

IKEA® 2008

mattresses, pillows & quilts

SULTAN HASSELBÄCK pocket
spring queen mattress \$549
W152×L202cm, 28cm thick.
White 500.779.64

GOSA OPTIMAL pillow \$59/ea
An extra high synthetic pillow.
W80×L50cm. White 500.968.06

MYSA ELIT queen quilt \$179
An extra warm synthetic quilt.
W200×L200cm. White 400.968.21

**BROCHURE PRICES ARE VALID
UNTIL 1 FEBRUARY 2008.**
(Applicable in NSW, VIC and QLD)



www.IKEA.com.au

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Mattresses

Take some time to read about the unique benefits of our latex, foam, spring and wooden base spring mattresses and find the kind of sleeping comfort that's right for you.

A better night's sleep starts on page 6

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Pillows & Quilts

Our range of plump, supportive pillows and warm, fluffy quilts come in a variety of different sizes and fillings. 42

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All SULTAN mattresses are guaranteed for 25 years. See page 58 for more details.

**We design
mattresses for
people who
are awake.**



**Do you live with someone
who rolls around in bed
30,000 times a night?**

SULTAN HASSELBÄCK queen pocket spring mattress \$549

W152×L202cm, 28cm thick. White 500.779.64

SULTAN TOLG queen mattress pad \$379 W152×L202cm,

7cm thick. 801.136.11 **ANEBODA queen bed frame \$189** Foil finish.

Designer: Tord Björklund. W157×L215, H71cm. White 598.425.08



We do.

Mattresses are funny things. These days they can cost as much as a quality second hand car. Some beds can even cost as much as a brand new car with extra features.

Does a good mattress have to cost so much? We honestly don't understand it either. However we build our mattresses – with a high comfort factor, using quality materials – we still only come up to a fraction of that price.

In order to ensure our mattresses are comfortable and hard wearing we use a real man; made of steel and wood admittedly – but still. This 140 kilo man is without doubt the most demanding man ever to lie on a mattress. He has one job in life, and that's to test our mattresses; and he does it well.

His tests show that the springs really last, which is why we give our mattresses a 25-year guarantee without as much as a second thought.

There's a lot of talk about natural store in mattress advertisements these days – and at your IKEA store you can choose from mattresses filled with horse hair, camel hair, silk or wool. There are also times when other materials are more suitable – such as polyester, which is twice as strong as cotton.

Buying a mattress is very much an individual choice – it's the most personal item of furniture in your home.

Come and pay us a visit, lie down for a while, and give the matter some thought.

If you need some advice there are people at your IKEA store who can help you. But you won't have to meet our 140 kilo man. He's already done his bit to make sure you sleep well at night.



Make yourself comfortable...

If you consider that we are asleep for one-third of our lives, it makes sense to spend those eight hours a day, every day, as comfortable as possible. But what exactly is sleeping comfort? How do you go about achieving it?

Take SULTAN EVJE for example. SULTAN EVJE is a latex mattress that contours to the shape of your body, giving you greater support. Latex allows air to circulate, transporting moisture away. It also cushions movements.

Sleeping comfort is more than just a great mattress. Slatted bed bases absorb the shock of body movements. Mattress bases raise the height of the bed, making it easier to get up. Let's not forget about pillows and quilts either, which provide much needed support and maintain the right temperature.

Of course, different people with different needs call for different sleeping combinations. So, on the following pages you'll see a variety of mattresses, mattress pads, quilts, pillows, bases—even legs—that together, add up to a level of sleeping comfort every body can enjoy.

SULTAN EVJE latex mattress

- lasting firmness
- natural materials
- pressure relief
- contoured support
- cushioned movements
- dry, fresh sleep



Sleeping tip: Stay cool in summer, warm in winter, with a four-seasons quilt.



SULTAN EVJE
queen latex mattress

\$749



All **SULTAN** mattresses are guaranteed for 25 years. **See p. 58.** for more details.

SULTAN EVJE queen latex mattress \$749

W152×L202cm, 16cm thick. White 201.007.77

MANDAL series. Queen bed frame with storage boxes \$449 Clear lacquered solid pine.

W160×L202, H26.5cm. 801.213.38

Bedside table \$89 Clear lacquered solid pine. W45×D49, H52cm. Solid pine/black 201.212.75

GOSA BLINKA pillow \$19.95 Cover: 65% polyester, 35% cotton. W80×L50cm. White 200.522.48

MYSA SÅSONG queen four-seasons quilt \$129

Cover: 65% polyester, 35% cotton.

W200×L200cm. White 800.710.98

Appreciate nature without leaving your bedroom

SULTAN HEIDAL, just one of the mattresses in our natural range, is designed to provide you with a greater feeling of wellbeing in the morning. A reversible active pocket spring mattress, which contains materials like horse hair, which has hollow strands to transport moisture away from the body; corn-based wadding, a highly resilient fibre that regulates temperature; and wool, which has excellent insulating qualities and creates a dry and cool sleeping environment. These are all wrapped up in a cover composed of 100% eco-cotton; a durable material that's also soft against the skin.

SULTAN HEIDAL spring mattress

- lasting firmness
- natural materials
- pressure relief
- contoured support
- dry, fresh sleep



All **SULTAN** mattresses are guaranteed for 25 years. **See p. 58.** for more details.

SULTAN HEIDAL queen spring mattress \$699

Ticking 100% cotton.
W152×L202cm, 26cm
thick. White 401.095.74

ÅNES queen bed frame

\$499 Birch veneer/white
melamine foil. Designer:
Ehlen Johannson.
W163×L222, H79cm.
998.280.96

UNNI SLINGA queen quilt cover set \$29

100% cotton. Designer:
Cilla Ramnek. Quilt cover
W200×L200cm.
4 pillowcases W80×L50cm.
Black/white 301.232.07




SULTAN HEIDAL
queen spring mattress

\$699



Sleeping tip: Turn your mattress from time to time for even wear.



SULTAN HASSELBÄCK
double spring mattress

\$499

Sleeping tip: Using one quilt for a double bed? It should be 40-60cm wider than the bed.



Ease some stress at the end of the day

Soft wadding and high-resilience foam form the top layer of SULTAN HASSELBÄCK, a mattress with active pocket springs that provide posture support while taking some of the pressure off the hips and shoulders. For a little extra pressure relief, add a SULTAN ARNÖ mattress base. SULTAN ARNÖ contains Bonell springs, which increase in resistance as weight is placed upon them, creating a more comfortable, relaxed sleeping sensation.

SULTAN HASSELBÄCK spring mattress

- lasting firmness
- pressure relief
- contoured support
- cushioned movements
- dry, fresh sleep

SULTAN ARNÖ double spring mattress base with storage \$449

Ticking 100% cotton. Castors included. W135×L189, H31cm. White 501.093.71

SULTAN HASSELBÄCK double spring mattress \$499

Ticking 100% cotton. W135×L189cm, 26cm thick. White 000.779.66

ALVINE FLOR queen quilt cover set \$59

100% cotton. Quilt cover W200×L200cm. 4 pillowcases W80×L50cm. Dark blue/white 601.145.22

ALVINE KRANS cushion covers \$15/2pk

Two cushion covers with different patterns. Red/white 601.126.36 Use with **INNER inner cushions \$4.95/ea** 400.721.94 Sold separately.



All **SULTAN** mattresses are guaranteed for 25 years. **See p. 58.** for more details.



Pull out drawers in SULTAN ARNÖ allow you to store extra linen, quilts and pillows.



Imagine a mattress that **gets in shape for you**

Latex is a flexible material with the ability to contour itself to your body's specific shape. In doing so, a latex mattress like SULTAN ERFJORD gives you precise support for greater relaxation, relieves pressure where it is most needed and improves circulation to the muscles and skin for an improved night's sleep. Along with latex, which is derived naturally, SULTAN ERFJORD contains natural materials like silk, eco-cotton and corn fibres, which together create a comfortable microclimate under the covers.

SULTAN ERFJORD **latex mattress**

- natural materials
- pressure relief
- contoured support
- cushioned movements
- dry, fresh sleep



All **SULTAN** mattresses are guaranteed for 25 years. **See p. 58** for more details.

- SULTAN ERFJORD latex double mattress \$899**
Ticking 100% cotton.
W135×L189cm, 18cm thick.
White 301.095.84
- ANEBODA double bed frame \$159** Foil finish.
W139×L203cm, H71cm.
898.430.35
- BIBBI SNURR queen quilt cover set \$49**
100% cotton. Quilt cover
W200×L200cm.
4 pillowcases W80×L50cm.
Black 001.242.32
- GOSA VILA european size pillow \$9.95** Outer
fabric 65% polyester,
35% cotton. W65×L65cm.
100.531.06
- HEDDA cushion cover \$5** 100% cotton.
W50×L50cm. Black/white
601.142.25
Use with **INNER inner cushion \$4.95**
W50×L50cm. 400.721.94

Choose your ideal mattress with the SULTAN mattress guide at www.IKEA.com.au



SULTAN ERFJORD
latex double mattress

\$899

Sleeping tip: Test out your mattress in store at the SULTAN mattress studio.

