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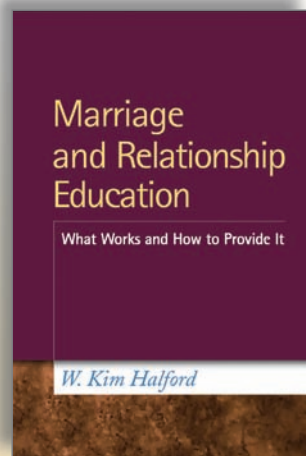
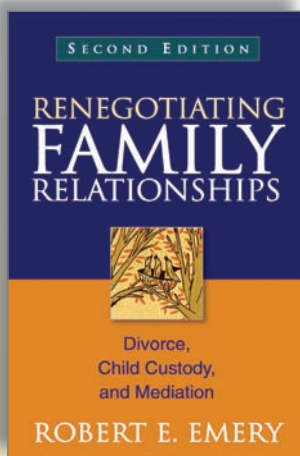
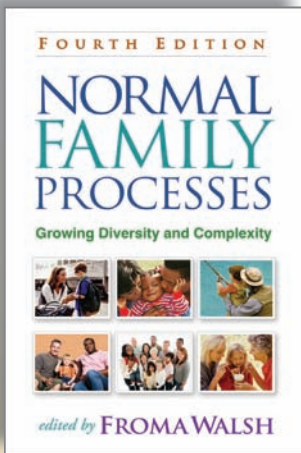
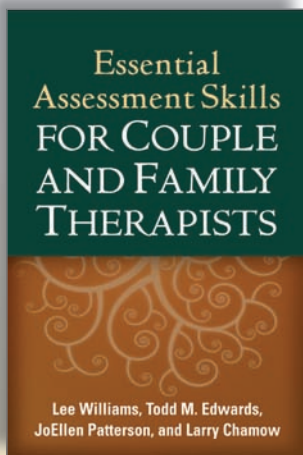
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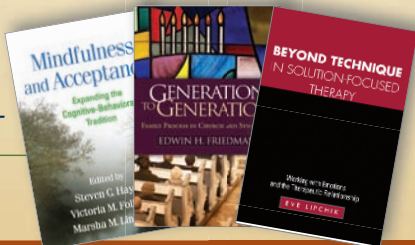
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—All at the University of San Diego

“A comprehensive road map for assessing key areas that may contribute to couples’ and families’ difficulties. Unlike other couple and family therapy texts, this book strongly emphasizes that assessment isn’t just a prelude to treatment; rather, the two are vitally interconnected.”
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| 2. Tools for Assessment | 8. Assessing for Psychopathology in Children and Adolescents | 12. Special Topics in Couple Assessment |
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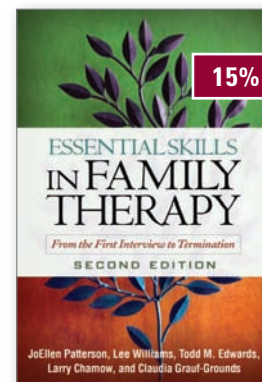
From the First Interview to Termination

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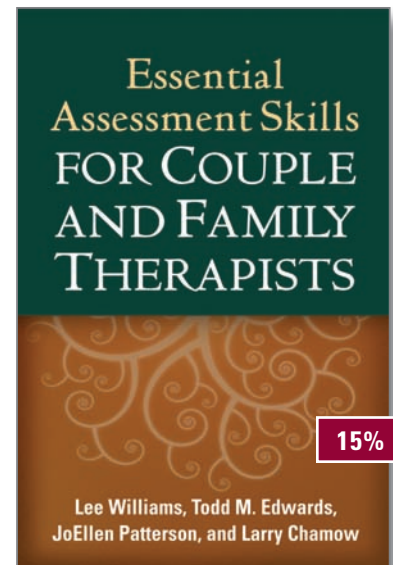
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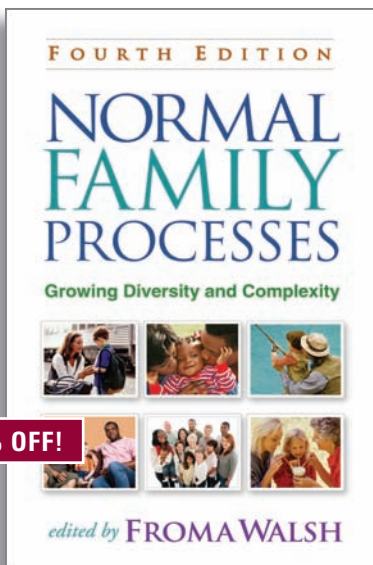
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Froma Walsh, PhD, MSW, is the Mose and Sylvia Firestone Professor Emerita in the School of Social Service Administration and the Department of Psychiatry, Pritzker School of Medicine at the University of Chicago. She is also Co-Director of the University-affiliated Chicago Center for Family Health and holds an appointment as Clinical Professor at the Center for Applied Psychological and Family Studies at Northwestern University.

