

NEW TITLE RELEASES

September 2008–December 2008

# HAY HOUSE

The International Leader

in Inspirational and

Self-Help Publishing



[www.hayhouse.com](http://www.hayhouse.com)®

# Introducing the First-Ever Film on Self-Help Icon and Affirmations Pioneer Louise L. Hay!



*What if you are creating your life story with the very thought you are thinking right now?*

Many people have changed their lives—turning financial ruin into abundant prosperity, transforming troubled relationships into loving bonds, and even healing what experts call untreatable diseases.

These people aren't scholars, scientists, prophets, or millionaires. They're just like you and me—everyday people who face heavy challenges throughout their lives—whether it's our jobs, our families, or our inner selves. How did they do it? They discovered the wisdom of self-help pioneer **Louise L. Hay** and learned how to use the power of a single thought.

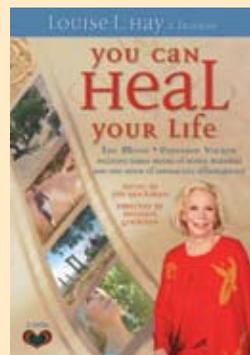
Now it's your turn! Louise Hay—compassionate teacher, renowned author, and much-loved founder of Hay House—will teach you how to create your future in this first-ever film about her extraordinary life and amazing work: ***You Can Heal Your Life—The Movie!***

## FEATURING:

**Cheryl Richardson, Wayne W. Dyer, Gregg Braden, Gay Hendricks, Esther and Jerry Hicks, Leon Nacson, Christiane Northrup, Candace Pert, Mona Lisa Schulz, and Doreen Virtue**

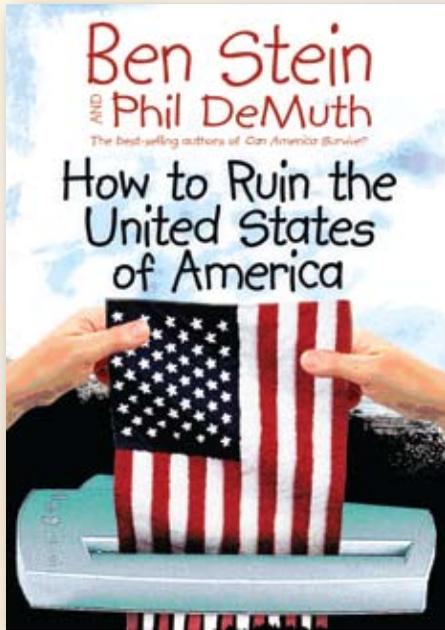
Directed by Emmy Award winner **Michael Goorjian**  
Sound track composed by multiplatinum artist **Jim Brickman**

**See the Movie That Is Changing Lives!**



USA \$29.95 • CAN \$30.95 • UK £12.99  
2-DVD Set • 978-1-4019-2029-6

View the movie trailer at: [www.YouCanHealYourLifeMovie.com](http://www.YouCanHealYourLifeMovie.com).



June 2008  
 USA \$14.95 • CAN \$15.95 • UK £9.99  
 Hardcover • 5" x 7" • 978-1-4019-1869-9

**Print Run:** 30,000

**Marketing:** National TV, Print, Radio and Internet Advertising. Appears weekly in Sunday *New York Times* Business Section.

**Rights:** World Rights

## How to Ruin the United States of America

BEN STEIN AND PHIL DEMUTH



**Ben Stein**, in collaboration with his pal **Phil DeMuth**, has tongue firmly in cheek once again as he comes up with surefire ways to ruin the greatest nation in the history of the human race.

### Try a few of these on for size:

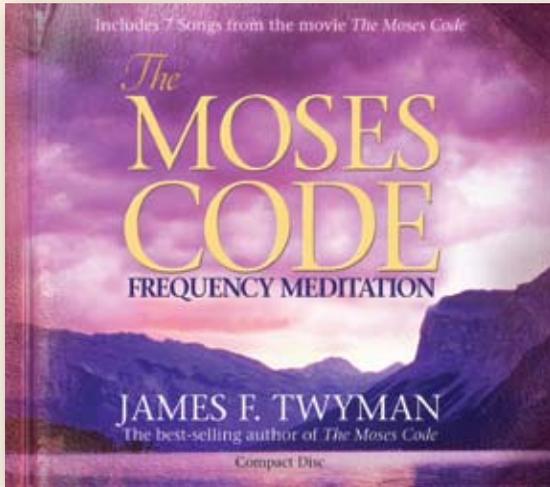
- Trust the United Nations to protect us and our security.
- Make it unlawful to worship God or even to show images of the Ten Commandments.
- Convert our universities into fortresses of anti-Americanism, hatred of freedom, and centers of confusion and ignorance.
- Encourage contempt for the family and for the community.

Ben and Phil give you all the information you'll ever need in order to successfully ruin the USA even further. Sardonic and humorous, but also angrily emphatic, this is a book every old-fashioned patriot really needs to read!

**Ben Stein** (right) can be seen talking about finance on Fox TV news every week and writing about it regularly in *The New York Times* Sunday Business section. He has written about finance for *Barron's* and *The Wall Street Journal* for decades. He was one of the chief busters of the junk-bond frauds of the 1980s, has been a longtime critic of corporate executives' self-dealing, and has co-written nine self-help books about personal finance. He frequently travels the country speaking about finance in both serious and humorous ways, and is a regular contributor to the CBS *News Sunday Morning* and Fox News Network.



**Phil DeMuth** has written for *The Wall Street Journal*, *Barron's*, the *Louis Rukeyser Newsletter*, the *Journal of Financial Planning*, and **forbes.com**, as well as *Human Behavior* and *Psychology Today*. His opinions have been quoted in **theStreet.com**, *Yahoo! Finance*, *On Wall Street*, and *Fortune* magazine and he has been profiled in *Research* magazine and seen on *Forbes on Fox* and *Wall Street Week*. He is managing director of Conservative Wealth Management LLC in Los Angeles, a registered investment advisor to high-net-worth individuals, institutions, and foundations.



June 2008  
 USA \$15 • CAN \$16 • UK £8.99  
 CD • 978-1-4019-2314-3

**Print Run:** 10,000

**Marketing:** National Radio, Print and Internet Advertising. Appearance at I Can Do It!® 2008.

**Rights:** World Rights

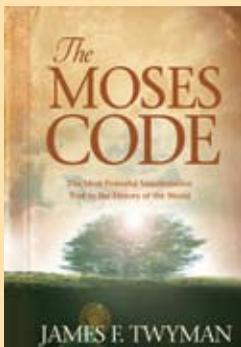
## The Moses Code Frequency Meditation

JAMES F. TWYMAN

In the Appendix to the book *The Moses Code*, author and sound-healing pioneer **Jonathan Goldman** shares an amazing discovery he made while working with **James Twyman**. Now, for the first time, an ancient form of Kabbalistic numerology called *Gemantria* is being combined with the name of God that was given to Moses at the burning bush: I AM THAT I AM. These are frequencies that have never been made public before, and they unlock the power of the Moses Code in profound ways.

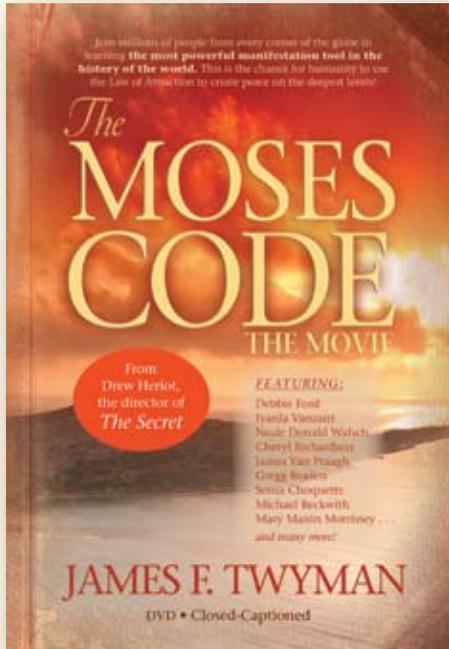
The basis of this recording are the tuning forks Jonathan designed that correspond to the Gemantria of the Holy Name. (The tuning forks are available through [www.themosescode.com](http://www.themosescode.com).) Two 20-minute versions of the meditation are being offered on this CD. The first is for deep meditation, and the second (with guitar accompaniment) is for a more active meditation. Also on this CD are seven James Twyman songs that were featured in *The Moses Code* movie, including "The One," which was written for the author's wife, Linda.

## ALSO AVAILABLE:



### The Moses Code

James Twyman  
 USA \$17.95 • CAN \$18.95 • UK £12.99  
 Hardcover • 978-1-4019-1788-3



April 2008  
 USA \$19.95 • CAN \$20.95 • UK £14.99  
 DVD • 978-1-4019-2243-6

**Print Run:** 15,000

**Marketing:** Appearance at I Can Do It!® 2008.  
 National Radio, Print and Internet Advertising.  
 Online Marketing Campaign—Over 3 Million  
 E-mails.

**Rights:** English

## The Moses Code, The Movie

### JAMES F. TWYMAN

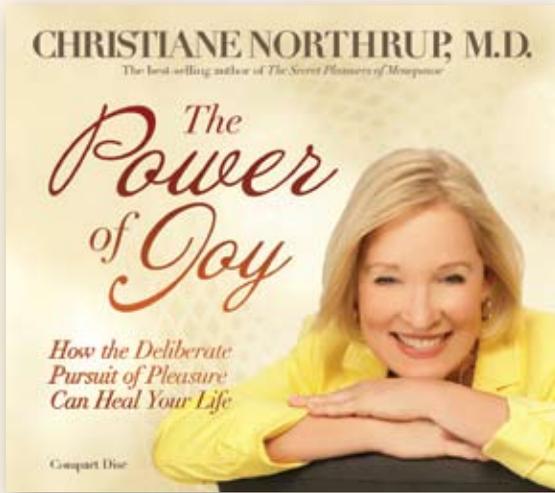
Thirty-five hundred years ago, God gave Moses a gift that changed the future of humanity. Some of the most incredible miracles in history came from applying a simple code, activating the power of the creative force of God in the world. This ancient technology has largely been lost or ignored since then, only to be revealed once again through this movie (as well as **James Twyman's** book of the same name). This code, if finally applied by humanity, has the power to transform the planet, as well as add the richest blessings to all of us.

Some of the best-known spiritual teachers in the world join James in this film, and offer tools that show us how we can apply the Moses Code to our lives. This is the foundation upon which the Law of Attraction is built. The film focuses on the power of "Soul Manifestation," drawing upon our own innate spiritual ability to produce miracles everywhere we go. Many other films and books have focused on using the Law of Attraction to "get" the things we believe we need—for example, houses, cars, or other goods. *The Moses Code* takes the next much more important step—showing how to use this law to "give" from the soul, automatically attracting spiritual blessings to us!



**James F. Twyman** is an internationally renowned "Peace Troubadour" and the best-selling author of ten books, including *Emissary of Light* and *The Moses Code*. He's also the executive producer and co-writer of the feature film *Indigo*, and the director of *Indigo Evolution*.

To order, call 800-654-5126, fax 800-650-5115,  
 or visit: [www.hayhouse.com](http://www.hayhouse.com)®



September 2008  
 USA \$15 • CAN \$16 • UK £8.99  
 CD • 978-1-4019-2308-2

**Print Run:** 20,000

**Marketing:** National Radio, Print and Internet Advertising. Multi-City Author Tour including I Can Do It!® 2008.

**Rights:** World Rights

## The Power of Joy

### How the Deliberate Pursuit of Pleasure Can Heal Your Life

CHRISTIANE NORTHRUP, M.D.

*"When you move toward that which is most fulfilling and life-enhancing—with joy and pleasure—healing follows."*

— Christiane Northrup, M.D.

Life is meant to be joyous! You are a pleasure-seeking creature by nature. Joy makes you younger, smarter, more intuitive, and healthier . . . with better hormonal balance and immune-system functioning. Joy even positively affects your metabolism.

On this CD program, you'll find a ten-step prescription for bringing joy into your life every day. Overcome habitual patterns of negative thinking, guilt, and pain; and use intention to evoke the power of joy right now!

## ALSO AVAILABLE:



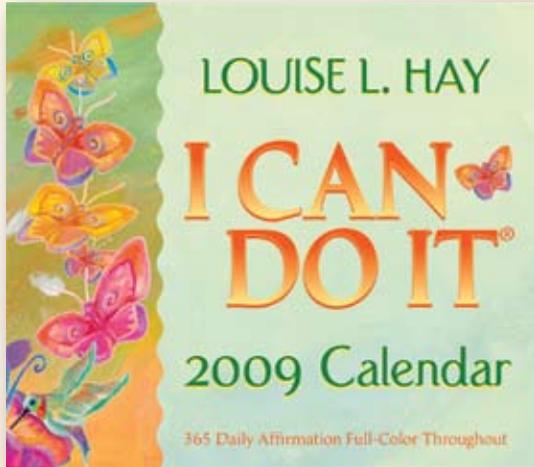
October 2008  
**The Secret Pleasures of Menopause**  
 Christiane Northrup, M.D.  
 USA \$19.95 • CAN \$20.95 • UK £14.99  
 3-CD Set • 978-1-4019-2238-2

### Christiane Northrup, M.D.,

a board-certified ob-gyn, is a visionary pioneer; beloved authority in women's health and wellness; and the author of the *New York Times* best-sellers *Women's Bodies*, *Women's Wisdom* and *The Wisdom of Menopause*. Her third book, *Mother-Daughter Wisdom*, was voted Amazon's number one book of the year in both Parenting and Mind/Body Health in 2005. Following a 25-year career in both academic medicine and private practice, Dr. Northrup now devotes her time to helping women create vibrant health through tapping into their inner wisdom.



Website: [www.DrNorthrup.com](http://www.DrNorthrup.com)



September 2008

USA \$13.95 • CAN \$14.95 • UK £8.99

Boxed Calendar • 978-1-4019-0750-1

**Print Run:** 25,000

**Marketing:** Appearance at I Can Do It!® 2008.  
National Radio, Print and Internet Advertising.

**Rights:** World Rights



**Louise L. Hay** is a metaphysical lecturer and teacher and the best-selling author of *You Can Heal Your Life*, numerous other books, and the bimonthly *Louise Hay Newsletter*. For more than 25 years, she has assisted millions of people in discovering and using the full potential of their own creative powers for personal growth and self-healing.

Websites: [www.LouiseHay.com](http://www.LouiseHay.com)® and  
[www.YouCanHealYourLifeMovie.com](http://www.YouCanHealYourLifeMovie.com)

## I Can Do It!® 2009 Calendar

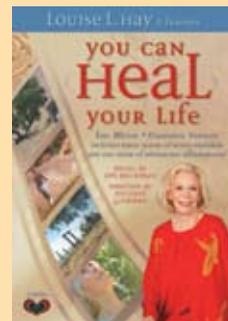
### 365 Daily Affirmations

LOUISE L. HAY

**Louise L. Hay's** *I CAN DO IT* Calendar for 2009 will help you remember to think positively each day of the year. The life-enhancing thoughts that are on every page will empower you in all areas of your life, lift your spirits, and remind you that you can do it . . . no matter what it is!

Beautifully designed, this calendar is the ideal gift for friends, family members—and especially you!

## ALSO AVAILABLE:



### **You Can Heal Your Life, The Movie**

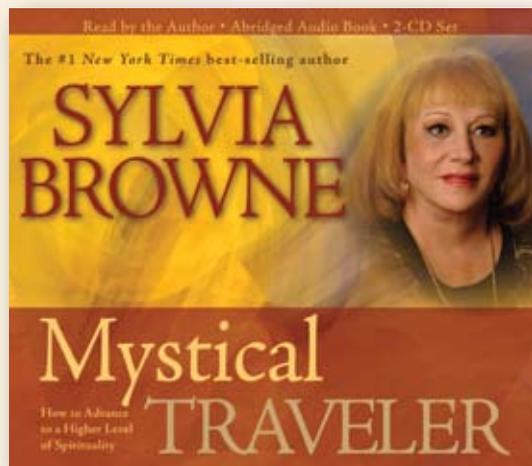
Starring Louise L. Hay

Music by Jim Brickman

USA \$29.95 • CAN \$30.95 • UK £12.99

2-DVD Set • 978-1-4019-2029-6

To order, call 800-654-5126, fax 800-650-5115,  
or visit: [www.hayhouse.com](http://www.hayhouse.com)®



September 2008

USA \$18.95 • CAN \$19.95 • UK £14.99

2-CD Set • 978-1-4019-1863-7

**Print Run:** 20,000

**Marketing:** 40-City Lecture Tour, Including I Can Do It!® 2008 and Canada. National Radio, Print and Internet Advertising.

**Rights:** World Rights

## Mystical Traveler

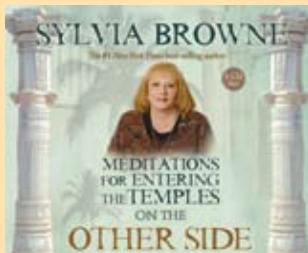
How to Advance to a Higher Level of Spirituality

SYLVIA BROWNE

On this abridged audio book, **Sylvia Browne** takes us on another incredible journey . . . this time presenting information about the mystical traveler. She explains the difference between mystical travelers and mission-life entities; and goes into great detail about who they are and what they do, as well as how we can become advanced souls, too!

Combining factual research garnered in her trance mediumship with new insights from her spirit guide Francine, Sylvia communicates the necessary steps to advance to a higher level of spirituality using tools such as the Eight Golden Keys of Knowledge and the Seven Rays of God. She then takes us a step further and guides us through the process of becoming mystical travelers.