*Sleep
on natural
materials!*

The **natural way** to a **better night's sleep**...



Thick, natural wadding

After a hectic day at the office, an exhausted Anna (that's Anna above) flops into bed. She begins to think about tomorrow's presentation but her SULTAN HEIDAL mattress, with extra thick natural wadding in the top layer and pressure-relieving springs, quickly lulls her into a relaxing sleep.



Horse hair and eco-cotton

SULTAN HEIDAL contains strands of horse hair that help to transport moisture away from the body, and eco-cotton which, along with other materials, allows air to circulate through the mattress. This is ideal for Anna, who, before buying a natural mattress, used to get quite hot in bed.



Wool and corn fibres

For some fresh air during the night, Anna sleeps with her window slightly open. Even when the temperature drops outside, she stays cosy, thanks to the insulating properties of wool. The corn fibre wadding in her mattress also helps to regulate the temperature. Though she denies it, Anna snores.

**Sleep
on natural
materials!**

SULTAN HEIDAL double spring mattress
W135xL189cm, 26cm thick White 501.095.78

\$649



Refreshed and ready

Anna has never been much of a morning person, but thanks to the natural materials in her SULTAN HEIDAL mattress she wakes feeling refreshed and ready for her big presentation. Which, by the way, goes exceedingly well.

Derived from nature without costing you the earth, the selection of IKEA natural mattresses, in spring and latex, are specially designed to give you a better night's sleep. See the range on p. 26. of this brochure.





SULTAN HASSELBÄCK
double spring mattress

\$499



Works best **under pressure**

Find yourself waking up sore in the mornings? There's a good chance your mattress isn't providing enough support or relief to the pressure points in your body. SULTAN HASSELBÄCK, one of our firmest mattresses, is constructed using active pocket springs which are pretensioned so that they react even better to your body's pressure points. There's also an extra thick layer of wadding as well as high resilience foam in the top of the mattress for added comfort and support. Better still, SULTAN HASSELBÄCK is reversible, allowing you to maintain freshness and comfort for longer. A contour-hugging latex mattress pad, SULTAN TUVEBO, further enhances the even weight distribution, meaning less pressure on your body and fewer slow starts in the morning.

SULTAN HASSELBÄCK spring mattress

- lasting firmness
- pressure relief
- contoured support
- cushioned movements
- dry, fresh sleep



All **SULTAN** mattresses are guaranteed for 25 years. **See p. 58.** for more details.

SULTAN HASSELBÄCK double spring mattress \$499 Ticking 100% cotton. W135×L189cm, 28cm thick. White 000.779.66

SULTAN TUVEBO double mattress pad \$259

Ticking 100% cotton. W135×L189cm, 9cm thick. White 000.779.90

HEMNES double bed frame \$439

Stained and clear lacquered solid pine. Designer: Filippa Eneroth. W143×L197, H209cm. Black-brown 598.480.63

ALVINE BÄR queen quilt cover set \$59 Quilt cover with contrasting sides for variation. 100% cotton. Quilt cover W200×L200cm. 4 pillowcases W80×L50cm. Black/white 801.144.70



A mattress pad like SULTAN TUVEBO enhances not only comfort, but convenience. Make your bed quickly and easily by tucking your sheet under the mattress pad.

Firmness and support you can rely on

Inside each SULTAN HÖGBO mattress is a mix of materials that combine to give you a more comfortable, more relaxed sleeping sensation. Bonell springs cushion and support your movements, while the foam filling and polyester wadding add extra comfort. The ventilated construction of Bonell springs means air can flow freely through the mattress, allowing the mattress to stay fresher longer. To enhance comfort and extend the life of your mattress, add a SULTAN TORSMO mattress pad.



SULTAN HÖGBO
double spring mattress

\$249

Sleeping tip: Always use the handles on the side when turning your mattress.



SULTAN HÖGBO spring mattress

- pressure relief
- cushioned movements
- dry, fresh sleep



All **SULTAN** mattresses are guaranteed for 25 years. **See p. 58.** for more details.

SULTAN HÖGBO double spring mattress \$249

Ticking 76% cotton, 24% polyester. W135×L189cm, 20cm thick. 400.779.50

SULTAN TORSMO double mattress pad \$129

Ticking 76% cotton, 24% polyester. W135×L189cm, 4.5cm thick. 900.779.81

ANEBODA double bed

frame \$159 Painted finish. Designer: Tord Björklund. W139×L203, H71cm. White 898.430.35

ANDREA SATIN queen quilt cover set \$89

Combed cotton; gives bedlinen extra softness and lustre. 100% satin-woven cotton. Designer: Charlotte Skak. Quilt cover W200×L200cm. 4 pillowcases W80×L50cm. Pink/multicolour 001.076.47



Designed for **every body**

Foam is renowned for its firmness, while at the same time being a soft and flexible mattress material. SULTAN FORSBACKA contains high resilience foam which closely follows the natural shape of your body. It provides great support in any sleeping position and effectively cushions movements. Combined with a slatted bed base, with adjustable slats enabling you to fine tune your support, a foam mattress is ideal for all kinds of sleepers.

SULTAN FORSBACKA foam mattress

- lasting firmness
- pressure relief
- contoured support
- cushioned movements



All **SULTAN** mattresses are guaranteed for 25 years. **See p. 58.** for more details.

SULTAN FORSBACKA single polyurethane foam mattress \$399

Ticking 100% cotton.
W92×L189cm, 16cm thick.
White 700.778.97

SULTAN LOVENE single slatted bed base \$100

Birch veneer. W91×L190cm.
Head section is adjustable
up to 9cm. 400.790.96

MALM series.

Single bed frame \$269
included slatted bed base
as shown. W108×L201,
H77cm. Medium brown/
veneer.

Beside table \$79

W50×D40, H77cm.
Medium brown.
400.932.95


KILAN bedspread \$99

Fits a single or double
bed. W180×L280cm.
Blue-green 401.114.59



*Slatted bed bases are
designed to fit into all
IKEA bed frames.*





SULTAN FORSBACKA
single polyurethane foam mattress

\$399





SULTAN HEDFORS
spring queen mattress

\$449

Sleeping tip: Fresh air circulating in a bedroom ensures a better night's sleep.



Sleep longer

Everything about the spring mattress, SULTAN HEDFORS, says long lasting comfort. Durable high resilience foam in the top of the mattress provides greater relaxation while you sleep. The mattress springs are enclosed in fabric pockets and work independently to improve circulation to muscles and skin. Their ventilated construction, which allows air to flow through the mattress, keeps it fresher and drier for longer. Plus SULTAN HEDFORS is reversible, which means you can turn it regularly to prolong optimal comfort.

SULTAN HEDFORS spring mattress

- lasting firmness
- pressure relief
- contoured support
- dry, fresh sleep



All **SULTAN** mattresses are guaranteed for 25 years. **See p. 58.** for more details.

SULTAN HEDFORS spring queen mattress \$449 Ticking 73% cotton, 27% polyester. W152×L202cm, 20cm thick. Light grey 101.081.61

SULTAN TIMAN queen mattress pad \$199 Ticking 73% cotton, 27% polyester. W152×L202cm, 7cm thick. Light grey 300.779.84

TORENIA queen quilt cover set \$19

52% polyester, 48% cotton. Quilt cover W200×L200cm. 4 pillowcases W80×L50cm. Yellow/white 901.143.18

DALSELV queen bed frame \$149


Clear lacquered solid pine. Designer: K Hagberg/M Hagberg. W173×L210, H97cm. 698.173.96

MANDAL bedside table \$89

Clear lacquered solid pine. Designer: Francis Cayouette. W45×D49, H52cm. 201.212.75



Mattress pads help to prolong the life of your mattress while enhancing overall comfort.



SULTAN HEIDAL double spring mattress
W135×L189cm, 26cm thick. 501.095.78

\$649



All **SULTAN** mattresses are guaranteed for 25 years. **See p. 58.** for more details.



With quality like this, it's no wonder people have trouble believing us.

Quality is a difficult thing.

It's easy to think that what's expensive must be good. But if you think like that, it means you also believe that the quality of what's not so expensive isn't as good.

At your IKEA store we've never thought like that. To us quality is something that fulfils your needs and expectations every day – so that everything is how you had imagined it would be.

So have a good day. Every day.

1 We all sleep differently, and when you have found the mattress that gives you the right comfort you want it to keep that comfort. That's why we test our mattresses to make sure that they keep their shape and don't sag – regardless of the position you sleep in. Our test machine is a 100 kilo weight that moves up and down in different positions 10,000 times.

2 No real person would have the energy to test our mattresses for the everyday life that awaits them. So we have a 140 kilo man in the form of a wooden cylinder that rolls around 30,000 times during our durability test. We also test the edges of our mattresses – you know, the places where you sit before you lie down or get dressed. We test the edges with a 100 kilo weight that gets in and out of bed 20,000 times.