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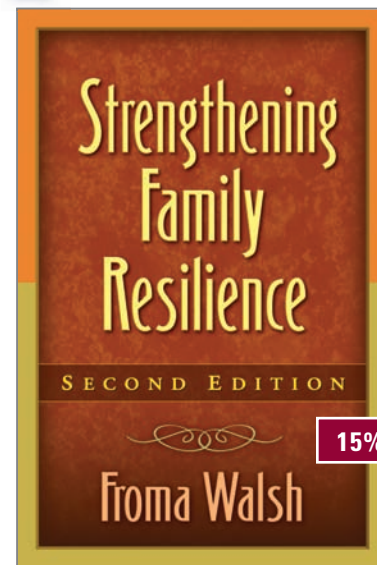
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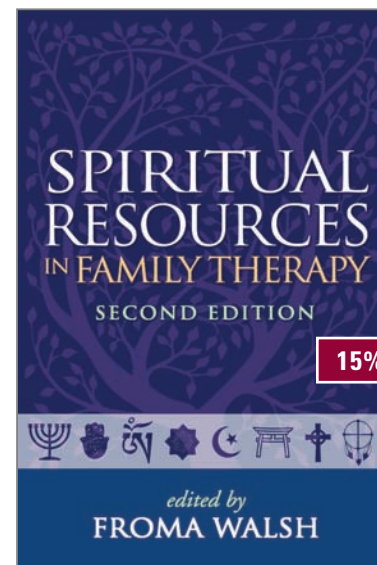
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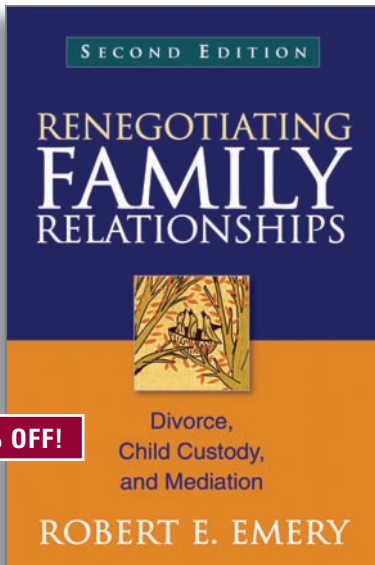


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About the Author



Robert E. Emery, PhD, is Professor of Psychology and Director of the Center for Children, Families, and the Law at the University of Virginia. His research focuses on

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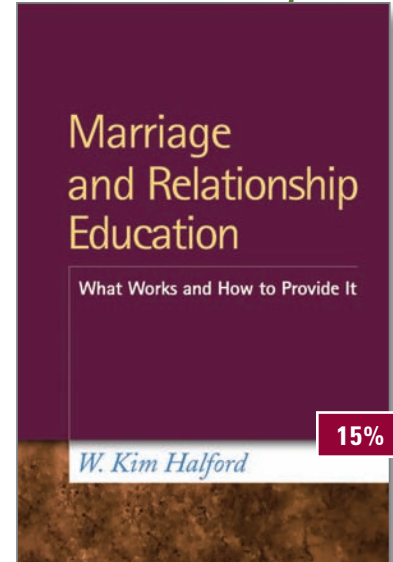
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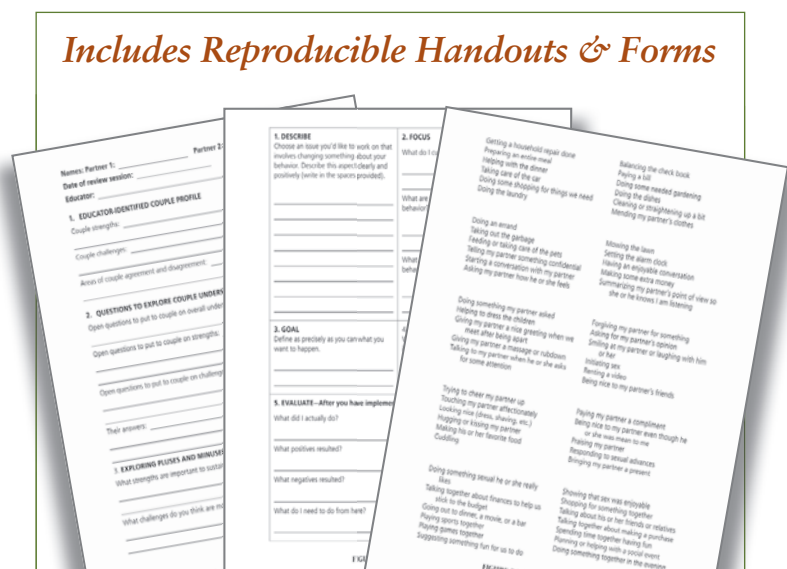


W. Kim Halford, PhD, is Professor of Clinical Psychology at the University of Queensland in Brisbane, Australia. Dr. Halford leads the international team that developed the Couple CARE relationship education programs, is active in work with couples, and has provided training in work with couples to approximately 20,000 professionals in more than a dozen countries.

