campaign—Over 4 Million E-mails.

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ALSO AVAILABLE:



The Wisdom of Menopause Journal
Christiane Northrup, M.D.
USA \$15.95 • CAN \$16.95 • UK £10.99
Hardcover • 7-1/4" x 9-1/4"
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The Secret Pleasures of Menopause

CHRISTIANE NORTHRUP, M.D.

The Secret Pleasures of Menopause is a groundbreaking book that is long overdue! **Christiane Northrup, M.D.**, delivers a breakthrough message that will help millions and millions of perimenopausal and menopausal women throughout the world understand that at menopause . . . life has just begun! It is the beginning of a very exciting and fulfilling time, full of pleasure beyond your wildest dreams!

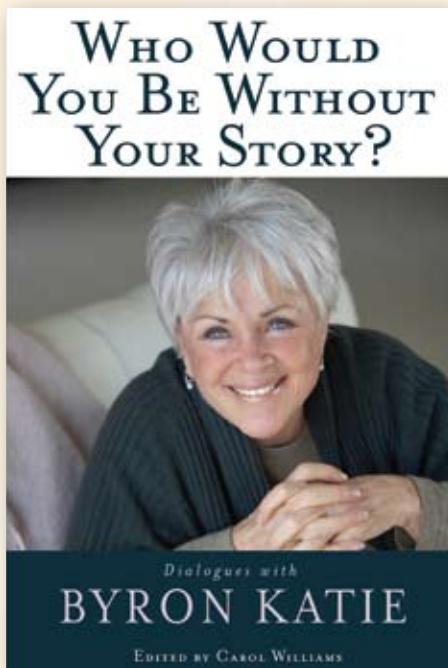
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In this fascinating book, Dr. Northrup candidly guides you so that you can begin to experience the best and most pleasurable decades of your life.



Christiane Northrup, M.D., a board-certified ob-gyn, is a visionary pioneer; beloved authority in women's health and wellness; and the author of the New York Times bestsellers *Women's Bodies, Women's Wisdom* and *The Wisdom of Menopause*. Her third book, *Mother-Daughter Wisdom*, was voted Amazon's number one book of the year in both Parenting and Mind/Body Health in 2005. Following a 25-year career in both academic medicine and private practice, Dr. Northrup now devotes her time to helping women create vibrant health through tapping into their inner wisdom.

Website: www.DrNorthrup.com



October 2008

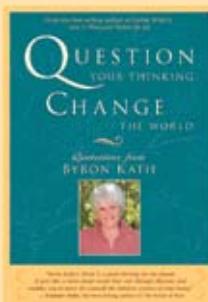
USA \$15.95 • CAN \$16.95 • UK £10.99
Tradepaper • 6" x 9" • 978-1-4019-2179-8

Print Run: 25,000

Marketing: National Radio, Print and Internet Advertising. Appearance at I Can Do It!® 2008.

Rights: World Rights

ALSO AVAILABLE:



**Question Your Thinking,
Change the World**
Byron Katie
USA \$9.95 • CAN \$10.95 • UK £6.99
Tradepaper • 5" x 7"
978-1-4019-1730-2

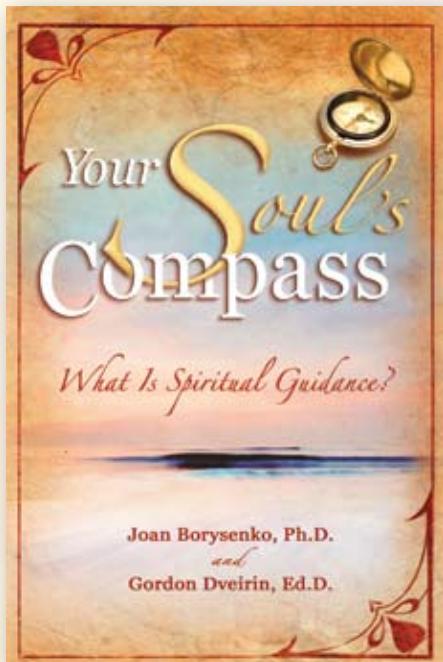
Who Would You Be Without Your Story? Dialogues with Byron Katie

This book is a collection of 23 dialogues with **Byron Katie** that occurred throughout the United States and Europe. Some of the people who worked with Katie had painful illnesses, others were lovelorn or in messy divorces, some were simply irritated with a co-worker or worried about money. What they all had in common was a willingness to question, with Katie's help, the painful thoughts that are the true cause of all suffering. In every case we see how Katie's acute mind and fierce kindness helped each person dismantle for themselves what was felt to be unshakable reality.

Although these dialogues make fascinating reading—some are both hilarious and deeply moving at once—they are intended primarily as teaching tools. Each took place in front of an audience, and Katie never lost connection with that audience, repeatedly reminding each person in the room to follow the dialogues inwardly and ask themselves the questions the participant must ask. The dialogue between Katie and these volunteers is an external enactment of precisely the kind of dialogue each person can have with their own thoughts. The result, even in the seemingly most dire situation, can be an unimagined freedom and joy.

Byron Katie has been traveling around the world for more than a dozen years, teaching The Work directly to hundreds of thousands of people at free public events, in prisons, hospitals, churches, corporations, battered women's facilities, universities and schools, and at weekend intensives, as well as at her nine-day School for The Work. She is the author of the best-selling books *Loving What Is*, *A Thousand Names for Joy*, and *I Need Your Love—Is That True?* On her Website, www.thework.com, one can find her blog, her schedule, a network of facilitators of The Work, a free hotline, audio and video clips, articles, and basic information.





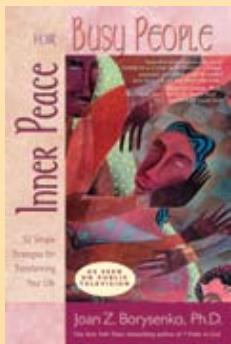
October 2008
USA \$14.95 • CAN \$15.95 • UK £9.99
Tradepaper • 6" x 9" • 978-1-4019-0777-8

Print Run: 20,000

Marketing: Appearance at I Can Do It!® 2008.
National Radio, Print and Internet Advertising.