Latex mattresses

Derived from nature and also produced synthetically, flexible latex is high on the evolutionary scale when it comes to mattress development. These mattresses comprise a number of clever features to give you a better night's sleep. To guide you in your choice of mattress with the right amount of firmness, look for the firmness scale included on all our mattresses.

Quick reference:

Ideal for adjustable slatted bed bases and frames due to its flexibility, latex contours to your body for more precise support and relieves pressure on shoulders and hips. The open cells in a latex mattress improve circulation and draw moisture away from the body. It also cushions movements in bed, even if your partner moves around.

For complete comfort:

Add an adjustable slatted bed base plus a bed frame or standard mattress base with legs. See page 34 for more details.

SULTAN EVJE
latex single mattress

\$599



SULTAN EVJE latex single mattress \$599
Ticking 100% cotton.
W92×L189cm, 16cm thick.
White 101.007.73

All **SULTAN** mattresses are guaranteed for 25 years. **See p.58.** for more details.



SULTAN ERFJORD latex mattress, white. Natural materials like natural latex, silk, eco-cotton and corn fibres transport moisture away, circulate air - giving you a pleasant sleeping environment. Seven different comfort zones provide posture support where it is needed at the same time as they relieve pressure on shoulders and hips. Pressure relieving natural latex contours to your body extremely well, enabling you to relax more fully and improving circulation to both muscles and skin. 18cm thick.

Single	\$799	W92xL189cm	201.095.94
Double	\$899	W135xL189cm	301.095.84
Queen	\$949	W152xL202cm	401.095.93



SULTAN EVJE latex mattress, white. Natural materials like silk, cotton and lamb's wool transport moisture away and circulate air - giving you a pleasant sleeping environment. Five different comfort zones provide posture support where it is needed at the same time as they relieve pressure on shoulders and hips. Pressure relieving latex contours to your body, enabling you to relax more fully and improving circulation to both muscles and skin. 16cm thick.

Single	\$599	W92xL189cm	101.007.73
Double	\$699	W135xL189cm	401.007.81
Queen	\$749	W152xL202cm	201.007.77



SULTAN ENEBAKK latex mattress, light grey. Five different comfort zones provide posture support where it is needed at the same time as they relieve pressure on shoulders and hips. Pressure relieving latex contours to your body, enabling you to relax more fully and improving circulation to both muscles and skin. 13cm thick.

Single	\$399	W92xL189cm	101.007.54
Double	\$499	W135xL189cm	401.007.57
Queen	\$549	W152xL202cm	301.007.67



Look inside latex.

Layers of silk, cotton and lamb's wool sit on top of a filling of pressure-relieving latex in SULTAN EVJE. The entire mattress is wrapped up in a 100% cotton cover, for a soft, yet very supportive sleeping comfort.

Foam mattresses

The mattress to go for when you need extra firmness. Foam mattresses are similar to latex in their ability to contour to the shape of your body, improve circulation and cushion movements in bed. To guide you in your choice of mattress with the right amount of firmness, look for the firmness scale included on all our mattresses.

Quick reference:

Foam mattresses give firm support and relieve pressure on shoulders and hips, while being soft and resilient. High resilience foam in SULTAN FORSBACKA and SULTAN FÄNGEBO moulds to the shape of your body, improving circulation to muscles and skin. A foam mattress cushions movements in bed, even if your partner moves around.

For complete comfort:

Add an adjustable slatted bed base and bed frame or standard mattress base with legs. See p. 34. for more details.

SULTAN FAGERÅS
single polyurethane
foam mattress \$149 Dark
grey 800.776.32

SULTAN FORSBACKA
single polyurethane
foam mattress \$399
White 700.778.97

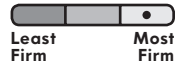
SULTAN FORSEN single
polyurethane foam
mattress \$69

Dark grey 000.761.89
SULTAN FÄNGEBO single
polyurethane foam
mattress \$199 Light grey
400.776.34

Please see next page for
more details.

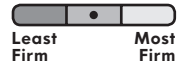
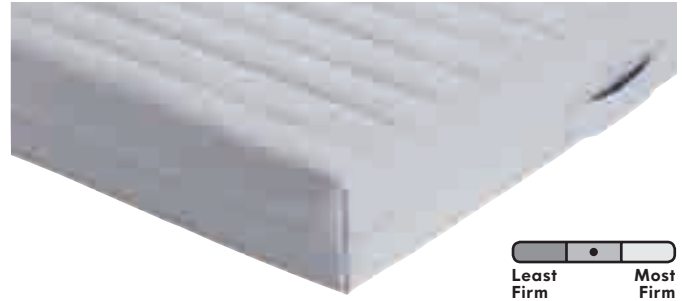


All **SULTAN** mattresses
are guaranteed for
25 years. **See p. 58.**
for more details.



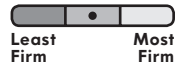
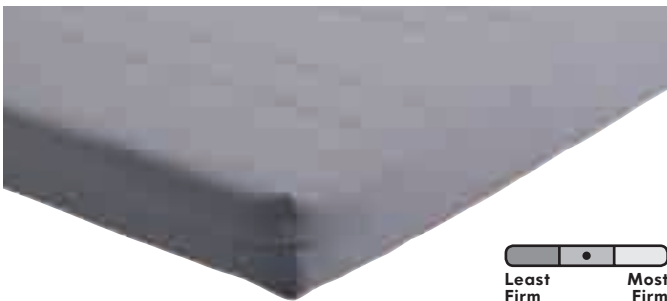
SULTAN FORSBACKA high resilient polyurethane foam mattress, white. Cotton cover and lamb's wool wadding create a pleasant sleeping environment. Five different comfort zones provide posture support where it is needed at the same time as they relieve pressure on shoulders and hips. High resilience foam and latex filling moulds to your body and relieves pressure. 16cm thick.

Single	\$399	W92×L189cm	700.778.97
Double	\$499	W135×L189cm	800.779.10
Queen	\$549	W152×L202cm	200.779.32



SULTAN FÄNGEBO high resilient polyurethane foam mattress, light grey. Foam squares act individually and contour better to your body. High resilience foam core adds extra comfort and is pressure relieving. 15cm thick.

Single	\$199	W92×L189cm	400.776.34
Double	\$299	W135×L189cm	700.776.37
Queen	\$349	W152×L202cm	600.779.30



SULTAN FAGERÅS polyurethane foam mattress, dark grey. Three foam layers provide a softer surface. Reversible. Use both sides to keep the mattress fresh and prolong optimal comfort. 12cm thick.

Single	\$149	W92×L189cm	800.776.32
Double	\$199	W135×L189cm	301.111.67
Queen	\$249	W152×L202cm	101.130.68



SULTAN FORSEN polyurethane foam mattress, dark grey. One side has wave shaped foam for a softer surface. Reversible. Use both sides to keep the mattress fresh and prolong optimal comfort. 10cm thick.

Single	\$69	W92×L189cm	000.761.89
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Foam facts. There are three types of foam that can be used in different IKEA mattresses: supple and resilient *polyurethane foam*, flexible and long-lasting *high resilience foam*, and advanced *memory foam*, which possesses ergonomic qualities for expert body-contouring.





Spring mattresses

Our spring mattresses are a range of firm, reliable beds. To guide you in your choice of mattress with the right amount of firmness, look for the firmness scale included on all our mattresses.

Quick reference:

Like many of our mattresses, an IKEA spring mattress is reversible for long-lasting comfort. It has even support, which helps to relieve pressure, and the ventilated spring construction allows air to flow through the mattress, maintaining freshness and dryness.

For complete comfort:

Add a slatted bed base and bed frame or a mattress base with legs.



SULTAN HEIDAL spring single mattress \$549

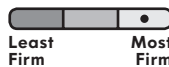
187 springs/sq.m.
Ticking 100% cotton.
W92×L189cm, 26cm thick.
White 201.095.70

All **SULTAN** mattresses are guaranteed for 25 years. **See p. 58.** for more details.



SULTAN HÖRNINGE spring mattress, light grey.

Top layer of high resilience foam and extra wadding adds extra comfort. Pocket springs provide the right posture support for your spine. Follows the contours of your body, enabling you to relax more fully and improving circulation to both muscles and skin. 20cm thick.



Single \$249 W92×L189cm 000.779.52
Double \$349 W135×L189cm 900.779.57
Queen \$399 W152×L202cm 300.779.55



Single \$549 W92×L189cm 201.095.70
Double \$649 W135×L189cm 501.095.78
Queen \$699 W152×L202cm 401.095.74

SULTAN HEIDAL spring mattress, white. Natural materials like eco-cotton, wool, corn fibres and horsehair transport moisture away, circulate air - giving you a pleasant sleeping environment. An extra thick layer of natural wadding adds extra comfort. Active pocket springs provide the right posture support for your spine at the same time as they relieve pressure on your shoulders and hips. 26cm thick.