## ALSO AVAILABLE:



**Meditations for Entering the Temples on the Other Side**

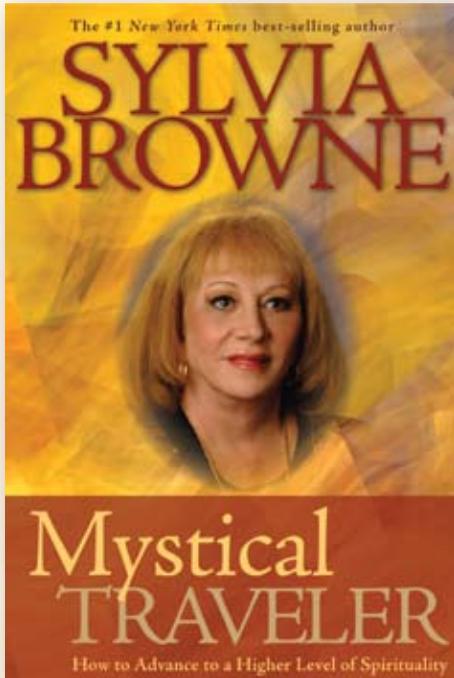
Sylvia Browne

USA \$19.95 • CAN \$20.95 • UK £14.99

3-CD Set

978-1-4019-1749-4

To order, call 800-654-5126, fax 800-650-5115,  
or visit: [www.hayhouse.com](http://www.hayhouse.com)®



September 2008

USA \$24.95 • CAN \$25.95 • UK £13.99

Hardcover • 6" x 9" • 978-1-4019-1861-3

**Print Run:** 125,000

**Marketing:** 40-City Lecture Tour, Including I Can Do It!<sup>®</sup> 2008 and Canada. National Radio, Print and Internet Advertising. Online Marketing Campaign—Over 4 Million E-mails.

**Rights:** World Rights

## ALSO AVAILABLE:



### Temples on the Other Side

Sylvia Browne

USA \$25.95 • CAN \$26.95 • UK £15.99

Hardcover • 6" x 9"

978-1-4019-1745-6

## Mystical Traveler

How to Advance to a Higher Level of Spirituality

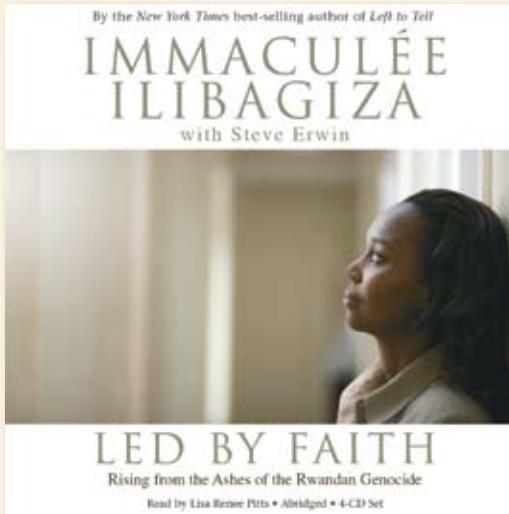
SYLVIA BROWNE

**Sylvia Browne** takes us on another incredible journey . . . this time presenting information about the mystical traveler. She explains the difference between mystical travelers and mission-life entities; and goes into great detail about who they are and what they do, as well as how we can become advanced souls, too!

Combining factual research garnered in her trance mediumship with new insights from her spirit guide Francine, Sylvia illustrates the necessary steps to advance to a higher level of spirituality using tools such as the Eight Golden Keys of Knowledge and the Seven Rays of God. She then takes us a step further and guides us through the process of becoming mystical travelers.

**Sylvia Browne** is the #1 *New York Times* best-selling author and world-famous psychic medium who appears regularly on *The Montel Williams Show* and *Larry King Live*, as well as making countless other media and public appearances. With her down-to-earth personality and great sense of humor, Sylvia thrills audiences on her lecture tours and still has time to write numerous immensely popular books. She has a master's degree in English literature and plans to write as long as she can hold a pen.





September 2008

USA \$23.95 • CAN \$24.95 • UK £15.99

4-CD Set • 978-1-4019-1889-7

**Print Run:** 20,000

**Marketing:** National Radio,  
Print and Internet Advertising.

**Rights:** World Rights

## Led by Faith

### Rising from the Ashes of the Rwandan Genocide

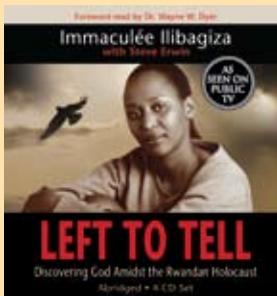
**IMMACULÉE ILIBAGIZA  
WITH STEVE ERWIN**

For three months in the spring of 1994, the African nation of Rwanda descended into one of the most vicious and bloody genocides the world has ever seen. **Immaculée Ilibagiza**, a young university student, miraculously survived the savage killing spree that left most of her family and friends, and a million of her fellow citizens, dead. Her astonishing story of survival was documented in her first book and CD set, *Left to Tell: Discovering God Amidst the Rwandan Holocaust*.

On this abridged edition of *Led by Faith*, Immaculée takes us with her as her remarkable journey continues. Through her simple and eloquent voice, we experience her hardships and heartache as she fights to survive and find meaning and purpose in the aftermath of the genocide. She struggles along with her country to heal from the wounds of war and to keep hope, love, and forgiveness alive, then eventually emigrates to America to begin a new chapter of her life—a stranger in a strange land.

It is in the United States, her adopted country, where she can finally look back at all that has happened to her and truly understand why God spared her . . . so that she would be left to tell her story to the world.

## ALSO AVAILABLE:



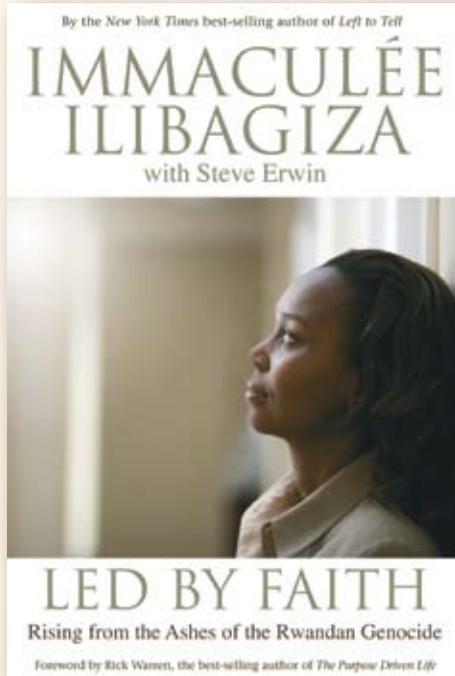
### Left to Tell

Immaculée Ilibagiza with Steve Erwin

USA \$23.95 • CAN \$24.95 • UK £15.99

4-CD Set • 978-1-4019-1889-7

To order, call 800-654-5126, fax 800-650-5115,  
or visit: [www.hayhouse.com](http://www.hayhouse.com)<sup>®</sup>



September 2008  
 USA \$24.95 • CAN \$25.95  
 Hardcover • 6" x 9" • 978-1-4019-1887-3

**Print Run:** 100,000

**Marketing:** National Radio, Print and Internet Advertising. Online Marketing Campaign—Over 4 Million E-mails.

**Rights:** World Rights

## ALSO AVAILABLE:



**Left to Tell**  
 Immaculée Ilibagiza with Steve Erwin  
 USA \$14.95 • CAN \$15.95 • UK £9.99  
 Tradepaper • 6" x 9"  
 1-4019-0897-7

## Led by Faith

### Rising from the Ashes of the Rwandan Genocide

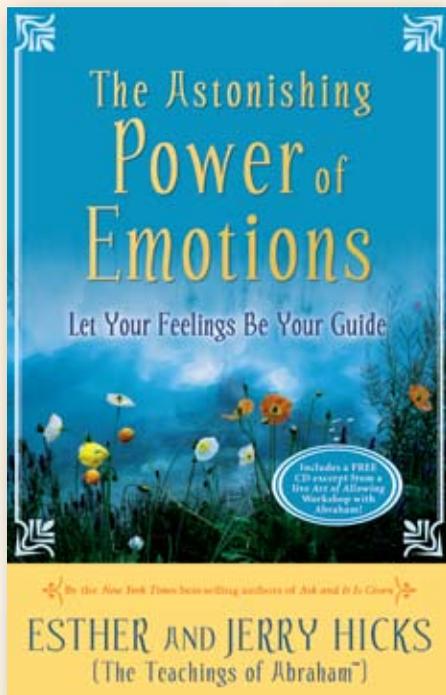
#### IMMACULÉE ILIBAGIZA WITH STEVE ERWIN

In *Led by Faith*, **Immaculée Ilibagiza** takes us with her as her remarkable journey continues from her first book *Left to Tell*. Through her simple and eloquent voice, we experience her hardships and heartache as she fights to survive and find meaning and purpose in the aftermath of the genocide. It is the story of a naïve and vulnerable young woman, orphaned and alone, navigating a bleak and dangerously hostile world with only an abiding faith in God to guide and protect her. Immaculée fends off sinister new predators, seeks out and comforts scores of children orphaned by the genocide, and searches for love and companionship in a land where hatred still flourishes. She struggles along with her country to heal from the wounds of war and to keep hope, love, and forgiveness alive, then eventually emigrates to America to begin a new chapter of her life—a stranger in a strange land.

**Immaculée Ilibagiza** was born in Rwanda and studied electronic and mechanical engineering at the National University. She lost most of her family during the 1994 genocide. Four years later, she emigrated to the United States and began working at the United Nations in New York City. In 2007 she established the Left to Tell Charitable Fund, which helps support Rwandan orphans.

**Steve Erwin** is a writer and award-winning journalist working in the print and broadcast media. Most recently, he was a foreign correspondent for the Canadian Broadcasting Corporation. He lives in Manhattan with his wife, journalist Natasha Stoyloff.





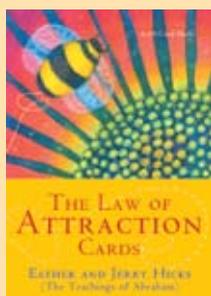
September 2008  
 USA \$16.95 • CAN \$17.95 • UK £9.99  
 Tradepaper • 6" x 9" • 978-1-4019-1246-8

**Print Run:** 100,000

**Marketing:** National Author Lectures including Appearance at I Can Do It!<sup>®</sup> 2008. National Print, Radio, and Internet Advertising.

**Rights:** World Rights

**ALSO AVAILABLE:**



**The Law of Attraction Cards**  
 Esther and Jerry Hicks  
 USA \$15.95 • CAN \$16.95 • UK £11.99  
 60-Card Deck • 978-1-4019-1872-9

**The Astonishing Power of Emotions**

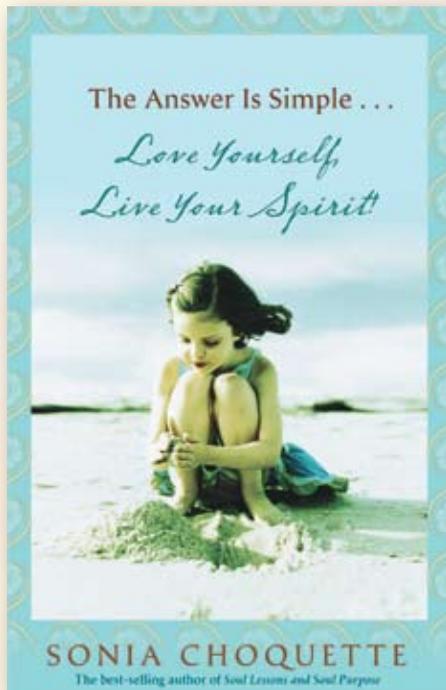
**ESTHER AND JERRY HICKS**  
 (The Teachings of Abraham<sup>®</sup>)

This Leading Edge book by **Esther** and **Jerry Hicks**, who present the teachings of the Non-Physical consciousness **Abraham**, will help you understand the emotions that you've been experiencing all of your life. Instead of the out-of-control, knee-jerk reactions that most people have to their ever-changing life experience, you will learn to put those responses into a broader context. You'll come to understand what emotions are, what each of them means, and how to effectively utilize your new awareness of them.

As you read, you'll start to appreciate, and make peace with, where you are right now, even though there is so much more that you may desire. Every thought you absorb will bring you to a greater understanding of your own personal value and will show you how to open your own doors to whatever you may wish to be, do, or have. And as you turn the last page of this book, you will very likely find yourself thinking, *I have always known this, but now, I know this!*



New York Times best-selling authors **Esther** and **Jerry Hicks** produce the Leading Edge Abraham-Hicks teachings on the art of allowing our natural Well-Being to come forth. *Law of Attraction* workshops held in up to 60 cities per year inspire a regular flow of Abraham books, CDs, and DVDs.



September 2008  
 USA \$19.95 • CAN \$20.95  
 Hardcover • 5-3/8" x 8-3/8"  
 978-1-4019-1736-4

**Print Run:** 20,000

**Marketing:** National Author Lecture Tour Including I Can Do It!® 2008. National Radio, Print and Internet Advertising. Online Marketing Campaign—Over 4 Million E-mails.

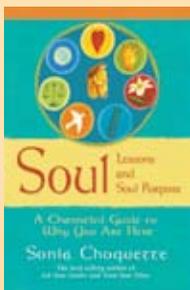
**Rights:** World Rights

## The Answer is Simple . . . Love Yourself, Live Your Spirit! SONIA CHOQUETTE

The ten simple yet necessary steps outlined in this book will allow you to make that connection to your authentic Spirit and experience your truth. As **Sonia Choquette** says, "These aren't just metaphysical theories, but are grounded practices that will lead you directly back to you: the best, holiest, and delighted you, free of fear and filled with light." The most exciting part is that learning to love yourself and live your Spirit is actually quite simple when you realize the truth revealed herein: that you are *not* the ego, but rather are Divine, Holy Spirit. Once you do, everything will come alive in light and joy.

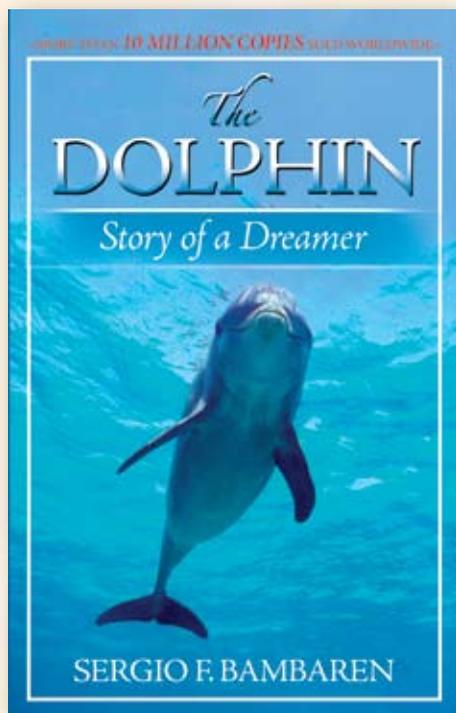


### ALSO AVAILABLE:



**Soul Lessons and Soul Purpose**  
 Sonia Choquette  
 USA \$14.95 • CAN \$15.95 • UK £9.99  
 Tradepaper • 6" x 9"  
 978-1-4019-0789-1

**Sonia Choquette** is a world-renowned author, storyteller, vibrational healer, and six-sensory spiritual teacher in international demand for her guidance, wisdom, and capacity to heal the soul. She's the author of several best-selling books, including *Diary of a Psychic*, *Ask Your Guides*, and *Trust Your Vibes*; and numerous audio programs and card decks. Sonia was educated at the University of Denver and the Sorbonne in Paris, and holds a Ph.D. in metaphysics from the American Institute of Holistic Theology. She resides with her family in Chicago.



September 2008  
 USA \$8.95 • CAN \$9.95 • UK £6.99  
 Tradepaper • 5" x 7" • 978-1-4019-1896-5

**Print Run:** 10,000

**Marketing:** National Radio,  
 Print and Internet Advertising.

**Rights:** English

## The Dolphin

### Story of a Dreamer

**SERGIO F. BAMBAREN**

In the journey through life, it is the will of the heart that decides our destiny, for to achieve our goals, we must not only act, but also dream . . . not only plan, but also believe.

*The Dolphin* is a story of courage, of struggle against our own fears, our own limits. It reminds us that there is more to life than meets the eye . . . things we can only discover if we follow our own rules. It is a story of hope that unveils the magic of this world, the magic we too often seem to forget.

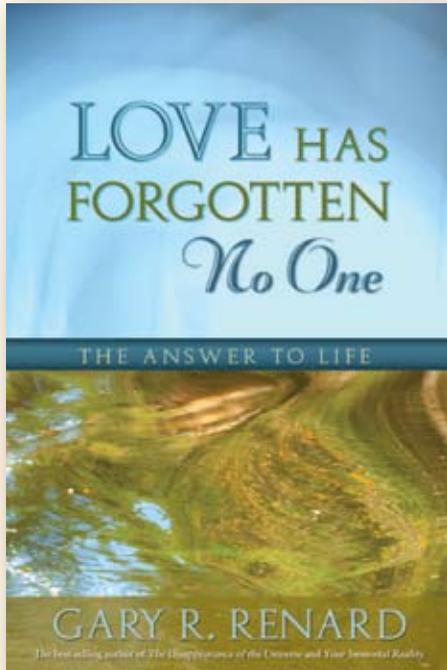
So follow your dreams, listen to the voice within you, and let Daniel Dolphin take you on the most magical journey of all—the quest to fulfill your own destiny.

**A magical story for young and old alike!**

**Sergio Bambaren** is an Australian citizen who was born in Lima, Peru. After receiving a degree in chemical engineering at Texas A&M University, he left a lucrative job in Sydney to follow his dreams. His love for the ocean inspired him to become a writer, and he has published 11 best-selling books. Sergio currently lives in Peru, surrounded by the dolphins and surfing he loves so much. He became a philanthropist several years ago, and works to protect the ocean and its creatures.



To order, call 800-654-5126, fax 800-650-5115,  
 or visit: [www.hayhouse.com](http://www.hayhouse.com)<sup>®</sup>



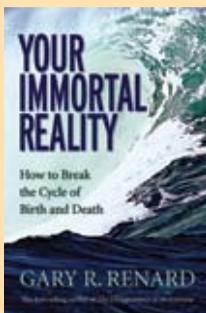
September 2008  
 USA \$24.95 • CAN \$25.95  
 Hardcover • 6" x 9" • 978-1-4019-1723-4

**Print Run:** 50,000

**Marketing:** Appearance at I Can Do It!® 2008.  
 National Radio, Print and Internet Advertising.  
 Online Marketing Campaign—Over 4 Million  
 E-mails.