Rights: World Rights

ALSO AVAILABLE:



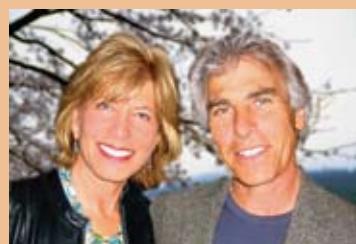
Inner Peace for Busy People
Joan Z. Borysenko, Ph.D.
USA \$12.95 • CAN \$14.95 • UK £8.99
Tradepaper • 5 1/4" x 8"
1-4019-0214-6

Your Soul's Compass

What Is Spiritual Guidance?

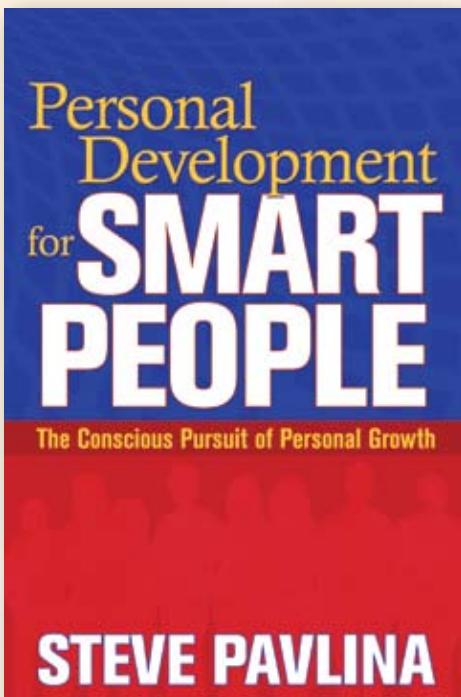
**JOAN BORYSENKO, PH.D.,
AND GORDON DVEIRIN, ED.D.**

Why are we here? Are we fulfilling our life's purpose? What is evolutionary intelligence trying to express through us? In this time of global change and uncertainty, of spiritual indirection, people are asking these age-old questions with renewed curiosity. There's a thirst for meaning and purpose—a dawning realization that happiness isn't a commodity that can be bought with a gold card. Fulfillment and joy arise naturally from the capacity to be present to life as it's unfolding and to listen for—and discern—the best possibilities in any situation, which inform enlightened, compassionate action. **Joan Borysenko** and **Gordon Dveirin**'s hope is that *Your Soul's Compass* will help you move beyond limited ways of knowing, and open up the vast evolutionary intelligence needed to make the leap toward fuller self-realization in your own life and in the world.



Joan Borysenko, Ph.D., is an internationally known speaker on spirituality, integrative medicine, and the mind/body connection. She has a doctorate in medical sciences from Harvard Medical School, is a licensed clinical psychologist, is the author of many books, and is the cofounder of the Claritas Institute for Interspiritual Inquiry and director of its Interspiritual Mentor Training Program.

Gordon Dveirin, Ed.D., is the president of Dveirin & Associates, a consulting firm in organization and human development. Cofounder of the Claritas Institute for Interspiritual Inquiry and its Interspiritual Mentor Training Program, he is coauthor (with his wife, Joan Borysenko) of *Saying Yes to Change*.



October 2008
USA \$24.95 • CAN \$25.95
Hardcover • 6" x 9" • 978-1-4019-2275-7

Print Run: 30,000

Marketing: Appearance at I Can Do It!® 2008.
National Print, Radio and Internet Advertising.

Rights: World Rights

Personal Development for Smart People

The Conscious Pursuit of Personal Growth

STEVE PAVLINA

Personal Development for Smart People reveals the unvarnished truth about what it takes to consciously grow as a human being. As you read, you'll learn the seven universal principles behind all successful growth efforts (*truth, love, power, oneness, authority, courage, and intelligence*); as well as practical, insightful methods for improving your health, relationships, career, finances, and more.

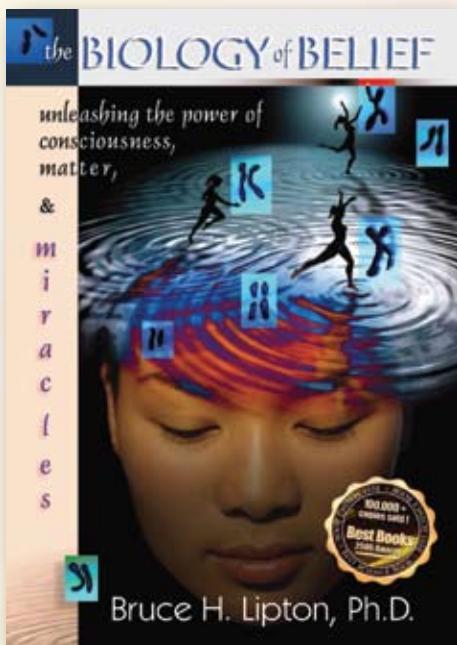
You'll see how to:

- Become the **conscious creator** of your life instead of feeling hopelessly adrift.
- Enjoy a **fulfilling career** that honors your unique self-expression.
- Attract **empowering relationships** with loving, compatible partners.
- Wake up early feeling **motivated, energized, and enthusiastic**.
- Achieve **inspiring goals** with disciplined daily habits.
- Resolve conflicts between logic and intuition to **awaken your inner genius**.
- Earn **abundant income** by contributing genuine value to others.

With its refreshingly honest yet highly motivating style, this fascinating book will help you courageously explore, creatively express, and consciously embrace your extraordinary human journey.

Steve Pavlina is widely recognized as the most successful personal-development blogger on the Internet, attracting more than two million monthly readers who value his unique insights. Instead of posing as a self-help guru with all the answers, Steve encourages people to fearlessly conduct their own personal growth experiments in order to learn through direct experience. He has written more than 700 free articles, often challenging his readers to question what they've been taught and to consider alternative perspectives. Blue-eyed, colorblind, and left-handed, Steve is the voice of recessive genes that seek creative expression instead of social conformity.





October 2008

USA \$24.95 • CAN \$25.95 • UK £13.99
Hardcover • 6" x 9" • 978-1-4019-2311-2

Print Run: 50,000

Marketing: National Radio, Print and Internet Advertising. Online Marketing Campaign—Over 2 Million E-Mails. Appearance at I Can Do It!® 2008.

Rights: World Rights

The Biology of Belief

Unleashing the Power of Consciousness, Matter & Miracles

BRUCE H. LIPTON, PH.D.