Single \$349 W92×L189cm 301.113.94
Double \$449 W135×L189cm 001.113.95
Queen \$499 W152×L202cm 501.113.93

SULTAN HAMNÖ spring mattress, white. Active pocket springs provide the right posture support for your spine at the same time as they relieve pressure on your shoulders and hips. Follows the contours of your body, enabling you to relax more fully and improving circulation to both muscles and skin. An extra thick layer of wadding and high resilience foam adds extra comfort and is pressure relieving. 28cm thick.



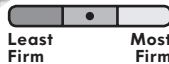
Single \$399 W92×L189cm 700.779.63
Double \$499 W135×L189cm 000.779.66
Queen \$549 W152×L202cm 500.779.64

SULTAN HASSELBÄCK spring mattress, white. An extra thick layer of wadding and high resilience foam adds extra comfort and is pressure relieving. Firm active pocket springs provide the right posture support for your spine at the same time as they relieve pressure on your shoulders and hips. Follows the contours of your body, enabling you to relax more fully and improve circulation to both muscles and skin. 28cm thick.



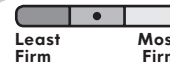
Single \$299 W92×L189cm 501.081.64
Double \$399 W135×L189cm 101.111.68
Queen \$449 W152×L202cm 101.081.61

SULTAN HEDFORS spring mattress, light grey. A thick top layer of high resilience foam and extra wadding adds extra comfort. Pocket springs provide the right posture support for your spine. Follows the contours of your body, enabling you to relax more fully and improving circulation to both muscles and skin. 20cm thick.



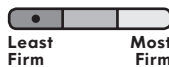
Single \$199 W92×L189cm 800.992.19
Double \$299 W135×L189cm 500.992.11
Queen \$349 W152×L202cm 400.992.16

SULTAN HUSTAD spring mattress, light grey. Pocket springs provide the right posture support for your spine. Follows the contours of your body, enabling you to relax more fully and improves circulation to both muscles and skin. The ventilated spring construction allows air to flow freely through the mattress keeping it fresh and dry. 18cm thick.



Single \$149 W92×L189cm 100.779.42
Double \$249 W135×L189cm 400.779.50
Queen \$299 W152×L202cm 900.779.43

SULTAN HÖGBO spring mattress, dark grey. Extra wadding adds comfort. Bonell springs create a more comfortable, relaxed sleeping sensation. 20cm thick.



Single \$99 W92×L189cm 001.081.28
Double \$149 W135×L189cm 301.099.04
Queen \$199 W152×L202cm 401.081.31

SULTAN HEBERG spring mattress, dark grey. Bonell springs create a more comfortable, relaxed sleeping sensation. The ventilated spring construction allows air to flow freely through the mattress keeping it fresh and dry. Reversible. Use both sides to keep the mattress fresh and prolong optimal comfort. 18cm thick.



Single \$59 W92×L189cm 301.237.02

JAREN spring mattress, grey. Suitable as an extra bed. 10cm thick.

Mattress pads and protectors

As well as enhancing your overall comfort and support, mattress pads and protectors help to prolong the life of your mattress.

Mattress pads come in a variety of fillings, including latex and foam. Some, like SULTAN TOLG and SULTAN TUVEBO also contain natural materials like horse hair and lamb's wool. Light and flexible, mattress pads can be easily turned over to ensure long term, hygienic comfort.

SULTAN TUVEBO
queen mattress pad

\$279

**SULTAN TUVEBO queen
mattress pad \$279**
Ticking 100% cotton.
W152xL202, 9cm thick. .
White 400.779.88



SULTAN TOLG mattress pad, white. Soft quilted top in 100% cotton gives a cushiony surface. Maize-based wadding repels moisture and adds extra comfort to the mattress. Horse hair filling effectively ventilates the mattress and provides added resilience and flexibility. 7cm thick.

Single \$259 W92×L189cm 101.135.44
Double \$359 W135×L189cm 501.135.42
Queen \$379 W152×L202cm 801.136.11



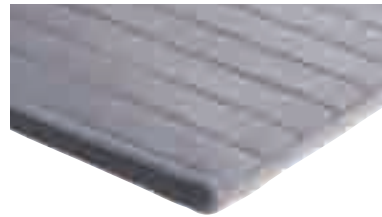
SULTAN TUVEBO mattress pad, white. Latex filling follows the contours of your body and distributes your body weight evenly. Filling of pinhole construction to ensure good ventilation. 100% lamb's-wool filling absorbs moisture and maintains an even temperature. 9cm thick.

Single \$179 W92×L189cm 600.779.87
Double \$259 W135×L189cm 000.779.90
Queen \$279 W152×L202cm 400.779.88



SULTAN TIMAN mattress pad, light grey. High resilience foam filling can support more weight, ensuring long-lasting comfort and durability. 100% lamb's-wool filling absorbs moisture and maintains an even temperature. 7cm thick.

Single \$129 W92×L189cm 500.779.83
Double \$179 W135×L189cm 800.779.86
Queen \$199 W152×L202cm 300.779.84



SULTAN TORSMO mattress pad, dark grey. Foam filling wrapped in polyester wadding gives a cushiony surface. Pillow top of mattress pad provides softness closest to your body. 4.5cm thick.

Single \$89 W92×L189cm 500.779.78
Double \$129 W135×L189cm 900.779.81
Queen \$149 W152×L202cm 300.779.79

Mattress protectors, as the name suggests, protect your mattress from accidental spills and the general wear that body movements over long periods of time can cause. Simple to fit and remove and very easy to clean, mattress protectors keep your mattress fresh and inviting and prolong the life of the material.



1. NATTGLIM mattress protector Waterproof with a layer that does not allow liquid to pass through. Fully fitted with a max. depth of 30cm.
Single \$39 W92×L190cm. 500.968.54
Queen \$69 W160×L200cm. 700.968.53

2. FÄLTVÄDD mattress protector A soft, quilted protector with elastic ribbons in each corner to help keep it in its place.
Single \$12.95 W92×L190cm. 900.362.26
Double \$19.95 W140×L200cm. 000.362.21
Queen \$25 W160×L200cm. 600.362.23
Pillow protector **\$4.95** W80×L50cm. 600.592.24

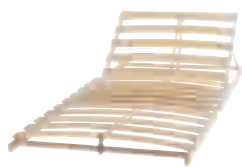
3. BERGEK mattress protector Generously filled for extra comfort and softness.
Single \$29 W92×L190cm. 300.898.35
Double \$49 W140×L200cm. 200.898.26
Queen \$59 W160×L200cm. 600.898.34



Slatted bed bases

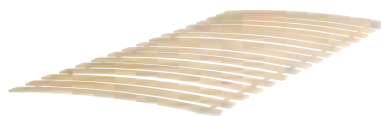
Constructed using individual slats and divided into different comfort zones, our range of slatted bed bases provide increased support by absorbing the shock of body movements, thus enhancing the cushioning effect of the mattress. The slats in some of our bed bases can be adjusted to provide extra support to specific areas of your body. For even greater flexibility, you can choose one with adjustable head and foot sections; perfect for reading.

All slatted bed bases are designed to fit IKEA bed frames.



Single **\$100** 400.790.96

SULTAN LOVENE slatted bed base 15 slats of layer-glued birch, divided into three comfort zones, adjust to your body weight and increase the suppleness of the mattress. Four slats are adjustable to provide just the right amount of support for your body.



Single **\$60** 301.125.53
 Double **\$70** 101.125.49
 Queen **\$80** 501.125.52

SULTAN LIEN slatted bed base 17 slats of layer-glued birch adjust to your body weight and increase the suppleness of the mattress. The slatted base comes disassembled, so it's easy to bring home.



Single **\$30** 294.222.07
 Double **\$40** 958.445.09
 Queen **\$50** 758.446.09

SULTAN LADE slatted bed base 16 solid wood slats offer firm posture support.



All **SULTAN** mattresses and bed bases are guaranteed for 25 years. **See p. 58.** for more details.

SULTAN LOVENE slatted bed base \$100 Birch veneer. W91xL190cm. 400.790.96



Mattress bases and legs

Having trouble getting out of bed in the morning? Not only does a mattress base provide more support, but it raises the height of the bed, making it just that little bit easier to start the day. Some of our bases even come with drawers for storing quilts, pillows or bed linen.



SULTAN ALBY single mattress base \$249
 Legs, mattress and mattress pad sold separately. Light grey 501.087.72

All **SULTAN** mattresses and bed bases are guaranteed for 25 years. **See p. 58.** for more details.



SULTAN ARNÖ mattress base with storage, white. Bonell springs create a more comfortable, relaxed sleeping sensation. Practical storage for the extra pillow, quilt or bedspread. Castors for flexible placing. 31cm thick.

Single \$349 701.093.70
Double \$449 501.093.71
Queen \$499 601.113.97



SULTAN ALBY double mattress base \$349

SULTAN ALBY mattress base, light grey. Bonell springs create a more comfortable, relaxed sleeping sensation. 18cm thick.