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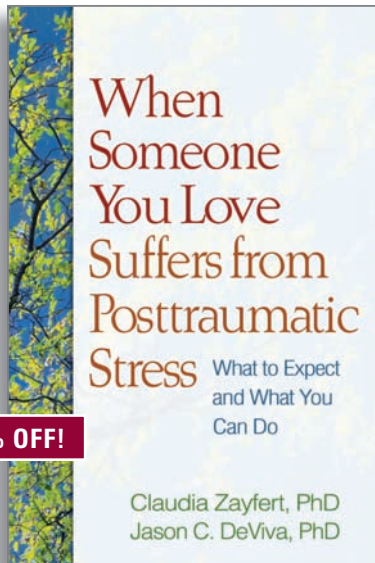
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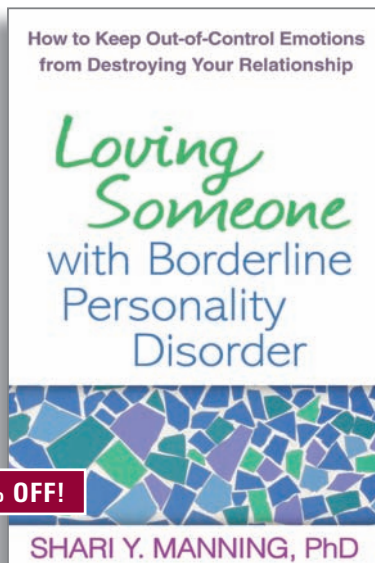
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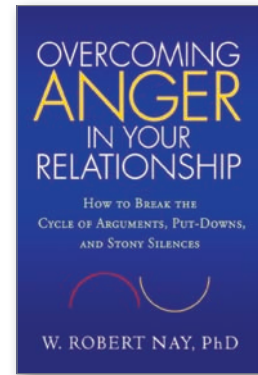
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Michael P. Nichols, PhD, The College of William and Mary

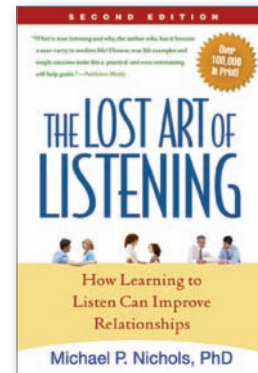
“An important review of the many basic principles of listening that most of us have learned at one point or another in our lifetimes and then quickly forgotten.”

—**Journal of Family Psychotherapy**

This perennial bestseller has already helped many thousands of readers resolve conflicts and transform their relationships. Ideal for client recommendation, it is also a favorite among therapists and other “professional listeners.”

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When Someone You Love Is Bipolar

Help and Support for You and Your Partner

Cynthia G. Last, PhD, private practice, Boca Raton, FL

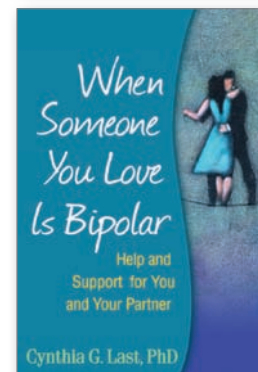
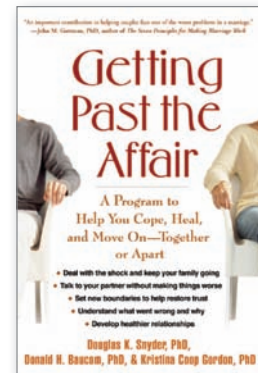
Foreword by **Barry M. Rubin**

“Couples will find much useful information for coping with the disorder, improving communication, strengthening their relationships, and taking care of each other on both a practical and an emotional level.”

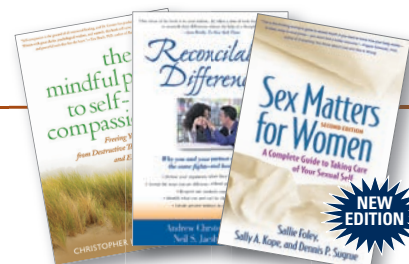
—**David J. Miklowitz, PhD**

Writing expressly for the sufferer’s spouse or partner, Cynthia G. Last offers straight-talking, optimistic guidance for getting through the out-of-control highs and the devastating lows—together.