**Rights:** World Rights

## ALSO AVAILABLE:



**Your Immortal Reality**  
 Gary R. Renard  
 USA \$14.95 • CAN \$17.95 • UK £9.99  
 Tradepaper • 6" x 9"  
 1-4019-0698-2

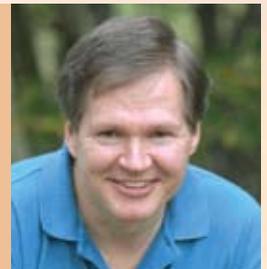
## Love Has Forgotten No One The Answer to Life

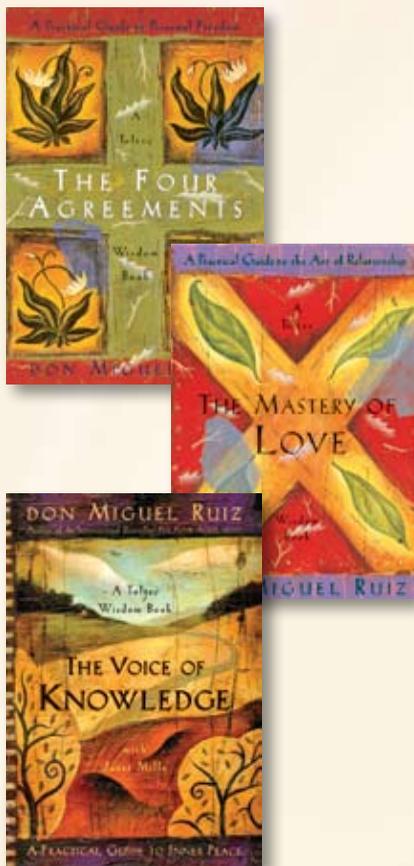
**GARY R. RENARD**

In this fascinating book, **Gary R. Renard** and his Ascended Master teachers, Arten and Pursah, guide you through a way of dissolving the illusions of time and space and returning to Reality, which is Perfect Love. This is not love in the way the world commonly thinks of it. It's an all-encompassing kind of love that is perfect spirit: innocent, unflawed, immortal, invulnerable, and forever fearless.

Real love, which is Divine in nature, must be experienced, for it is beyond words. Yet words and practice are needed to help lead you to that experience. The knowledge of what it's like to be one with your Source is the awesome mystical experience that's been described by Masters throughout the ages. It's the greatest sense of awareness anyone can have while still appearing to be in this world. This book will teach you exactly how to get to that experience, which upon the end of your physical existence will become your permanent reality. You will find that, indeed, love has forgotten no one.

In the early 1990s, **Gary R. Renard** underwent a powerful spiritual awakening. As instructed, he slowly and carefully wrote his first book, *The Disappearance of the Universe*, over a period of nine years. Gary has been described as one of the most interesting and courageous spiritual speakers in the world. In 2004 and 2005, he spoke in 35 states, Canada, Australia, England, and Costa Rica; and was the keynote speaker at the International A Course in Miracles Conference in Salt Lake City.

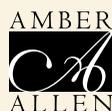




Distributed by Hay House

## The Four Agreements Toltec Wisdom Collection

DON MIGUEL RUIZ



This three-book set by best-selling author **DON Miguel Ruiz** offers his most widely acclaimed works:

### THE FOUR AGREEMENTS:

#### A Practical Guide to Personal Freedom

Based on ancient Toltec wisdom, this book offers a powerful code of conduct that can rapidly transform our lives to a new experience of freedom, true happiness, and love.

### THE MASTERY OF LOVE:

#### A Practical Guide to the Art of Relationship

Using insightful stories to bring his message to life, DON Miguel shows us how to heal our emotional wounds, recover the freedom and joy that are our birthright, and restore the spirit of playfulness that is vital to loving relationships.

### THE VOICE OF KNOWLEDGE:

#### A Practical Guide to Inner Peace

In *The Voice of Knowledge*, DON Miguel reminds us of a profound and simple truth: The only way to end our emotional suffering and restore our joy in living is to stop believing in lies—mainly about ourselves. Based on ancient Toltec wisdom, this breakthrough work shows us how to recover our faith in the truth and return to our own common sense.

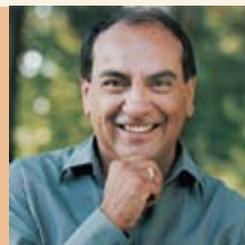
September 2008  
USA \$29.95 • 3-Book Boxed Set  
978-1-878424-58-7

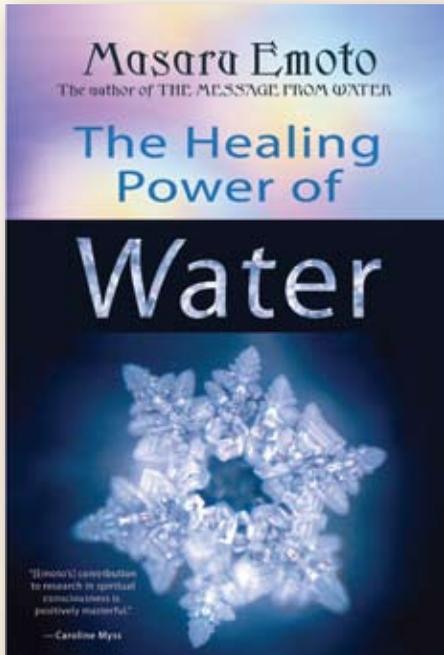
**Print Run:** 30,000

**Marketing:** National Radio,  
Print and Internet Advertising.

**Rights:** English, Contact: Amber Allen

Born into a family of healers, **DON Miguel Ruiz** first learned about the Toltec tradition from his *curandera* (healer) mother and his *nagual* (shaman) grandfather. In the tradition of the Toltec, a *nagual* guides an individual to personal freedom, and DON Miguel has dedicated his life to this purpose. His teachings transform complex human issues into simple common sense—a talent that has earned him millions of fans, international acclaim, and a vote of approval from Oprah Winfrey. Sales of his books have soared to more than six million copies in the United States alone, and have been translated into more than 34 languages worldwide.





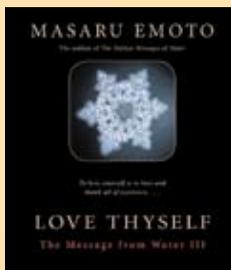
September 2008  
 USA \$14.95 • CAN \$15.95 • UK £9.99  
 Tradepaper • 6" x 9" • 978-1-4019-0877-5

**Print Run:** 10,000

**Marketing:** National Radio,  
 Print and Internet Advertising.

**Rights:** World Rights

## ALSO AVAILABLE:



**Love Thyself**  
 Masaru Emoto  
 USA \$17.95 • CAN \$23.95 • UK £9.99  
 Tradepaper • 8-1/2" x 10"  
 1-4019-0899-3

## The Healing Power of Water MASARU EMOTO

**Masaru Emoto** became interested in the life energy in water and began to investigate the crystallization patterns within it from pure and polluted sources. He discovered that the patterns are influenced by negative and positive words and thoughts.

This extraordinary cutting-edge book looks at the power of water from the perspective of science, healing, and mysticism. It includes contributions from leading scientists such as William A. Tiller, who was featured in the film *What the Bleep Do We Know!?*; and from spiritual teachers such as Doreen Virtue, Starhawk, William Bloom, and Sig Lonegren.

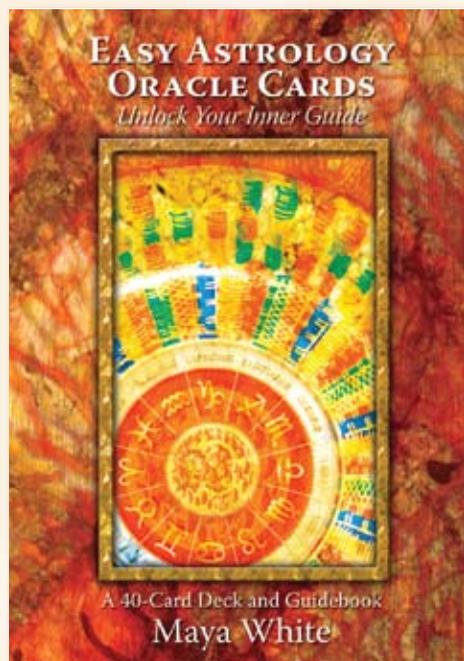
**Masaru Emoto** was born in Yokohama, Japan, in July 1943. He is a graduate of Yokohama Municipal University's Department of Humanities and Sciences with a focus on international relations.



In 1986, he established the IHM Corporation in Tokyo. In October of 1992, he received certification from the Open International University as a doctor of alternative medicine. Subsequently, he was introduced to the concept of micro-cluster water in the U.S. and Magnetic Resonance Analysis technology. The quest thus began to discover the mystery of water.

He studied water throughout the planet, not so much as a scientific researcher, but more from the perspective of an original thinker. He realized that it was in the frozen crystal form that water showed its true nature. He continues with this experimentation and has written a variety of well-received books in Japanese as well as the seminal *The Message from Water* (Volumes I, II, and III), published bilingually. He also wrote *The Hidden Messages in Water* and *The True Power of Water*.

To order, call 800-654-5126, fax 800-650-5115,  
 or visit: [www.hayhouse.com](http://www.hayhouse.com)®



## Easy Astrology Oracle Cards Unlock Your Inner Guide

MAYA WHITE

This 40-card deck (with accompanying guidebook) can help you fulfill your desire to truly understand astrology. The cards make learning quick and easy through interaction with symbols and colors, combined with key words. Now, something that was once complicated will become fun!

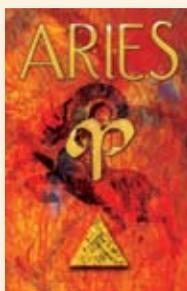
With the *Easy Astrology Oracle Cards*, you'll finally learn the basics of astrology and will even be able to give readings to others. The images and words incorporated into each card make memorization a thing of the past, and you'll be amazed by how much knowledge you absorb by using the cards and guidebook together. You'll now have the keys at hand . . . to unlock your inner guide!

September 2008  
USA \$15.95 • CAN \$16.95 • UK £11.99  
40-Card Deck and Guidebook  
978-1-4019-2193-4

**Print Run:** 20,000

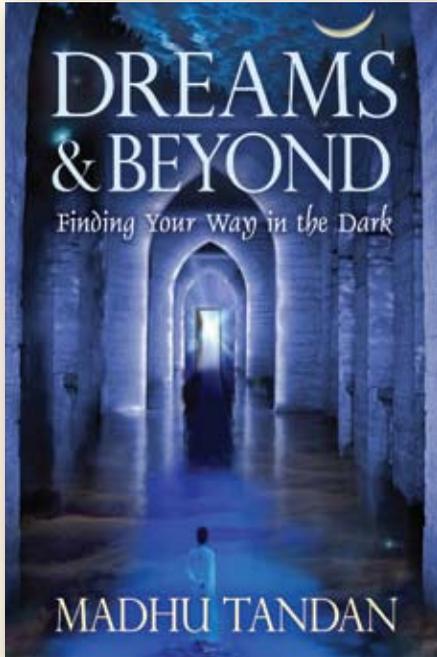
**Marketing:** National Print, Radio, and Internet Advertising.

**Rights:** World Rights



**Maya White** is an internationally recognized astrologer and intuitive guide. Her monthly astrological forecasts and educational articles are noted for a skillful combination of accuracy and wisdom; and have been featured in the U.S. as well as in Europe, Thailand, and India. Maya is one of only 88 people in the world certified in Astro\*Carto\*Graphy, a branch of astrology that guides people to find their perfect place on Earth for positive growth. Maya regularly conducts workshops to help people further their knowledge and develop intuitive skills related to astrology.





September 2008  
 USA \$15.95 • CAN \$16.95 • UK £9.99  
 Tradepaper • 6" x 9" • 978-1-4019-2014-2

**Print Run:** 15,000

**Marketing:** National Radio,  
 Print and Internet Advertising.

**Rights:** World Rights

## Dreams & Beyond

### Finding Your Way in the Dark

MADHU TANDAN

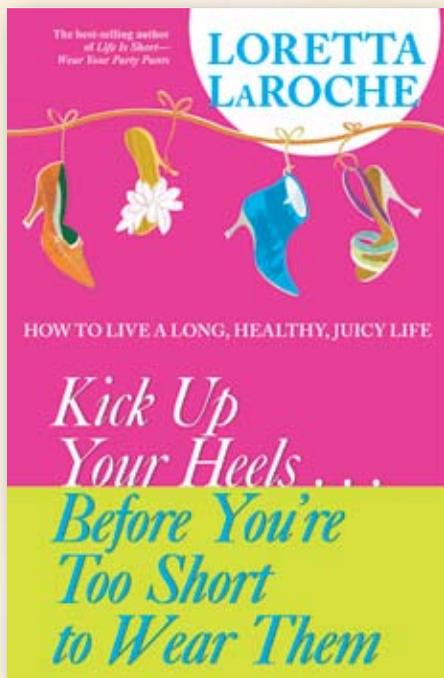
Dreams are no longer uncharted territory; they've been extensively researched and described by neurobiologists and psychologists, the ancients and the moderns. Here, **Madhu Tandan** outlines the diverse understandings of our dreams and presents a comprehensive spectrum of the dreaming mind. She explores specific experiences, such as a doctor puzzling over a difficult diagnosis and the clues that were offered to him in a dream, a young woman's resistance to marriage and a dream that made her change course, and a boy's sexual awakening and the process reflected in his dream. These examples aren't merely personal accounts with issues relating only to the dreamer—they address fundamental conflicts common to virtually every human being.

This book also shows how dreams have changed the course of history and have made major breakthroughs in science. Yes, dreams have changed the world! By synthesizing research and theory, *Dreams & Beyond* balances the perspectives of science, psychology, parapsychology, and spirituality, providing an increasingly complete picture of what your dreams mean. It impels you to confront the bounds of rational thought and dares you to set out on the most magical of all journeys . . . to know who you really are.

**Madhu Tandan** has conducted dream workshops for the past eight years. She has been invited to present papers on dreams at various conferences, including the Nouvelle Sorbonne in Paris. She has written articles on dreams for leading newspapers and magazines, and her short stories have appeared in a number of anthologies.



To order, call 800-654-5126, fax 800-650-5115,  
 or visit: [www.hayhouse.com](http://www.hayhouse.com)<sup>®</sup>



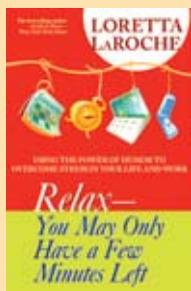
September 2008  
 USA \$12.95 • CAN \$13.95 • UK £8.99  
 Tradepaper • 5-1/4" x 8" • 978-1-4019-0618-4

**Print Run:** 20,000

**Marketing:** National Radio, Print and Internet Advertising. Appearance at I Can Do It!® 2008.

**Rights:** English

**ALSO AVAILABLE:**



**Relax—You May Only Have a Few Minutes Left**  
 Loretta LaRoche  
 USA \$14.95 • CAN \$15.95 • UK £9.99  
 Tradepaper • 5-3/8" x 8-3/8"  
 978-1-4019-1769-2

**Kick Up Your Heels . . . Before You're Too Short to Wear Them**  
**How to Live a Long, Healthy, Juicy Life**  
 LORETTA LAROCHE

Our society is youth obsessed: Beauty products, special exercises, designer vitamins, plastic surgery, and certain medications are promoted as “the” ways to enhance our lives. While these formulas may have some merit, they’re not enough to prepare us for a rich, authentic life filled with passion and juiciness. Why do we wait until we’re almost dead before we focus on how to age well? Every school system in the country should be preparing us for this inevitable part of our soul growth!

With her trademark wit and practical knowledge, **Loretta LaRoche** tackles how to live a long, healthy, juicy life—using herself and many of her friends and mentors as metaphors. Filled with practical advice, lifestyle skills, wisdom, and spirituality, *Kick Up Your Heels . . .* is a mental health spa that will inspire you and your family to live with joy, harmony, and peace while you still have the time!



**Loretta LaRoche**, the best-selling author of *Life Is Short—Wear Your Party Pants* and *Squeeze the Day*, among other works, is an internationally renowned author and stress-management consultant who advocates humor, optimism, and resiliency as coping mechanisms. Loretta is a favorite with viewers of her six PBS specials, as well as on the lecture circuit, where she presents an average of 100 talks per year. She lives in Plymouth, Massachusetts.

To order, call 800-654-5126, fax 800-650-5115,  
 or visit: [www.hayhouse.com](http://www.hayhouse.com)®



September 2008

USA \$23.95 • CAN \$24.95 • UK £15.99

4-CD Set • 978-1-4019-2281-8

**Print Run:** 10,000

**Marketing:** National Multi-City Author Tour, Including I Can Do It!<sup>®</sup> 2008 and Canada. National Radio, Print and Internet Advertising.

**Rights:** World Rights

## Messages from Spirit Exploring Your Connection to Divine Guidance

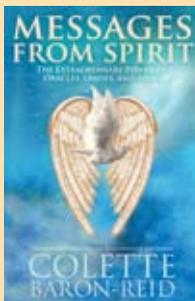
**COLETTE BARON-REID**

Spirit is just waiting to give you help whenever you ask for it. You just need to enter the conversation and understand the dialogue. On this CD program, renowned intuitive counselor and best-selling author **Colette Baron-Reid** shows you how to ask for and receive the life-affirming gift of guidance that is always available to you, as she dispels the myths and misinterpretations that may have kept you from embracing your inner "oracular" consciousness. All of the stories, exercises, and ideas in this comprehensive four-part program (which includes a complementary workbook) are designed to make you more receptive to the messages and signals from Spirit that appear every day in a multitude of ways.

Sessions 1 and 3 explain what the world of oracles, omens, and signs is all about and how to experience them in your own life. Sessions 2 and 4 are filled with powerful and experiential "vision journeys" or guided meditations, which will facilitate your personal ongoing connection to Divine guidance.

Once you ignite your capacity to receive messages from Spirit, your world will never be the same!

## ALSO AVAILABLE:



### Messages From Spirit

Colette Baron-Reid

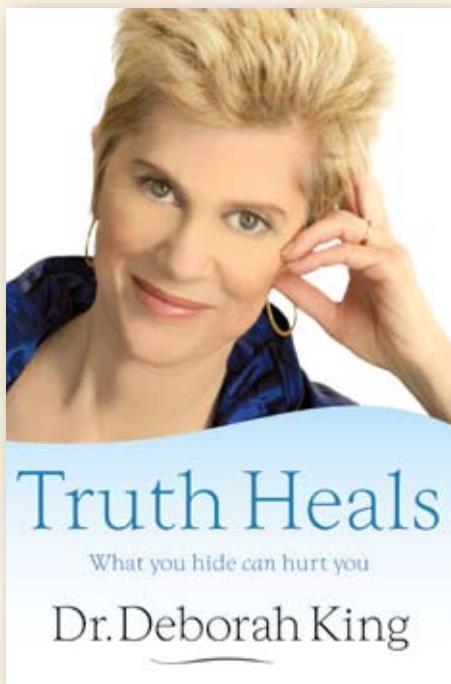
USA \$14.95 • CAN \$15.95 • UK £9.99

Tradepaper • 6" x 9"

978-1-4019-1845-3



**Colette Baron-Reid**, the author of *Remembering the Future*, is a popular spiritual intuitive, seminar leader, radio personality, motivational speaker, and musical recording artist on the EMI music label (with a top-selling meditation CD, *Journey Through the Chakras*). She has shared the stage with authors Sylvia Browne, John Holland, Caroline Myss, and many others. She currently lives in Sedona, Arizona, with her husband and their two furry children.