Single \$249 501.087.72
Double \$349 301.093.72
Queen \$399 801.113.96

Don't forget to choose legs; a must for mattress bases and wooden base spring mattresses. Our range of legs are available in stainless steel, solid birch or aluminium.



SULTAN leg \$20/4pk
 Stainless steel. H10cm. 100.756.60
SULTAN leg \$25/4pk
 Stainless steel. H20cm. 300.451.44



SULTAN leg \$20/4pk
 Clear lacquered solid birch. H10cm. 300.962.61
SULTAN leg \$25/4pk
 Clear lacquered solid birch. H20cm. 900.962.63



NEW! SULTAN leg \$69/4pk Aluminium. Designer: Magnus Elebäck. H20cm. 601.213.63

Bed frames

With an IKEA bed frame you can add a dash of style or complement the existing look of your bedroom. In modern, natural or romantic series, our bed frames are also functional. For example, one of the MANDAL bed frames comes with handy storage boxes for keeping extra quilts and pillows. We've raised the height of the headboards on some of our bed frames which make them ideal for high mattresses. All slatted bed bases are designed to fit into IKEA bed frames.



**EVEN
LOWER
PRICE**

NORESUND queen bed frame \$349

\$279

NORESUND bed frame Space under the bed can be utilised with our bed storage boxes. Powder coated steel. Black brown.
Queen \$279 W158xL203, H143cm 298.256.28
Double \$249 W142xL191, H143cm 698.256.26
 Mattress and textiles sold separately.



NEW!

NEW! HEMNES four-poster bed frame Clear lacquered solid pine. Designer: Nike Karlsson. Yellow.

Queen \$599 W161xL212, H202cm 698.428.43
Double \$569 W143xL200, H210cm 898.428.42

Mattress and textiles sold separately

ANEBODA queen bed frame

\$189



NEW! ANEBODA bed frame Foil finish. Designer: Tord Björklund. White.

Queen \$189 W157xL215, H71cm 598.425.08
Double \$159 W139xL203, H71cm 898.430.35

Mattress and textiles sold separately



MALM bed frame Adjustable bed sides; allow you to use mattresses of different thicknesses. Stained and clear lacquered birch veneer.

Queen \$359 W169×L213, H77cm 998.255.16
Double \$329 W151×L151, H77cm 498.255.71

Mattress and textiles sold separately



NEW!

NEW! SÖRUM bed frame The headboard is tilted so you can sit reading comfortably in bed. Solid pine. Designer: Ehlen Johansson. Black.

Queen \$389 W169×L213, H77cm 998.435.15
Double \$359 W151×L151, H77cm 298.434.77

Mattress and textiles sold separately



NEW!

NEW! MANDAL bed frame

Clear lacquered solid pine. Designer: Nike Karlsson.

Queen \$379 W157×L208, H70cm 898.481.13
Double \$349 W139×L196, H70cm 498.481.10

Mattress and textiles sold separately



HOPEN bed frame Adjustable bed sides; allow you to use mattresses of different thicknesses. Foil finish. Medium brown.

Queen \$429 W157×L208, H70cm 798.255.60
Double \$399 W139×L196, H70cm 698.255.51

Mattress and textiles sold separately



DALSELV
 queen bed frame
\$149

DALSELV bed frame Untreated solid pine.

Queen \$149 W173×L210, H97cm 698.173.96
Double \$109 W155×L199, H97cm 398.161.95

Mattress and textiles sold separately



NEW! HEMNES bed frame Painted finish. Designer: Filippa Eneroth. White.

Queen \$479 W161×L203, H121cm 098.428.36
Double \$439 W144×L197, H121cm 298.162.14

Mattress and textiles sold separately



VINSTRA bed frame Rattan/foil finish.
Designer: Magnus Elebäck. Off white.
Queen \$729 W161xL197, H92cm. 998.373.50
Double \$699 W142xL197, H92cm. 698.310.95
Mattress and textiles sold separately.



ASPELUND bed frame
\$249

ASPELUND bed frame Antique effect foil finish.
Queen \$249 W162xL211, H110cm. 998.254.94
Double \$219 W145xL199, H110cm. 498.254.96
Mattress and textiles sold separately.



MALM bed frame Adjustable bed sides; allow you to use mattresses of different thicknesses. Stained and clear lacquered oak veneer.
Queen \$359 W169xL213, H77cm. 298.255.86
Double \$329 W151xL151, H77cm. 998.255.83
Mattress and textiles sold separately.



NEW! HEMNES bed frame Solid pine.
Designer: Filippa Eneroth. Black brown.
Queen \$479 W161xL212, H202cm. 298.428.02
Double \$439 W143xL200, H210cm. 698.423.42
Mattress and textiles sold separately.



NEW! MANDAL series. Clear lacquered solid pine bed frame with storage boxes.
Queen \$449 W160xL202, H26.5cm. 801.213.38
Double \$419 W140xL202, H26.5cm. 001.213.37
Mattress and textiles sold separately.



ÅNES bed frame Clear lacquered birch veneer/birch plywood and white foil finish.
Queen \$499 W163xL222, H79cm. 998.280.96
Double \$469 W145xL210, H79cm. 698.280.93
Mattress and textiles sold separately.



RAMBERG bed frame Foil finish.
Designer: Jon Karlsson. Medium brown.
Queen \$229 W159xL208, H88cm. 698.352.77
Double \$199 W141xL196, H88cm. 298.394.23
Mattress and textiles sold separately.



NORESUND bed frame Space under the bed can be utilised with our bed storage boxes. Powder coated steel. Black brown.
Queen \$279 W158xL203, H143cm. 298.256.28
Double \$249 W142xL191, H143cm. 698.256.26
Mattress and textiles sold separately.



MALM bed frame Adjustable bed sides; allow you to use mattresses of different thicknesses. Stained and clear lacquered medium brown veneer.
Queen \$359 W169xL213, H77cm. 998.255.16
Double \$329 W151xL151, H77cm. 598.255.23
Mattress and textiles sold separately.



NEW! KVIBY bed frame Painted solid beech.
Designer: Helene Tiedemann. White.
Queen \$569 W161xL209, H128cm. 098.427.75
Mattress and textiles sold separately.



LEKSVIK bed frame Antique stained and clear lacquered solid pine. Designer: Carina Bengs.
Queen \$449 W161xL214, H110cm. 698.282.10
Double \$419 W143xL202, H110cm. 398.282.16
Mattress and textiles sold separately.



HEIMDAL bed frame Powder coated steel. Designer: Tord Björklund. Silver colour.
Queen \$229 W158xL208, H120cm. 598.281.02
Double \$199 W140xL197, H120cm. 198.433.88
Mattress and textiles sold separately.

Bed frames

Your IKEA store has a wide selection of youth beds in different styles and sizes, to suit a variety of needs and bedroom layouts.

For more information about bed frames for youth bedrooms, log onto www.IKEA.com.au

NEW!



NEW! MÖRRUM single bed frame \$429
Foil finish/powder coated steel.
Designer: Johanna Jelinek.
W98×L197, H68cm.
Mattress and textiles sold separately.



TROMSÖ single loft bed frame \$179 Powder coated steel. Designer: Tord Björklund.
W98×L198, H206cm. Silver colour 900.616.97
Mattress and textiles sold separately.



MALM single bed frame \$169 Foil finish.
W108×L200, H77cm. White 998.239.18
Mattress and textiles sold separately.



LILLEHAMMER single bed frame \$119
Foil finish. W99×L197, H39cm.
Birch effect 598.432.11
Mattress and textiles sold separately.



NEW! HEMNES single bed frame \$269
Foil finish. W101×L191, H68cm.
White 498.428.39
Mattresses and textiles sold separately.



NEW! TROMSÖ single bed frame \$139
Powder coated steel.
W90×L200, H24cm. 701.205.89
Mattress and textiles sold separately.



NEW! MÖRRUM single loft bed frame \$399
Foil finish/solid birch. W126×L196, H207cm.
White/black-brown 901.206.06
Mattress and textiles sold separately.



EVEN LOWER PRICE

TROMSÖ bunk bed frame \$269
\$179

TROMSÖ single bunk bed frame \$179
A good solution where space is limited.
Powder coated steel. Designer: Tord Björklund.
W98×L198, H159cm. Silver colour 300.616.95
Mattresses and textiles sold separately.



MELDAL single day bed frame \$149 Powder coated steel. W96×L196, H96cm. 298.239.12
Mattress and textiles sold separately.



HEMNES single loft bed frame \$479 Stained and clear lacquered solid pine. W150×L199, H207cm. Antique stain 700.952.12
Mattress and textiles sold separately.



HEMNES single bunk bed frame \$499
Can be divided into 2 single beds. Stained and clear lacquered solid pine. W102×L197.5, H179.5cm. Antique stain 000.617.05
Mattresses and textiles sold separately.