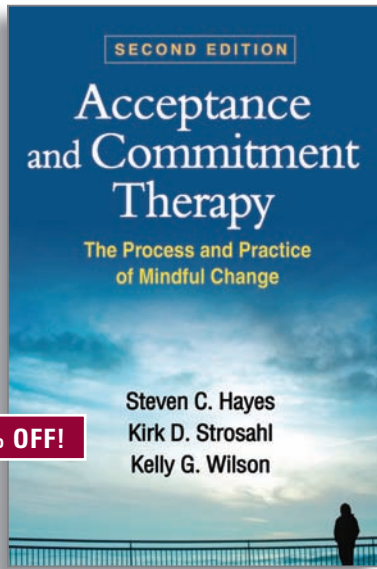
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Acceptance and Commitment Therapy

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The Process and Practice of Mindful Change

Steven C. Hayes, PhD, ABPP, University of Nevada, Reno

Kirk D. Strosahl, PhD, Mountainview Consulting Group, Moxee, WA

Kelly G. Wilson, PhD, University of Mississippi

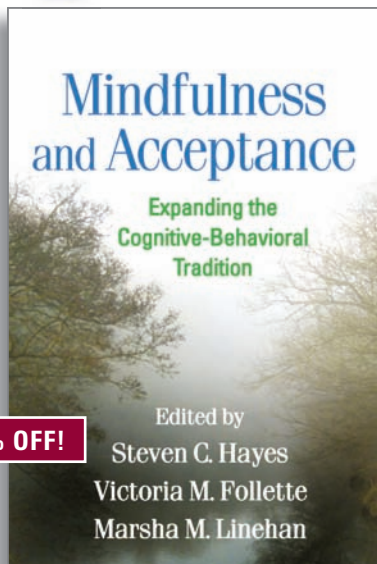
“In the dynamic field of mindfulness-based therapies, this impressive book is a landmark contribution. The authors offer a sophisticated and wise approach to human transformation, one that has been validated by clinical research and honed by a wide range of clinical applications.”
—Tara Brach, PhD

Since the original publication of this seminal work, acceptance and commitment therapy (ACT) has come into its own as a widely practiced approach to helping people change. This book provides the definitive statement of ACT—from conceptual and empirical foundations to clinical techniques—written by its originators. The authors describe effective, innovative ways to cultivate psychological flexibility by detecting and targeting six key processes: defusion, acceptance, attention to the present moment, self-awareness, values, and committed action. Sample therapeutic exercises and patient–therapist dialogues are integrated throughout.

NEW TO THIS EDITION • Reflects tremendous advances in ACT clinical applications, theory building, and research. • Psychological flexibility is now the central organizing focus. • Expanded coverage of mindfulness, the therapeutic relationship, relational learning, and case formulation. • Restructured to be more clinician friendly and accessible; focuses on the moment-by-moment process of therapy.

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Mindfulness and Acceptance

Expanding the Cognitive-Behavioral Tradition

Edited by **Steven C. Hayes, PhD**

Victoria M. Follette, PhD

—both at the University of Nevada, Reno

Marsha M. Linehan, PhD, University of Washington

“These scientist-practitioners continue to demonstrate that their variations of acceptance and change-based strategies have influenced in significant ways not only the traditional cognitive-behavioral based therapeutic traditions but have also—and most importantly—improved the quality of their clients’ lives.”

—*Journal of Marital and Family Therapy*

This volume examines the role of mindfulness principles and practices in a range of well-established cognitive and behavioral treatment approaches. Leading scientist-practitioners describe how their respective modalities incorporate such nontraditional themes as mindfulness, acceptance, values, spirituality, being in relationship, focusing on the present moment, and emotional deepening. Coverage includes acceptance and commitment therapy, dialectical behavior therapy, mindfulness-based cognitive therapy, integrative behavioral couple therapy, behavioral activation, and functional analytic psychotherapy.

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Family Process in Church and Synagogue

Edwin H. FriedmanForeword by **Gary Emanuel, PhD**, and **Mickie Crimone, MS, APRN**

“Shows how ceremonies and rituals, as developmental markers in the lives of families and organizations, can be transformed into systemic interventions that spur healing and growth....For family therapists, *Generation to Generation* is a pioneering text that illuminates the relevance of personal spirituality and religious life to the functioning of healthy families.”

—**James L. Griffith, MD**

An acclaimed, influential work now available in paper for the first time, this bestselling book applies the concepts of systemic family therapy to the emotional life of congregations. Edwin H. Friedman shows how the same understanding of family process that can aid clergy in their pastoral role also has important ramifications for negotiating congregational dynamics and functioning as an effective leader. Clergy from diverse denominations, as well as family therapists and counselors, have found that this book directly addresses the dilemmas and crises they encounter daily. It is widely used as a text in courses on family systems and pastoral care.

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Mindfulness- and Acceptance-Based Behavioral Therapies in Practice

Lizabeth Roemer, PhD, University of Massachusetts at Boston
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“Offer[s] the reader a practical and easily accessible means to integrate mindfulness and ABBT approaches in...clinical work with clients.” —*The Family Journal*

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Mindfulness and the Therapeutic Relationship

Edited by **Steven F. Hick, PhD**, Carleton University
Thomas Bien, PhD, Albuquerque, New Mexico

“Groundbreaking....Contributions from the fields of psychology, addictions, family therapy, and social work highlight the primary, integrative role that the authors believe mindfulness plays in the development of the therapeutic relationship and, thus, in the efficacy of therapy....Powerful.”