## Truth Heals

### What You Hide Can Hurt You

DEBORAH KING, Ph.D.

Millions of us live with chronic and debilitating pain or disease, and sadly, that number is growing every day. In *Truth Heals*, which was originally self-published, **Deborah King, Ph.D.**, explores the relationship between the suppression of truth and how this later manifests into pain or illness.

Using her years of experience as an expert healer, King creates a roadmap for people to learn how to recognize and release emotional blockages, share truth in a safe and healing manner, and unlock the power of truth without reliving negative experiences or causing more harm. Through client histories, celebrity profiles, and her own remarkable journey, the author demonstrates how anyone can release deep-seated layers of denial, fear, and anger in order to heal the mind and body.

September 2008  
 USA \$22.95 • CAN \$23.95  
 Hardcover • 6" x 9" • 978-1-4019-2301-3

**Print Run:** 20,000

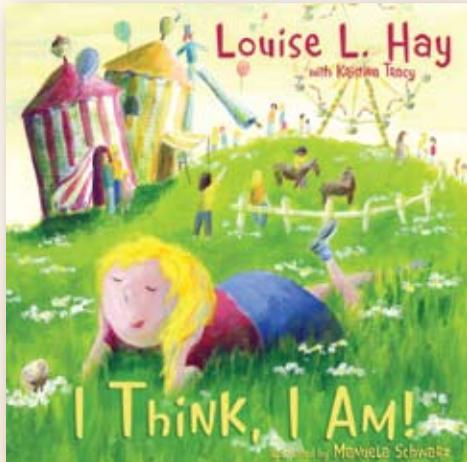
**Marketing:** National Television, Radio,  
 Print and Internet Advertising.

**Rights:** World Rights

**Deborah King, Ph.D.**, is an author, lecturer, contemporary healer, and recognized expert in the health and wellness field. She has been a frequent guest on CNN and Fox News, as well as other national media outlets. She holds both a doctorate in law and a Ph.D. in Healing Science. As a successful entrepreneur and corporate attorney, King fell into the trap of suppressing a traumatic past, which then manifested as chronic emotional and physical illness and addiction. Ultimately, her condition forced her to face her own truth. She investigated ancient and modern healing systems, and developed a powerful technique of her own. Today, she guides thousands to health through her public events, workshops, and writings.



To order, call 800-654-5126, fax 800-650-5115,  
 or visit: [www.hayhouse.com](http://www.hayhouse.com)<sup>®</sup>



October 2008  
 USA \$14.95 • CAN \$15.95 • UK £6.99  
 Hardcover • 9" x 10-1/2" • 978-1-4019-2208-5

**Print Run:** 50,000

**Marketing:** Appearance at I Can Do It!® 2008.  
 National Radio, Print and Internet Advertising.  
 Online Marketing Campaign—Over 4 Million  
 E-mails.

**Rights:** World Rights

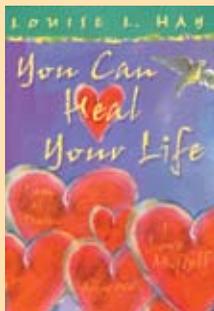
## I Think, I Am!

LOUISE L. HAY WITH KRISTINA TRACY

In this new book, **Louise Hay** teaches boys and girls about the importance of affirmations—the thoughts and words we use in our daily lives that express what we believe to be true. Within these pages, there are wonderful examples of kids turning “negative” thoughts such as worry, anger, and fear into positive words and actions that express joy, happiness, and love. There are also tips that show children how they can apply affirmations to their daily lives. Vibrant illustrations and simple text make these concepts easy to understand for even the youngest child. Parents and children will have so much fun learning about the power of positive affirmations and what a difference they can make!



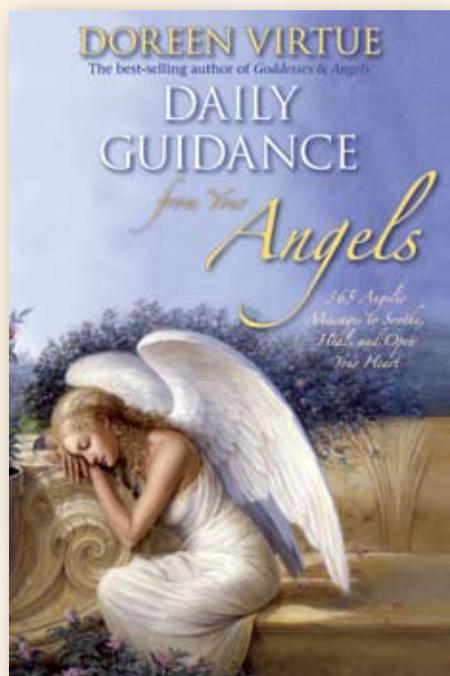
## ALSO AVAILABLE:



**You Can Heal Your Life Gift Edition**  
 Louise L. Hay  
 USA \$17.95 • CAN \$18.95 • UK £12.99  
 Special Trade Paper • 6 1/2" x 9 1/4"  
 978-1-56170-628-0

**Louise L. Hay**, the author of the international bestseller *You Can Heal Your Life*, is a metaphysical lecturer and teacher with more than 40 million books sold worldwide. For more than 25 years, she has helped people throughout the world discover and implement the full potential of their own creative powers for personal growth and self-healing. Websites: [www.LouiseHay.com](http://www.LouiseHay.com)® or [www.YouCanHealYourLifeMovie.com](http://www.YouCanHealYourLifeMovie.com)

**Kristina Tracy** is having a great time working on children's books with Louise L. Hay, Dr. Wayne W. Dyer, and Doreen Virtue. When she is not writing or being a mom, she loves gardening, horseback riding, and rearranging the furniture in her house. She may also be found at the counter at Starbucks pondering the infinite possibilities!



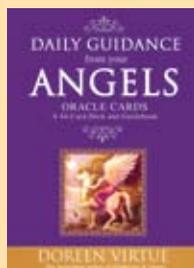
October 2008  
 USA \$19.95 • CAN \$20.95 • UK £14.99  
 Gift Tradepaper Edition • 6" x 9"  
 978-1-4019-1716-6

**Print Run:** 30,000

**Marketing:** Multi-City Author Tour Including I Can Do It!® 2008. National Print, Radio and Internet Advertising.

**Rights:** World Rights

## ALSO AVAILABLE:



**Daily Guidance from Your Angels Oracle Cards**  
 Doreen Virtue  
 USA \$15.95 • CAN \$16.95 • UK £11.99  
 44-Card Deck  
 1-4019-0772-5

## Daily Guidance from Your Angels

**365 Angelic Messages to Soothe, Heal, and Open Your Heart**

**DOREEN VIRTUE**

Begin each morning by communing with your angels, using the 365 channeled meditations in this beautiful gift edition by best-selling author **Doreen Virtue**. Each page offers a comforting and uplifting message that sets a positive and healing tone for the day. This material also functions as a divination tool, as you can ask a question and open the book to a thought that provides guidance, support, answers, and encouragement.

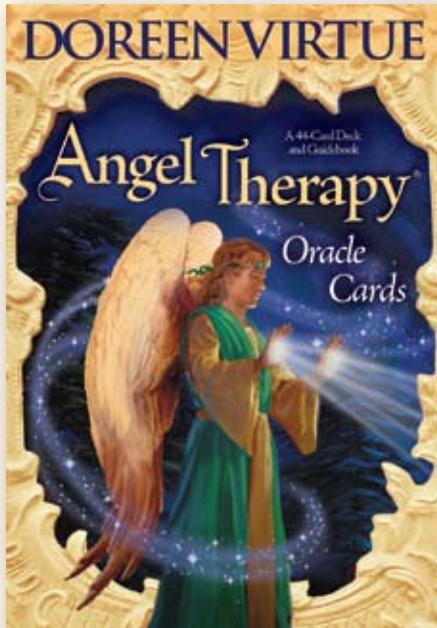
*Daily Guidance from Your Angels* will keep you centered in peacefulness throughout the day, and will help you remember that your angels are always beside you, ready to assist you with every area of your life. A beautiful ribbon bookmark bound into the spine is the perfect way to easily mark your place, both morning and evening.

**Doreen Virtue** holds B.A., M.A., and Ph.D. degrees in counseling psychology, and is a lifelong clairvoyant who works with the angelic realm. She's the author of *Archangels & Ascended Masters* and *Healing with the Angels*, among other works. Doreen has appeared on *Oprah*, *The View*, *Good Morning America*, CNN, and other programs; she presents workshops around the world; and she also has a weekly call-in talk show on **HayHouseRadio.com**®.



Please visit her Website at:  
**[www.AngelTherapy.com](http://www.AngelTherapy.com)**®.

To order, call 800-654-5126, fax 800-650-5115,  
 or visit: **[www.hayhouse.com](http://www.hayhouse.com)**®



October 2008  
 USA \$15.95 • CAN \$16.95 • UK £11.99  
 44-Card Deck and Guidebook  
 978-1-4019-1833-0

**Print Run:** 20,000

**Marketing:** Multi-City Author Tour Including I Can Do It!® 2008. National Print, Radio and Internet Advertising.

**Rights:** World Rights

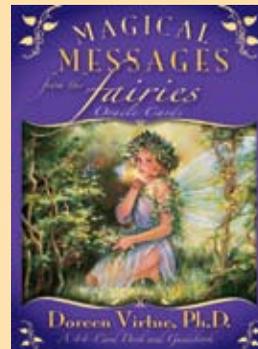
## Angel Therapy® Oracle Cards

DOREEN VIRTUE

This easy-to-use deck is appropriate for beginners as well as those experienced with divination cards. Angel Therapy is a powerful healing and guidance process that involves working with your guardian angels and the archangels (particularly Michael and Raphael). These oracle cards and the enclosed guidebook give you action steps to take that will initiate healing; help you release fears and emotional blocks; and give you messages about your life purpose, relationships, manifestations, and more.

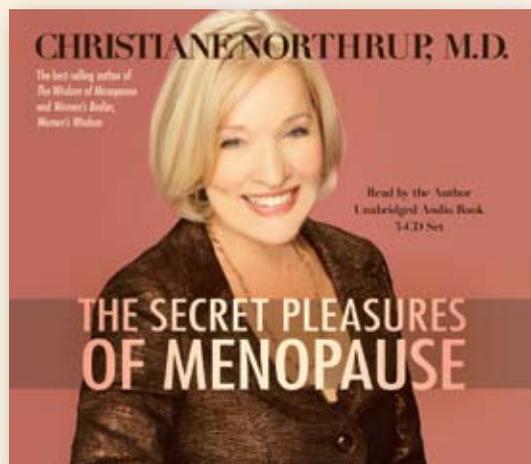
Each card features a gorgeous painting of angels and a message or answer for you, and is suitable for both children and adults. The guidebook walks you through the steps for giving an oracle reading for yourself or others, and outlines the extended meanings behind each card.

## ALSO AVAILABLE:



### Magical Messages from the Fairies Oracle Cards

Doreen Virtue  
 USA \$15.95 • CAN \$16.95 • UK £11.99  
 44-Card Deck and Guidebook  
 978-1-4019-1703-6



October 2008  
 USA \$19.95 • CAN \$20.95 • UK £14.99  
 3-CD Set • 978-1-4019-2238-2

**Print Run:** 20,000

**Marketing:** Multi-City Author Tour including I Can Do It!® 2008. National Print, Radio and Internet Advertising.

**Rights:** World Rights

## The Secret Pleasures of Menopause

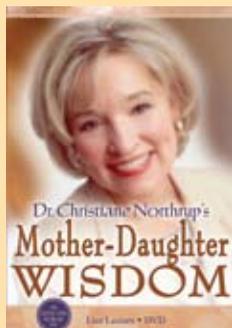
CHRISTIANE NORTHRUP, M.D.

*The Secret Pleasures of Menopause* is a groundbreaking CD set that is long overdue! **Christiane Northrup, M.D.**, delivers a breakthrough message that will help millions and millions of perimenopausal and menopausal women throughout the world understand that at menopause . . . life has just begun! It is the beginning of a very exciting and fulfilling time, full of pleasure beyond your wildest dreams!

Dr. Northrup believes that it's about time menopausal women came out of the closet and learned to enjoy the best years of their lives! Even though studies show that menopause does not decrease libido, ease of reaching orgasm, or sexual satisfaction, the majority of menopausal women are not experiencing the pleasure and sexual satisfaction that is their birthright. It is a long-held misconception that menopause signals "the beginning of the end," and nothing could be further from the truth!

In this fascinating CD set, Dr. Northrup candidly guides you so that you can begin to experience the best and most pleasurable decades of your life.

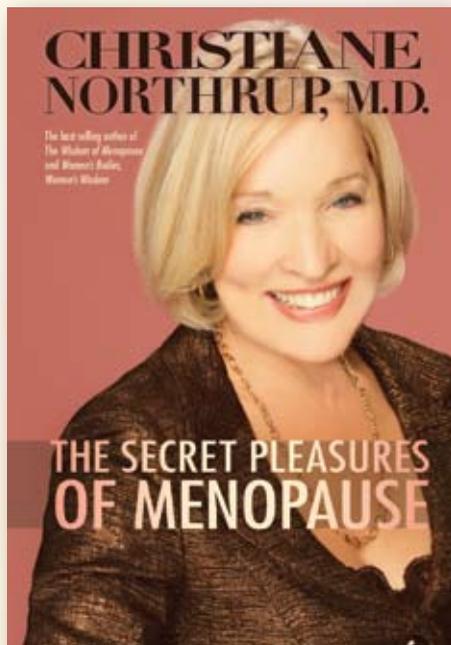
## ALSO AVAILABLE:



### Dr. Christiane Northrup's Mother-Daughter Wisdom

Christiane Northrup, M.D.  
 USA \$19.95 • CAN \$20.95 • UK £14.99  
 DVD • 978-1-4019-0715-0

To order, call 800-654-5126, fax 800-650-5115,  
 or visit: [www.hayhouse.com](http://www.hayhouse.com)®



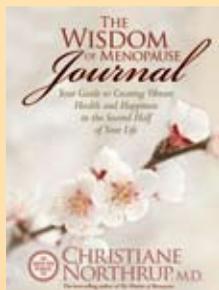
October 2008  
 USA \$14.95 • CAN \$15.95 • UK £9.99  
 Hardcover • 5" x 7" • 978-1-4019-2237-5

**Print Run:** 150,000

**Marketing:** Multi-City Author Tour including I Can Do It!® 2008. National Print, Radio and Internet Advertising. Online Marketing Campaign—Over 4 Million E-mails.

**Rights:** World Rights

## ALSO AVAILABLE:



**The Wisdom of Menopause Journal**  
 Christiane Northrup, M.D.  
 USA \$15.95 • CAN \$16.95 • UK £10.99  
 Hardcover • 7-1/4" x 9-1/4"  
 978-1-4019-1762-3

## The Secret Pleasures of Menopause

CHRISTIANE NORTHRUP, M.D.

*The Secret Pleasures of Menopause* is a groundbreaking book that is long overdue! **Christiane Northrup, M.D.**, delivers a breakthrough message that will help millions and millions of perimenopausal and menopausal women throughout the world understand that at menopause . . . life has just begun! It is the beginning of a very exciting and fulfilling time, full of pleasure beyond your wildest dreams!

Dr. Northrup believes that it's about time menopausal women came out of the closet and learned to enjoy the best years of their lives! Even though studies show that menopause does not decrease libido, ease of reaching orgasm, or sexual satisfaction, the majority of menopausal women are not experiencing the pleasure and sexual satisfaction that is their birthright. It is a long-held misconception that menopause signals "the beginning of the end," and nothing could be further from the truth!

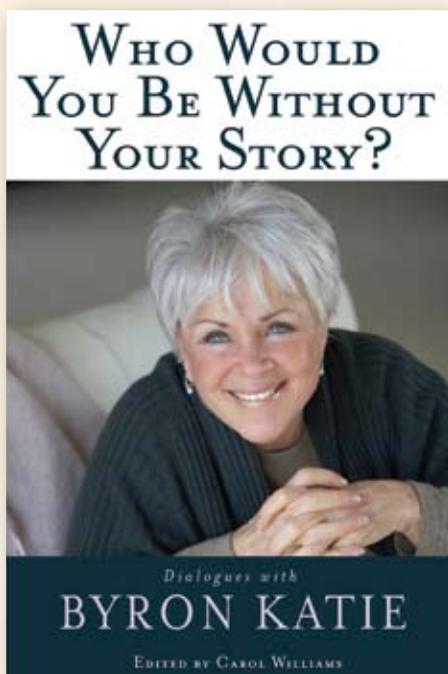
In this fascinating book, Dr. Northrup candidly guides you so that you can begin to experience the best and most pleasurable decades of your life.

**Christiane Northrup, M.D.**, a board-certified ob-gyn, is a visionary pioneer; beloved authority in women's health and wellness; and the author of the *New York Times* bestsellers *Women's Bodies*, *Women's*



*Wisdom* and *The Wisdom of Menopause*. Her third book, *Mother-Daughter Wisdom*, was voted Amazon's number one book of the year in both Parenting and Mind/Body Health in 2005. Following a 25-year career in both academic medicine and private practice, Dr. Northrup now devotes her time to helping women create vibrant health through tapping into their inner wisdom.

Website: [www.DrNorthrup.com](http://www.DrNorthrup.com)



October 2008

USA \$15.95 • CAN \$16.95 • UK £10.99  
Tradepaper • 6" x 9" • 978-1-4019-2179-8

Print Run: 25,000

**Marketing:** National Radio, Print and Internet Advertising. Appearance at I Can Do It!® 2008.

**Rights:** World Rights

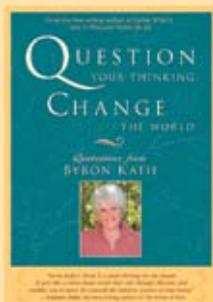
## Who Would You Be Without Your Story?