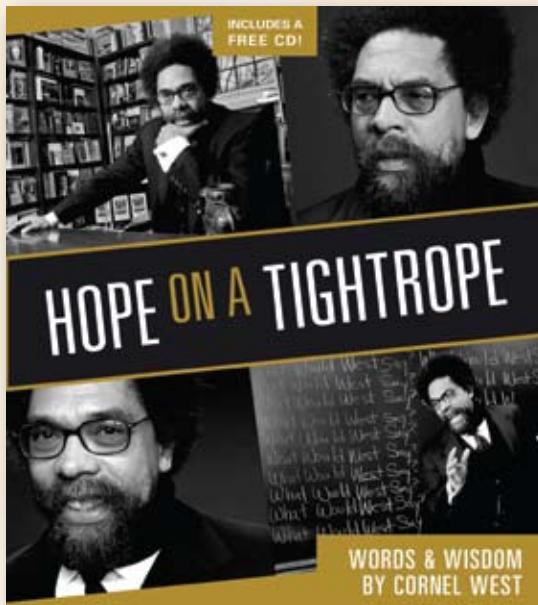
With more than 150,000 copies sold of his self-published book, *The Biology of Belief*, **Bruce H. Lipton** teams up with Hay House to bring his message to an even wider audience. This book is a groundbreaking work in the field of new biology, and it will forever change how you think about thinking. Through the research of Lipton and other leading-edge scientists, stunning new discoveries have been made about the interaction between your mind and body and the processes by which cells receive information. It shows that genes and DNA do not control our biology, that instead DNA is controlled by signals from outside the cell, including the energetic messages emanating from our thoughts.

Using simple language, illustrations, humor, and everyday examples, Lipton demonstrates how the new science of Epigenetics is revolutionizing our understanding of the link between mind and matter and the profound effects it has on our personal lives and the collective life of our species.

Bruce H. Lipton, Ph.D., is an internationally recognized authority in bridging science and spirit and a leading voice in new biology. A cell biologist by training, he taught cell biology at the University of Wisconsin's School of Medicine, and later performed pioneering studies at Stanford University's School of Medicine. He has been a guest speaker on dozens of TV and radio shows, as well as keynote presenter for national and international conferences.



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October 2008
USA \$19.95 • CAN \$20.95 • UK £14.99
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978-1-4019-2186-6

Print Run: 50,000

Marketing: National Print, Radio
and Internet Advertising.

Rights: World Rights

Hope on a Tightrope

Words and Wisdom by Cornel West

CORNEL WEST, PH.D.

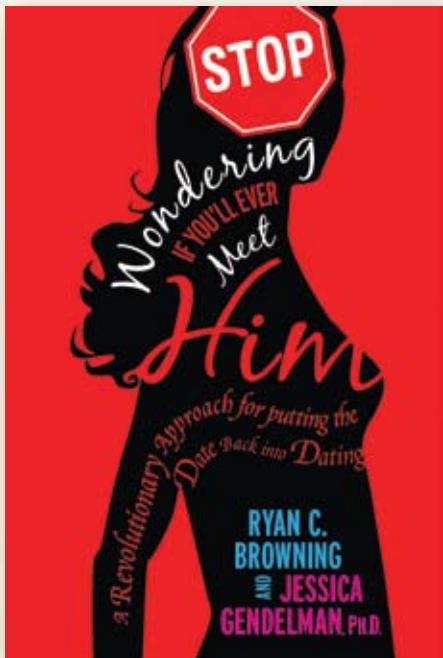
The New York Times best-selling author of *Race Matters* and *Democracy Matters* offers open-hearted wisdom for our times in this courageous collection of quotations, speech excerpts, letters, philosophy, and photographs that reflect the profound humanity that fuels the passionate public intellectual. In a world that seesaws between unconditional love and acceptance and blind hatred and exclusion, this book will satisfy readers in search of deep wells of inspiration and challenge that marries the mind to the heart.

This work features an original CD that highlights **Cornel West's** outstanding spoken-word artistry. His August 2007 CD release *Never Forget: A Journey of Revelations* that featured collaborations with best-selling artists Prince, Jill Scott, and Andre 3000 topped the charts as Billboard's #1 Spoken Word album.



Educator and philosopher **Cornel West, Ph.D.**, is the Class of 1943 University Professor of Religion and African American Studies at Princeton University. Known as one of America's most gifted, provocative, and important public intellectuals, West has won numerous awards, including the American Book Award, and has received more than 20 honorary degrees. His best-selling book *Race Matters* (1993), which has sold over 400,000 copies, changed the course of America's dialogue on race, justice, and democracy; and his book *Democracy Matters: Winning the Fight Against Imperialism* (2004) was a New York Times bestseller. His writings, along with his frequent lectures, have brought him widespread attention and honors.





Stop Wondering If You'll Ever Meet Him

A Revolutionary Approach for Putting the Date Back into Dating

**RYAN C. BROWNING
AND JESSICA GENDELMAN, PH.D.**

In this fascinating book, relationship experts **Jessica Gendelman, Ph.D.** (Dr. G), a psychologist; and **Ryan C. Browning**, a certified life coach, have their fingers on the pulse of what has become a cultural epidemic: Women just like you feel frustrated and disappointed by the dating process. But the authors do more than provide gimmicky solutions while telling you what's wrong with your dating life; they teach you how to date by giving you a system that works . . . a way to form meaningful relationships without the pain and confusion of the typical dating approach!

October 2008

USA \$15.95 • CAN \$16.95 • UK £8.99
Tradepaper • 6" x 9" • 978-1-4019-1971-9

Print Run: 20,000

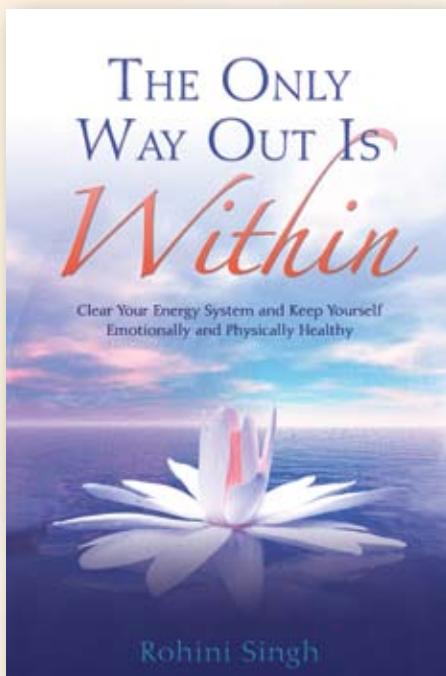
Marketing: National Radio, Print and Internet Advertising.