—*Social Service Review*

Leading proponents of different treatment approaches illustrate a variety of ways that mindfulness principles can complement standard techniques and improve outcomes.

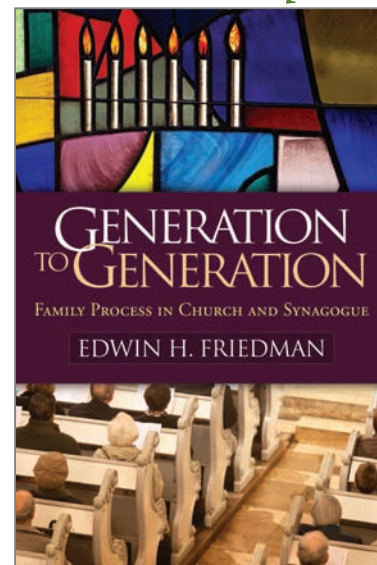
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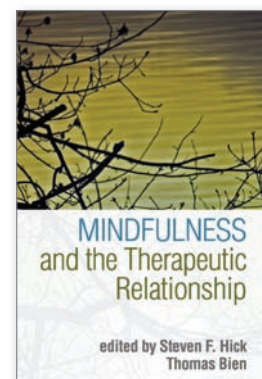
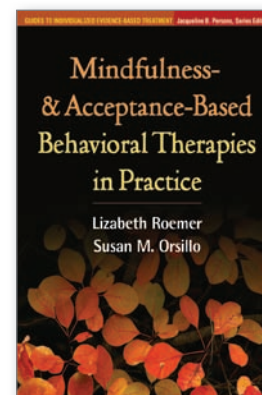
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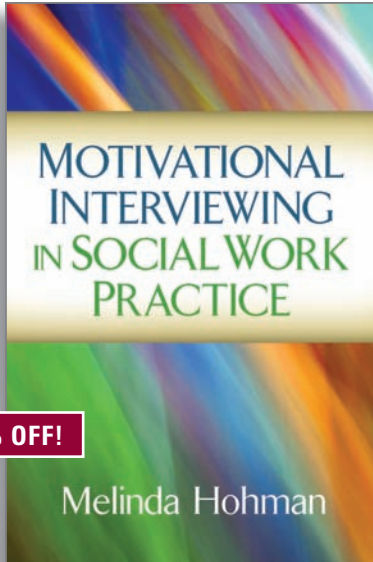


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Motivational Interviewing in Social Work Practice

Melinda Hohman, PhD, San Diego State University

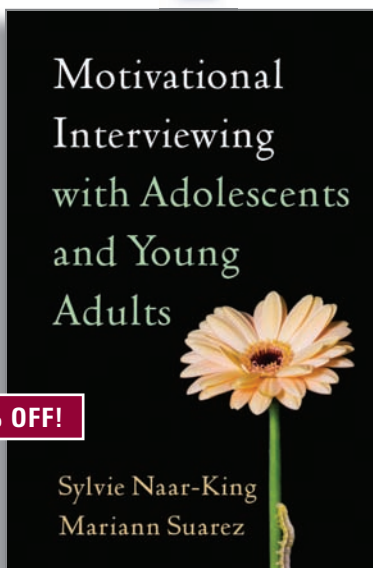
“I have been waiting for a book like this one. This much-needed volume will be of tremendous value....It is rich with helpfully presented, annotated sample dialogues illustrating the skillful application of MI in social work contexts.”

—Andrew Hamid, PhD

Motivational interviewing (MI) offers powerful tools for helping social work clients draw on their strengths to make desired changes in their lives. This reader-friendly book introduces practitioners and students to MI and demonstrates how to integrate this evidence-based method into direct practice. Melinda Hohman and her associates describe innovative applications for diverse clients and practice areas, including substance abuse treatment, mental health, child welfare, community organizing, and others. Extensive sample dialogues illustrate MI skills in action with individuals and groups. The book also presents best practices for MI training, teaching, and agency-wide integration.

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Motivational Interviewing with Adolescents and Young Adults

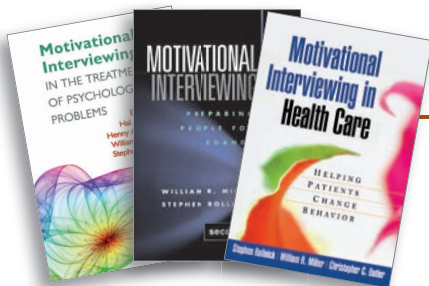
Sylvie Naar-King, PhD, Wayne State University School of Medicine
Mariann Suarez, PhD, ABPP, University of South Florida
College of Medicine

“A beautifully written, well-organized, and immensely substantive book on collaborating with young people who are struggling with serious challenges. I highly recommend this book to anyone who works with teenagers and young adults. Readers will benefit from its unique blend of spirit and skill, lively illustrations, and universal lessons. I guarantee that this book will not disappoint!”