3 simple steps to a good night's sleep

1

Choose your kind of comfort

There are four main SULTAN mattress types:

- Foam
- Latex
- Spring
- Wooden Base Spring

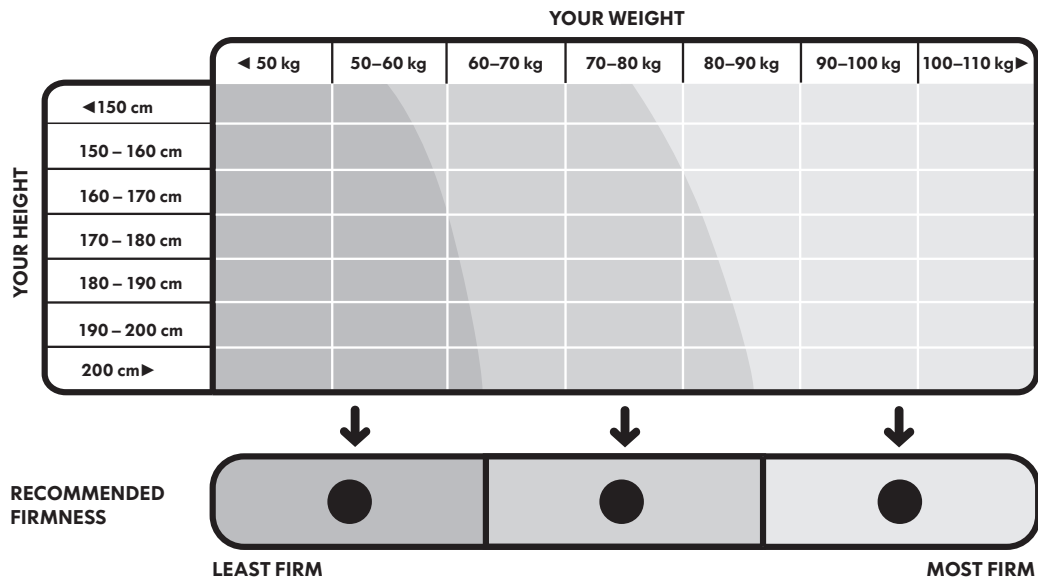
Mattresses within each category have different comfort qualities and levels of firmness.

Combined with a mattress pad, bed base or frame, there's a SULTAN mattress with the support and comfort you need.

2

Your weight and height

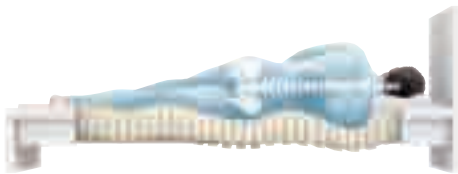
Look for the square that corresponds to your weight and height. Follow the arrows down to find your degree of firmness and which combinations you can try out first.



3

Lie down and try out!

First of all, lie down in your normal sleeping posture.



On your side: Your spine should remain straight. Try a mattress that is less firm to allow your shoulders and hips to sink into the mattress, providing support for the rest of your body.



On your back: You'll need support around your neck and your lower back. Choose a slightly firmer mattress so these parts of your body don't sink too deep into the mattress.

If you sleep on your stomach, try one of our firmer mattresses to minimize the stress on neck and back.



Knowing how to find the right SULTAN mattress means nothing if you don't come into the store and get a feel for what works for you. The in-store SULTAN mattress studio contains a wide selection of foam, latex, spring and wooden base spring mattresses for you to get up close and personal with. You can also fine tune your comfort with bed bases, frames, mattress pads and more.

Find your nearest SULTAN mattress studio at www.IKEA.com.au

Try out your new SULTAN mattress at your IKEA store!

Online

View the entire range of SULTAN mattresses at the IKEA website. You can get the inside knowledge on the materials that go into every one of our mattresses, read about our stringent testing guidelines and pick up some handy maintenance and allergy prevention tips.

www.IKEA.com.au



For complete
comfort turn
the page...

**We want
everyone to
go to bed
in their own
relaxed way.**

**When all the kids come
to sleep in your bed,
who's going to have
the favourite pillow?**



**GOSA FORM ergonomic pillow \$89/ea 700.900.97 GOSA KRAMA synthetic pillow \$14.95/ea 800.522.31
MYSA VATTEN single synthetic quilt \$39 White 200.528.04**



Make sure there is one for everyone...

That's how it is with sleep sometimes. If you have small children you can rely on them coming to see you in the middle of the night. Things can get cramped, hot and disordered. Plus there might be a "fight" over the pillows and quilts.

Keep hold of your own pillow if you can, especially if you chose it with care. We have long understood that people who want to sleep well need to think about how they sleep.

Your pillow is extremely important, because it decides how the muscles in your head and neck can relax. Do you sleep on your side? Then you should have an extra plump pillow that gives you more support. Do you sleep on your back? Consider then a normal height pillow. If you sleep on your stomach, a low pillow is probably best. But, you may well ask, if you sleep on your stomach, back, and side, and change positions throughout the night, which pillow should you choose?

The answer is to have two. One high and one low, and vary between them. Our pillows, which are called GOSA, also include some with an ergonomic design with a wave like shape that follows the contours of your neck. The material shapes itself to your head and neck – providing more support and relaxation.

GOSA pillows have different fillings to choose from – down, feathers or synthetic materials. It's very much a question of what you yourself prefer. Natural materials have the advantage of drawing moisture away, while synthetic materials are easier to clean, which is good if you have allergies and need to wash your pillow frequently.

If you want to sleep really well you should also think about the type of quilt you have. Do you want to keep cool, stay warm, or be extra warm? It's not just the material that makes one quilt warmer and another cooler. It also depends on how the filling is "mixed" – the thickest quilt isn't always the warmest. Just as for pillows, you can choose MYSA quilts that are made with natural materials, such as down and feathers, or filled with synthetic materials.

One more thing. There are actually also pillows that are good for when you want to stay awake. Large support pillows, cylinder-shaped or square, that are comfortable to lean back on when you want to read or watch TV, or maybe (you can but hope) be served with breakfast in bed.







MYSA quilts and GOSA pillows

A wide selection to
suit your comfort
needs



MYSA ELIT single quilt

\$149/ea



Mesh vents on the side of MYSA ELIT quilts and GOSA OPTIMAL pillows assist in keeping you fresh and at just the right temperature. They allow the quilts and pillows to breathe by enabling air to circulate freely.

LEFT PAGE:

MYSA ELIT single quilt
\$149/ea An extra warm quilt. Special quilting gives this quilt its different warmth zones; warmer at the upper part of the body and feet. Outer fabric: 60% lyocell microfibre/40% polyester microfibre. Filling: 70% polyester/30% modal. W150xL200cm. White 200.968.17

THIS PAGE:

GOSA OPTIMAL pillow
\$59/ea An extra high pillow. Fabric: 60% lyocell microfibre/40% polyester microfibre. Filling: Polyester fibres. W80xL50cm. White 500.968.06



Your **future comfort** is taken care of

Derived from nature, and possessing the same soft, fluffy feel as their natural counterparts, lyocell and modal are two of the advanced ingredients found in MYSA ELIT quilts and GOSA OPTIMAL pillows. Lyocell and modal are natural based fibres which encompass the best qualities of natural materials and synthetics. Combined with polyester microfibrils, lyocell and modal absorb and transport moisture away effectively to give you a pleasantly fresh and dry sleeping environment.

Aside from the fact that they are remarkably comfortable, where synthetic quilts and pillows really impress is in their washability. They can be washed more often than quilts and pillows with natural fillings, which is especially useful for people with allergies.

**Choose the right pillow for your sleeping style
 at www.IKEA.com.au**



**EVEN
LOWER
PRICE**

GOSA VILA
european size pillow \$12.95

\$9.95



GOSA FAST ergonomic pillow

\$26.95

The up close and personal pillows

Not your average kind of pillows, ergonomic pillows are specially designed to mould themselves to the shape of your head and neck. This gives greater support to the neck muscles, easing pressure on your shoulders and keeping your spine properly aligned. The filling material that enables such personalised support is referred to as memory foam. All ergonomic pillows have a high side and a low side. If you prefer sleeping on your back, rest your head on the low side of the pillow. Those who sleep on their sides should always go high.

Then there are the pillows for those who find it difficult to get to sleep, want to catch up on a little reading or simply spend some quality time in bed. GOSA VILA and GOSA CYLINDER or GOSA RUND combine to give you the height you need for all manner of bedtime activities.



1



2



3

LEFT PAGE:

GOSA VILA european size pillow \$9.95 Filling: 100% polyester fibres.

W65×L65cm. 100.531.06

GOSA FAST ergonomic pillow \$26.95 Memory foam. W50×L33cm.

400.900.94

GOSA RUND pillow \$19.95 Polyurethane foam.