Rights: World Rights

Jessica Gendelman, Ph.D., known as Dr. G, is a clinical psychologist from New York. She runs a successful relationship and dating consulting practice with Ryan C. Browning, and together they counsel clients all over the world. Her personal passion for helping people to have better relationships, combined with advanced training in sex therapy, have led to the creation of a unique and innovative approach to dating and relationships.

Ryan C. Browning is a certified life coach who has received extensive training at the advanced level. He runs a worldwide relationship consulting practice with Jessica Gendelman, Ph.D., and has created a revolutionary new approach to dating and relationships. Ryan has always been interested in developing a deep understanding of psychological growth and motivation. He has a B.S. in psychology from Union College with a special emphasis on developmental psychology. He left a successful acting career on stage, TV, and film to pursue his true passion—helping people develop better relationships and live more fulfilling lives.

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or visit: www.hayhouse.com®



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Print Run: 10,000

Marketing: National Radio,
Print and Internet Advertising.

Rights: World Rights

The Only Way Out Is *Within*

Clear Your Energy System and Keep Yourself Emotionally and Physically Healthy

ROHINI SINGH

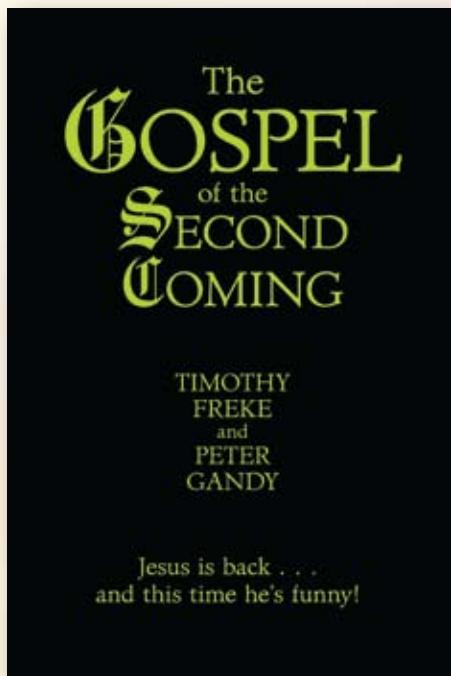
Over the years, conditioning—both internal and external—has taught you to suppress emotions, suspect others, live in a stilted manner, create dis-ease, and above all, inhibit yourself. Crafty culprits such as worry, fear, guilt, regret, anger, “unforgiveness,” self-pity, and hurt regularly trap you and trick you into joylessness. The ego delights in your inability to get rid of these negative emotions and plays games that drain you. The mind—like the cell phone you feel incomplete without—beeps, buzzes, vibrates, and sends you messages that tear you away from whatever you happen to be doing. Your concentration and focus are overwhelmed with too much data!

If you’re afflicted by any of these conditions, you’re living in a disempowered manner and are leading an unsatisfying life. In this book, **Rohini Singh** will help you change all that. She explains how to keep the base of your well-being—the energy system—clean and clear, teaching you how to listen to your body and maintain your physical health. You’ll learn how to plug energy leaks, stay away from emotional traps, and recognize the ego’s manipulations . . . and avoid them. You’ll discover the wisdom of “switching off” your mind in order to recharge it, realizing that the only way out is *within*.

Rohini Singh has written eight best-selling cookbooks and two novels for children. She practices a number of alternative healing therapies, including Reiki, reflexology, hypnotherapy, Emotional Freedom Techniques, and ThetaHealing; and conducts regular personal-growth workshops and healing retreats both in India and elsewhere.



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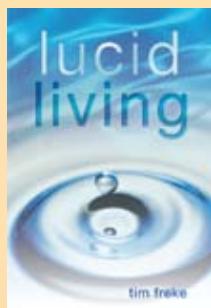
October 2008
USA \$14.95 • CAN \$15.95 • UK £9.99
Tradepaper • 6" x 9" • 978-1-4019-1839-2

Print Run: 20,000

Marketing: Appearance at I Can Do It!® 2008.
National Radio, Print and Internet Advertising.

Rights: English

ALSO AVAILABLE:



Lucid Living
Timothy Freke
USA \$8 • CAN \$9 • UK £5.99
Tradepaper • 4" x 6"
978-1-4019-2040-1

The Gospel of the Second Coming

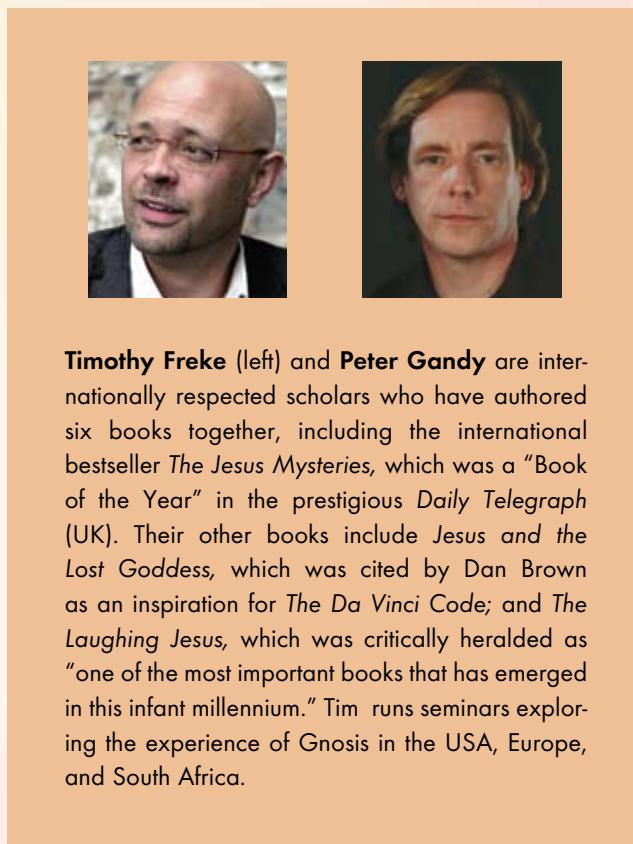
Jesus is back . . . and this time he's funny!