—Andrew Malekoff, LCSW, CASAC

This pragmatic guide spells out how to use motivational interviewing (MI) to have productive conversations about behavior change with adolescents and young adults in any clinical context. Filled with vivid examples, sample dialogues, and “dos and don’ts,” the book shows how conducting MI from a developmentally informed standpoint can help practitioners quickly build rapport with young patients, enhance their motivation to make healthy changes, and overcome ambivalence. Experts on specific adolescent problems describe MI applications in such key areas as substance abuse, smoking, sexual risk taking, eating disorders and obesity, chronic illness management, and externalizing and internalizing behavior problems.

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Beyond Technique in Solution-Focused Therapy

Working with Emotions and the Therapeutic Relationship

Eve Lipchik, MSW, ICF Consultants, Inc., Milwaukee, WI
Foreword by **Wendel A. Ray, PhD**

“A brilliantly written book about the reconciliation and redemption of a seemingly straightforward therapeutic technique that is often ‘misunderstood’ and ‘trivialized’.... A joy to read.”
—*Families in Society*

Solution-focused therapy is often misunderstood to be no more than the techniques it is famous for—pragmatic, future-oriented questions that encourage clients to reconceptualize their problems and build on their strengths. Yet when applied in a “one-size-fits-all” manner, these techniques may produce disappointing results and leave clinicians wondering where they have gone wrong. This volume adds a vital dimension to the SFT literature, providing a rich theoretical framework to facilitate nonformulaic clinical decision making. The focus is on how attention to emotional issues, traditionally not emphasized in brief, strengths-based interventions, can help “unstuck” difficult situations and pave the way to successful solutions.

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Spiritually Integrated Psychotherapy

Understanding and Addressing the Sacred

Kenneth I. Pargament, PhD, Bowling Green State University

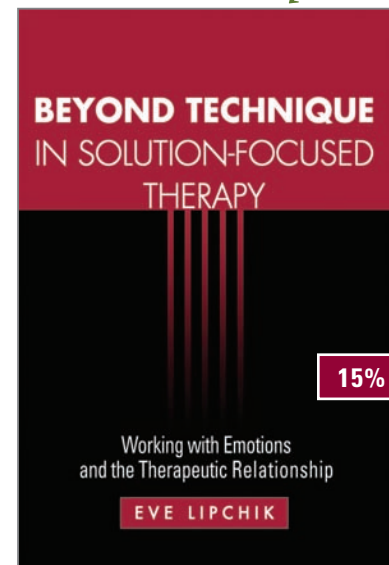
“The author has put together a theory that integrates spirituality with psychotherapy that can help inform both students and practitioners interested in this still-emerging area of practice.”
—*Clinical Social Work Journal*

From a leading researcher and practitioner, this volume provides an innovative framework for understanding the role of spirituality in people’s lives and its relevance to the work done in psychotherapy. It offers fresh, practical ideas for creating a spiritual dialogue with clients, assessing spirituality as a part of their problems and solutions, and helping them draw on spiritual resources in times of stress. Written from a nonsectarian perspective, the book encompasses both traditional and nontraditional forms of spirituality.

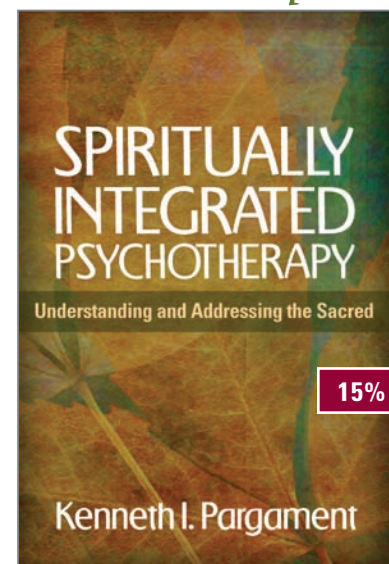
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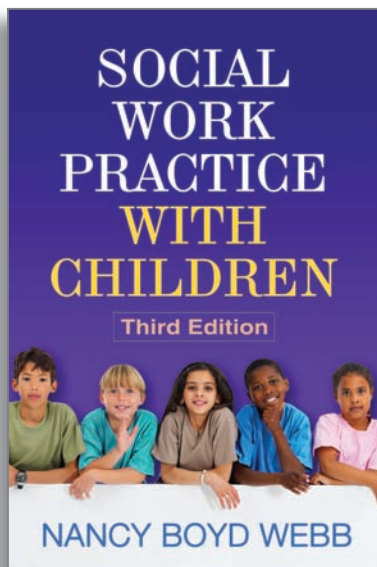


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Social Work Practice with Children