Dialogues with Byron Katie  
BYRON KATIE

This book is a collection of 23 dialogues with **Byron Katie** that occurred throughout the United States and Europe. Some of the people who worked with Katie had painful illnesses, others were lovelorn or in messy divorces, some were simply irritated with a co-worker or worried about money. What they all had in common was a willingness to question, with Katie's help, the painful thoughts that are the true cause of all suffering. In every case we see how Katie's acute mind and fierce kindness helped each person dismantle for themselves what was felt to be unshakable reality.

Although these dialogues make fascinating reading—some are both hilarious and deeply moving at once—they are intended primarily as teaching tools. Each took place in front of an audience, and Katie never lost connection with that audience, repeatedly reminding each person in the room to follow the dialogues inwardly and ask themselves the questions the participant must ask. The dialogue between Katie and these volunteers is an external enactment of precisely the kind of dialogue each person can have with their own thoughts. The result, even in the seemingly most dire situation, can be an unimagined freedom and joy.

## ALSO AVAILABLE:

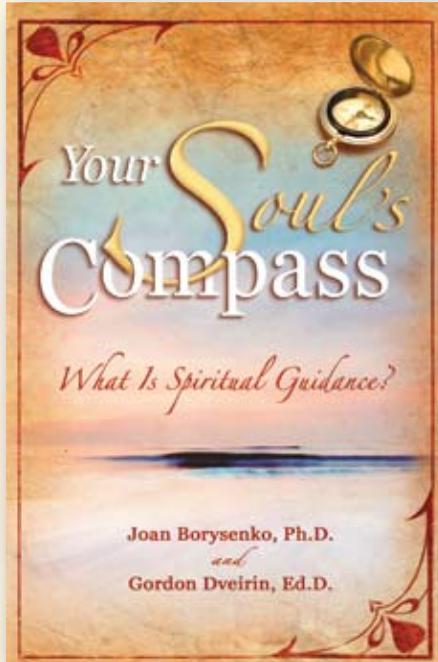


### Question Your Thinking, Change the World

Byron Katie  
USA \$9.95 • CAN \$10.95 • UK £6.99  
Tradepaper • 5" x 7"  
978-1-4019-1730-2

**Byron Katie** has been traveling around the world for more than a dozen years, teaching The Work directly to hundreds of thousands of people at free public events, in prisons, hospitals, churches, corporations, battered women's facilities, universities and schools, and at weekend intensives, as well as at her nine-day School for The Work. She is the author of the best-selling books *Loving What Is*, *A Thousand Names for Joy*, and *I Need Your Love—Is That True?* On her Website, [www.thework.com](http://www.thework.com), one can find her blog, her schedule, a network of facilitators of The Work, a free hotline, audio and video clips, articles, and basic information.





October 2008  
 USA \$14.95 • CAN \$15.95 • UK £9.99  
 Tradepaper • 6" x 9" • 978-1-4019-0777-8

**Print Run:** 20,000

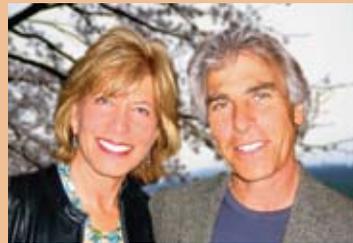
**Marketing:** Appearance at I Can Do It!® 2008.  
 National Radio, Print and Internet Advertising.

**Rights:** World Rights

## Your Soul's Compass What Is Spiritual Guidance?

JOAN BORYSENKO, Ph.D.,  
 AND GORDON DVEIRIN, Ed.D.

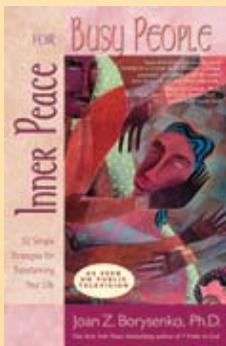
*Why are we here? Are we fulfilling our life's purpose? What is evolutionary intelligence trying to express through us?* In this time of global change and uncertainty, of spiritual indirection, people are asking these age-old questions with renewed curiosity. There's a thirst for meaning and purpose—a dawning realization that happiness isn't a commodity that can be bought with a gold card. Fulfillment and joy arise naturally from the capacity to be present to life as it's unfolding and to listen for—and discern—the best possibilities in any situation, which inform enlightened, compassionate action. **Joan Borysenko** and **Gordon Dveirin's** hope is that *Your Soul's Compass* will help you move beyond limited ways of knowing, and open up the vast evolutionary intelligence needed to make the leap toward fuller self-realization in your own life and in the world.



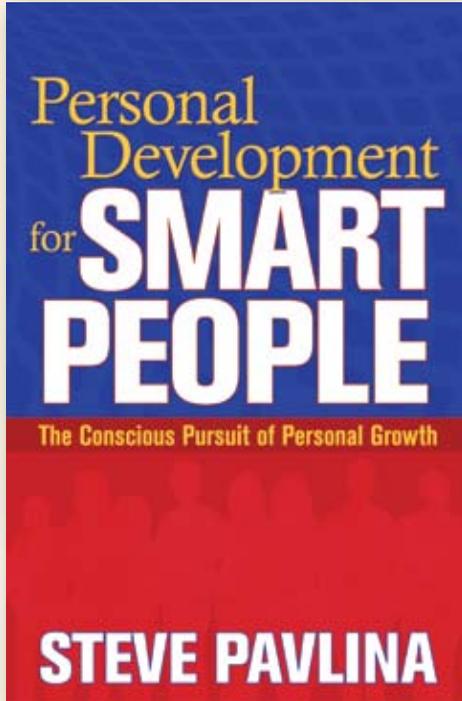
**Joan Borysenko, Ph.D.**, is an internationally known speaker on spirituality, integrative medicine, and the mind/body connection. She has a doctorate in medical sciences from Harvard Medical School, is a licensed clinical psychologist, is the author of many books, and is the cofounder of the Claritas Institute for Interspiritual Inquiry and director of its Interspiritual Mentor Training Program.

**Gordon Dveirin, Ed.D.**, is the president of Dveirin & Associates, a consulting firm in organization and human development. Cofounder of the Claritas Institute for Interspiritual Inquiry and its Interspiritual Mentor Training Program, he is coauthor (with his wife, Joan Borysenko) of *Saying Yes to Change*.

## ALSO AVAILABLE:



**Inner Peace for Busy People**  
 Joan Z. Borysenko, Ph.D.  
 USA \$12.95 • CAN \$14.95 • UK £8.99  
 Tradepaper • 5-1/4" x 8"  
 1-4019-0214-6



October 2008  
 USA \$24.95 • CAN \$25.95  
 Hardcover • 6" x 9" • 978-1-4019-2275-7

**Print Run:** 30,000

**Marketing:** Appearance at I Can Do It!® 2008.  
 National Print, Radio and Internet Advertising.

**Rights:** World Rights

## Personal Development for Smart People

The Conscious Pursuit of Personal Growth  
 STEVE PAVLINA

*Personal Development for Smart People* reveals the unvarnished truth about what it takes to consciously grow as a human being. As you read, you'll learn the seven universal principles behind all successful growth efforts (*truth, love, power, oneness, authority, courage, and intelligence*); as well as practical, insightful methods for improving your health, relationships, career, finances, and more.

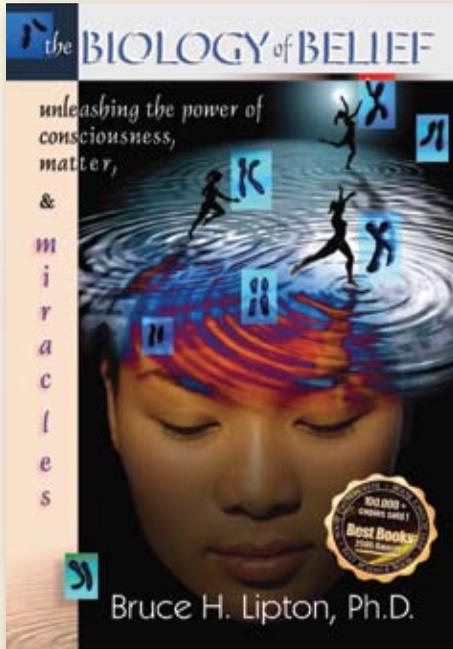
You'll see how to:

- Become the **conscious creator** of your life instead of feeling hopelessly adrift.
- Enjoy a **fulfilling career** that honors your unique self-expression.
- Attract **empowering relationships** with loving, compatible partners.
- Wake up early feeling **motivated, energized, and enthusiastic**.
- Achieve **inspiring goals** with disciplined daily habits.
- Resolve conflicts between logic and intuition to **awaken your inner genius**.
- Earn **abundant income** by contributing genuine value to others.

With its refreshingly honest yet highly motivating style, this fascinating book will help you courageously explore, creatively express, and consciously embrace your extraordinary human journey.

**Steve Pavlina** is widely recognized as the most successful personal-development blogger on the Internet, attracting more than two million monthly readers who value his unique insights. Instead of posing as a self-help guru with all the answers, Steve encourages people to fearlessly conduct their own personal growth experiments in order to learn through direct experience. He has written more than 700 free articles, often challenging his readers to question what they've been taught and to consider alternative perspectives. Blue-eyed, colorblind, and left-handed, Steve is the voice of recessive genes that seek creative expression instead of social conformity.





October 2008  
 USA \$24.95 • CAN \$25.95 • UK £13.99  
 Hardcover • 6" x 9" • 978-1-4019-2311-2

**Print Run:** 50,000

**Marketing:** National Radio, Print and Internet Advertising. Online Marketing Campaign—Over 2 Million E-Mails. Appearance at I Can Do It!® 2008.

**Rights:** World Rights

## The Biology of Belief

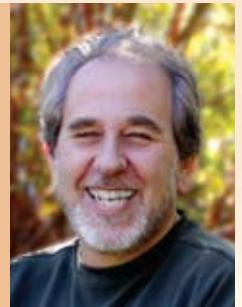
### Unleashing the Power of Consciousness, Matter & Miracles

**BRUCE H. LIPTON, Ph.D.**

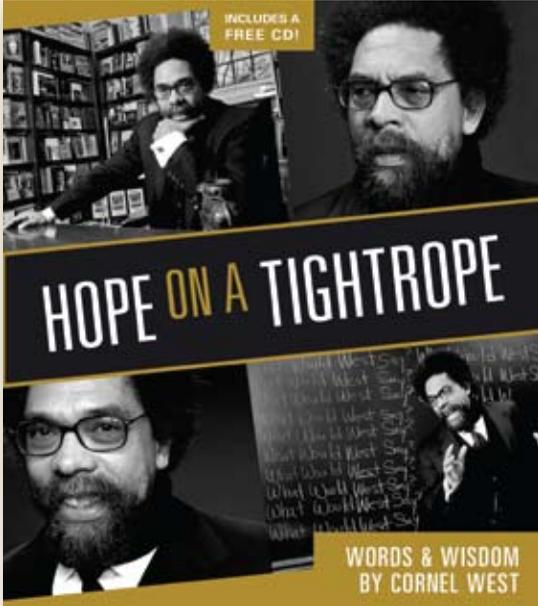
With more than 150,000 copies sold of his self-published book, *The Biology of Belief*, **Bruce H. Lipton** teams up with Hay House to bring his message to an even wider audience. This book is a groundbreaking work in the field of new biology, and it will forever change how you think about thinking. Through the research of Lipton and other leading-edge scientists, stunning new discoveries have been made about the interaction between your mind and body and the processes by which cells receive information. It shows that genes and DNA do not control our biology, that instead DNA is controlled by signals from outside the cell, including the energetic messages emanating from our thoughts.

Using simple language, illustrations, humor, and everyday examples, Lipton demonstrates how the new science of Epigenetics is revolutionizing our understanding of the link between mind and matter and the profound effects it has on our personal lives and the collective life of our species.

**Bruce H. Lipton, Ph.D.**, is an internationally recognized authority in bridging science and spirit and a leading voice in new biology. A cell biologist by training, he taught cell biology at the University of Wisconsin's School of Medicine, and later performed pioneering studies at Stanford University's School of Medicine. He has been a guest speaker on dozens of TV and radio shows, as well as keynote presenter for national and international conferences.



To order, call 800-654-5126, fax 800-650-5115,  
 or visit: [www.hayhouse.com](http://www.hayhouse.com)®



October 2008  
 USA \$19.95 • CAN \$20.95 • UK £14.99  
 Hardcover-with-CD • 5-3/4" x 6-1/2"  
 978-1-4019-2186-6

**Print Run:** 50,000

**Marketing:** National Print, Radio  
 and Internet Advertising.

**Rights:** World Rights

## Hope on a Tightrope

Words and Wisdom by Cornel West

CORNEL WEST, PH.D.

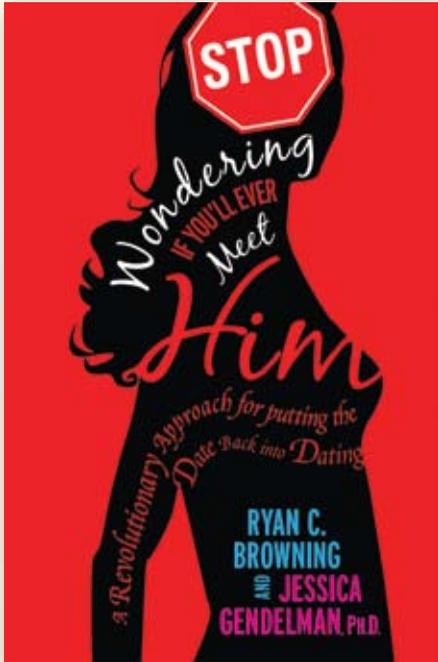
The *New York Times* best-selling author of *Race Matters* and *Democracy Matters* offers open-hearted wisdom for our times in this courageous collection of quotations, speech excerpts, letters, philosophy, and photographs that reflect the profound humanity that fuels the passionate public intellectual. In a world that seesaws between unconditional love and acceptance and blind hatred and exclusion, this book will satisfy readers in search of deep wells of inspiration and challenge that marries the mind to the heart.

This work features an original CD that highlights **Cornel West's** outstanding spoken-word artistry. His August 2007 CD release *Never Forget: A Journey of Revelations* that featured collaborations with best-selling artists Prince, Jill Scott, and Andre 3000 topped the charts as Billboard's #1 Spoken Word album.



Educator and philosopher **Cornel West, Ph.D.**, is the Class of 1943 University Professor of Religion and African American Studies at Princeton University. Known as one of America's most gifted, provocative, and important public intellectuals, West has won numerous awards, including the American Book Award, and has received more than 20 honorary degrees. His best-selling book *Race Matters* (1993), which has sold over 400,000 copies, changed the course of America's dialogue on race, justice, and democracy; and his book *Democracy Matters: Winning the Fight Against Imperialism* (2004) was a *New York Times* bestseller. His writings, along with his frequent lectures, have brought him widespread attention and honors.





## Stop Wondering If You'll Ever Meet Him

A Revolutionary Approach for Putting the Date Back into Dating

RYAN C. BROWNING  
AND JESSICA GENDELMAN, Ph.D.

In this fascinating book, relationship experts **Jessica Gendelman, Ph.D.** (Dr. G), a psychologist; and **Ryan C. Browning**, a certified life coach, have their fingers on the pulse of what has become a cultural epidemic: *Women just like you feel frustrated and disappointed by the dating process.* But the authors do more than provide gimmicky solutions while telling you what's wrong with your dating life; they teach you *how* to date by giving you a system that works . . . a way to form meaningful relationships without the pain and confusion of the typical dating approach!

October 2008

USA \$15.95 • CAN \$16.95 • UK £8.99

Tradepaper • 6" x 9" • 978-1-4019-1971-9

**Print Run:** 20,000

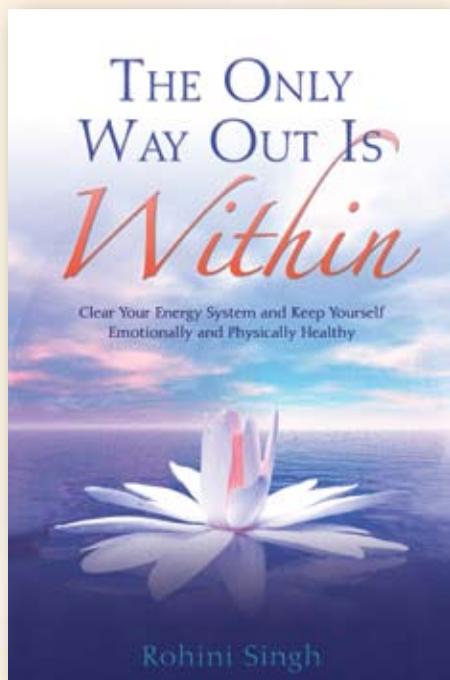
**Marketing:** National Radio, Print and Internet Advertising.

**Rights:** World Rights

**Jessica Gendelman, Ph.D.**, known as Dr. G, is a clinical psychologist from New York. She runs a successful relationship and dating consulting practice with Ryan C. Browning, and together they counsel clients all over the world. Her personal passion for helping people to have better relationships, combined with advanced training in sex therapy, have led to the creation of a unique and innovative approach to dating and relationships.

**Ryan C. Browning** is a certified life coach who has received extensive training at the advanced level. He runs a worldwide relationship consulting practice with Jessica Gendelman, Ph.D., and has created a revolutionary new approach to dating and relationships. Ryan has always been interested in developing a deep understanding of psychological growth and motivation. He has a B.S. in psychology from Union College with a special emphasis on developmental psychology. He left a successful acting career on stage, TV, and film to pursue his true passion—helping people develop better relationships and live more fulfilling lives.