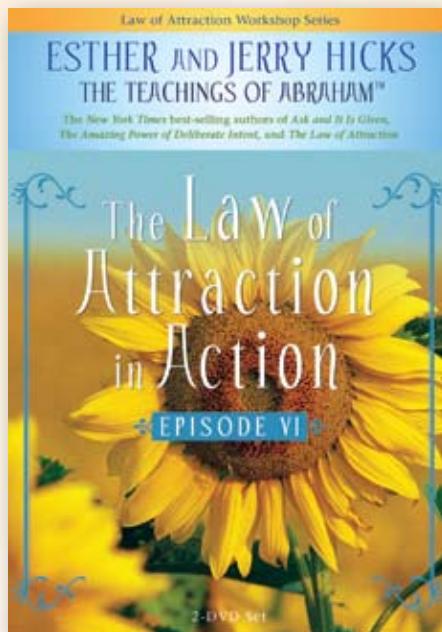
TIMOTHY FREKE AND PETER GANDY

In 2005, a disgruntled archivist at the Vatican Library made contact with revisionist historians **Timothy Freke** and **Peter Gandy**, claiming that the Vatican was secretly housing a number of unpublished "heretical" Gnostic Christian texts. He presented Freke and Gandy with a facsimile copy of an ancient manuscript, which is offered to the public for the first time in this book.

This gospel will shock academics and Christians alike. It makes the extraordinary claim that the long-awaited "Second Coming of Christ" has already happened; and it also explores the intimate relationship between Jesus and Mary Magdalene, his "Beloved Disciple."

And, perhaps most controversial of all, it reveals Jesus as a Gnostic master with a zany sense of humor and an upbeat message. As Mary says in the text: "Death is coming. Life is foreplay."





October 2008
USA \$19.95
2-DVD Set • 978-1-4019-2036-4

Print Run: 30,000

Marketing: National Author Lectures including Appearance at I Can Do It!® 2008. National Print, Radio, and Internet Advertising.

Rights: World Rights

The Law of Attraction in Action, Episode VI

ESTHER AND JERRY HICKS
(The Teachings of Abraham™)

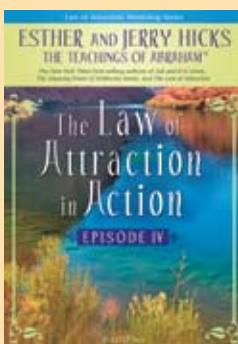
"Nothing holds you in bondage other than your own contradictory thought to what you want. Nothing."

— Abraham

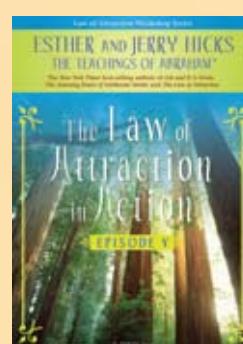
Continuing their new inspirational DVD series, **Esther** and **Jerry Hicks** present the teachings of the Non-Physical entity Abraham, whom Esther calls "infinite intelligence" and Jerry refers to as "the purest form of love I've ever encountered." The Law of Attraction is never more evident than in the pulse of an Abraham-Hicks Art of Allowing Workshop. And this is another one of their best, so sit back, relax, allow, and attract.

See Abraham in action onstage before a live audience as they offer infinite wisdom on a wide range of topics everyone can relate to, including communicating with God, finding one's true career path, learning the true meaning of soul mates, coping with addiction, dealing with your child's autism, making "vibrational adjustments" in your life, and more!

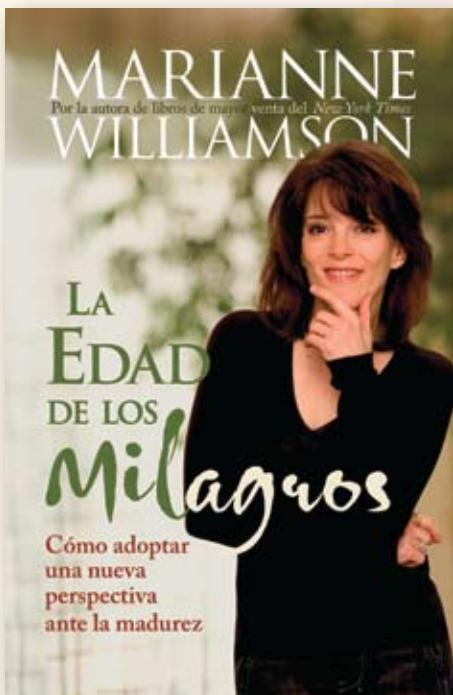
ALSO AVAILABLE:



The Law of Attraction in Action, Episode IV
Esther and Jerry Hicks
USA \$19.95 • CAN \$20.95
2-DVD Set • 978-1-4019-2034-0



The Law of Attraction in Action, Episode V
Esther and Jerry Hicks
USA \$19.95 • CAN \$20.95
2-DVD Set • 978-1-4019-2035-7



November 2008
USA \$14.95 • CAN \$15.95
Tradepaper • 5 3/8" x 8 3/8"
978-1-4019-2272-6

Print Run: 15,000

Marketing: Multi-City Author Tour including I Can Do It!® 2008. National Print, Radio and Internet Advertising.

ALSO AVAILABLE:



The Age of Miracles
Marianne Williamson
USA \$23.95 • CAN \$24.95 • UK £15.99
4-CD Set
978-1-4019-1721-0

The New York Times Bestseller
The Age of Miracles—
Now Available in Spanish!

La Edad de los Milagros
Cómo adoptar una nueva perspectiva ante la madurez
MARIANNE WILLIAMSON

The purpose of this book by best-selling author and lecturer **Marianne Williamson** is to psychologically and spiritually reframe the midlife transition so that it leads to a wonderful sense of joy and awakening.