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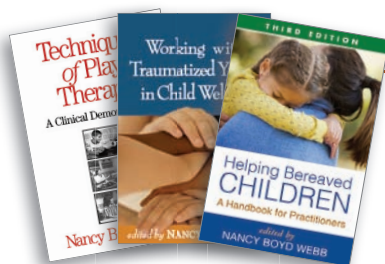
Nancy Boyd Webb, DSW, BCD, RPT-S, Fordham University (Emerita)

Foreword by **James W. Drisko, PhD, LICSW**

“Comprehensive and incisive....Especially impressive is the author’s focus on vulnerable children and youths in traumatic circumstances, such as divorce or out-of-home care... and her frequent use of apt case illustrations that vividly convey sound and effective practice.”
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Widely adopted, this bestselling text provides the knowledge that social workers need for effective, culturally competent practice with children, adolescents, and their caregivers. Special features include instructive discussion questions and role-play exercises. Reproducible assessment forms can also be downloaded and printed in a convenient 8½" x 11" size.

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Douglas Davies, MSW, PhD,
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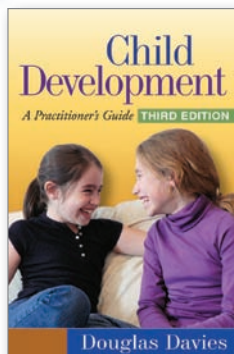
“This truly indispensable volume can serve as a student text or a reference for working clinicians....As a teacher, supervisor, and practicing clinician, I recommend this book most highly. It represents ‘evidence-based practice’ at its best.”
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A Guide for Practitioners

Julie Anne Laser, PhD,
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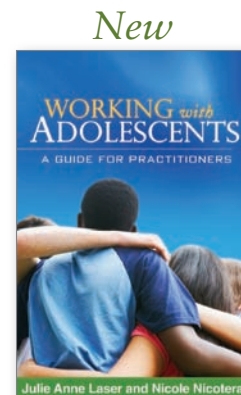
Nicole Nicotera, PhD,
MSW, LICSW

—both at the University of Denver

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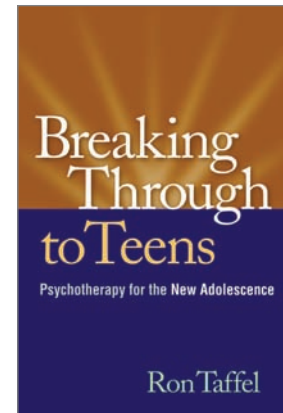
Ron Taffel, PhD, Institute for Contemporary Psychotherapy, New York, NY

“Offers a new method of therapeutic engagement with adolescents of the 21st century....Leaving this text is like leaving a good professional workshop or conference. You are inspired, reminded of old concepts, enlightened by old concepts in new frames, and interested in learning more about new concepts just introduced.”

—*Child and Adolescent Social Work Journal*

Ron Taffel addresses the key challenge of building a therapeutic relationship that is strong enough to promote *real* behavioral and emotional change. He demonstrates effective ways to give advice that teens will listen to, get them to tell the truth about their lives, help parents reestablish their authority, and extend the reach of therapy by such nontraditional means as inviting teens to bring friends into sessions.

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The Adolescent in Family Therapy

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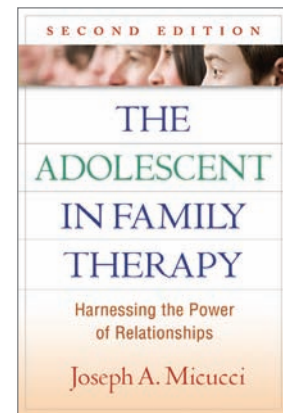
Joseph A. Micucci, PhD, ABPP, Chestnut Hill College

“An essential text for anyone working with adolescents. Students in family therapy courses, trainees learning to interview adolescents and their families, and seasoned clinicians all will benefit greatly from the book’s clear framework for family-oriented treatment.”

—*Celia J. Falicov, PhD*

Rich with clinical wisdom, this successful text and practitioner guide offers a comprehensive framework for treating adolescent problems in the family context. Even as teenagers become increasingly independent, Joseph Micucci shows, they still need parental guidance and nurturance. By strengthening family relationships, clinicians can alleviate symptoms and promote behavioral change.

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Collaborative Brief Therapy with Children

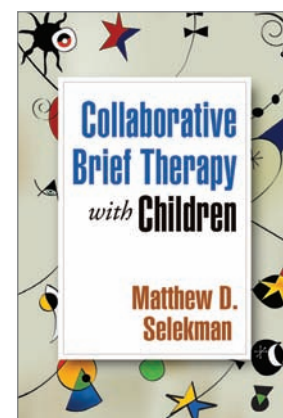
Matthew D. Selekman, MSW, Partners for Collaborative Solutions, Evanston, IL

“This rich resource has much to offer for beginners and experienced clinicians, individual and family therapists, committed brief therapists and skeptics.”