To order, call 800-654-5126, fax 800-650-5115,  
or visit: [www.hayhouse.com](http://www.hayhouse.com)<sup>®</sup>



October 2008

USA \$12.95 • CAN \$13.95 • UK £6.99

Trade paperback • 6" x 9" • 978-1-4019-2011-1

**Print Run:** 10,000

**Marketing:** National Radio,  
Print and Internet Advertising.

**Rights:** World Rights

## The Only Way Out Is *Within*

Clear Your Energy System and Keep Yourself Emotionally and Physically Healthy

ROHINI SINGH

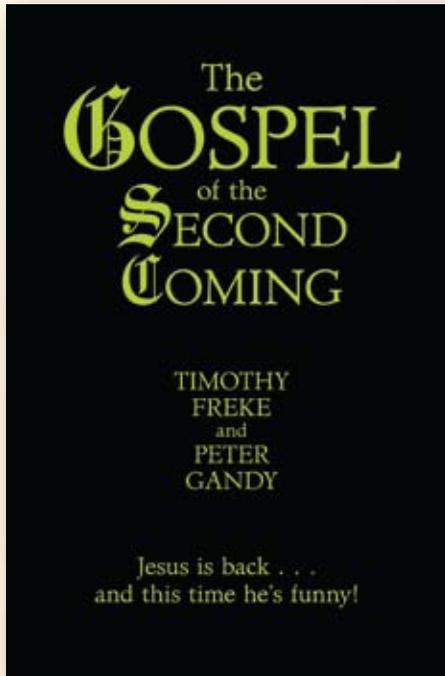
Over the years, conditioning—both internal and external—has taught you to suppress emotions, suspect others, live in a stilted manner, create dis-ease, and above all, inhibit yourself. Crafty culprits such as worry, fear, guilt, regret, anger, “unforgiveness,” self-pity, and hurt regularly trap you and trick you into joylessness. The ego delights in your inability to get rid of these negative emotions and plays games that drain you. The mind—like the cell phone you feel incomplete without—beeps, buzzes, vibrates, and sends you messages that tear you away from whatever you happen to be doing. Your concentration and focus are overwhelmed with too much data!

If you’re afflicted by any of these conditions, you’re living in a disempowered manner and are leading an unsatisfying life. In this book, **Rohini Singh** will help you change all that. She explains how to keep the base of your well-being—the energy system—clean and clear, teaching you how to listen to your body and maintain your physical health. You’ll learn how to plug energy leaks, stay away from emotional traps, and recognize the ego’s manipulations . . . and avoid them. You’ll discover the wisdom of “switching off” your mind in order to recharge it, realizing that the only way out is *within*.

**Rohini Singh** has written eight best-selling cookbooks and two novels for children. She practices a number of alternative healing therapies, including Reiki, reflexology, hypnotherapy, Emotional Freedom Techniques, and ThetaHealing; and conducts regular personal-growth workshops and healing retreats both in India and elsewhere.



To order, call 800-654-5126, fax 800-650-5115,  
or visit: [www.hayhouse.com](http://www.hayhouse.com)<sup>®</sup>



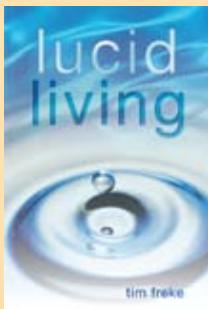
October 2008  
 USA \$14.95 • CAN \$15.95 • UK £9.99  
 Tradepaper • 6" x 9" • 978-1-4019-1839-2

**Print Run:** 20,000

**Marketing:** Appearance at I Can Do It!® 2008.  
 National Radio, Print and Internet Advertising.

**Rights:** English

## ALSO AVAILABLE:



**Lucid Living**  
 Timothy Freke  
 USA \$8 • CAN \$9 • UK £5.99  
 Tradepaper • 4" x 6"  
 978-1-4019-2040-1

## The Gospel of the Second Coming

Jesus is back . . . and this time he's funny!

TIMOTHY FREKE AND PETER GANDY

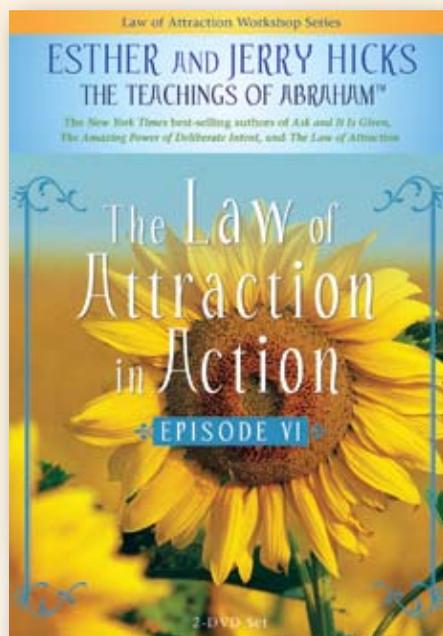
In 2005, a disgruntled archivist at the Vatican Library made contact with revisionist historians **Timothy Freke** and **Peter Gandy**, claiming that the Vatican was secretly housing a number of unpublished "heretical" Gnostic Christian texts. He presented Freke and Gandy with a facsimile copy of an ancient manuscript, which is offered to the public for the first time in this book.

This gospel will shock academics and Christians alike. It makes the extraordinary claim that the long-awaited "Second Coming of Christ" has already happened; and it also explores the intimate relationship between Jesus and Mary Magdalene, his "Beloved Disciple."

And, perhaps most controversial of all, it reveals Jesus as a Gnostic master with a zany sense of humor and an upbeat message. As Mary says in the text: "Death is coming. Life is foreplay."



**Timothy Freke** (left) and **Peter Gandy** are internationally respected scholars who have authored six books together, including the international bestseller *The Jesus Mysteries*, which was a "Book of the Year" in the prestigious *Daily Telegraph* (UK). Their other books include *Jesus and the Lost Goddess*, which was cited by Dan Brown as an inspiration for *The Da Vinci Code*; and *The Laughing Jesus*, which was critically heralded as "one of the most important books that has emerged in this infant millennium." Tim runs seminars exploring the experience of Gnosis in the USA, Europe, and South Africa.



October 2008  
 USA \$19.95  
 2-DVD Set • 978-1-4019-2036-4

**Print Run:** 30,000

**Marketing:** National Author  
 Lectures including Appearance  
 at I Can Do It!® 2008. National  
 Print, Radio, and Internet Advertising.

**Rights:** World Rights

## The Law of Attraction in Action, Episode VI

**ESTHER AND JERRY HICKS**  
 (The Teachings of Abraham™)

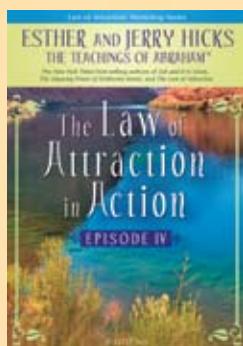
*"Nothing holds you in bondage other than your  
 own contradictory thought to what you want. Nothing."*

– Abraham

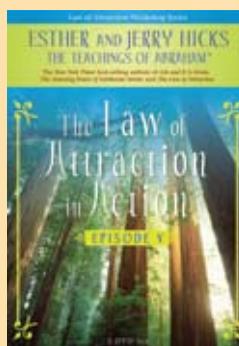
Continuing their new inspirational DVD series, **Esther** and **Jerry Hicks** present the teachings of the Non-Physical entity Abraham, whom Esther calls "infinite intelligence" and Jerry refers to as "the purest form of love I've ever encountered." The Law of Attraction is never more evident than in the pulse of an Abraham-Hicks Art of Allowing Workshop. And this is another one of their best, so sit back, relax, allow, and attract.

See Abraham in action onstage before a live audience as they offer infinite wisdom on a wide range of topics everyone can relate to, including communicating with God, finding one's true career path, learning the true meaning of soul mates, coping with addiction, dealing with your child's autism, making "vibrational adjustments" in your life, and more!

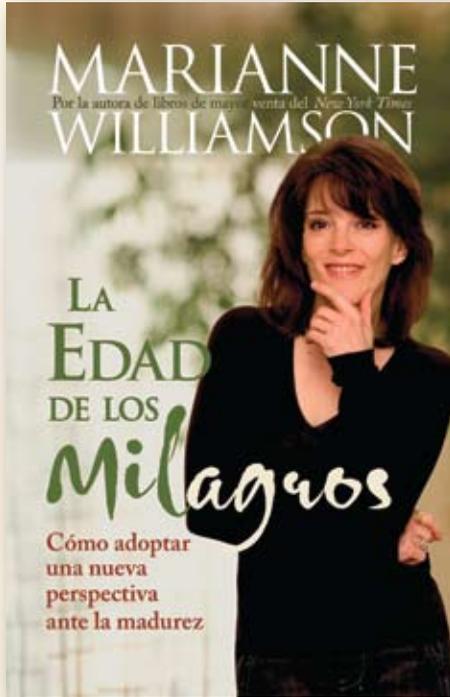
## ALSO AVAILABLE:



**The Law of Attraction in Action, Episode IV**  
 Esther and Jerry Hicks  
 USA \$19.95 • CAN \$20.95  
 2-DVD Set • 978-1-4019-2034-0



**The Law of Attraction in Action, Episode V**  
 Esther and Jerry Hicks  
 USA \$19.95 • CAN \$20.95  
 2-DVD Set • 978-1-4019-2035-7



November 2008  
 USA \$14.95 • CAN \$15.95  
 Tradepaper • 5-3/8" x 8-3/8"  
 978-1-4019-2272-6

**Print Run:** 15,000

**Marketing:** Multi-City Author Tour including I Can Do It!® 2008. National Print, Radio and Internet Advertising.

## ALSO AVAILABLE:



**The Age of Miracles**  
 Marianne Williamson  
 USA \$23.95 • CAN \$24.95 • UK £15.99  
 4-CD Set  
 978-1-4019-1721-0

## The New York Times Bestseller *The Age of Miracles*— Now Available in Spanish!

### La Edad de los Milagros Cómo adoptar una nueva perspectiva ante la madurez MARIANNE WILLIAMSON

The purpose of this book by best-selling author and lecturer **Marianne Williamson** is to psychologically and spiritually reframe the midlife transition so that it leads to a wonderful sense of joy and awakening.

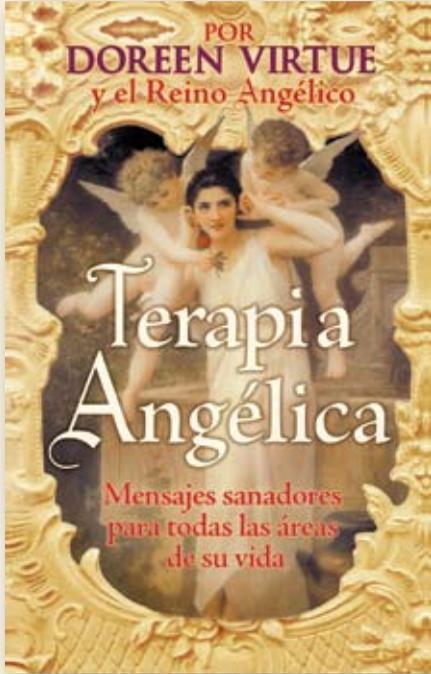
In our ability to rethink our lives lies our greatest power to change them. What we have called "middle age" need not be seen as a turning point toward death. It can be viewed as a magical turning point toward life as we've never known it, if we allow ourselves the power of an independent imagination—thought-forms that don't flow in a perfunctory manner from ancient assumptions merely handed down to us, but rather flower into new archetypal images of a humanity just getting started at 45 or 50.

What we've learned by that time, from both our failures as well as our successes, tends to have humbled us into purity. When we were young, we had energy but we were clueless about what to do with it. Today, we have less energy, perhaps, but we have far more understanding of what each breath of life is for. And now at last, we have a destiny to fulfill—not a destiny of a life that's simply over, but rather a destiny of a life that is finally truly lived.

**Marianne Williamson** is an internationally acclaimed lecturer and the best-selling author of *A Return to Love*, *The Healing of America*, *A Woman's Worth*, and *Illuminata*, among other works. Williamson has done extensive charitable organizing throughout the country in service to people with life-challenging illnesses and is the founder of The Peace Alliance, a nonprofit grassroots organization supporting the legislative initiative for a U.S. Department of Peace.



To order, call 800-654-5126, fax 800-650-5115,  
 or visit: [www.hayhouse.com](http://www.hayhouse.com)®



November 2008

USA \$13.95 • CAN \$14.95

Tradepaper • 5-3/8" x 8-3/8"

978-1-4019-1895-8

**Print Run:** 10,000

**Marketing:** Multi-City Author Tour Including I Can Do It!® 2008. National Print, Radio and Internet Advertising.

## Best-selling *Angel Therapy*— Now Available in Spanish!

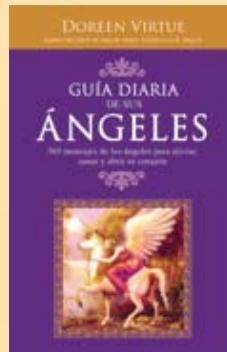
### Terapia Angélica

Mensajes sanadores para todas  
las áreas de su vida

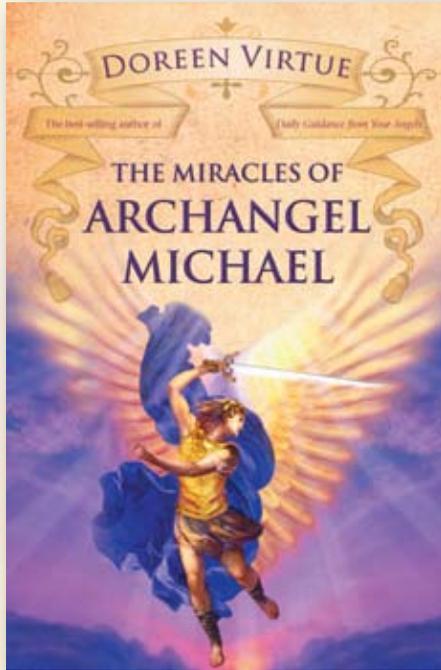
#### DOREEN VIRTUE Y EL REINO ANGÉLICO

In this enlightening book, **Doreen Virtue** delivers The Angelic Realm's message of comfort and guidance, which can help you with troubling emotions such as depression, boredom, confusion, and anger; and issues associated with careers, relationships, and family.

## ALSO AVAILABLE:



**Guía Diaria de Sus Ángeles**  
(Daily Guidance from Your Angels)  
Doreen Virtue  
USA \$14.95 • CAN \$15.95  
Tradepaper • 6" x 9"  
978-1-4019-1729-6



November 2008  
 USA \$19.95 • CAN \$20.95 • UK £12.99  
 Hardcover • 5-3/8" x 8-3/8"  
 978-1-4019-2205-4

**Print Run:** 30,000

**Marketing:** Multi-City Author Tour Including I Can Do It!® 2008. Print, Radio and Internet Advertising. Online Marketing Campaign—Over 2 Million E-Mails.

**Rights:** World Rights

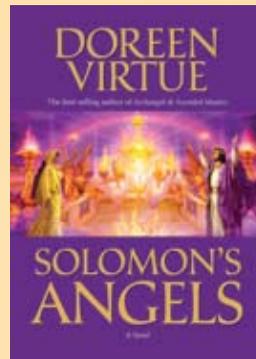
## The Miracles of Archangel Michael

DOREEN VIRTUE

Archangel Michael is a powerful protector who helps everyone who calls upon him. In this enlightening work, **Doreen Virtue** teaches the many ways in which Michael brings peace to people everywhere. The book includes fascinating true stories of how Michael has protected people while driving, guided their careers, safeguarded their children . . . and even reveals his little-known talents for repairing mechanical and electronic machines!

You'll learn how to contact Michael; and discover ways to work with him for physical and emotional healing for yourself, your friends and family members, or your clients. The stories in this book will open your heart to the amazingly pure, unconditional love that Michael has for *anyone* who seeks his help. *The Miracles of Archangel Michael* will help you feel safe, protected, and very loved!

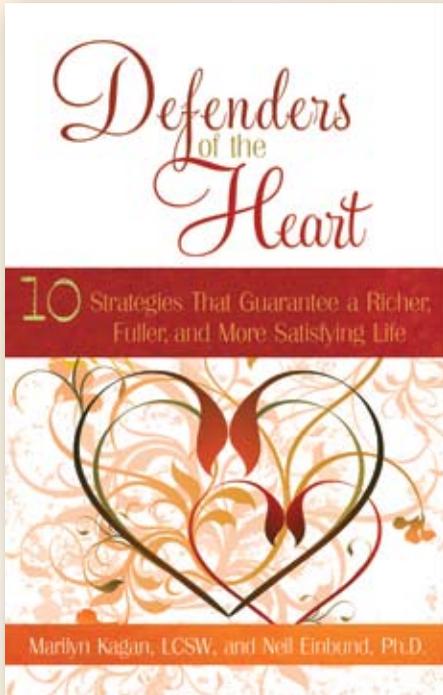
### ALSO AVAILABLE:



#### Solomon's Angels

Doreen Virtue  
 USA \$19.95 • CAN \$20.95 • UK £12.99  
 Hardcover • 5" x 7-1/4"  
 978-1-4019-1786-9

To order, call 800-654-5126, fax 800-650-5115,  
 or visit: [www.hayhouse.com](http://www.hayhouse.com)®



November 2008  
 USA \$14.95 • CAN \$15.95 • UK £9.99  
 Tradepaper • 5-3/8" x 8-3/8"  
 978-1-4019-2037-1

**Print Run:** 10,000

**Marketing:** National Radio, Print and Internet Advertising.

**Rights:** World Rights

## Defenders of the Heart

10 Strategies That Guarantee a Richer, Fuller, and More Satisfying Life

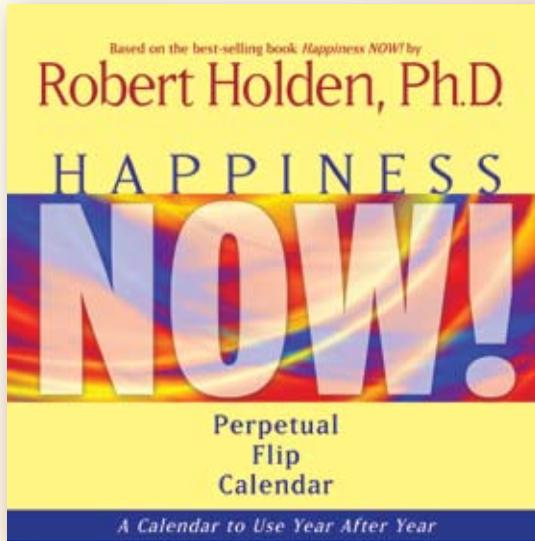
MARILYN KAGAN, LCSW,  
 AND NEIL EINBUND, PH.D.

In this truly transformative book, **Marilyn Kagan, LCSW**, and **Neil Einbund, Ph.D.**, well-known therapists in the Los Angeles area, help you discover the common defense mechanisms we all use to guard our hearts against being hurt. Over time, these mechanisms, which the authors have coined "defenders of the heart," can become habitual and overly entrenched. In one way or another, they are at the base of nearly all of our bouts with dissatisfaction.