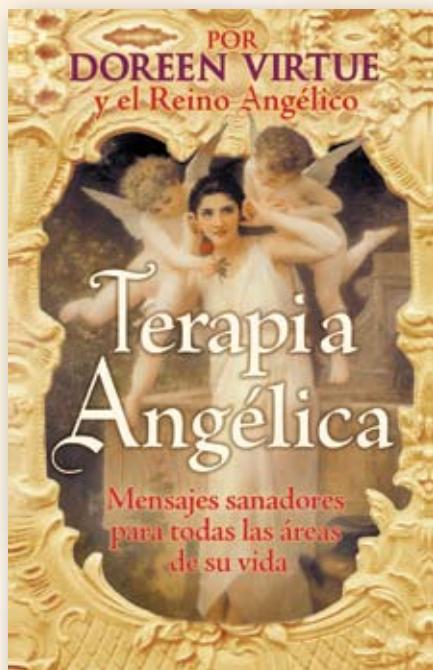
In our ability to rethink our lives lies our greatest power to change them. What we have called "middle age" need not be seen as a turning point toward death. It can be viewed as a magical turning point toward life as we've never known it, if we allow ourselves the power of an independent imagination—thought-forms that don't flow in a perfunctory manner from ancient assumptions merely handed down to us, but rather flower into new archetypal images of a humanity just getting started at 45 or 50.

What we've learned by that time, from both our failures as well as our successes, tends to have humbled us into purity. When we were young, we had energy but we were clueless about what to do with it. Today, we have less energy, perhaps, but we have far more understanding of what each breath of life is for. And now at last, we have a destiny to fulfill—not a destiny of a life that's simply over, but rather a destiny of a life that is finally truly lived.

Marianne Williamson is an internationally acclaimed lecturer and the best-selling author of *A Return to Love*, *The Healing of America*, *A Woman's Worth*, and *Illuminata*, among other works. Williamson has done extensive charitable organizing throughout the country in service to people with life-challenging illnesses and is the founder of The Peace Alliance, a nonprofit grassroots organization supporting the legislative initiative for a U.S. Department of Peace.



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Print Run: 10,000

Marketing: Multi-City Author Tour Including I Can Do It!® 2008. National Print, Radio and Internet Advertising.

Best-selling Angel Therapy—Now Available in Spanish!

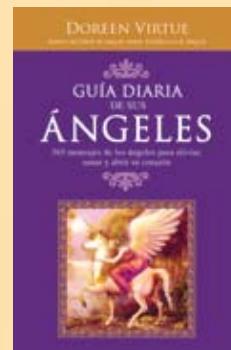
Terapia Angélica

Mensajes sanadores para todas las áreas de su vida

DOREEN VIRTUE Y EL REINO ANGÉLICO

In this enlightening book, **Doreen Virtue** delivers The Angelic Realm's message of comfort and guidance, which can help you with troubling emotions such as depression, boredom, confusion, and anger; and issues associated with careers, relationships, and family.

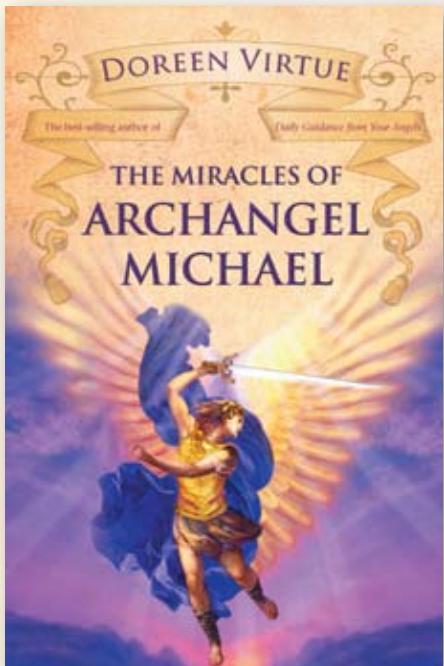
ALSO AVAILABLE:



Guía Diaria de Sus Ángeles

(Daily Guidance from Your Angels)

Doreen Virtue
USA \$14.95 • CAN \$15.95
Tradepaper • 6" x 9"
978-1-4019-1729-6



November 2008
 USA \$19.95 • CAN \$20.95 • UK £12.99
 Hardcover • 5-3/8" x 8-3/8"
 978-1-4019-2205-4

Print Run: 30,000

Marketing: Multi-City Author Tour Including I Can Do It!® 2008. Print, Radio and Internet Advertising. Online Marketing Campaign—Over 2 Million E-Mails.

Rights: World Rights

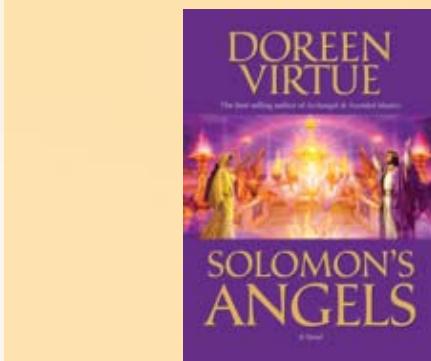
The Miracles of Archangel Michael

DOREEN VIRTUE

Archangel Michael is a powerful protector who helps everyone who calls upon him. In this enlightening work, **Doreen Virtue** teaches the many ways in which Michael brings peace to people everywhere. The book includes fascinating true stories of how Michael has protected people while driving, guided their careers, safeguarded their children . . . and even reveals his little-known talents for repairing mechanical and electronic machines!

You'll learn how to contact Michael; and discover ways to work with him for physical and emotional healing for yourself, your friends and family members, or your clients. The stories in this book will open your heart to the amazingly pure, unconditional love that Michael has for anyone who seeks his help. *The Miracles of Archangel Michael* will help you feel safe, protected, and very loved!

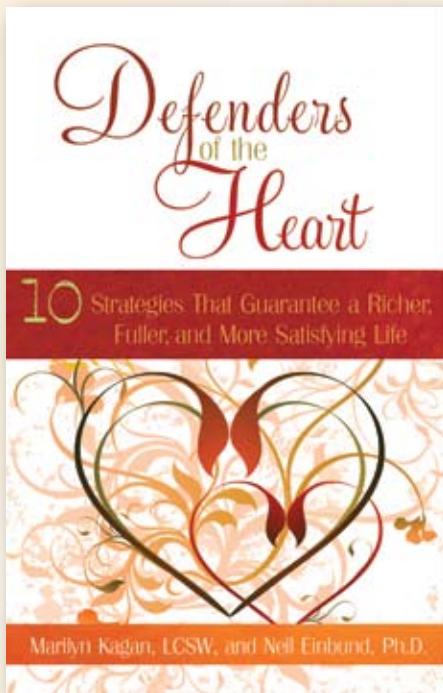
ALSO AVAILABLE:



Solomon's Angels

Doreen Virtue
 USA \$19.95 • CAN \$20.95 • UK £12.99
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 978-1-4019-1786-9

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Tradepaper • 5-3/8" x 8-3/8"
978-1-4019-2037-1

Print Run: 10,000

Marketing: National Radio, Print
and Internet Advertising.