L80cm. 200.957.09

SOVA pillowcase for ergonomic pillow

\$7.50/2pk 100% cotton. W59×L35cm. 201.095.32

SOKNA headboard \$99 To be mounted to the wall; 100% polyester. W180, H58cm. Grey 001.237.13

HEDDA RUTA single quilt cover \$49/set Quilt cover with contrasting pattern sides for variation. 100% combed, yarn-dyed cotton for extra softness and durability. Designer: Barbro Peterson. Quilt cover W150×L200cm. 2 pillowcases W80×L50cm. Black/white 101.176.36

THIS PAGE:

1. GOSA BEKVÅM ergonomic pillow

\$39 Memory foam. W80×L50cm. White 401.038.12

GOSA CYLINDER pillow \$25 Filling: duck feathers. L80cm. 200.932.77

2. GOSA MJUK ergonomic pillow \$26.95

A soft pillow; provides both softness and support. Memory foam. W50×L33cm.

White 000.900.91

GOSA FAST ergonomic pillow \$26.95 A

firm pillow; provides both firmness and support. Memory foam. W50×L33cm.

White 400.900.94

3. GOSA FORM ergonomic pillow \$89

Cut-out for your shoulder; relieves pressure on the back and neck. Memory foam. Removable and washable cover. W50×L33cm. Grey 700.900.97



Easy to remove and wash, SOVA pillowcases accurately fit your ergonomic pillows.



GOSA FORM is moulded to accommodate your neck and shoulders. The temperature and weight-sensitive foam follows your unique shape.

Pillows

Our range of pillows is divided into categories—low, high and extra high—to help you choose the right height. We also have ergonomic and support varieties, which provide greater support for your head and neck muscles or allow you to sit up in bed.

Quick reference:

Look for the blue and white height scales, shown on the next page, when you come into the store.

For complete comfort:

While one pillow may be more than adequate, why not try a combination of low and high pillows. Handy if you don't have one preferred sleeping position.



Down and feathers



Synthetic fibres

These symbols indicate the type of filling materials inside your GOSA pillow.

SOVA pillowcase

\$7.50 /2pk

ERGONOMIC PILLOWS



GOSA SKAPLIG ergonomic pillow \$12.95 Cotton/polyurethane foam. W50×L33cm. 900.932.74



GOSA MJUK ergonomic pillow \$26.95 Polyester/cotton/memory foam. W50×L33cm. 000.900.91

EVEN LOWER PRICE

Last year's price ~~\$37~~

GOSA FAST ergonomic pillow \$26.95 Polyester/cotton/memory foam. W50×L33cm. 400.900.94



GOSA BEKVÄM ergonomic pillow \$39 Polyester/cotton/memory foam. W80×L50cm. 401.038.12



GOSA FORM ergonomic pillow \$89 Polyester/cotton/memory foam. W50×L33cm. 700.900.97

SUPPORT PILLOWS



Last year's price ~~\$12.95~~

◇ **GOSA VILA european size pillow \$9.95** Polyester/cotton/polyester fibres. W65×L65cm. 100.531.06



◇ **GOSA RUND pillow \$19.95** Polyurethane foam. L80cm. 200.957.09



🦞 **GOSA CYLINDER pillow \$25** Cotton/duck feathers. L80cm. 200.932.77

SOVA series. 100% cotton.
Pillowcase \$7.50/2pk
 W80×L50cm.
 Beige 900.807.28
 Blue-green 701.111.51
 Dark red 301.157.21
 Light pink 500.807.49
 Natural 034.465.12



LOW PILLOWS



◇ **GOSA MINI pillow \$5.50**
Fabric: 100% polypropylene.
Filling: polyester fibres.
W80×L50cm. 000.758.30



☞ **GOSA GOTT pillow \$8.95**
Fabric: 100% cotton.
Filling: duck feathers.
W80×L50cm.



◇ **GOSA KRAMA pillow \$14.95**
Fabric: 65% polyester/35% cotton.
Filling: polyester fibre balls.
W80×L50cm. 800.522.31



☞ **GOSA KELA pillow \$39**
Fabric: 100% cotton.
Filling: 60% duck down/
40% duck feathers.
W80×L50cm.



HIGH PILLOWS



◇ **GOSA SÖTT pillow \$8.95**
Fabric: 65% polyester/35% cotton.
Filling: polyester hollow fibres.
W80×L50cm. 800.806.77



◇ **GOSA BLINKA pillow \$19.95**
Fabric: 65% polyester/35% cotton.
Filling: polyester fibre balls.
W80×L50cm. 200.522.48



◇ **GOSA BLÅSA pillow \$39**
Fabric: 50% polyester/50% cotton.
Filling: polyester fibre balls.
W80×L50cm. 900.529.47



☞ **GOSA BLUNDA pillow \$49**
Fabric: 100% cotton.
Filling: 60% duck down/
40% duck feathers.
W80×L50cm.



☞ **GOSA BÄTTRE pillow \$69**
Fabric: 100% cotton.
Filling: 60% goose down/
40% goose feathers.
W80×L50cm.



EXTRA HIGH PILLOWS



☞ **GOSA STABIL pillow \$25**
Fabric: 100% cotton. Filling:
80% duck feathers/ 20% duck down.
W80×L50cm.



◇ **GOSA DÅSA pillow \$29**
Fabric: 65% polyester/35% cotton.
Filling: polyester fibre balls.
W80×L50cm. 900.522.35



◇ **GOSA OPTIMAL pillow \$59**
Fabric: 60% lyocell microfibre/
40% polyester microfibre.
Filling: polyester fibres.
W80×L50cm. 500.968.06



☞ **GOSA DRÖMMA pillow \$69**
Fabric: 100% cotton. Filling:
60% duck down/ 40% duck feathers.
W80×L50cm.

Quilts

Choosing a quilt is not all about warmth. Some like it warm and cosy, while others prefer things a little cooler under the covers. With this in mind, your IKEA store has divided its range of quilts into three categories: cool, warm and extra warm quilts. We also have a special category called 'four-seasons quilts', which include one warm quilt and one cool quilt. Use them separately or together to tailor your warmth to the weather or environment in your room.

Quick reference:

Look for the blue and red warmth scales when you come into the store. They appear on all our quilts to help you choose the warmth you need.

For complete comfort:

Sharing your bed? Consider using two single quilts on your bed. This helps you get the right level of warmth you need and also avoids having your bit of the quilt stolen.



Down and feathers



Synthetic fibres

These symbols indicate the types of filling materials inside your MYSA quilt.

MYSA ÅRSTID
single four-seasons quilt

\$149

**EVEN
LOWER
PRICE**

MYSA SÅSONG
single four-seasons quilt \$99

\$89

MYSA SÅSONG
single four-seasons quilt
\$89 Polyester/cotton.
W150×L200cm.
White 400.710.95

MYSA ÅRSTID
single four-seasons quilt
\$149 Cotton/duck down/
duck feathers.
W150×L200cm.



FOUR-SEASONS QUILTS

Stay cool in summer, extra warm in winter, and just right in between. Four-seasons quilts, MYSA SÅSONG and MYSA ÅRSTID, contain two quilts—one warm and one cool—which, when combined, create an extra warm quilt for cold winter nights. Or use them separately to change and choose the right level of warmth with the change of seasons.



◇ MYSA SÅSONG quilt

Fabric: 65% polyester/35% cotton.

Filling: polyester hollow fibres.

Single \$89 W150×L200cm 400.710.95

Queen \$129 W200×L200cm 800.710.98



🦞 MYSA ÅRSTID quilt

Fabric: 100% cotton.

Filling: 60% duck down/40% duck feathers.

Single \$149 W150×L200cm

Queen \$189 W200×L200cm



COOL QUILTS



MYSA LÄTT
single quilt
~~\$12.95~~
\$12.95

◇ **MYSA LÄTT** quilt

Fabric: 100% polypropylene.
Filling: polyester fibres.
Single \$12.95 W150×L200cm
600.758.13
Queen \$19.95 W200×L200cm
700.758.17



◇ **MYSA SNÖ** quilt

Fabric: 65% polyester/35% cotton.
Filling: polyester hollow fibres.
Single \$29 W150×L200cm
200.806.23
Queen \$39 W200×L200cm
500.806.26



◇ **MYSA VATTEN** quilt

Fabric: 65% polyester/35% cotton.
Filling: polyester hollow fibres.
Single \$39 W150×L200cm
200.528.04
Queen \$49 W200×L200cm
700.528.06



☞ **MYSA VIND** quilt

Fabric: 100% cotton. Filling: 60% duck down/ 40% duck feathers.
Single \$59 W150×L200cm
Queen \$79 W200×L200cm



WARM QUILTS

MYSA FROST single quilt

\$29



☞ **MYSA FROST** quilt

Fabric: 100% cotton.
Filling: duck feathers.
Single \$29 W150×L200cm
Queen \$49 W200×L200cm



◇ **MYSA MÅNE** quilt

Fabric: 65% polyester/35% cotton.
Filling: polyester hollow fibres.
Single \$49 W150×L200cm
100.528.14
Queen \$69 W200×L200cm
600.528.16



◇ **MYSA IS** quilt

Fabric: 65% polyester/35% cotton.
Filling: polyester hollow fibres.
Single \$59 W150×L200cm
200.806.37
Queen \$79 W200×L200cm
600.806.40