*Defenders of the Heart* delivers a strong basic understanding of these ten strategies, shows how to recognize which ones are sabotaging your life, and offers a comprehensive tool set to break free of their life-limiting powers. If you want to change your life yet are too guarded to see the very obvious paths that are open before you, this book will guide you toward the glorious, awe-inspiring, and utterly fulfilled existence you're striving for!

**Marilyn Kagan, LCSW**, has been in private practice for over 25 years. She is respected as one of the media's most sought-after psychological experts. Her popular talk show on Los Angeles radio station KFI aired for seven years, and she hosted the Emmy-nominated *The Marilyn Kagan Show* for three years. Additionally, she's been a frequent commentator on all of the major television networks, including a stint as guest host on E! Channel's *Talk Soup*.

**Neil Einbund, Ph.D.**, is a licensed clinical psychologist and marriage and family therapist who has been in private practice since 1988. His expertise covers a wide range of specialties, including family dynamic/relationships, marriage counseling, addictions, divorce, and grief work. For the last 20 years he's taught in the "Making Marriage Work" program at the American Jewish University, where he works in partnership with Marilyn Kagan.



November 2008  
 USA \$15.95 • CAN \$16.95 • UK £11.99  
 Boxed Calendar • 978-1-4019-2313-6

**Print Run:** 10,000

**Marketing:** National Radio, Print and Internet Advertising. Appearance at I Can Do It!® 2008.

**Rights:** English

### Robert Holden, Ph.D.,

is the Director of The Happiness Project and Success Intelligence. His innovative work on happiness and success has been featured on *Oprah* and in two major BBC-TV documentaries, *The Happiness Formula* and *How to Be Happy*, shown in 16 countries to more than 30 million television viewers. He's the author of ten best-selling books, including *Success Intelligence* and *Shift Happens!*

Website: [www.happiness.co.uk](http://www.happiness.co.uk)

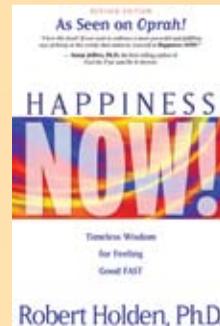


## Happiness Now! Perpetual Flip Calendar

A Calendar to Use Year After Year  
 ROBERT HOLDEN, Ph.D.

In this perpetual flip calendar, **Robert Holden, Ph.D.**, offers rich insights and valuable wisdom to help you in your journey toward one of life's most treasured goals—happiness. Through his pioneering work with The Happiness Project, Holden has discovered indispensable keys to true self-acceptance, everyday abundance, loving relationships, inner success, and lasting joy. Each day presents a thought-provoking observation or practical exercise to help you stop chasing happiness, and truly experience it—starting NOW!

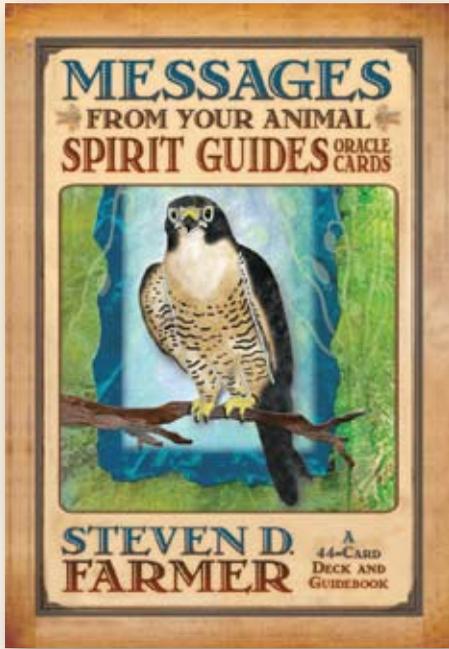
## ALSO AVAILABLE:



### Happiness Now!

Robert Holden, Ph.D.  
 USA \$14.95 • CAN \$15.95 • UK £9.99  
 Tradepaper • 6" x 9"  
 978-1-4019-2039-5

To order, call 800-654-5126, fax 800-650-5115,  
 or visit: [www.hayhouse.com](http://www.hayhouse.com)®



## Messages from Your Animal Spirit Guides Oracle Cards

STEVEN D. FARMER, Ph.D.

Animal spirit guides are spirit helpers in animal form who can provide guidance for questions you have about any aspect of your life. In this deck of 44 oracle cards created by **Steven D. Farmer**, you'll find clear and concise messages from each of the spirit animals represented that will offer you sensible advice on whatever question you pose. The enclosed easy-to-follow guidebook provides detailed instructions to help you immediately give accurate readings for yourself and others, as well as elaborations on the initial message from each animal spirit guide.

December 2008

USA \$15.95 • CAN \$16.95 • UK £11.99

44-Card Deck and Guidebook

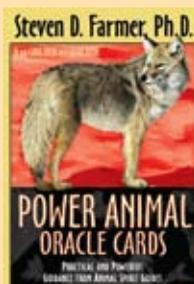
978-1-4019-1986-3

**Print Run:** 15,000

**Marketing:** Appearance at I Can Do It!® 2008. National Radio, Print and Internet Advertising.

**Rights:** World Rights

### ALSO AVAILABLE:



#### Power Animal Oracle Cards

Steven D. Farmer, Ph.D.

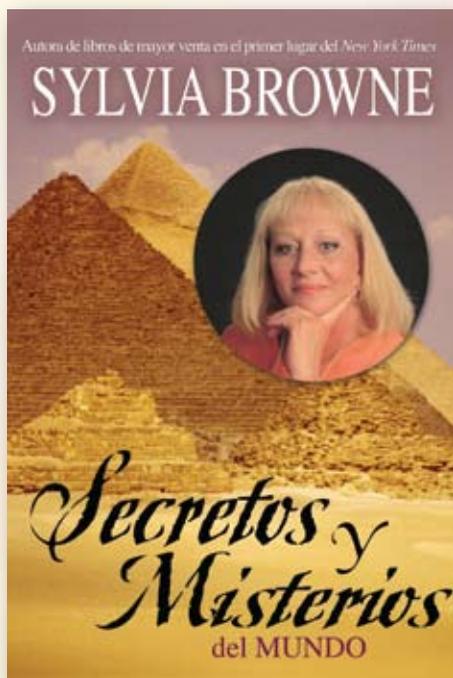
USA \$15.95 • CAN \$16.95 • UK £11.99

44-Card Deck and Guidebook

1-4019-0542-0



**Steven D. Farmer, Ph.D.**, is a shamanic practitioner, ordained minister, licensed psychotherapist, and former college professor with over 30 years' experience as a professional healer and teacher. He has appeared as a guest on a number of television and radio shows and is the author of *Sacred Ceremony*, *Power Animals*, and *Power Animal Oracle Cards*, among other works. He makes his home in Southern California and Hawaii with his wife, Doreen Virtue.

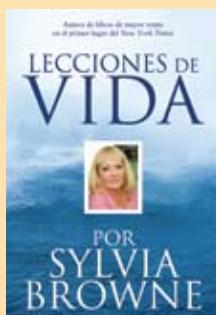


December 2008  
 USA \$13.95 • CAN \$14.95  
 Tradepaper • 6" x 9"  
 978-1-4019-1201-7

**Print Run:** 10,000

**Marketing:** 40-City Lecture Tour, Including I Can Do It!® 2008 and Canada. National Radio, Print and Internet Advertising.

## ALSO AVAILABLE:



**Lecciones de Vida por Sylvia Browne**  
 (Sylvia Browne's Lessons for Life)  
 Sylvia Browne  
 USA \$10.95 • CAN \$11.95  
 Tradepaper • 5" x 7-1/4"  
 978-1-4019-1200-0

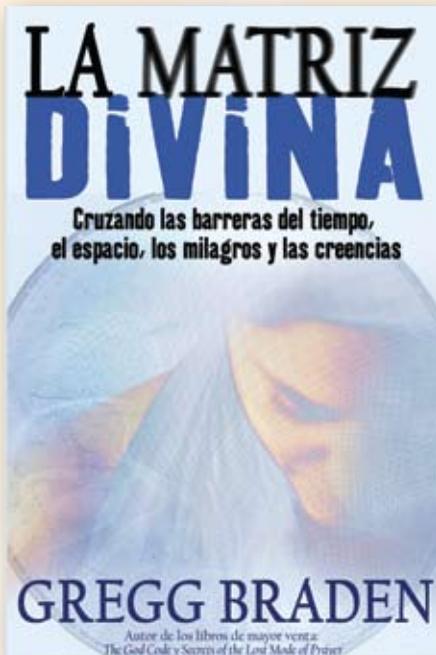
## Best-selling *Secrets and Mysteries of the World*— Now Available in Spanish! *Secretos y Misterios del Mundo* SYLVIA BROWNE

"In this book, you'll read about some of the secrets and mysteries that have greatly puzzled humankind, in some cases for centuries. I've personally visited most of the places where the mysteries in this book originate. I've walked the paths and used myself as a psychic barometer first, and then I've gone back to see if I could prove what I telepathically picked up using research, statistics, eyewitness accounts, and sometimes just good ol' common sense."

— Sylvia Browne

**Sylvia Browne** is the #1 *New York Times* best-selling author and world-famous psychic medium who appears regularly on *The Montel Williams Show* and *Larry King Live*, as well as making countless other media and public appearances. With her down-to-earth personality and great sense of humor, Sylvia thrills audiences on her lecture tours and still has time to write numerous immensely popular books. She has a master's degree in English literature and plans to write as long as she can hold a pen.





December 2008  
 USA \$14.95 • CAN \$15.95  
 Tradepaper • 6" x 9"  
 978-1-4019-2177-4

**Print Run:** 10,000

**Marketing:** Appearance at I Can Do It!® 2008.  
 National Radio, Print and Internet Advertising.

**Best-selling *The Divine Matrix*—  
 Now Available in Spanish!**

## La Matriz Divina

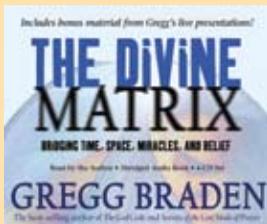
**Cruzando las barreras del tiempo, el espacio,  
 los milagros y las creencias**

**GREGG BRADEN**

To unleash the power of the matrix in our lives, we must understand how it works and speak the language that it recognizes. For more than 20 years, **Gregg Braden**, a former senior aerospace computer systems designer, has searched for the understanding to do just that. From the remote monasteries of Egypt, Peru, and Tibet to the forgotten texts that were edited by the early Christian church, the secret of the Divine Matrix was left in the coded language of our most cherished traditions. It is verified in today's science.

In this paradigm-shattering book, Gregg shares what he's found. Through 20 keys of conscious creation, we're shown how to translate the miracles of our imagination into what is real in our lives. With easy-to-understand science and real-life stories, Gregg shows us that we're limited only by our beliefs, and what we once believed is about to change!

## ALSO AVAILABLE:

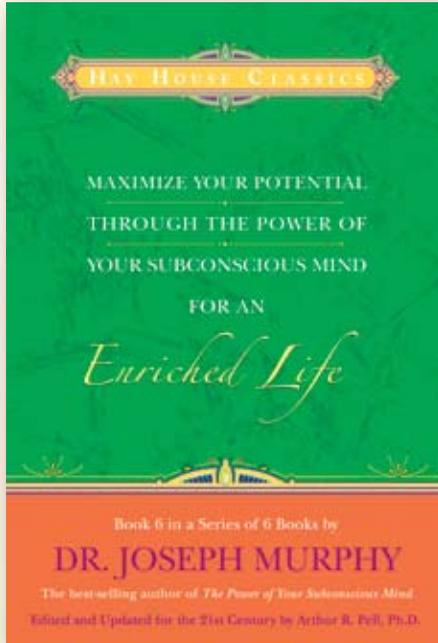


**The Divine Matrix**  
 Gregg Braden  
 USA \$23.95 • CAN \$24.95 • UK £15.99  
 4-CD Set • 978-1-4019-2063-0

New York Times best-selling author **Gregg Braden** has been a featured guest at international conferences and on media specials, exploring the role of spirituality in technology. From his groundbreaking book *Awakening to Zero Point*, to his pioneering work in *Walking Between the Worlds* and the controversy of *The Isaiah Effect* and *The God Code*, Gregg ventures beyond the traditional boundaries of science and spirituality to open the door to our greatest possibilities.



**To order, call 800-654-5126, fax 800-650-5115,  
 or visit: [www.hayhouse.com](http://www.hayhouse.com)®**



December 2008  
 USA \$14.95 • CAN \$15.95 • UK £9.99  
 Tradepaper • 6" x 9" • 978-1-4019-1219-2

**Print Run:** 10,000

**Marketing:** National Radio,  
 Print and Internet Advertising.

**Rights:** English

## Maximize Your Potential Through the Power of Your Subconscious Mind for an Enriched Life

Book 6 in a Series of 6 Books

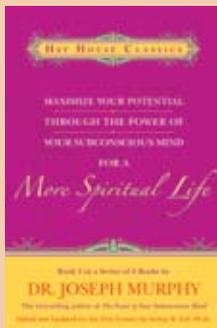
DR. JOSEPH MURPHY

In **Book 6** of the series, **Dr. Joseph Murphy** discusses the core concept that our thoughts and feelings create our destiny. Whatever our subconscious and conscious mind agree upon will come to pass. Fortunately, we have the power to control our thoughts, and in these pages Dr. Murphy gives us the tools we need to reprogram our mind so that we can experience inspiration, happiness, and fulfillment instead of negativity. As we feed our subconscious with uplifting ideas, wonderful events will unfold in our lives.

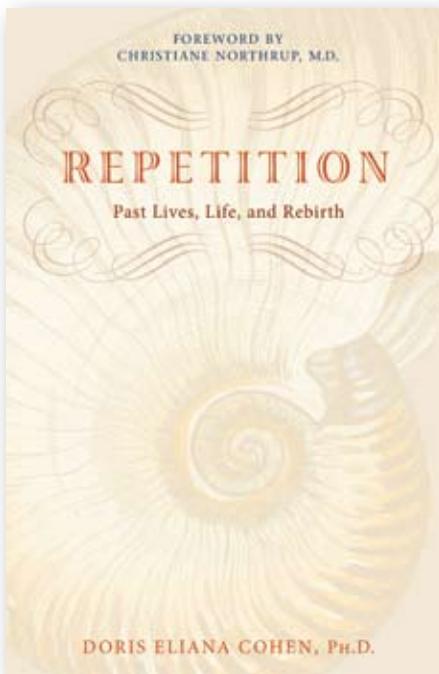
**Dr. Joseph Murphy** (1898–1981), the founder of The Church of Divine Science, produced books, tapes, and radio broadcasts on spiritual matters, the historical values of life, the art of wholesome living, and on the teachings of great philosophers—both from the Eastern and Western cultures.

Dr. Murphy wrote more than 30 books. His most famous work, *The Power of Your Subconscious Mind*, was first published in 1963, became an immediate bestseller, and was acclaimed as one of the best self-help guides ever written.

### ALSO AVAILABLE:



Maximize Your Potential Through the Power of Your Subconscious Mind for a More Spiritual Life (Book 5)  
 USA \$14.95 • CAN \$15.95 • UK £9.99  
 Tradepaper • 6" x 9"  
 978-1-4019-1218-5



December 2008  
 USA \$15.95 • CAN \$16.95 • UK £10.99  
 Tradepaper • 6" x 9"  
 978-1-4019-2020-3

**Print Run:** 15,000

**Marketing:** Appearance at I Can Do It!® 2008.  
 National Radio, Print and Internet Advertising.

**Rights:** World Rights

## Repetition

### Past Lives, Life, and Rebirth

DORIS ELIANA COHEN, Ph.D.

This fascinating book by **Doris Eliana Cohen, Ph.D.**, was written to help us create a shift in our own consciousness as well as that of humanity. In order to heal from traumas, we unknowingly repeat the stories of our lives again and again, reliving them in different scenarios in this life as well as in other lifetimes. This repetition of our behavior patterns is neither neurotic nor pathological. It is absolutely necessary, because painful though it may be, repetition offers us multiple opportunities for facing our issues, making new choices, and healing ourselves at last.

Within these pages, Doris presents the 7 Steps of Rebirth, which provide a profound yet swift and simple route to change our lives and heal ourselves. Her 4 Steps of Joy offer a powerful tool for accessing the Light swiftly and easily. Remembering the events of our past lives provides a rich and fascinating tapestry of our journey, resulting in the humbling and uplifting realization that our souls are on a grand adventure. In owning our stories, we move from seeing ourselves as victims of life to empowering ourselves as co-creators of our destiny.

**Doris Eliana Cohen, Ph.D.**, is a clinical psychologist and psychotherapist with more than 30 years of experience working doing therapy, hypnotherapy, past-life regressions, and dream analysis with thousands of clients. A certified healer, psychic, and communicator with Guides and Angels of the Light, Doris has given over 10,000 medical, relationship, and spiritual readings. She has conducted numerous workshops and has given lectures nationally and internationally.



To order, call 800-654-5126, fax 800-650-5115,  
 or visit: [www.hayhouse.com](http://www.hayhouse.com)®

# INDEX BY AUTHOR

## **Sergio F. Bambaren:**

The Dolphin . . . . . 12

## **Colette Baron-Reid:**

Messages From Spirit . . . . . 19

Messages From Spirit CD . . . . . 19

## **Joan Borysenko, Ph.D.:**

Inner Peace for Busy People . . . . . 27

## **Joan Borysenko, Ph.D. and Gordon Dveirin, Ed.D.:**

Your Soul's Compass . . . . . 27

## **Gregg Braden:**

The Divine Matrix CD . . . . . 42

The Divine Matrix (Spanish) . . . . . 42

## **Sylvia Browne:**

Meditations for Entering

the Temples on the Other Side . . . . . 6

Mystical Traveler . . . . . 7

Mystical Traveler CD . . . . . 6

Secrets and Mysteries

of the World (Spanish) . . . . . 41

Sylvia Browne's Lessons

for Life (Spanish) . . . . . 41

Temples on the Other Side . . . . . 7

## **Ryan C. Browning and Jessica Gendelman, Ph.D.:**

Stop Wondering if

You'll Ever Meet Him . . . . . 31

## **Sonia Choquette:**

The Answer is Simple...Love

Yourself, Live Your Spirit . . . . . 11

Soul Lessons and Soul Purpose . . . . . 11

## **Doris Eliana Cohen, Ph.D.:**

Repetition . . . . . 44

## **Masaru Emoto:**

The Healing Power of Water . . . . . 15

Love Thyself . . . . . 15

## **Steven D. Farmer, Ph.D.:**

Messages from Your Animal Spirit

Guides Oracle Cards . . . . . 40

Power Animal Oracle Card . . . . . 40

## **Timothy Freke:**

Lucid Living . . . . . 33

## **Timothy Freke and Peter Gandy:**

The Gospel of the

Second Coming . . . . . 33

## **Louise L. Hay:**

I Can Do It! 2009 Calendar . . . . . 5

You Can Heal Your

Life Gift Edition . . . . . 21

You Can Heal Your Life, The Movie—

Expanded Version . . . . . 5

## **Louise L. Hay**

### **with Kristina Tracy:**

I Think, I Am! . . . . . 21

## **Esther and Jerry Hicks:**

The Astonishing Power

of Emotions . . . . . 10

The Law of Attractions Cards . . . . . 10

The Law of Attraction

in Action, Episode IV . . . . . 34

The Law of Attraction

in Action, Episode V . . . . . 34

The Law of Attraction

in Action, Episode VI . . . . . 34

## **Robert Holden, Ph.D.:**

Happiness Now! . . . . . 39

Happiness Now!