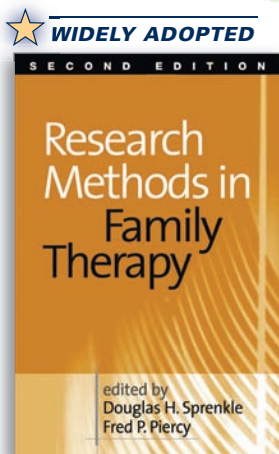
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In this engaging guide, Matthew Selekman presents cutting-edge strategies for helping children and their families overcome a wide range of emotional and behavioral challenges. Vivid case material illustrates how to engage clients rapidly and implement interventions that elicit their strengths.

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Research Methods in Family Therapy

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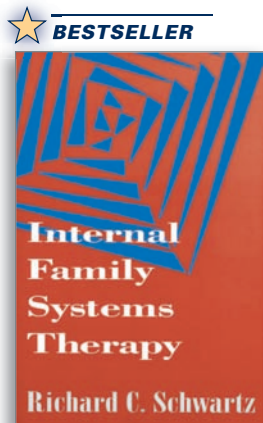
“For the clinician, this book is a must have to consult when evaluating research studies for an evidence-based practice protocol. Professors will want to have this resource for preparing lecture notes or for assisting student researchers. Students will benefit from having this book so that they can see more vividly the research/practice connection. Researchers will want to refer back to specific chapters relating to the methodological protocols and themes in order to produce solid and applicable research projects.”

—*Journal of Marital and Family Therapy*

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Internal Family Systems Therapy

Richard C. Schwartz, PhD,
Northwestern University

“[Schwartz’s] thoroughness shines as he provides detailed instructions for assessing and working with individuals’ internal family systems. In a refreshing stance, he also discusses the common mistakes and pitfalls that new therapists make in practicing this model....Both theoretically enriching and clinically helpful.”

—*Journal of Family Psychotherapy*

“Offers the clinician a new tool for understanding internal conflicts and methods for working with themes of ambivalence and conflicting desires.”

—*American Journal of Psychotherapy*

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Common Factors in Couple and Family Therapy

The Overlooked Foundation for Effective Practice

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“The authors offer a guidebook for understanding and integrating the common factors that cut across distinct therapies, and also present an extraordinarily thoughtful and nonpolemical examination of the strengths and weaknesses of the common factors strategy....A huge step ahead for our field—read it.”

—**William M. Pinsof, PhD**

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—*Journal of Family Therapy*

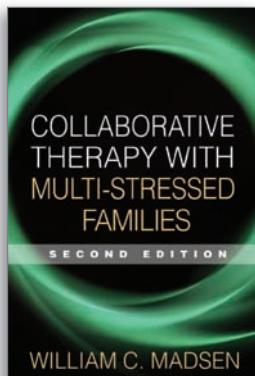
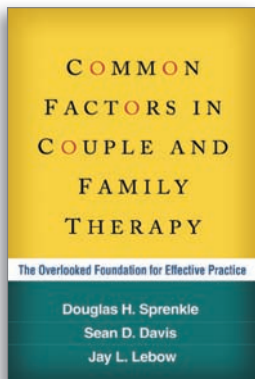
“Madsen’s writing style is very conversational and engaging....The text is rich with diverse examples illustrating key concepts. Madsen clearly links his framework to the theory and models he is building upon.”

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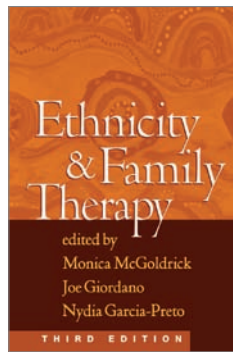


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—*Journal of Marital and Family Therapy*

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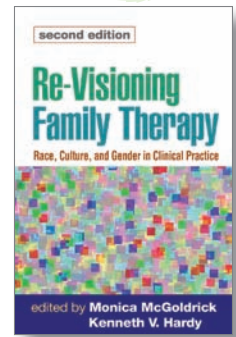
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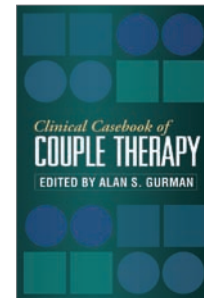
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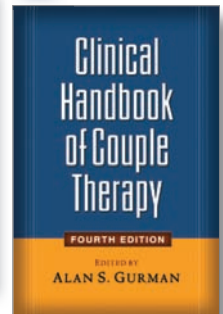
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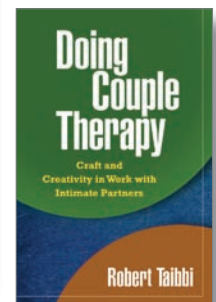
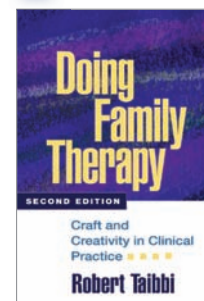
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