Rights: World Rights

Defenders of the Heart

**10 Strategies That Guarantee a Richer,
Fuller, and More Satisfying Life**

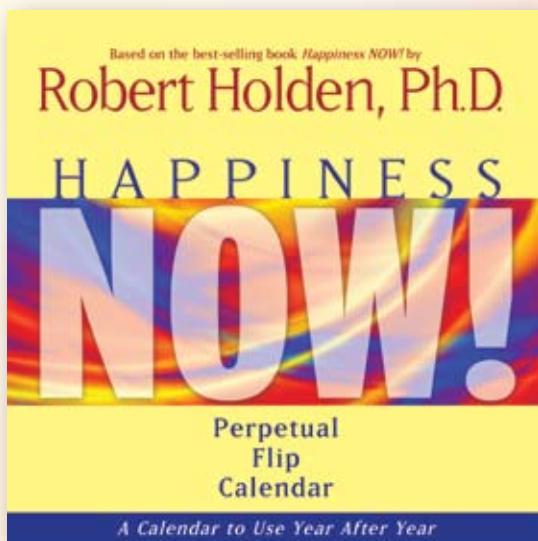
**MARYLYN KAGAN, LCSW,
AND NEIL EINBUND, PH.D.**

In this truly transformative book, **Marilyn Kagan, LCSW**, and **Neil Einbund, Ph.D.**, well-known therapists in the Los Angeles area, help you discover the common defense mechanisms we all use to guard our hearts against being hurt. Over time, these mechanisms, which the authors have coined "defenders of the heart," can become habitual and overly entrenched. In one way or another, they are at the base of nearly all of our bouts with dissatisfaction.

Defenders of the Heart delivers a strong basic understanding of these ten strategies, shows how to recognize which ones are sabotaging your life, and offers a comprehensive tool set to break free of their life-limiting powers. If you want to change your life yet are too guarded to see the very obvious paths that are open before you, this book will guide you toward the glorious, awe-inspiring, and utterly fulfilled existence you're striving for!

Marilyn Kagan, LCSW, has been in private practice for over 25 years. She is respected as one of the media's most sought-after psychological experts. Her popular talk show on Los Angeles radio station KFI aired for seven years, and she hosted the Emmy-nominated *The Marilyn Kagan Show* for three years. Additionally, she's been a frequent commentator on all of the major television networks, including a stint as guest host on E! Channel's *Talk Soup*.

Neil Einbund, Ph.D., is a licensed clinical psychologist and marriage and family therapist who has been in private practice since 1988. His expertise covers a wide range of specialties, including family dynamic/relationships, marriage counseling, addictions, divorce, and grief work. For the last 20 years he's taught in the "Making Marriage Work" program at the American Jewish University, where he works in partnership with Marilyn Kagan.



November 2008
USA \$15.95 • CAN \$16.95 • UK £11.99
Boxed Calendar • 978-1-4019-2313-6

Print Run: 10,000

Marketing: National Radio, Print and Internet Advertising. Appearance at I Can Do It!® 2008.

Rights: English

Robert Holden, Ph.D., is the Director of The Happiness Project and Success Intelligence. His innovative work on happiness and success has been featured on Oprah and in two major BBC-TV documentaries, *The Happiness Formula* and *How to Be Happy*, shown in 16 countries to more than 30 million television viewers. He's the author of ten best-selling books, including *Success Intelligence* and *Shift Happens!*

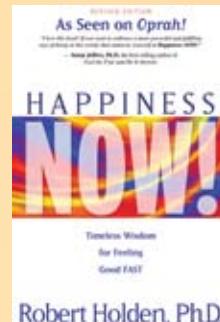


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Happiness Now! Perpetual Flip Calendar A Calendar to Use Year After Year ROBERT HOLDEN, PH.D.

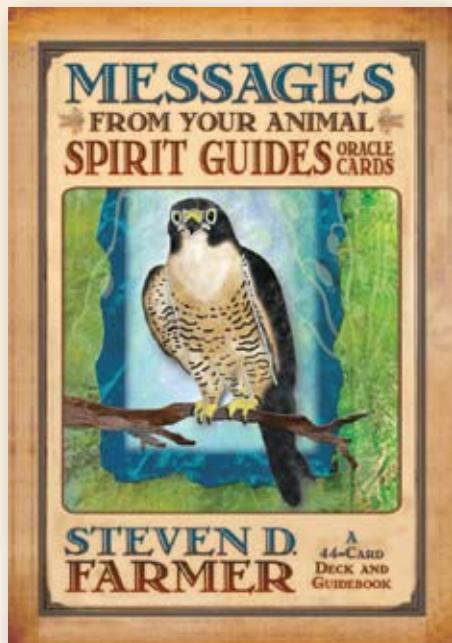
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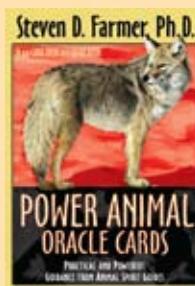
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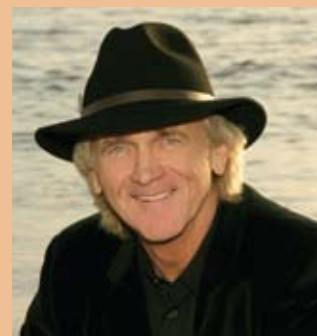
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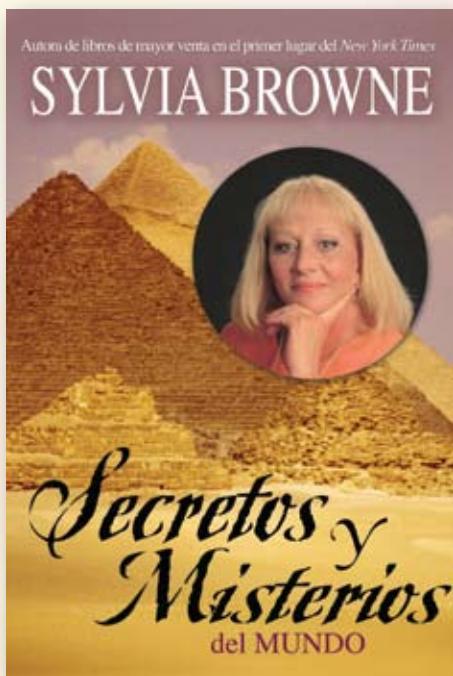
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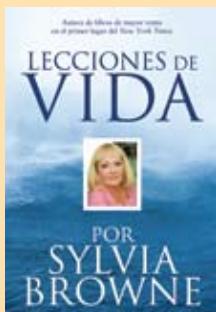