Perpetual Flip Calendar . . . . . 39

## **Immaculée Ilibagiza:**

Led By Faith . . . . . 9

Led By Faith CD . . . . . 8

Left To Tell . . . . . 9

Left to Tell CD . . . . . 8

## **Marilyn Kagan, LCSW and Neil Einbund, Ph.D.:**

Defenders of the Heart . . . . . 38

## **Byron Katie:**

Question Your Thinking,

Change the World . . . . . 26

Who Would You Be

Without Your Story . . . . . 26

## **Deborah King, Ph.D.:**

Truth Heals . . . . . 20

## **Loretta LaRoche:**

Kick Up Your Heals...

Before You're Too Short

to Wear Them . . . . . 18

Relax—You May Only Have

a Few Minutes Left . . . . . 18

## **Bruce H. Lipton, Ph.D.:**

The Biology of Belief . . . . . 29

## **Dr. Joseph Murphy:**

Maximize Your Potential Through

the Power of Your Subconscious

Mind for an Enriched Life . . . . . 43

Maximize Your Potential Through

the Power of Your Subconscious

Mind for a More Spiritual Life . . . . . 43

## **Christiane Northrup, M.D.:**

Dr. Christiane Northrup's

Mother-Daughter Wisdom . . . . . 24

The Power of Joy . . . . . 4

The Secret Pleasures

of Menopause . . . . . 25

The Secret Pleasures

of Menopause CD . . . . . 4, 24

The Wisdom of

Menopause Journal . . . . . 25

## **Steve Pavlina:**

Personal Development

for Smart People . . . . . 28

## **Gary R. Renard:**

Love Has Forgotten No One . . . . . 13

Your Immortal Reality . . . . . 13

## **Don Miguel Ruiz:**

The Four Agreements

Toltec Wisdom Collection . . . . . 14

## **Rohini Singh:**

The Only Way Out Is Within . . . . . 32

## **Ben Stein and Phil DeMuth:**

How to Ruin the United

States of America . . . . . 1

## **Madhu Tandan:**

Dreams & Beyond . . . . . 17

## **James F. Twyman:**

The Moses Code . . . . . 2

The Moses Code, The Movie . . . . . 3

The Moses Code

Frequency Meditation . . . . . 2

## **Doreen Virtue:**

Angel Therapy Oracle Cards . . . . . 23

Angel Therapy (Spanish) . . . . . 36

Daily Guidance From

Your Angels . . . . . 22

Daily Guidance From

Your Angels Oracle Cards . . . . . 22

Daily Guidance From

Your Angels (Spanish) . . . . . 36

Magical Messages from

the Fairies Oracle Cards . . . . . 23

## **Cornel West, Ph.D.:**

Hope on a Tightrope . . . . . 30

## **Maya White:**

Easy Astrology

Oracle Cards . . . . . 16

Marianne Williamson:

The Age of Miracles CD . . . . . 35

The Age of Miracles

(Spanish) . . . . . 35



*look within.*

# Hay House Events Affiliate Program

Together, we can help people improve the quality of their lives.

Hay House's Events Affiliate Program is a fast and easy way to add e-commerce to your Website and start generating revenue. If you have a Website, you can join Hay House's Events Affiliate Program and earn money by promoting Hay House events from your Website. After you're approved as an affiliate, simply use the links and banners provided to send people to the Hay House Events Website. You can use the trackable links in your text links, banners, e-mail, or anything else to let your customers know about the events you're promoting. Each time a visitor you referred to the Hay House Events Website purchases event tickets within 30 days, you'll earn a 20% commission! Hay House fulfills ALL ticket orders. And, it's absolutely FREE.

## Affiliate Program Benefits

- Earn 20% when you sell event tickets for authors including Sylvia Browne, Wayne W. Dyer, and Doreen Virtue; for the popular I Can Do It® Conferences, and more!
- Dedicated Affiliate Manager to help you meet your sales goals.
- No inventory to stock or shipping to manage. Hay House fulfills ALL ticket orders.
- It's Free!
- Easy to set up affiliate program through LinkShare™. LinkShare Corporation is an independent organization and the largest provider of affiliate programs on the Internet. LinkShare provides the software that enables us to track event ticket sales and allows you to report your results.

## It's Easy to Become an Affiliate:

- To get started, visit [www.hayhouse.com](http://www.hayhouse.com)® and complete the online application. Since you're following the link from our Website, your application will automatically be sent to us. You'll receive an instant e-mail confirming the receipt of your application. We'll then review your application and respond to you as soon as possible—typically within three business days.

Join the Hay House Affiliate Program today!

If you have any questions, visit [www.hayhouse.com/affiliates.php](http://www.hayhouse.com/affiliates.php)  
or call (800) 654-5126, ext. 189.

# HAY HOUSE

## SALES POLICY INFORMATION

Hay House, Inc., offers the following discounts to all RETAIL SALES OUTLETS on orders for books, audios, and videos:

QUANTITY	DISCOUNT
1-4 .....	20%
5-14 .....	30%
15-999 .....	45%

### PREPAID ORDERS:

Receive an additional 2% discount for quantities of 15 or more.

### TERMS:

Net 30 days from invoice date. All payments are to be made in U.S. funds drawn on a U.S. bank or by International Money Order.

Distributor accounts will be reviewed on an account-by-account basis. Please write or call for details.

### STOP ORDERS:

STOP (Single Title Order Plan) orders receive a flat 20% discount. Must be prepaid.

### NEW ACCOUNTS:

All new accounts must submit an account application. New accounts require prepayment until credit is established.

### HOW TO ORDER:

Customers can place orders (USA and Canada) by mail, or call toll-free **1-800-654-5126** between 7:00 A.M. and 5:30 P.M., Monday through Friday, Pacific time. Or fax to **1-800-650-5115** or visit us online at **www.hayhouse.com**®.

### RETURNS POLICY:

Overstock returns may be made within six (6) months of purchase without prior authorization. PLEASE PACK CAREFULLY. A packing slip with account number, invoice number, and dates MUST be included with any returns. Do not include PAYMENTS or ORDERS with returns. Books eligible for credit will be returned at the customer's expense. Credit for overstock returns will be issued at full purchase discounts. Defective items may be returned, and a packing slip with account number, invoice number, and dates MUST be included with any returns and must specify defect. Ship returns to Hay House, Inc., 2750 Progress St., Ste. B, Vista, CA 92081.

### We cannot accept returns of the following:

- Books, audios, and videos not purchased from Hay House, Inc.
- Books, audios, and videos in unsalable condition. Any returned merchandise that is shopworn or damaged in transit to us or with price stickers or ink.
- Any poster, greeting card, or postcard.
- Signed limited editions.

### CLAIMS:

Claims for short shipments or misshipments must be submitted in writing within 30 days of invoice. Please include a photocopy of the original invoice. Books received damaged must be returned within 30 days, bookpost insured (full credit will be issued). Your packing slip must indicate that the merchandise was received by you in damaged condition.

### CREDITS:

Credits will be issued against purchases only. Credits must be used within six months. Cash refunds will not be issued.

### CUSTOMER SERVICE:

Customer Service is available to answer questions concerning your account. Call toll-free **1-800-654-5126** between 7:00 A.M. and 5:30 P.M., Monday through Friday, Pacific time.

### CONSUMER ORDERS:

Consumers who are unable to obtain our merchandise locally may order by phone, fax, or mail AT FULL LIST PRICE (no discounts). Full payment must accompany your order, or you may order by phone or fax with VISA, Discover, MasterCard, or Amex. Please add shipping charge (per schedule). C.O.D. not available. CA, CO, FL, GA, IL, NV, NY, RI and WA residents must add applicable sales tax to orders.

### SHIPPING AND HANDLING POLICY USA and CANADA

Shipping Charges are as follows:

\$0.01-15.00	add \$5.00
\$15.01-25.00	add \$6.00
\$25.01-50.00	add \$7.00
\$50.01-100.00	add \$8.00

Orders over \$100.00 will be charged actual shipping charges.

2nd Day Air and Next Day Air are available at an additional charge. In the continental USA, orders are shipped UPS. Allow 2 to 3 weeks for delivery.

Bookpost for Alaska, Hawaii, and all other territories (unless otherwise instructed). Bookpost is not a guaranteed method of shipping, therefore Hay House is not responsible for lost items.

Prices and shipping/handling charges are subject to change without notice.

# CONTACTS

## HAY HOUSE, INC. – USA

P.O. Box 5100  
Carlsbad, CA 92018-5100  
United States of America  
Tel: (1) (760) 431-7695  
(1) (800) 654-5126  
Fax: (1) (760) 431-6948  
(1) (800) 650-5115  
Website: [www.hayhouse.com](http://www.hayhouse.com)®

## FOREIGN RIGHTS:

Alexandra Gruebler,  
Senior Rights Manager  
[alexandra@hayhouse.co.uk](mailto:alexandra@hayhouse.co.uk)  
tel: +44 20 8962 1241  
fax: +44 20 8962 1239  
Yasmina Reggad, Rights Assistant  
[yasminareggad@hayhouse.co.uk](mailto:yasminareggad@hayhouse.co.uk)  
tel: +44 20 8962 1246

## INTERNATIONAL OFFICES

### HAY HOUSE AUSTRALIA Pty. Ltd.

18/36 Ralph Street  
Alexandria, NSW 2015  
Tel: +61 (2) 9669 4299  
Fax: +61 (2) 9669 4144  
E-mail: [info@hayhouse.com.au](mailto:info@hayhouse.com.au)  
Website: [www.hayhouse.com.au](http://www.hayhouse.com.au)

### HAY HOUSE UK, Ltd.

292B Kensal Road  
London W10 5BE  
Tel: (020) 8962 1230  
Fax: (020) 8962 1239  
E-mail: [info@hayhouse.co.uk](mailto:info@hayhouse.co.uk)  
Website: [www.hayhouse.co.uk](http://www.hayhouse.co.uk)

### HAY HOUSE SOUTH AFRICA (Pty) Ltd.

P.O. Box 990,  
Witkoppen, 2068  
Rep of South Africa  
Tel/Fax: (27) (11) 467-8904  
E-mail: [info@hayhouse.co.za](mailto:info@hayhouse.co.za)  
Website: [www.hayhouse.co.za](http://www.hayhouse.co.za)

### HAY HOUSE PUBLISHERS INDIA

Muskaan Complex  
Plot No 3  
B-2, Vasant Kunj  
New Delhi 110 070  
Tele: +91 11 4176 1620  
Fax: +91 11 4176 1630  
E-mail: [contact@hayhouse.co.in](mailto:contact@hayhouse.co.in)  
Website: [www.hayhouse.co.in](http://www.hayhouse.co.in)

## INTERNATIONAL DISTRIBUTION

### CANADA

#### Distributed by Raincoast Books

9050 Shaughnessy Street  
Vancouver, B.C., V6P 6E5  
Tel: (1) (604) 323-7100  
Fax (1) (604) 323-2600  
E-mail: [info@raincoast.com](mailto:info@raincoast.com)

### SINGAPORE/MALAYSIA

#### Pen International Pte. Ltd.

80 Marine Parade Road, #09-08  
Parkway Parade, Singapore 449269  
Tel: (+65) 6447 2226  
Fax: (+65) 6447 0383  
E-mail: [penintl@pacific.net.sg](mailto:penintl@pacific.net.sg)  
William Lim  
Marketing Manager

### NEW ZEALAND

#### Penguin Group NZ

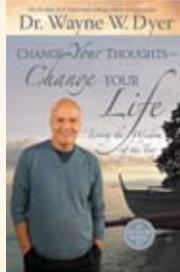
67 Apollo Drive,  
Mairangi Bay, Auckland  
Tel: +64 (9) 442 7400  
Fax: +64 (9) 442 7401  
E-mail: [customer.service@pearsonnz.co.nz](mailto:customer.service@pearsonnz.co.nz)

# NEW YORK TIMES BESTSELLERS



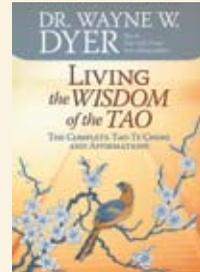
## Left to Tell

Immaculée Ilibagiza  
USA \$14.95 • CAN \$15.95 • UK £9.99  
Tradepaper • 6" x 9"  
1-4019-0897-7



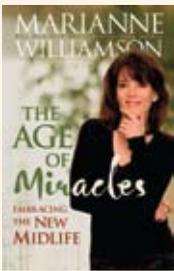
## Change Your Thoughts— Change Your Life

Dr. Wayne W. Dyer  
USA \$26.95 • CAN \$27.95  
Hardcover • 6" x 9"  
978-1-4019-1184-3



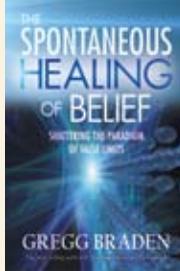
## Living the Wisdom of the Tao

Dr. Wayne W. Dyer  
USA \$9.95 • CAN \$10.95 • UK £6.99  
Tradepaper • 5" x 7"  
978-1-4019-2149-1



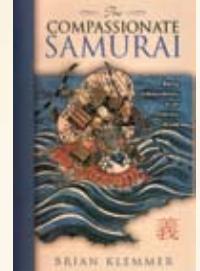
## The Age of Miracles

Marianne Williamson  
USA \$22.95 • CAN \$23.95 • UK £15.99  
Hardcover • 5-3/8" x 8-3/8"  
978-1-4019-1719-7



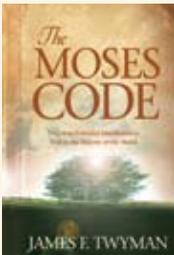
## The Spontaneous Healing of Belief

Gregg Braden  
USA \$24.95 • CAN \$25.95  
Hardcover • 6" x 9"  
978-1-4019-1689-3



## The Compassionate Samurai

Brian Klemmer  
USA \$24.95 • CAN \$25.95  
Hardcover • 6" x 9"  
978-1-4019-2044-9



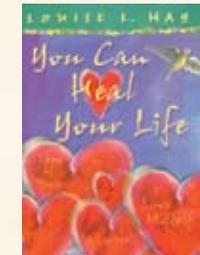
## The Moses Code

James F. Twyman  
USA \$17.95 • CAN \$18.95 • UK £12.99  
Hardcover • 5" x 7-1/4"  
978-1-4019-1788-3



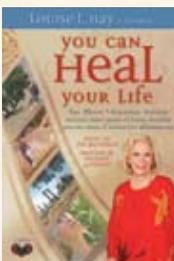
## You Can Heal Your Life

Louise L. Hay  
USA \$14.95 • CAN \$15.95 • UK £9.99  
Tradepaper • 5-3/8" x 8-3/8"  
0-937611-01-8



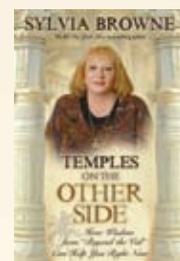
## You Can Heal Your Life Gift Edition

Louise L. Hay  
USA \$17.95 • CAN \$18.95 • UK £12.99  
Special Tradepaper • 6 1/2" x 9 1/4"  
978-1-56170-628-0



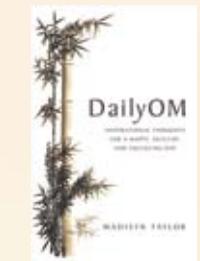
## You Can Heal Your Life, The Movie Expanded Version

Louise L. Hay  
USA \$29.95 • CAN \$30.95 • UK £12.99  
2-DVD Set  
978-1-4019-2029-6



## Temples on the Other Side

Sylvia Browne  
USA \$25.95 • CAN \$26.95 • UK £15.99  
Hardcover • 6" x 9"  
978-1-4019-1745-6



## DailyOM

Madisyn Taylor  
USA \$15.95 • CAN \$16.95 • UK £10.99  
Tradepaper • 5-3/8" x 8-3/8"  
978-1-4019-2050-0

# HAY HOUSE MULTI-PRODUCT DISPLAY RACKS



## Large Display Unit

FREE with a \$2,250 purchase  
Maple item #05366  
Cherry item #6354  
Dimensions 24" x 24" x 66" high

## Tabletop Display Unit

FREE with a \$950 purchase  
Maple item #7944  
Cherry item #7951  
Dimensions 11" x 11" x 27" high



## Small Display Unit

FREE with a \$1,750 purchase  
Maple item #5374  
Cherry item #6362  
Dimensions 17.5" x 17.5" x 66" high



**Contact your local sales representative to ask about the benefits you will receive when becoming a part of our Hay House display program.**

Roberta "Bobbi" Sekunna  
FL, GA, NC, SC, TX  
800-654-5126 ext. 167  
rsekunna@hayhouse.com

Cheryl O'Connor  
IL, KY, MI,  
MN, MO, OH, WI  
800-654-5126 ext. 165  
coconnor@hayhouse.com

Robert "Ram" Smith  
CT, MA, MD, NJ,  
NY, PA, VA  
800-654-5126 ext. 174  
rsmith@hayhouse.com

Arron Alexis  
AZ, CO, NV, UT, WA  
800-654-5126 ext. 136  
aalexis@hayhouse.com

Mike Pucci  
California  
800-654-5126 ext. 162  
mpucci@hayhouse.com

All displays have been designed as multipurpose display fixtures. Use them to hold a variety of products; to feature a select author; or to showcase card decks, books, CDs, DVDs, or kits.

For more Information on the display racks:

CALL 800-654-5126 EXT. 149 - E-MAIL [wholesale@hayhouse.com](mailto:wholesale@hayhouse.com) - Fax 760-918-1176