☞ **MYSA MOLN** quilt

Fabric: 100% cotton.
Filling: 60% duck down/40% duck feathers.
Single \$89 W150×L200cm
Queen \$109 W200×L200cm



◇ **MYSA MYCKET** quilt

Fabric: 50% cotton/50% polyester.
Filling: polyester microfibrer.
Single \$89 W150×L200cm
400.528.84
Queen \$119 W200×L200cm
900.528.86

MYSA MERA single quilt

\$169



☞ **MYSA MERA** quilt

Fabric: 100% cotton. Filling: 90% goose down/10% goose feathers.
Single \$169 W150×L200cm
Queen \$229 W200×L200cm



EXTRA WARM QUILTS



◇ **MYSA STJÄRNA** quilt

Fabric: 65% polyester/35% cotton.
Filling: polyester hollow fibres.
Single \$69 W150×L200cm
400.528.22
Queen \$89 W200×L200cm
000.528.24



☞ **MYSA SOL** quilt

Fabric: 100% cotton. Filling: 60% duck down/ 40% duck feathers.
Single \$129 W150×L200cm
Queen \$159 W200×L200cm



◇ **MYSA ELIT** quilt

Fabric: 60% lyocell microfibre/ 40% polyester microfibre.
Filling: 70% polyester/30% modal.
Single \$149 W150×L200cm
200.968.17
Queen \$179 W200×L200cm
400.968.21

GOSA pillows

1 What's right for you?

Figure out what kind of sleeper you are. We're not talking about whether you snore or toss and turn. Most people are side, back or stomach sleepers. Each posture requires a different height of pillow in order to keep the head, neck and spine as close to level as possible, and the muscles relaxed.

2 Find your height

Those who sleep on their back, should aim for a high pillow, but not as high as the pillows required by side sleepers, who need some extra padding. If you prefer sleeping on your stomach, it's best to go low. Fortunately, all GOSA pillows are rated on a height scale to help you find the right pillow for your sleeping posture. We also have a range of ergonomic pillows, for those looking for a little more support.



LOW



HIGH



EXTRA HIGH

MYSA quilts

1 What's right for you?

Ultimately, this comes down to temperature, filling and style of sleeping. For example, if your partner is a serial quilt thief, why not consider two single quilts for your double bed? Opting to split the difference not only ends the double quilt tug-of-war, it's also a good way to solve temperature issues.

2 Find your temperature

Your partner thinks it's too warm, but your feet are freezing. Typical. Fortunately, all MYSA quilts are rated on a warmth scale to help you select the one that suits your body temperature. You can also choose from our four-seasons range; two-in-one quilts that can be used separately or together to suit the temperature outside.



COOL



WARM



EXTRA WARM

3

Select your filling

Pillow filling is all about personal preference. Down pillows with feathers are soft and fluffy and provide good insulation and breathability. For those with allergies to consider, GOSA pillows also come in synthetic materials, a comfortable alternative that can be washed more often than down and feather pillows.



Down and feathers



Synthetic fibres

3

Select your filling

Both synthetic quilts and quilts filled with down and feathers ensure a snug, satisfying night's sleep. Synthetic quilts hold a special benefit for allergy sufferers however, in that they can be washed more frequently than the natural equivalent.



Down and feathers



Synthetic fibres

Find out more



Online

The Quilt and Pillow guide on your IKEA website has more information about the MYSA and GOSA range. Take the questionnaire to determine your perfect quilt or pillow. Learn about the benefits of down and feather fillings as opposed to synthetic materials, and pick up some handy tips about allergy prevention. There is also a complete list of care instructions for ensuring long lasting comfort.

www.IKEA.com.au

In store

Come into the store and get a feel for the materials and fillings that go into making an IKEA quilt and pillow and compare different heights. You can also take a closer look at our ergonomic and support pillows. For your nearest store location, log onto www.IKEA.com.au

Handy services



Finance

At IKEA stores you pay the way that best suits you. We accept cash, EFTPOS, Visa, Mastercard, personal cheques (with proper ID), a finance offer and of course IKEA Gift Cards. For more information regarding our finance option, please see a co-worker at your local IKEA store.



Delivery Service

Need help getting your mattress home? Prompt delivery at reasonable rates is easy to arrange. At IKEA, delivery is never included in the price of your product but is available if you need it. Inquire in store or at www.IKEA.com.au and select Home Delivery link to see the rates.

For more information about these services, call or drop into your store or go to **www.IKEA.com.au**

Guarantee information

Conditions for guarantees



SULTAN

The 25 year guarantee is valid from the date of purchase for SULTAN mattresses and bed bases.

This guarantee covers defects in material and workmanship in the following components of the SULTAN mattresses and/or bed bases:
wooden frame and springs in wooden base

spring mattresses, springs in reversible spring mattresses, foam core in foam mattresses, latex core in latex mattresses, wooden frame and slats in slatted bed bases.

This guarantee does not apply to:

All mattress pads; SULTAN TIMAN, SULTAN TOLG, SULTAN TORSMO, SULTAN TUVEBO; slatted bed base SULTAN LADE and children's mattresses and mattress pads; SULTAN DRÖMMA, SULTAN SNARKA, SULTAN BLUNDA, SULTAN SUSSA, SULTAN SOVA and SULTAN SLUMRA.

Each guarantee lasts for the number of years stated in the specific text for each product, starting from the date of purchase.

The guarantees are valid from the original date of purchase of the product. Your purchase receipt is required as proof of purchase. The guarantees do not apply to products that have been stored or assembled incorrectly, used inappropriately, abused, misused, altered, or cleaned with wrong cleaning methods or wrong cleaning products. The guarantees do not cover normal wear and tear, cuts or scratches, or damage caused by impacts or accidents. The guarantee does not cover consequential or incidental damages. The guarantees do not apply if products have been placed outdoors or in a humid environment, e.g. bathrooms. They apply to domestic use only, unless otherwise stated.

For details of the guarantee conditions and descriptions for all products see the full document in store or log on to www.IKEA.com.au and follow the link to guarantees.

Care instructions:

To be able to claim the guarantee you need to follow the specific care instructions for every product. You will find all care instructions in your IKEA store and on the IKEA web site: www.IKEA.com.au

How country and state law applies:

This guarantee gives you specific legal rights. It does not affect your rights as a consumer under the Commonwealth Trade Practises Act or state and territory legislation.

How to reach us if you need service:

Contact your local IKEA store. You will find the address and phone number in the IKEA catalogue or at www.IKEA.com.au
Save your sales receipt as proof of purchase. Proof of purchase is required for the guarantees to be valid.



Down and Feathers

Down is the soft 'inner feather' closest to the bird which keeps it warm. Down has a shorter, softer quill than a feather and is extremely effective at trapping air, making it an excellent insulator. Down also breathes, allowing moisture from your body to pass through the quilt.

Feathers provide resilience, but do not have the same insulating properties.

Down and feathers used in IKEA pillows and quilts are never taken from living birds.

Care tip: Air and shake out your quilts and pillows regularly to help them stay fresh. They can be machine washed at 60°C and tumble dried once or twice a year. A couple of tennis balls in the tumble drier will help keep the down and feather fillings nice and fluffy. Make sure your down and feather quilts and pillows are thoroughly dry before use and air them often.

MYSA LYXA quilts and GOSA GLÄNSA pillows should be washed at 30°C to retain their sheen.

Synthetic and man-made fibres

Synthetic and man-made fibres are strong and resilient, and also make good insulators. Some man-made fibres like lyocell and modal also breathe, allowing moisture from perspiration to be released. Quilts and pillows with synthetic and man-made fibres can be washed at 60°C and tumble-dried as often as you like. To help reduce allergies, we recommend frequent washing of bedding; therefore, synthetic and man-made fibre quilts and pillows are the best choice for people with allergies.

Care tip: Air and shake out your quilts and pillows regularly to help them stay fresh. Machine wash at 60°C. Tumble until thoroughly dry.

Foam

Visco-elastic foam or 'memory foam' is the filling used in our ergonomic pillows. It's called memory foam because it moulds itself to the shape of your head and neck, providing precise support to muscles.

Care tip: Use a slightly damp cloth to wipe foam pillows if needed. The removable cover can be machine washed at 60°C.

For information about the materials used in our mattress range and how to care for them, log on to www.IKEA.com.au

Sleep on it.

Given our wide range and the first-rate quality inherent in all of our products, we're confident that you'll find a mattress, pillow and quilt that will provide you with the right level of sleeping comfort.

Ask your body what feels most relaxing and start from there. And then visit your IKEA store to treat it to what it needs.

**EVEN
LOWER
PRICE**

GOSA MJUK/FAST ergonomic pillow ~~\$39~~

\$26.95 /ea



GOSA FAST ergonomic pillow \$26.95 Firm. Polyurethane memory foam. W33×L50cm. 400.900.94
GOSA MJUK ergonomic pillow \$26.95 Soft. Polyurethane memory foam. W33×L50cm. 000.900.91

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Spend less. Live more.