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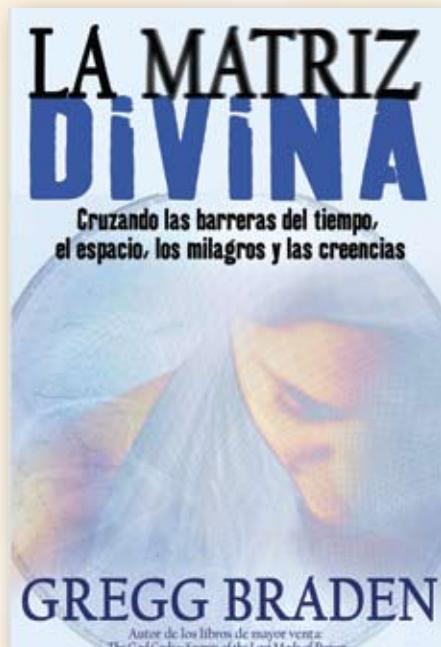
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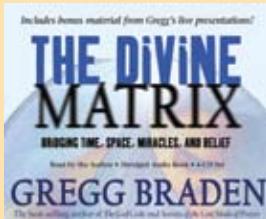


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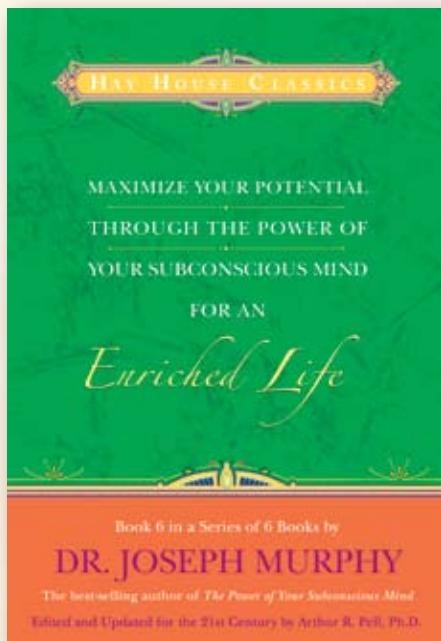
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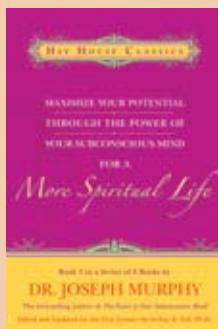
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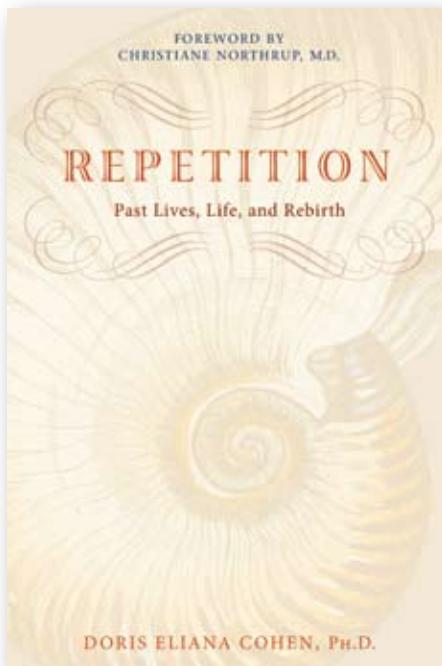
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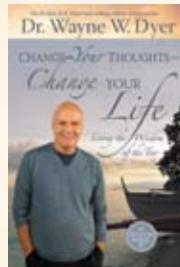
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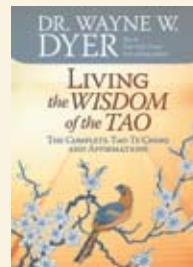
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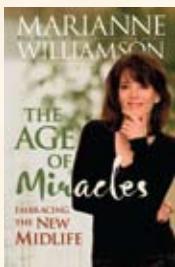
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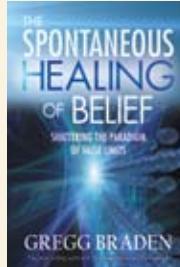
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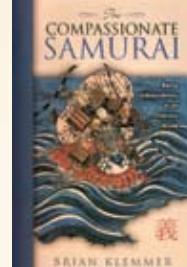
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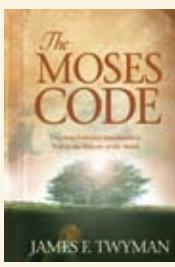
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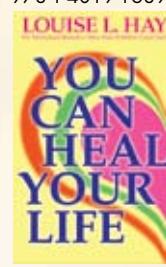
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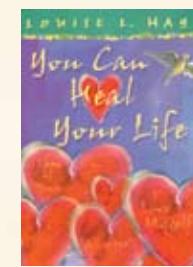
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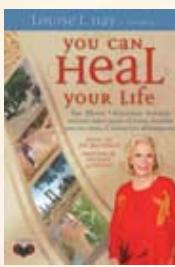
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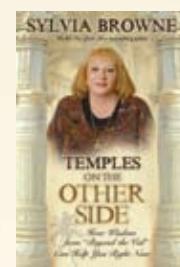
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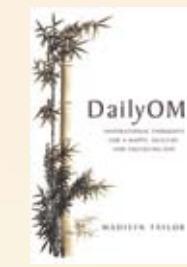
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